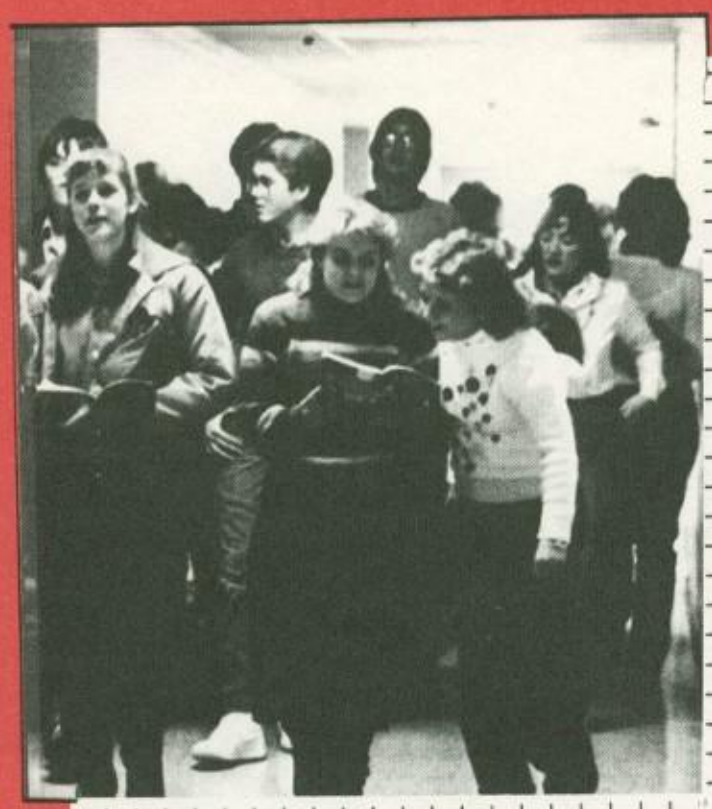
85
RAMS
RAMS
RAMS
LITTLE KING
1983
RAM
PACKED
HOW TO USE YOUR
P.E. HEALTH
THE LONELY WOM
AMERICAN LITER
MECHANICAL
FOODS - II
-E.CROSS

Filled with lots of hot air, senior Casey Lowary and art teacher Bob Benzel help decorate for the Homecoming dance.

Junior choir members Meg Fowler, Jenny Burry and senior Laura Ekdahl packed together with other choir members to spread the Christmas spirit with carols.



Ralston High

Yearbook Directory

Title

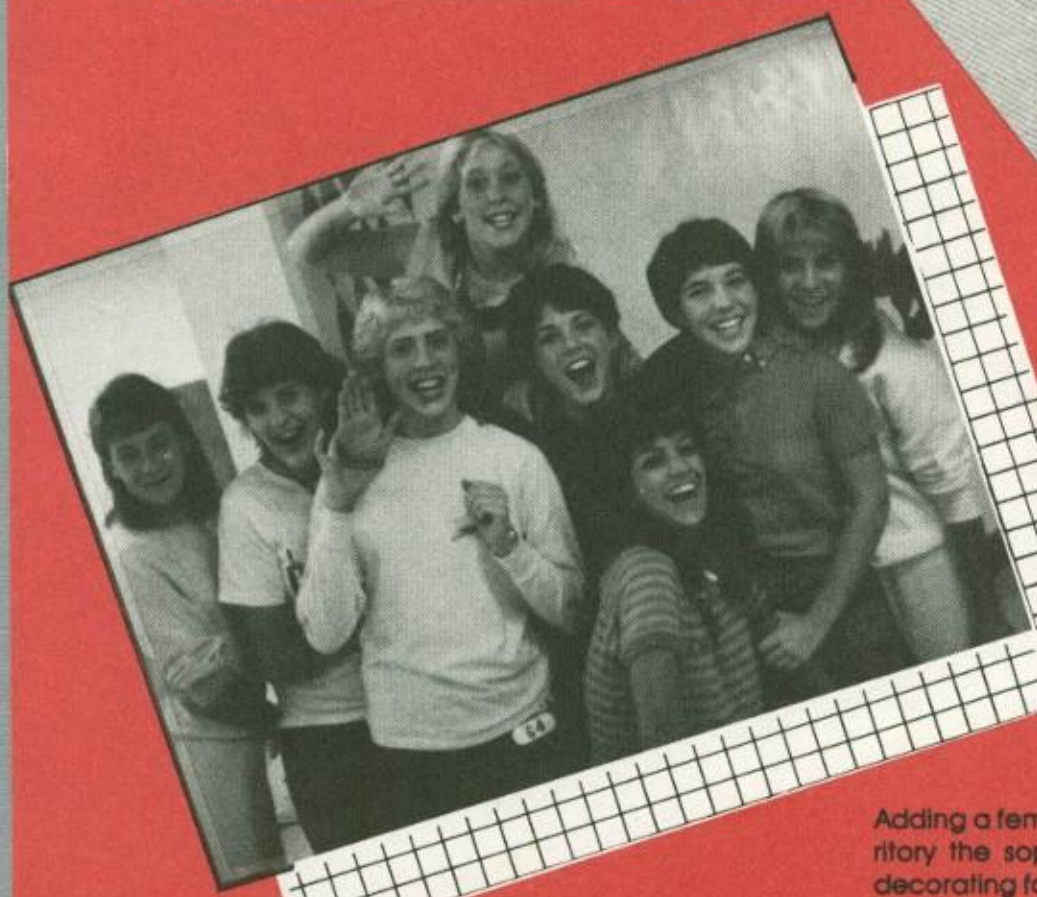
Ram Packed (Theme)
Survival Pact (Student Life)

Prize-Act (Fine Arts)
Action Packed (Sports)

Impact (Mini Magazine)
Packing Together (Organizations)

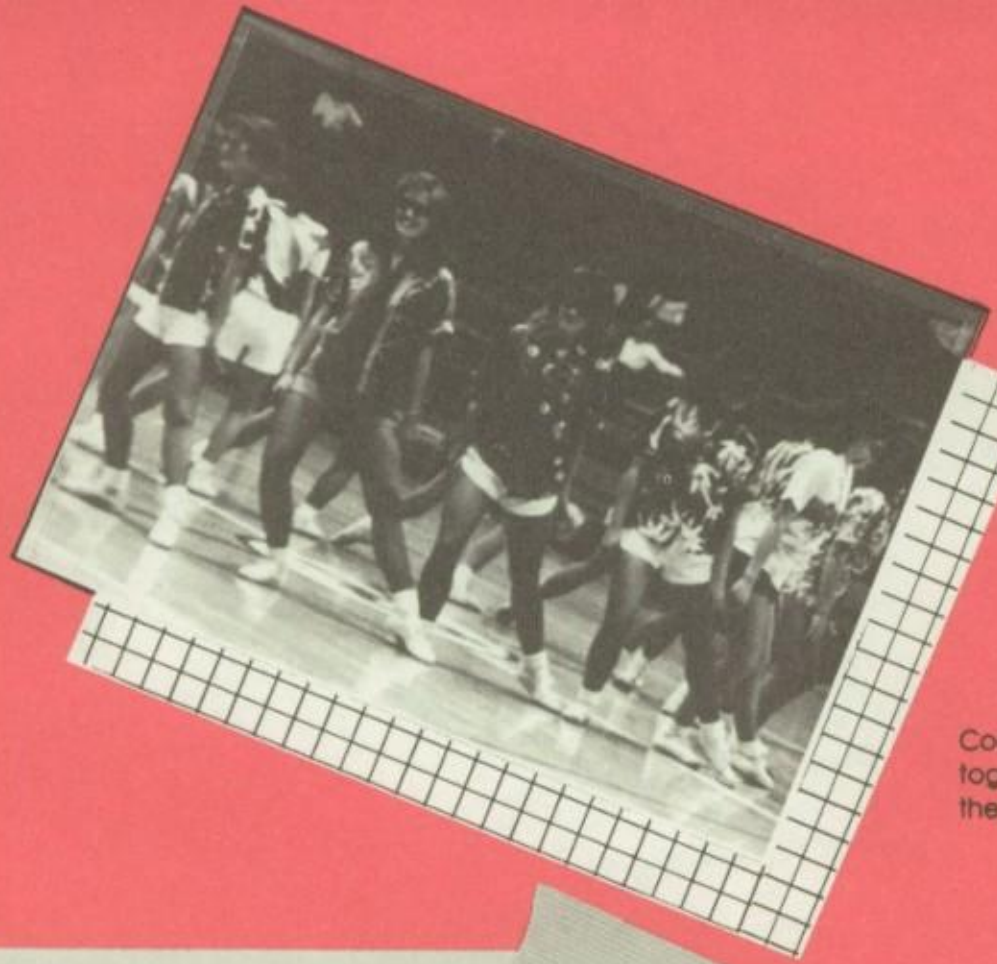
Study Packed (Academics)
Class Packed (Underclassmen)

Packing It In (Senior)
Index



Adding a feminine touch to the sophomore territory the sophomore girls take a break from decorating for Homecoming week.

J. LONOWSKI



Cooling off, RHS drill team members packed together to do their dance as they rocked to the sounds of "Old Time Rock 'n' Roll."

08/29/83
05/31/84

Days
MTWRF

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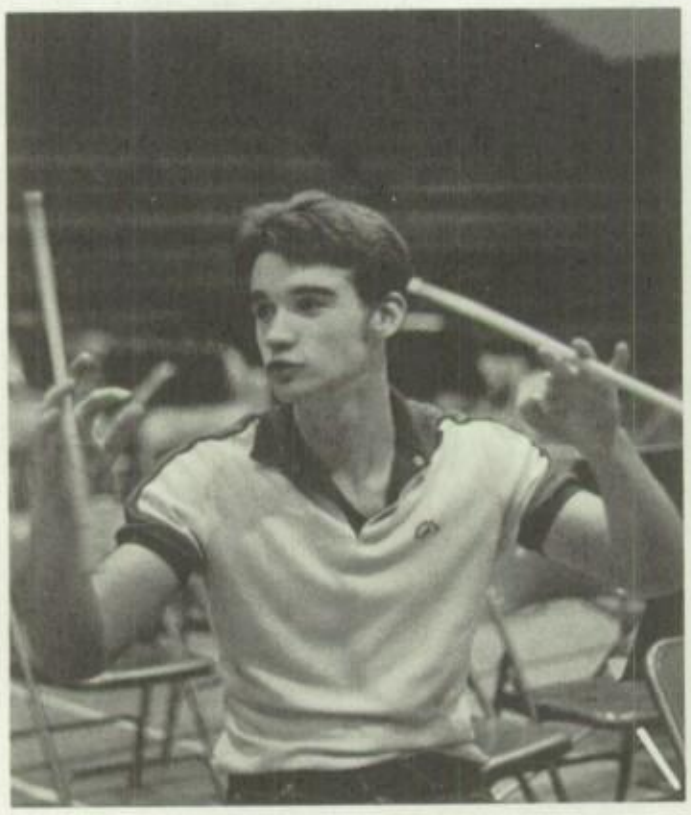
Sophomores Craig Crawford and Chuck Rogers crank out the sounds as they perform **their act for the Freshman-Sophomore Variety** Show.

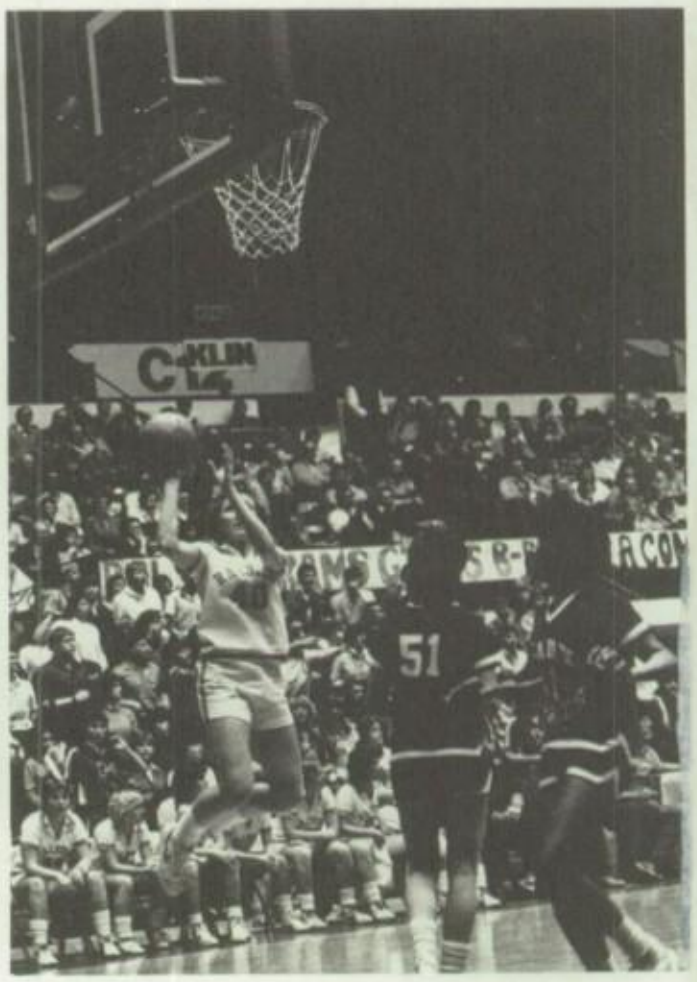
Seniors could be heard miles away as they packed together to give a big senior yell, showing who ruled during Homecoming week.

Sophomore Chuck Rogers gives a hand to the girls state basketball tournament while band members take a break between playing.

Practice for Cabaret Night is but a flick of the sticks for sophomore Dennis Hobson, a drummer for choir.



Junior Dawn Crinklaw was up in the air about playing in the girls state basketball tournament.



1984 RAM
VOLUME 31
RALSTON HIGH
90th AND PARK DRIVE
RALSTON, NE
68127

Sophomore Todd Torring just flips over gymnastics on the pommel horse with the help of gymnastics coach David Contreras.

Rabbit wasn't on the menu Halloween Day, but Chef Rabbit, cafeteria cook Janet Shearer, was serving lunch instead.

The tension mounts at Mock Olympics as juniors freeze in suspense while Sharon Krebs makes an egg toss.

"Rock-a-bye baby!" Seniors Becky Burianek, Curt Hiatt, and juniors Gail Passmore and Scott Radicia have a pep rally bottle battle.

Soaking in the rays on a cold day, freshman Leslie Kruizenga sits with a cheery smile, keeping warm in class.

As ski club members get ready for the Colorado ski trip, business education teacher Ruth Hammel packs in her gear to make room for more.

RAM PACKED

Year for everyone

"What does a "Ram Packed" year at Ralston High mean? It means play after play, concert after concert, sale after sale, class after class, game after game and dance after dance.

Every member of fine arts packed the year with plays such as "Peter Pan" and "Spoon River." Concerts such as the District Concert included not only the Ralston High bands, but also the middle school and grade school bands and art shows of all kinds such as the Westroads Art Show.

The members of clubs crammed the year with dances like the Halloween dance sponsored by DECA, and the Valentine's Day dance sponsored by French Club. If it wasn't a dance, members were selling anything and everything from Bike's to brass.

The underclassmen crowded their schedules with hundreds of classes to guarantee a sure win for graduation.

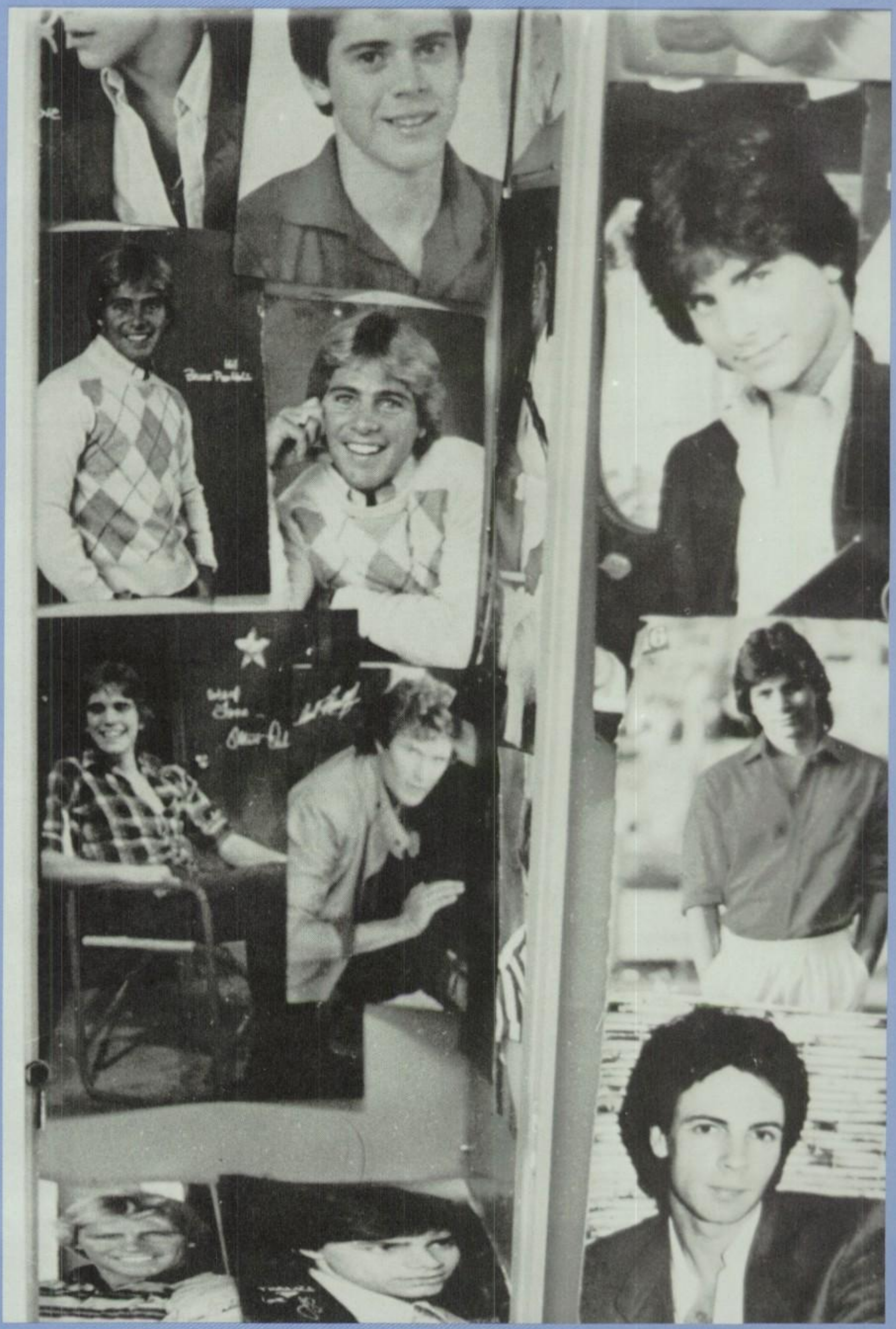
The sports teams filled their minds with hopes of winning; being the best; being number one.

Packing up, seniors ended their year at Ralston High with pictures, phone numbers and signatures to fill their memory books.

The student body, in general, managed to find the time to attend the dances, the plays, the concerts and the sports games to help support the clubs, encourage the fine arts, and cheer on the sports teams. So now do you know what our "Ram Packed" year was?

Varsity cheerleaders lead the pack as all the cheerleaders came together getting things in motion at a pep rally.

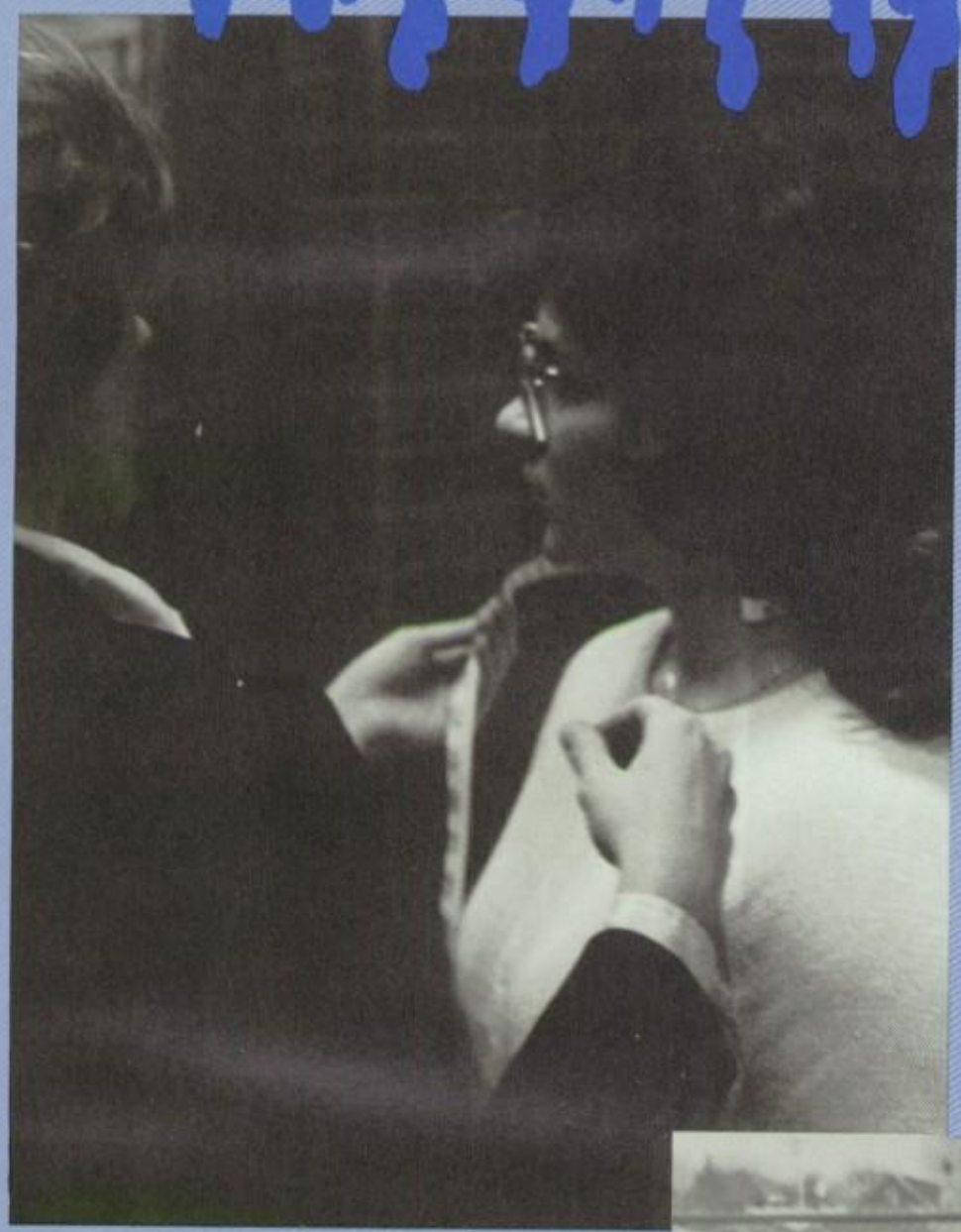
Sophomores Doug Radik, Rich Huff and Matt Ramsey seem to stand out in the crowd as they get rowdy for the basketball pep rally.



It is clear to see that a student's life is reflected in his locker as this uniquely packed locker is.

SURVIVAL PACT

A new beginning



Getting reacquainted with old friends and teachers, and getting to know the new, students made a pact (agreement) with friends to get through the 180 days.

Though students packed up their homework, sometimes seeming a ton, for their night's studies, they tried to take time out from homework's drudgeries. Students took time out by dating, going to school dances and parties, or found time for a job to provide that jingle in their pockets for the weekend's fun.

As the year raced by with grades jumping down and then up, report cards came out with sometimes quite a surprise!

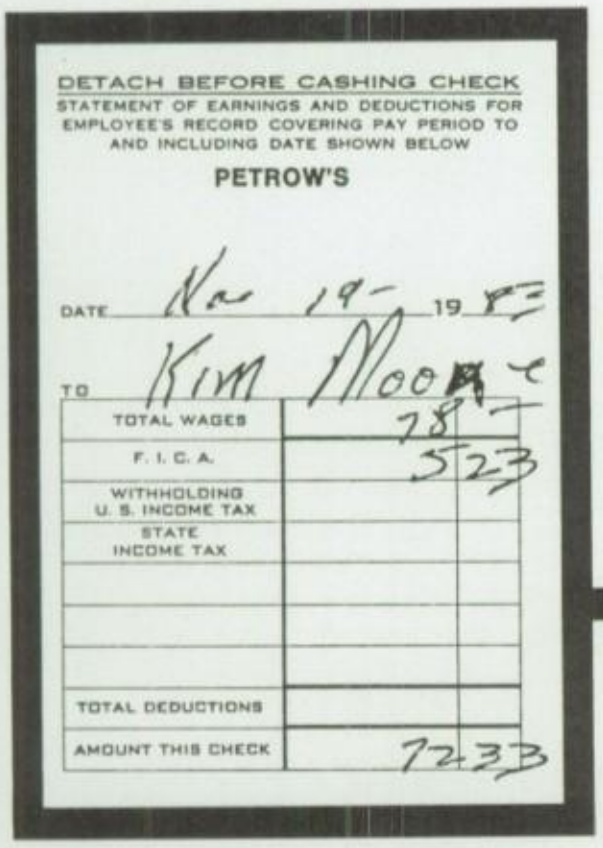
Ram spirit could be seen everywhere as students participated in pep rallies and cheered on their favorite sports event from fall, winter, to spring.

As we followed our "Survival Pact" the never-ending year seemed to total down to zero and before we knew it the year had passed.

The Student Council necking dance wasn't what it sounded, as senior Christi Krzemien has her neck measured to see how much to pay an inch.

"Hey batter, batter! Swing!" A popular spring sport, baseball, was a crowd pleaser for students who liked the outdoors.

It's the creature of Ralston pool! No, a new elective for students this year was a certified scuba diving class.



DETACH BEFORE CASHING CHECK

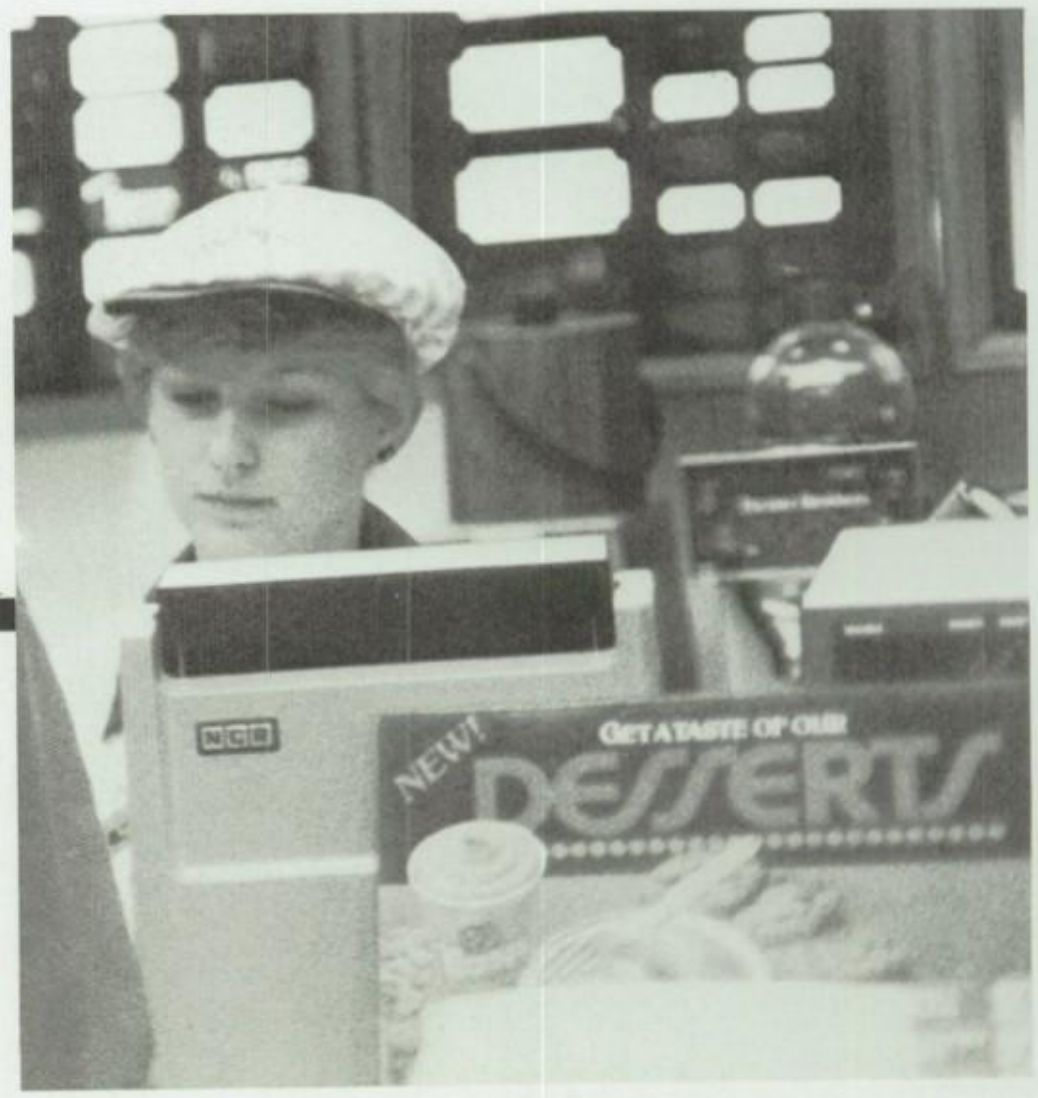
STATEMENT OF EARNINGS AND DEDUCTIONS FOR EMPLOYEE'S RECORD COVERING PAY PERIOD TO AND INCLUDING DATE SHOWN BELOW

PETROW'S

DATE Nov 19 - 19 83

TO Kim Moore

TOTAL WAGES	78 -
F. I. C. A.	5 23
WITHHOLDING U. S. INCOME TAX	
STATE INCOME TAX	
TOTAL DEDUCTIONS	
AMOUNT THIS CHECK	72 33



Where's the beef? Working at Wendy's is senior Sue Friese.

Teaching children to dip kick at the Omega School of Gymnastics in Papillion is senior Maria Delgado.

Mounting senior pictures at Wandel Studio is junior Michele Baillargeon.

The working class

When the bell rings at 3:08 students walk out of their classes breathing a sigh of relief. For some students the day wasn't over yet, they still had to go to work.

Jobs were needed for money, to go towards a car, clothes and in some cases, college.

Enjoying one's job is a must for students to be able to handle school, job and a social life, junior Cindy Dueling said, "I work at Gross, Welch, and Vinardi Law Firm and I enjoy it because I like doing secretarial work. The time I'm there goes fast because it's so fun."

Working can also be a good influence on people; they can get new relationships out of it.

"I work at Wandel Studio and I really like it because the first day I was there Tom (Wandel) told me 'we're all one big family' and we have been," said junior Michele Baillargeon.

How does working affect school work? "I work out at the Westroads about 25 hours a week and I still managed to get in National Honor Society, so I don't think it's affected my grades, although I do think it could if a person doesn't work at it," said junior Denise Grammer.

Some wanted jobs, some needed them. Whatever the case may be, they were part of the Ralston student's life in '83-84.

There's no business like show business! Senior Karen Schnepel portrayed Wendy in a Wendy's commercial.

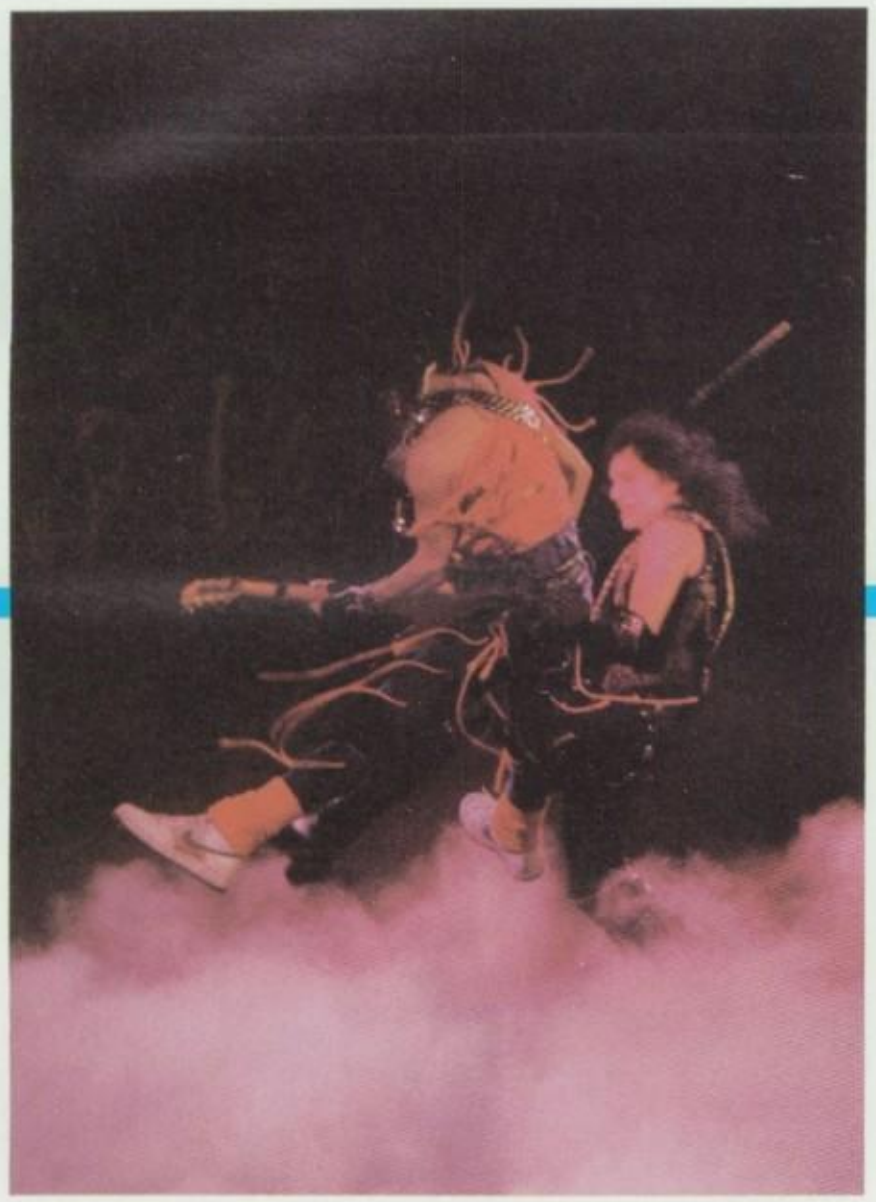
A ticket to paradise, out of town concerts were not something that stopped Omaha residents from seeing a good concert.

Singing to the crowd is John Elefante, lead singer of Kansas.

Getting wild, Elefante gets the crowd in the mood for the sounds of Kansas.

With a flip of a coin, Kansas and Heart decided who would perform first. Kansas won the honor.

Paying the price, anywhere from $12-$15 is what it takes to see a good concert.



Singing their latest hit, "Lick It Up" are Kiss band members Paul Stanley and Gene Simmons.

A night in heaven

Records and radio just aren't the same after you've been to a concert.

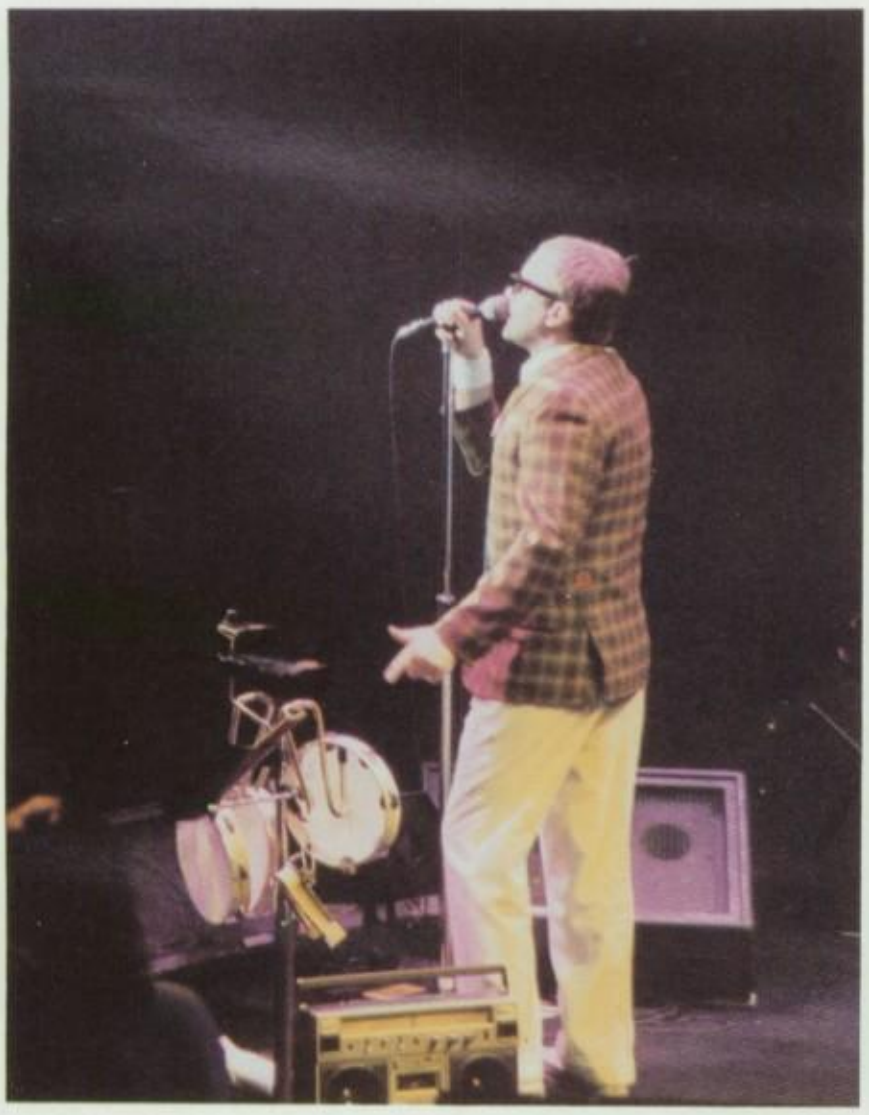
The band is on stage, the music is blaring, and the crowd is clapping to the music.

During the 1983-84 school year many groups performed in the Omaha area including, Kansas, Heart, Styx, Quiet Riot, Genesis and Kiss. After the last strains of encore had faded talk of a concert went on for days and the concert goers decked themselves in t-shirts as remembrances of the event.

"The best concert I've ever been to was Triumph, because they had an excellent light show and I like their music," said junior Brian Moore.

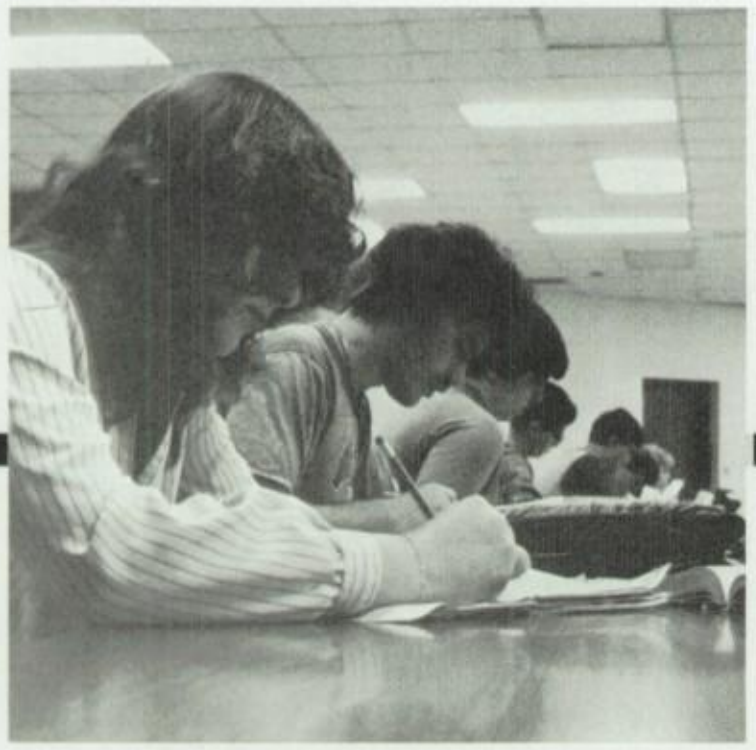
"The best concert I've ever been to was AC/DC, because it was an excellent concert, they really know how to excite the crowd," said junior Kim Moore.

For students who couldn't go to a concert there was an answer if they had cable television. They could watch Music Television (MTV). The radio was left off and the sound of Sweet 98's J.J. Taylor and Z-92's Joe Blood weren't as popular any more. We were now watching the performers and seeing the video jockeys (VJ's) like Alan Hunter and Nina Blackwood.



Before Genesis came on stage Feb. 4 at the Civic Auditorium, Phil Collins, lead singer of Genesis, sang his solo hit "You Can't Hurry Love".

The crowd listens intently as Heart sings one of their hits, "Barracuda".



What about the paper and pen? It might be . . .

Twenty years ago-even just ten-students went to school armed with only a pencil and a notebook. Today's student has a vast and ever-growing resource of knowledge and aid in education in the form of technology.

Many homes that contain teen-agers or young children these days also contain home computers, VCRs (video cassette recorders), Atari video game systems, or at least, cable TV.

Chris Dillion, of the Computer Works in Bellevue, said, "We sell more and more computers every year to families with young children. Parents believe that they should expose their children to computers at a young age so they will be prepared for the computer-age future."

"The child with access to a computer has a great advantage over those who don't, I believe," Dillion claimed.

Tisha Huff, a Ralston High School sophomore who is one of the students with access to a computer in her own home, said, "I've really enjoyed having the computer, if nothing else, though, I have also learned quite a bit, too. I've learned how to program a computer, and I think that's important. I'm glad I learned about computers now, because I want to keep up with everything. I may even go into a computer-related field now."

The present way of taking notes with paper and pen may be advancing to the screen and keyboard.

Besides computer programing, Huff said that the computer has helped her with her homework, and also taught her some basic skills, like typing. "I took typing in school," Huff said, "but the computer games have helped me become a better typist, and it's more fun on the computer anyway."

Another type of home computer is the Atari or Intellivision video systems. Barbara Kirchofer, a mother of a local seven-year-old, Robby, said she feels their Intellivision system is good to a point. "I wouldn't want Robby to stay in all day long and play Donkey Kong or anything," she said, "but I think it teaches children some good things, like how to think for themselves and make decisions." She also said she feels that it teaches children how to handle stress and pressure. The Kirchofer household is also equipped with cable TV, another source of education if used right. Said Barbara, "Cable TV has a little bit of everything. Some of the things on cable aren't good for Robby, but you can find a lot of educational shows, if you just look. On Nickelodeon, the children's network, there's a lot of quality shows. She said that she like to have Robby watch shows that are interesting, but also have him learn something in the process.

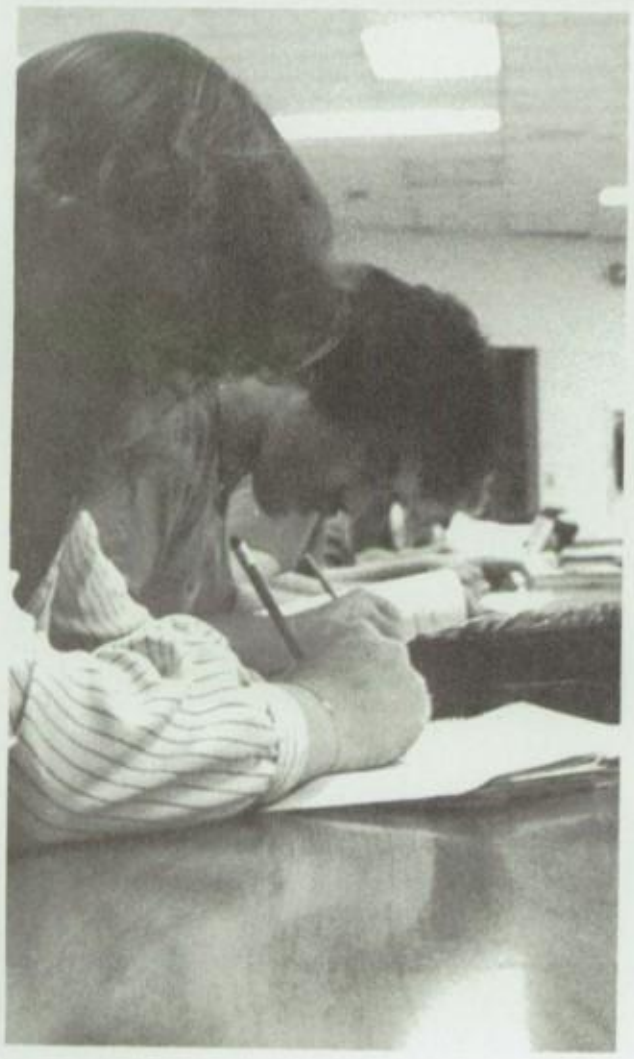
"Not that Robby sits around watching documentaries all day long. His favorite show is the 'A-Team'. I just like him to watch a variety of shows."

Twenty years from now, or maybe even closer to 10, who knows what students will have to entertain and teach them. By then, the paper and pencil could be old-fashioned and out of date.

With the variety of games now on the market, you can play anything from Super Invaders to Burger Time.

Many courses like Computer Math are opening up at Ralston with the computer interest increase.

Video games are also a learning experience. It has been found that all different types were offered in the computer room this year.



Getting into a good mood is an easy accomplishment after playing games on the computer.

With the use of computers, wasted paper and broken lead will no longer be a problem.

. . .

The End

Turner Gill watch out, English teacher Jan Rowley is taking instructions from Coach Ron Siske.

Aliens invade, seniors Bob Keearns and Scott Kasper crash MASH day.

Illegall Senior Sherry Lopeman enjoys drinking pop and listening to her Walkman before they were banned.

Tradition renewed

"Beat the Bulldogs." The chant was being heard again, and the celebrating had started Sept. 26-30.

"I think it went over better than people thought it would," said Student Council Secretary Kim Farrell of Spirit Week. Not only were the Mock Olympics back for the second year, but class decoration night was too. It had been canceled in previous years because students ripped each others decorations down. They were moved from the gym to the locker sections to prevent any problems. The judges for the event were the office secretaries, Jan Lockmon, Cathie Palensky, Rita Perich, Linda Froscheiser and Bev Rehmeier. "I think we were all looking for creativity, time span and colorfulness," said Judge Perich. The 'Senior Zone' was picked as the winner.

On Friday students were dismissed at 1:30 p.m. and they gathered at the football field for the Mock Olympics. There were three events, egg toss, people pass and blindman's football. The juniors and faculty were the overall winners. Fun and games ended Friday afternoon to make way for the biggest game of them all-the Homecoming football contest against the Burke Bulldogs, who were trampled by Ralston on their Homecoming last year. Ralston was defeated 25-33.

Psst. Pass it on, the sophomore class passes Todd Torring down the line.

'Can you get eggcited about what I'm doing?' Senior Karmin Dulany concentrates on the egg toss while seniors Rick Cook, Chris Tourek and Carrie Palmeiro look on.

Swaying to the music, the crowd enjoys the sounds of Toby Badger.

of the

Two hearts beat as one. Junior Nancy Henk and sophomore Jeff Gilespi take time to relax at the dance.

As the students walked into the ordinary cafeteria they noticed that nothing about this evening would be ordinary.

There were red and black streamers, balloons and hearts. The music of Toby Badger was heard. When asked about the band's performance, Senior Maria Delgado said, "I think they're better than any band I've heard because they sound like the songs." All of this led up to coronation at 10:45 p.m. Seniors John Chadwell and Michele Bruening were crowned king and queen. They led the traditional dance to the theme song "Total Eclipse of the Heart" by Bonnie Tyler. As the evening ended, students went their separate ways to either take their dates home or to continue the celebration by starting a party.

"I'll remember Homecoming because I think its the best dance we've ever had, and also because I was with the guy I like the most," said Delgado. So when all was said and done it hadn't been an ordinary evening. Homecoming 1983 would be remembered as being very special.

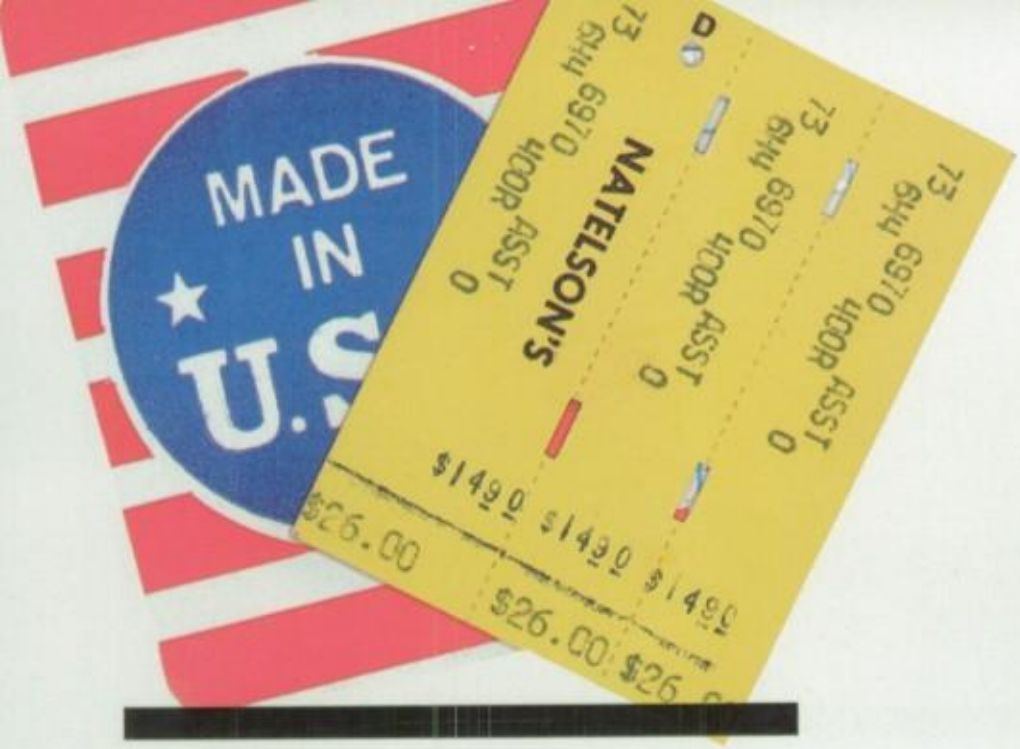
Smile you're on candid camera, King John Chadwell and Queen Michele Bruening pose for photographers.

Puttin' on the Ritz, King John Chadwell crowns Queen Michele Bruening.

Total Eclipse

Royalty - Mark Houlton, Lisa Distefano, Jay Wiechmann, Lynn Retzlaff, King John Chadwell, Queen Michele Bruening, Anne Barrow, Andy Smith, Laurie Stevens, Jon Quandahl.

Telling a secret! Junior Sherri Christianson tells Junior Linda Burkhalter some interesting news, while alumnus Kirby Smith dances with date Julie Stanek.



A fad flashback

Fashion, Style, Mode, Vogue, Fad, Rage, Craze all describe the clothes generally accepted by those who regard themselves as up-to-date and sophisticated.

Fashion varied, the year was 1983-84 but fashion was back to the 50's and 60's.

People were wearing penny loafers and saddle shoes. Argyle was being seen on socks and sweaters. On colder days people were seen in cardigan sweaters or trench coats known as 'P' coats.

Designer perfumes and colognes were worn. A mixture of scents such as Ralph Lauren, Gloria Vanderbilt, Este Lauder, Wild Musk, Polo, and Stetson hung in the halls.

Brylcreem and Beehives weren't back, but people were getting wild with their hair and doing their own things, whether the look was dyed blue or totally bald.

In 30 years are people going to be looking through this book, seeing what we looked like, and thinking we did things weird?

Dressing up is starting to become the new fashion. Seniors John Quandahl and Greg Cozad show this with ties and dress pants.

No it's not Jennifer Beals of "Flashdance" it's senior Jill Vinjamuri with senior Jon Firmature decked out in the trend-setting trench coat.

Wearing the commonly seen sweaters and jeans are sophomores Michelle Talmadge and Wayne Cherry.

Double vision? No it's double color. Two colors of nail polish was a popular trend

Taking a step back in time. The penny loafers of the 50's were being worn again.

Senior Debbie Gamez's ears are even fashionable. Double piercing, especially one ear was a trend in '84 along with bandannas worn around the neck, ankles and sometimes even as belts.

ROCKY HORROR

At the stroke of midnight the curtain goes up and the lights go down. A bright red pair of lips fill the screen and the movie begins.

Most people think movies are a safe way to spend a quiet evening. Not so at the "Rocky Horror Picture Show," things are thrown and people scream and dance in the aisles to the song "Time Warp."

The kinds of things seen being taken into the movie are, rice; to be thrown during the wedding scene, a squirt gun; to make rain, a newspaper; to use as an umbrella and toast; to throw at the screen when the actors make a toast.

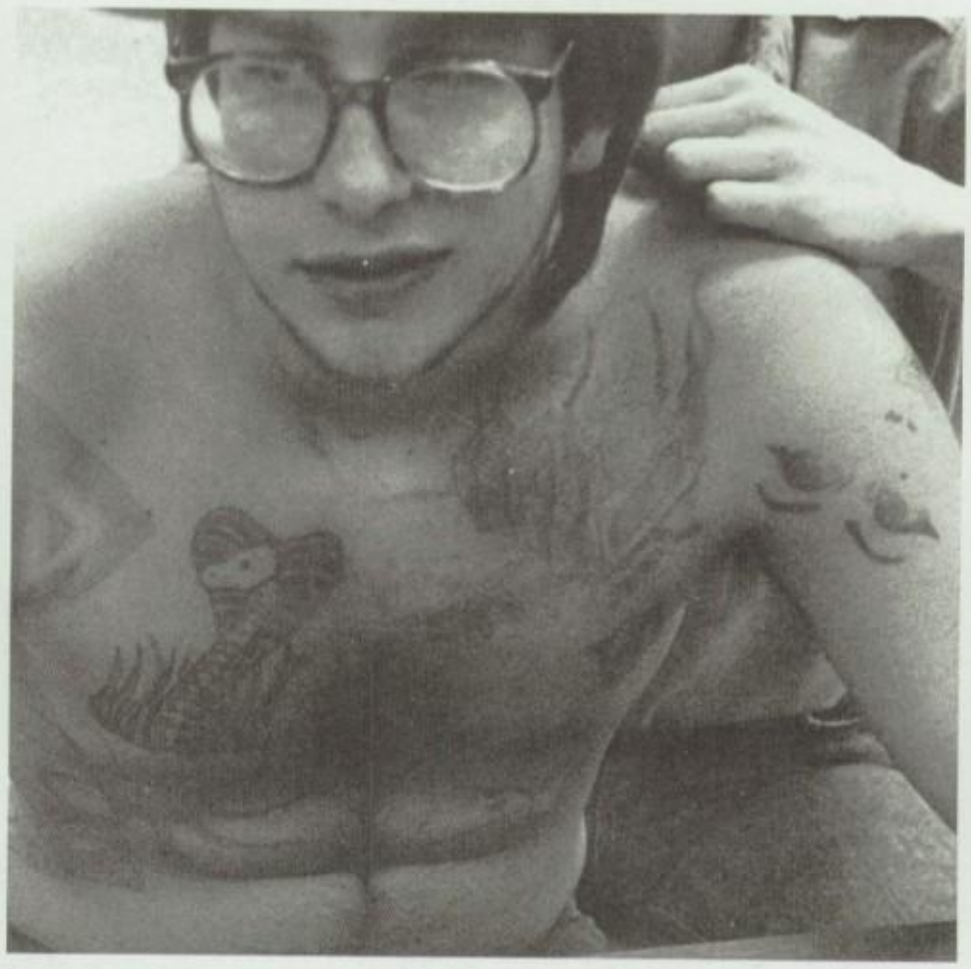
"It's probably the most unusual movie you'll ever go to, but I think it's an experience every one should go through at least once," said junior Shari Harroun.

This movie isn't something new in '84 or even the 80's. The show first came out in 1975 and the response was 'so what.' Since then the response has improved, maybe people go now more to watch the crowd than the movie.

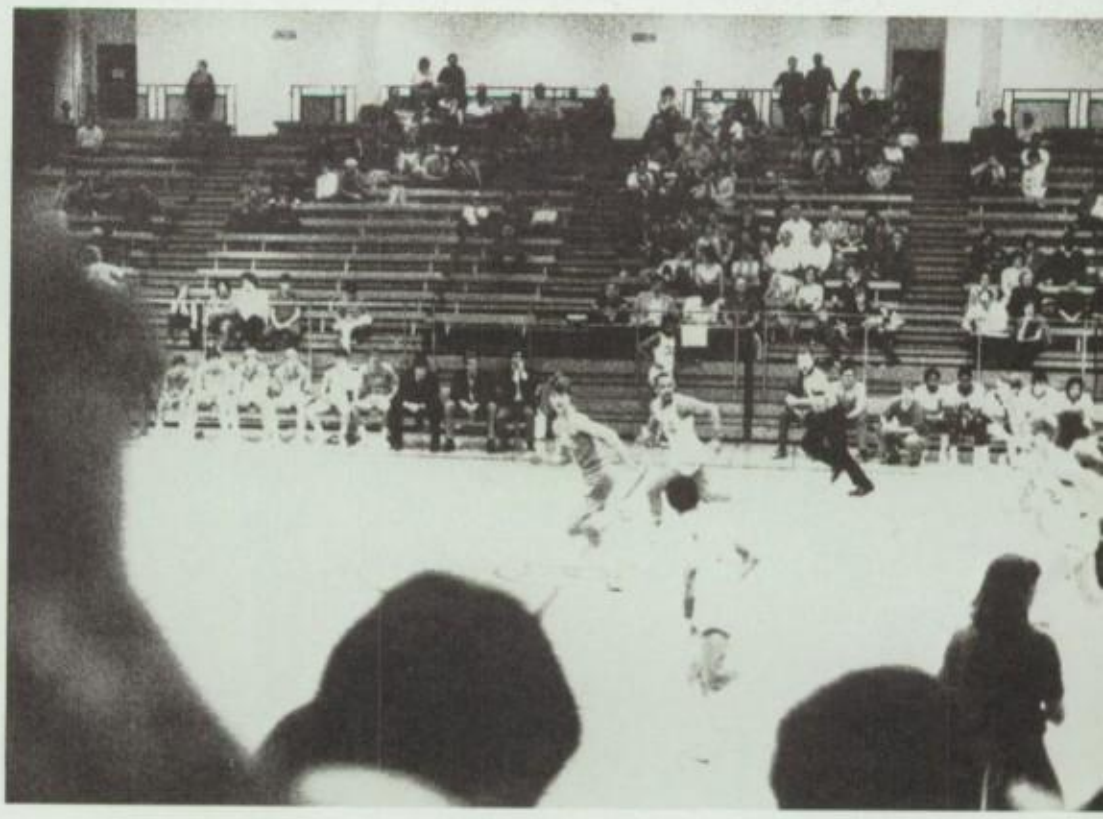
During the winter months, being confined indoors wasn't that difficult when you could go shopping at the Westroads.

VICTORY- Basketball games were popular on Friday and Saturday nights and a victory usually meant a celebration after the game.

It's just a fantasy. Junior Chris Thackray is having tatoo's drawn on him for his part in the play "Peter Pan."



Ready, Aim, Fire! Junior Jeff Guerrero chose to spend a few of his Saturday mornings hunting.



Basketball games were a popular way to spend a Friday or Saturday night. The excitement was always there and the gym was usually packed full.

Clothing is a way of expressing who you are

In the 1950's it was the 'tuff' look, lots of leather and grease. The flower children overtook the 60's with their long hair and grubby apparel. America cleaned up its act in the 1970's, with everyone wearing the basics: jeans and shirts, but in the 80's the style of clothing focuses on the individual. Everyone wants to be somebody but not like anyone else.

Teens apparently feel the best way to show who and what they are, is by the way they dress.

Maybe it's the preppy look you like or maybe you opt for the wild side of fashion, with the New Wave and punk clothing.

No matter what the style, each teen somehow takes the look and adds his own special touch.

At schools such as Marian where uniforms are required, people can still make very different variations of their everyday wear.

"I like the preppy look; topsiders, sweaters and Oxfords, it's a nice, clean-cut look that I like," said Marian sophomore Margaret Murphy.

Other students are said to wear more punky accessories such as leather boots, tights, belts and lots of jewelry.

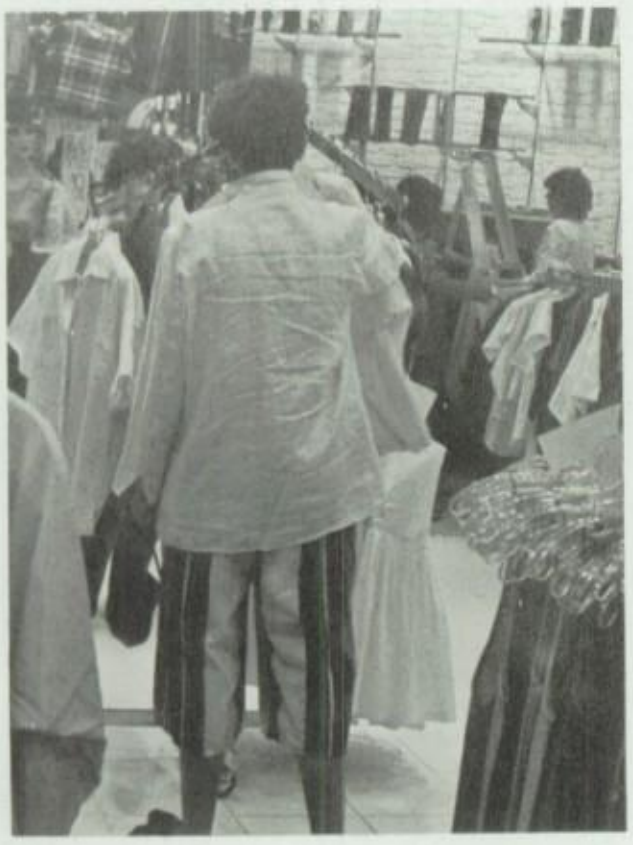
Although the majority of students tend to dress in their own style, others worship their own music idols by dressing as they do.

One such group is the "Duranies" who dress as the English band Duran Duran does.

Sporting blazers, fedoras and white dance shoes, some admirers go as far as to have their hair cut and streaked like one of the band members.

Whether people are influenced by someone else or just dress the way they do, because they want to, the comment is obvious, people are more fashion conscious than before.

An unidentified Westroads shopper keeps up with the men's side of fashion, sporting earring and trench coat.



Marian sophomore Shelly Powell leaes a mark wherever she goes with unique clothes.

It's all in the family, so to speak, as sisters Chris and Shelly Powell attract looks with their eye-catching clothes.

Out of their everyday uniforms, Marian students Julie Mornin, Margaret and Michaela Murphy model their favorite clothing styles, punk and preppy.

Ralston sophomore Shelly Morris prepares for the summer heat in leopard skin apparel.

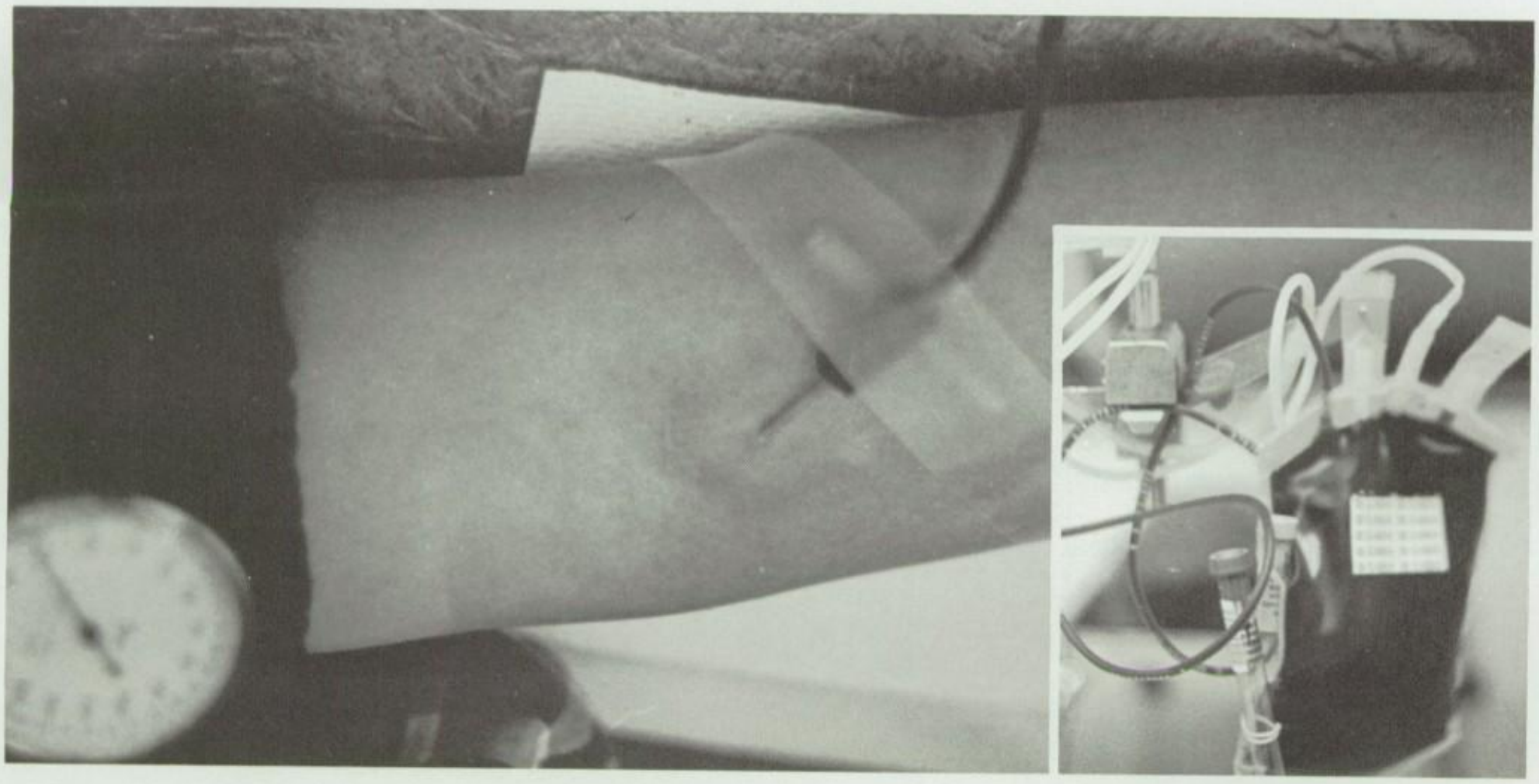
Two Valley View 8th graders model the California style of New Wave clothing.

Taking time out for a sweet snack after giving blood is junior Pat Marino and senior James Moreland.

Having her ear pricked is junior Kim Woehler. Finding the blood type was part of the testing before the blood was taken.

Checking to see that everything is going okay is Health Occupations teacher Debbie Ziegler, senior Debbie Gamez and Red Cross Supervisor Joan Jensen.

A pinch of pain is all that was felt as one of the nurses puts a needle into walk-in Charlotte Sundae's arm.



An injection in the arm starts the blood flow.

***Inset** · The tubes travel to a bag which automatically stops the blood flow when it is full.*

Surrounded by help is English teacher Jan Rowley having her temperature and pulse taken by junior Chris Mulligan, one of the nurses and junior Cheryl Rodgers.

A pinch of generosity

On Friday Dec. 16 the Red Cross came to Ralston High School for its annual Bloodmobile.

Sponsoring it was Debbie Ziegler's Health Occupations classes.

The drive to get donors started at the beginning of December with the goal to get 125 people signed up, so the Red Cross could count on at least 100 pints of blood. The extra 25 would be an approximation of the number deferred due to illness or other problems arising in their medical history.

The goal, however, was not to be set as only 78 or so people volunteered. The Bloodmobile went on hoping for a large amount of walk-ins, donors from the community. Last year a total of 121 students, faculty members and people of the community volunteered and only nine were deferred.

According to Joan Jensen, Red Cross Supervisor, all the blood given in the bloodmobile will have been used within three days after the donation.

When the figures were tallied and given to Mrs. Ziegler, she exclaimed with a proud smile, "Well guys we actually did it!"

The Bloodmobile met its quota exactly with 118 donors and only 18 deferrals.

Enjoying the moment is Queen Tonya Johnson and King Brian Kehrli.

Spirit is added to Criss Cross

Ralston wasn't having a relapse from Homecoming Week on Feb. 27 - March 2, it was just the spirit of the students coming through for yet another packed week of fun for Criss Cross 1984.

Spirit began on Monday with Colorado Ski Day. Students decked themselves out in ski boots, ski jackets and gloves.

Tuesday was Switch Day. Students switched their male/female roles. There were guys in mini skirts, nylons, wigs and makeup. The girls had on trench coats, ties and hats.

On Wednesday students wore assorted hats and glasses ranging from golf hats to the all black "Risky Business" glasses.

Class spirit was shown on Thursday with the freshmen dressing like the 'Fonze', in 50's outfits, sophomores "punked out", juniors toughened up and played a street gang, and the seniors acted like big babies with their footed pajamas and teddy bears.

Sandy beaches and palm trees weren't seen, although on Friday students did dress for the occasion on Beach Day.

The Student Council sold raffle tickets all week long and held a drawing on Friday.

"I'd never won anything in my life, I was really excited 'cause I'd finally won something," said junior Joni Ost about winning flowers. Senior Deanna Gutchewsky won a dinner at Cascio's Steak House. Junior Jenny Burry won two movie tickets and senior Maria Delgado won free limousine service for the night of the dance.

Coronation was held and juniors Brian Kehrli and Tonya Johnson were crowned Criss Cross King and Queen.

Taking time out for a romantic moment are juniors Angie Amenta and Tom Bellus.

Singing a Loverboy hit 'Turn me Loose' is the band Rockin' Horse, as the crowd dances.

Strutting into royalty are juniors Scott Radicia and Therese Fitzpatrick.

Royalty - King Brian Kehrli, Queen Tonya Johnson, Scott Radicia, Cory Sanchez, Tom Sestak, Tom Bellus, Kim Woehler, Vicki Bettger, Joni Ost, Therese Fitzpatrick.

Laughter is the best medicine. A balloon-o-gram was given to health occupations teacher Debbie Ziegler for her birthday from her fifth hour class.

Embarrassment is only part of the fun in gifts

Fun, fun, fun that's what gift giving is all about. The hustle and bustle at stores is only a small part of the procedure one goes through for one gift. Also one has to go through the 'what should I get him' 'what would he like' stage.

Why do people give gifts?

"I like to give gifts because its fun to make your friends happy," said junior Claudine Carbullido.

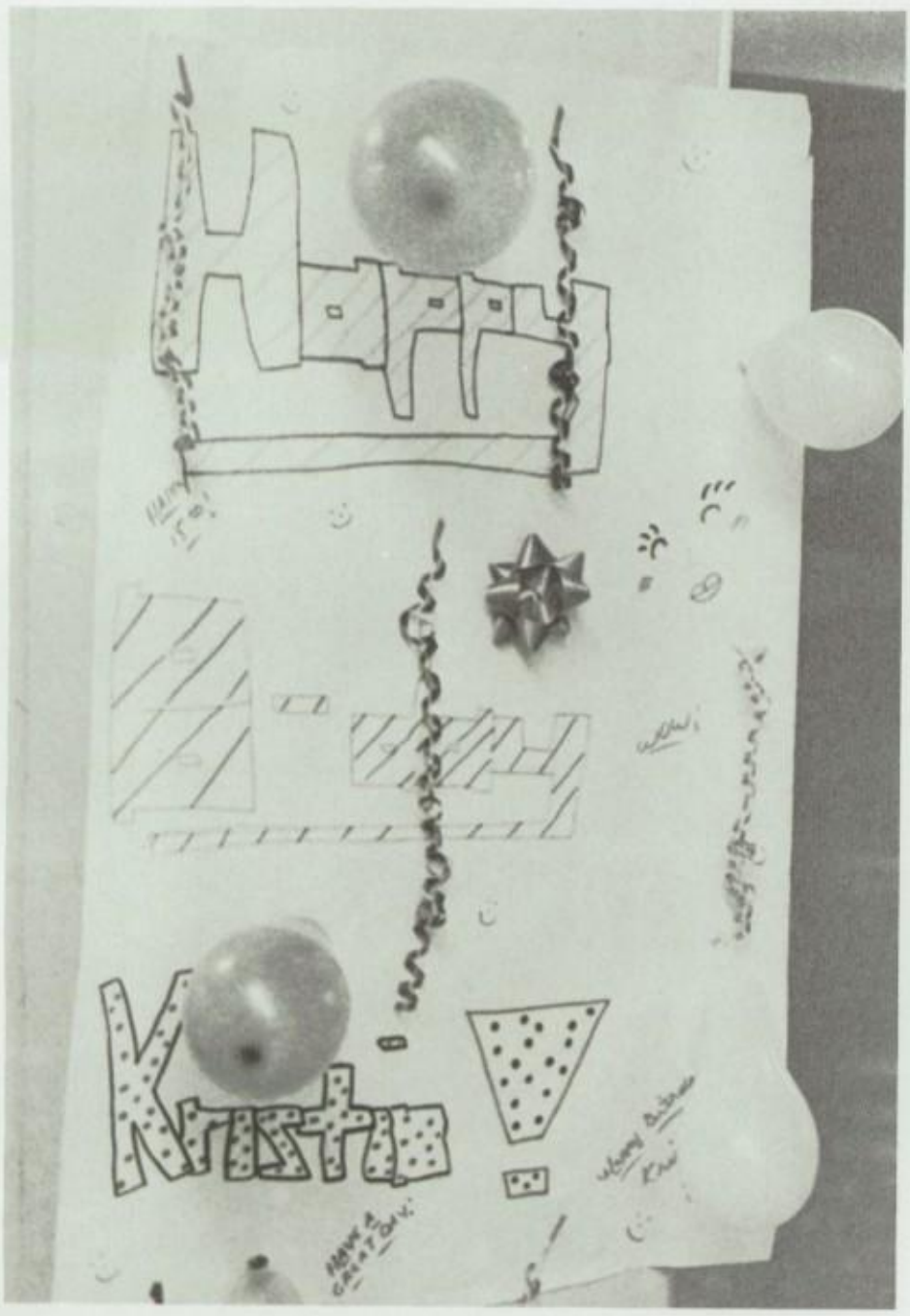
On the other side there is receiving gifts. Junior Michele Baillargeon said, "I like getting gifts because I like surprises."

Some surprises get embarrassing for the person who has to receive them. When the cafeteria is full of noisy students eating lunch and a stranger in black pants, a red vest and a black cap walks in carrying a dozen balloons in her hand, the noise suddenly stops and everyone stops to see who is going to get it, and hoping it's not them. The messenger walks up and taps you on the shoulder and starts singing a song she has written just for you, the whole crowd starts screaming and you turn beet red and are ready to crawl in any available hole.

"The strangest gift I ever got was a pair of slippers from my boyfriend on Christmas. We'd been going out for over a year and that wasn't quite what I'd expected," said junior Donna Johnston.

Other strange gifts include a sing-o-gram, monogramed bathroom tissue and balloon-o-grams.

Whether you give a gift or receive one, gifts are always enjoyed by all those involved.



A decorated locker was an added treat which freshman Kristin Bock found on her birthday from friends.

"We bought ourselves a present," was the reply office secretary Cathie Palensky gave when asked about poinsettias found decorating the office during Christmas.

Bang, bang you're dry. A gun-shaped hair dryer was one of the stranger ideas for a present.

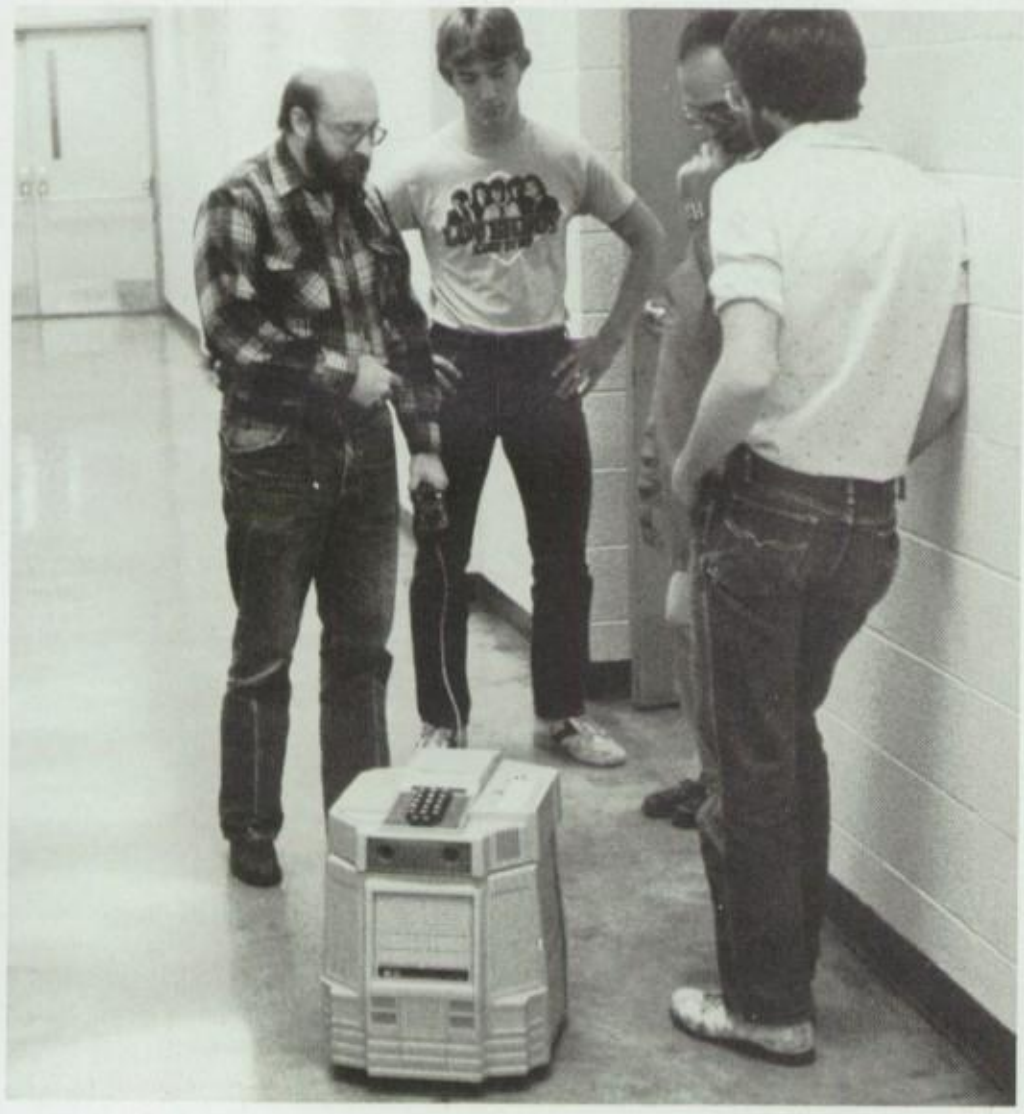
A party picker-upper. A whoopee cushion can add a little excitement to any event.

Fascination! Working with intrigue are seniors Craig Dunn and Kevin Jones.

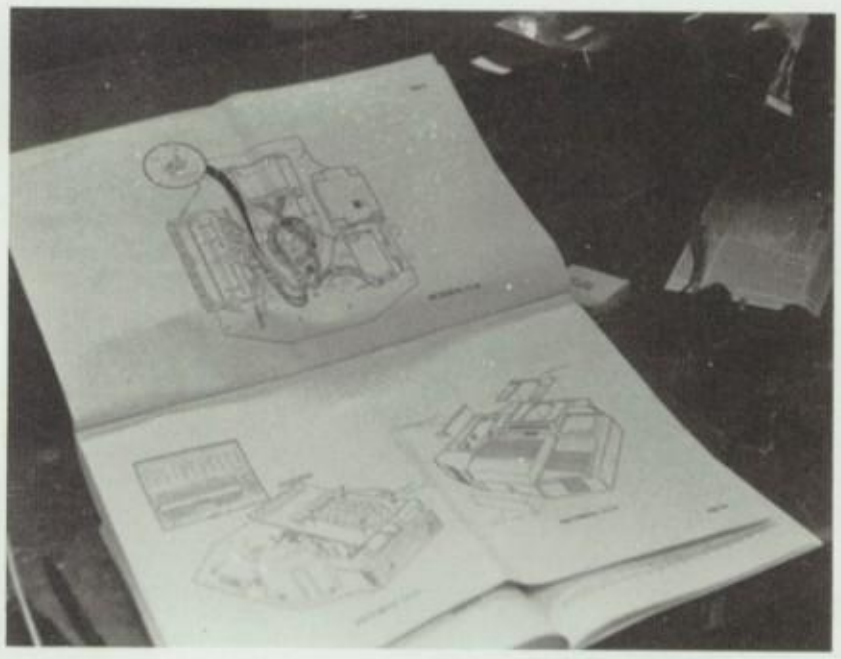
A job well done! Robot after it is completed.

Programing the robot is electronics teacher James Wolfe.

Watching the robot do its stuff are electronics teacher James Wolfe, junior Tom Sestak, furniture construction teacher Reno Pfeil and senior Kevin Jones.



An instruction book was needed to do the job right.



Step aside, Kris is here

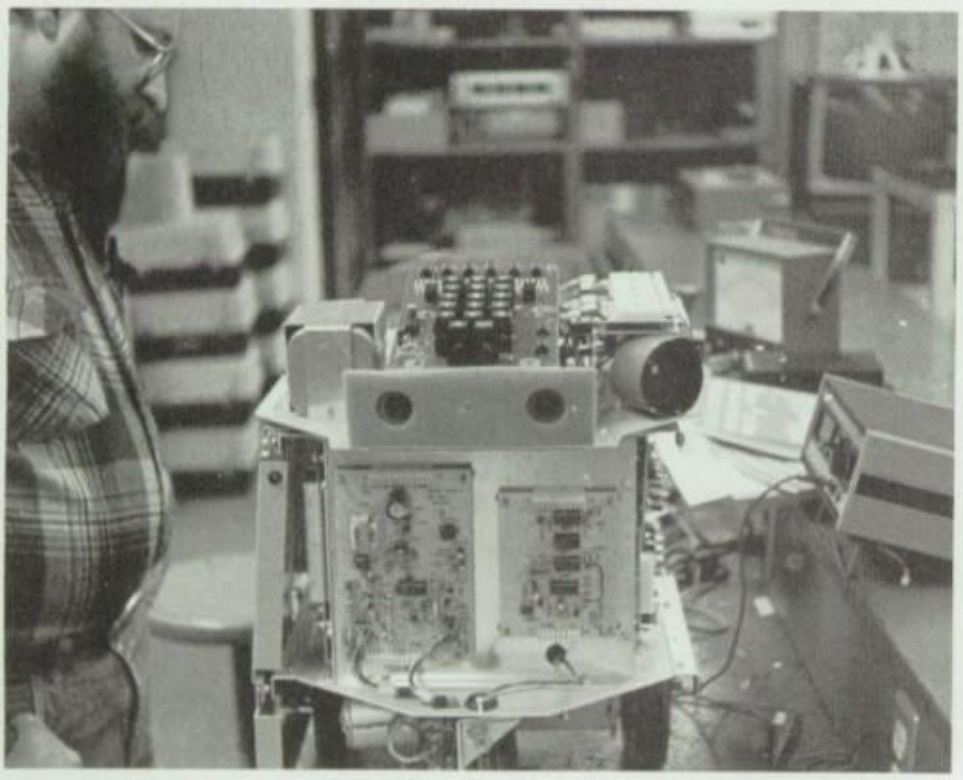
On Dec. 13 the electronics class took a new friend for her first stroll around the building. Her name? Kris. Where did she come from? A box?

Kris is Ralston High School's latest advancement in technology. Her real title, Health Education Robot 1, (HERO-1). She was nicknamed Kris after Rampages Editor Kris Hsu, because Hsu took first interest in the robot.

HERO-1 cost the school $1,500 and required approximately three months or 90 hours of electronics teacher James Wolfe's time. HERO-1 is three feet tall and weighs approximately one pound.

If programed, HERO-1 can say just about anything, and can react at the slamming of a door or the clapping of hands.

When asked what the next thing HERO-1 would be trying, Wolfe exclaimed, "I think we'll teach it to chase girls for us!"



I know I forgot something! Studying the robot before putting the top on it is James Wolfe.

Royalty- Prince Scott Kasper, King Mark Houlton, Queen Roberta Kehr, Princess Anne Barrow, Andy Smith, Bob Lange, Dave Dunham, John Quandahl, Lisa Distefano, Kelly Smith, Kim Wellendorf, Lynne Retzlaff

Dancing to the theme song "Together Against the Odds" are Princess Anne Barrow, Prince Scott Kasper, Queen Roberta Kehr and King Mark Houlton.

Take a look at us now

A heat-filled room, full of people swaying to the sounds of All Spice . . . a taste of the junior-senior prom; the theme, Together Against the Odds.

The ladies in both short and long dresses complete with hoops, gloves and hats and the guys in their tuxes with cummerbund colors identical to their girlfriend's dress.

A tunnel of white, light blue, pink and black helium-filled balloons greeted guests as they entered the Milo Ballroom at U.N.O. on May 12.

The tables were decorated with crepe paper and silk flower-filled baskets. The baskets were each attached to more helium-filled balloons which dangled in the air. The room was a collage of music, balloons, picture taking and dancing.

The high point of the evening, especially for the candidates, was coronation. When a pathway was finally made through the crowd, the candidates walked in, two by two, as Gina O'Brien, junior class president, introduced each couple. Prom chairman, Doug Gibbins and junior class vice president, Bridget Gabriel lead the procession.

When all of the couples had reached the royal stage, princess, prince, king and queen were announced.

"Princess, Anne Barrow; Prince, Scott Kasper; King, Mark Houlton and Prom Queen, Roberta Kehr."

After the dance, couples went to Central Park Mall, to parties, driving, bowling and later to breakfast.

Working against each other are the juniors and seniors trying to see coronation.

Reigning over the junior-senior prom are King Mark Houlton and Queen Roberta Kehr.

Together:Against the Odds

The start of a new generation

As you walk into the empty gym on May 20 and see the platform and the 262 chairs lined up in rows, all ready for the Ralston High class of '84, the silence is overwhelming.

As the room starts to fill, tension and anticipation begins to rise in the air as 260 seniors and two junior ushers get ready for the processional.

When the "Pomp and Circumstance" begins, junior ushers Christine Mulligan and Troy VanCaster begin the walk as seniors Scott Kasper and Sandy Horton lead in the graduating class of '84.

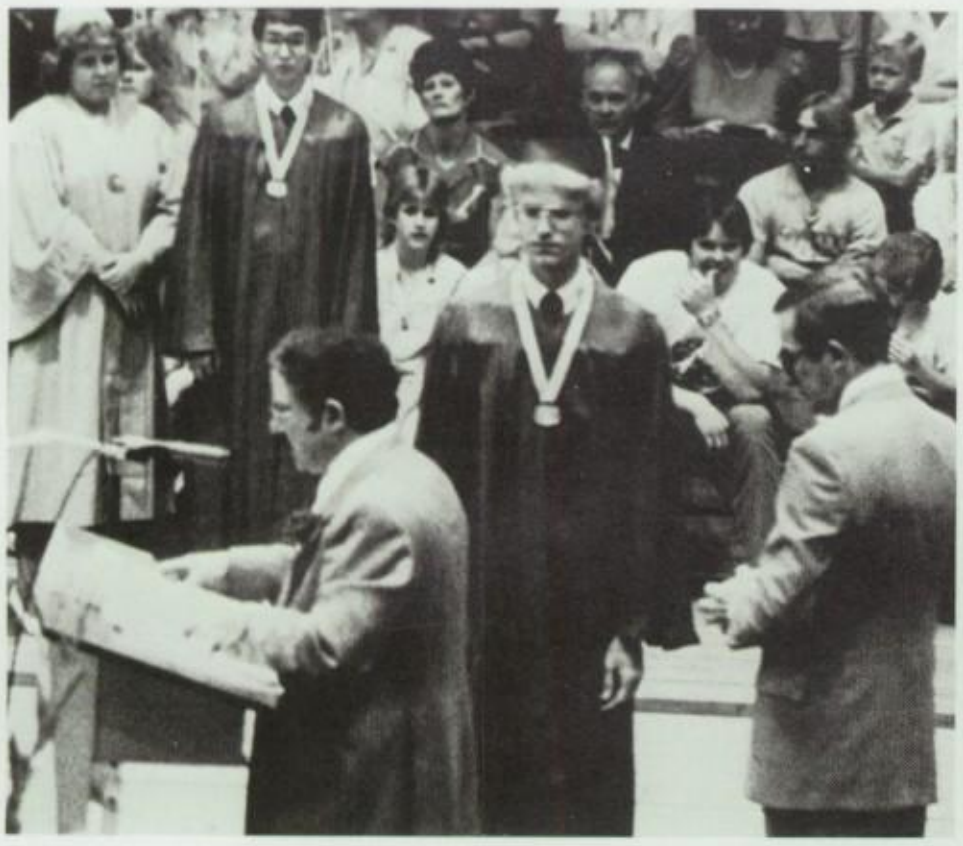
After the National Anthem and the invocation, given by Rev. J. Dirk Reek, Salutatorian Jacqueline Kruse, with tears in her voice, begins the welcome speech, talking of accomplishments, as individuals and as a class. With concluding advice for the seniors, she said, "even if you shoot for the moon and miss, you're still among the stars."

Pranks were not missing at commencement, for as the choir was singing "Down the Road", bubbles were floating and balloons were flying.

Valedictorian Cynthia Frady spoke about "A Senior's Thoughts at Commencement" talking of the plans for the future, telling them the world is in their hands.

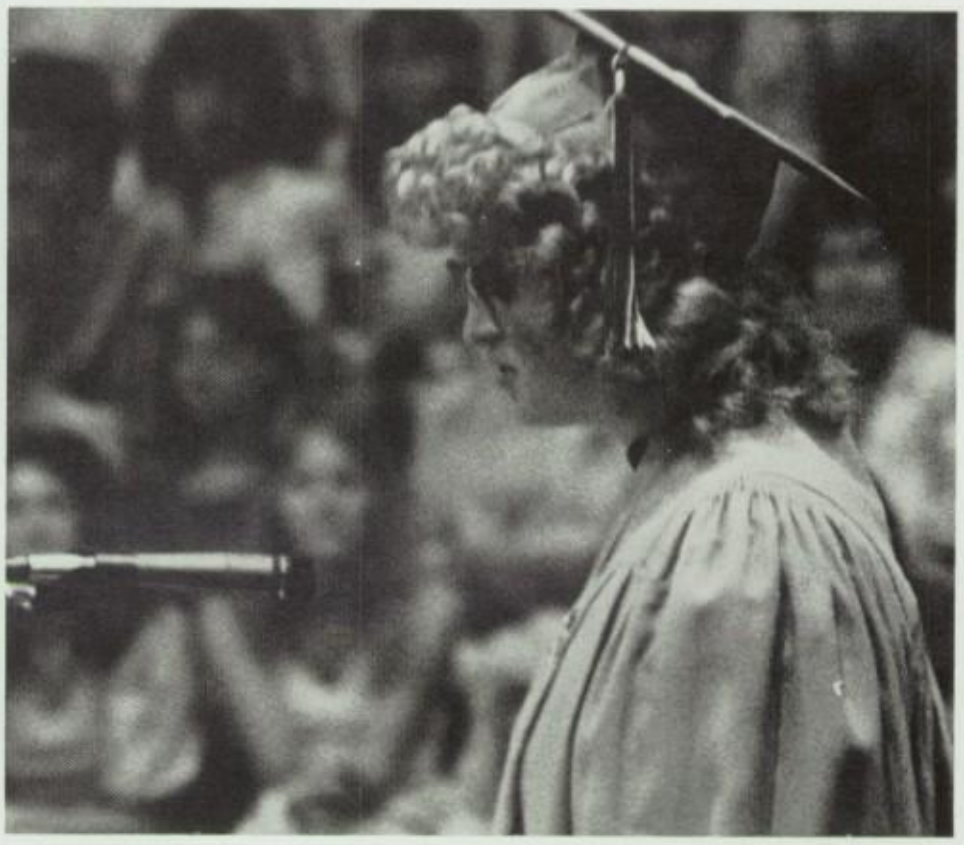
Ending the day on a challenging note, the senior class turned their tassels and gave up their reign, they packed the 13 years of school memories back in their minds to take on a more important role, the future generation.

Tiny bubbles. Seniors Gary Price and Mark Cerny are carrying on the tradition of pranks, as seniors Roy Garcia and Shawn McGuire enjoy the fun of the moment.



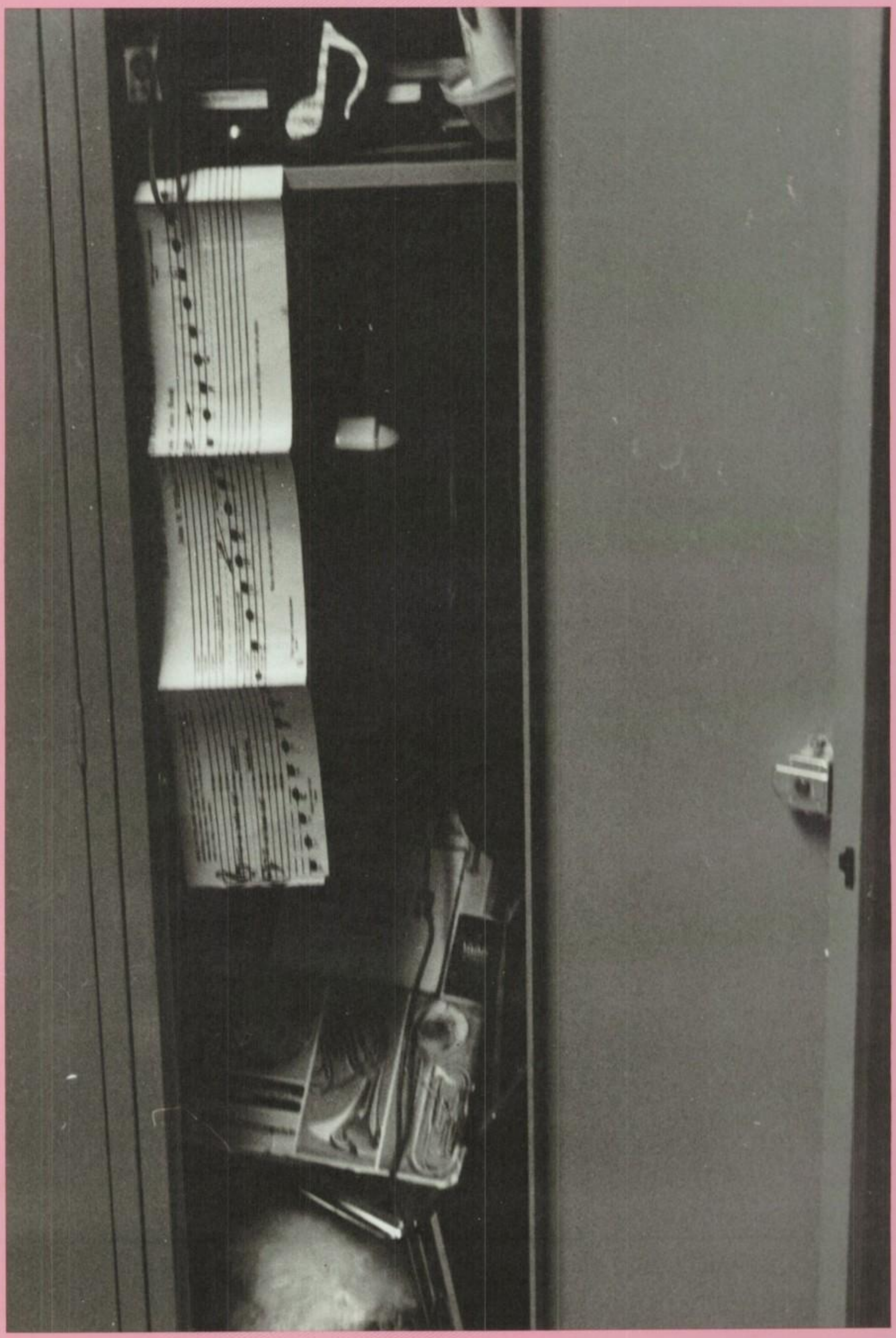
Counselor Gene Seran and Superintendent Gerald Kleinsmith hand senior Patrick Shanahan his scholarship as Rich Sheldon and Tracy Sigmund wait in line to receive theirs. $600,135 was given in scholarships to 68 students.

All the studying paid off for senior Cynthia Frady who was honored by being the valedictorian of the class.



Sealed with a firm handshake, senior John Rehmeier receives his envelope with a scholarship to Northwest Missouri State.

The day is finally here. Giving the welcome speech is salutatorian Jacqueline Kruse.



As many fine arts students' lockers were packed with play scripts and choir books this locker shows it's band packed to the top.

PRIZE ACT

Going to the top

The tastes of the arts were brought out by the special students involved in creating for themselves and others.

Performing - from the rat-a-tat-tat of the drum, to the toot of a horn, the marching band marched on through the football season. Jazz, symphonic and stringed instruments were also heard, from up-beat tunes to classic music played for school concerts.

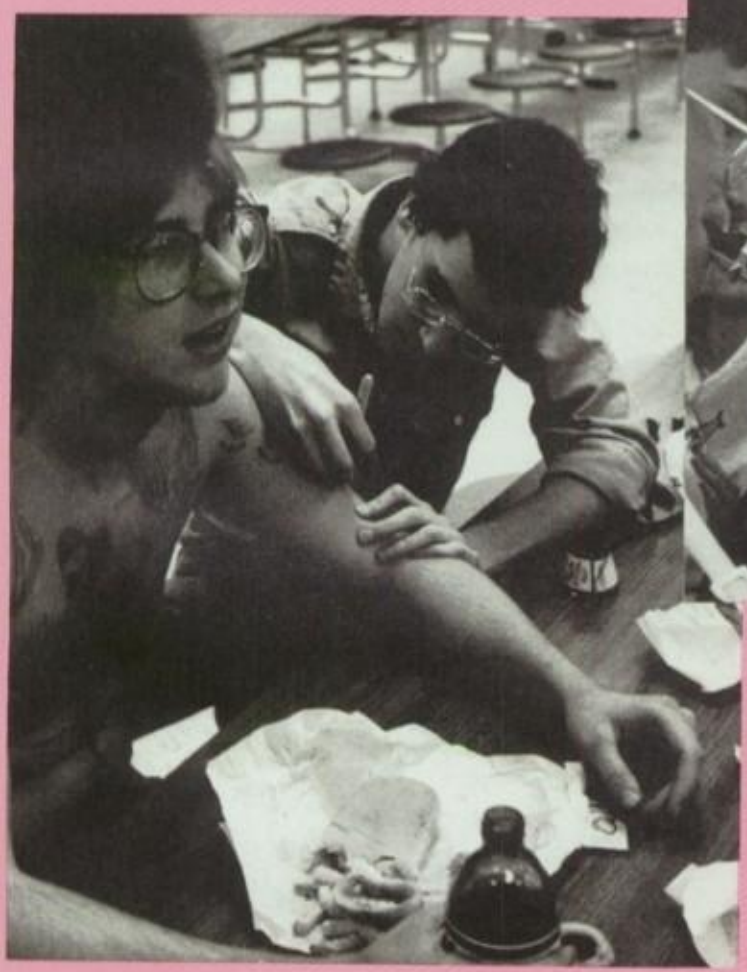
Thespians acted out dreams and created the mood to fit the prop. With many hours of rehearsal the lights went up as they made characters come to life from "My Fair Lady" to "Once Upon A Mattress".

Artists were rewarded for their time creating by presenting their work in gallery shows.

Swaying and singing to the music, ensemble to swing choir students performed for the enjoyment of their audiences. As all performers made a pact to have a "Prize-Act" year, students used their creativity to its fullest.

Junior Linda LaRosa gets a lift out of being a girl named Fred, as the rest of the cast cheers her on in "Once Upon A Mattress".

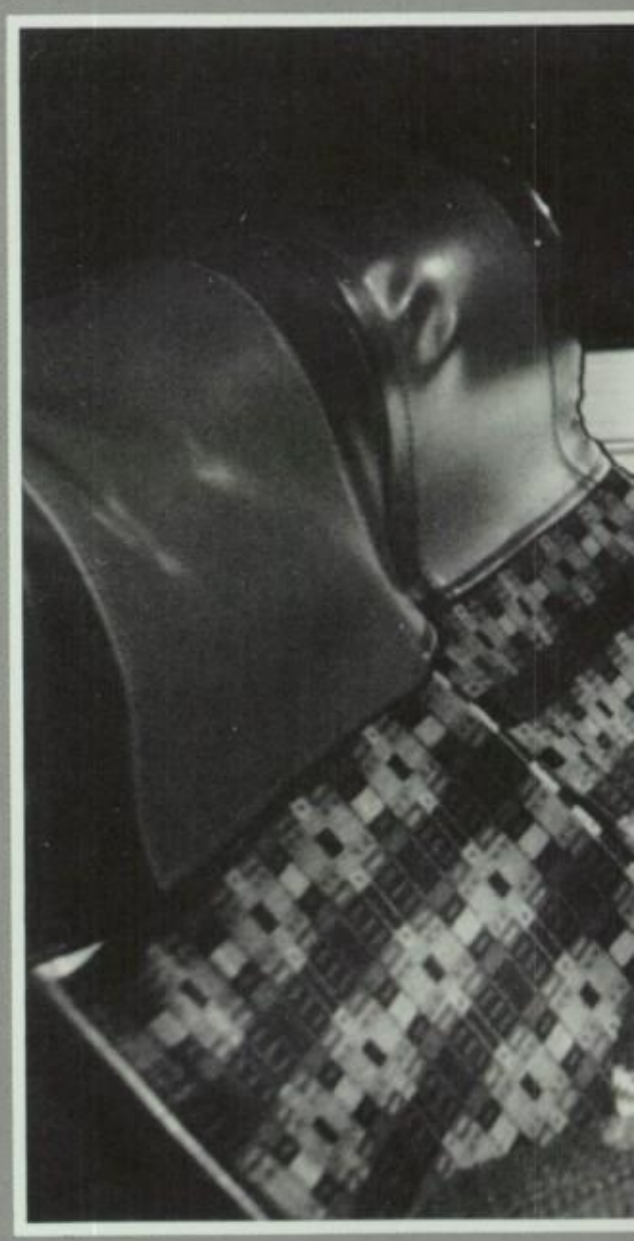
"One-and-two-and-three . . . " Band director Allan Amandus gets the band in motion at a football game earlier in the year.



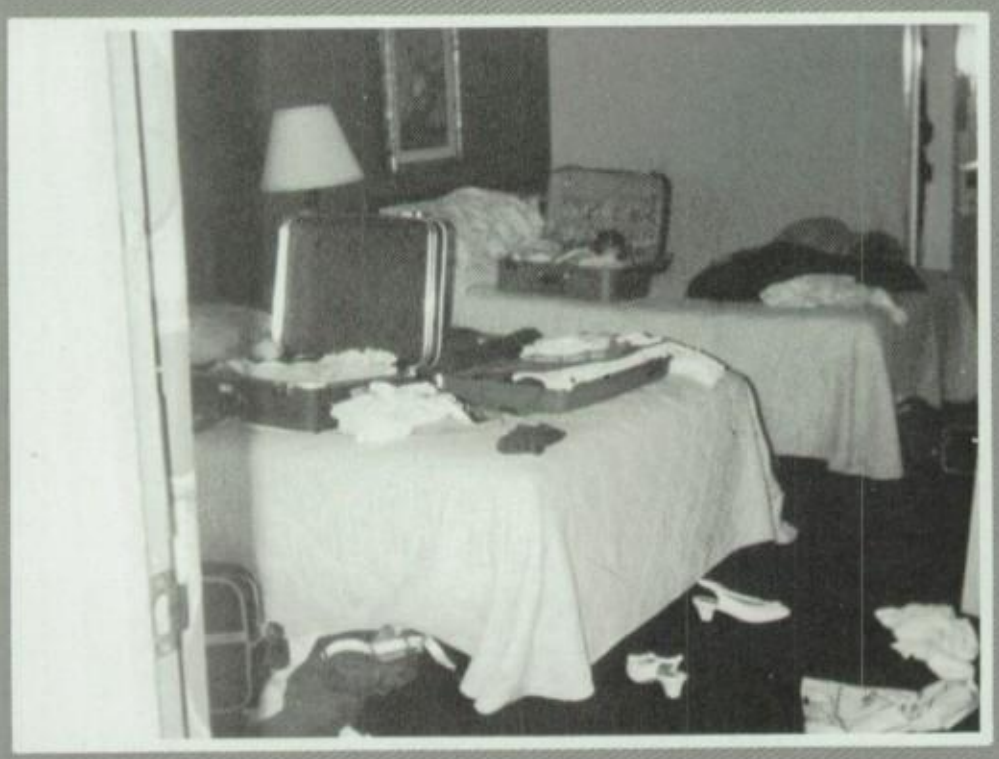
Junior Chris Thackray shows that getting tatooed for "Peter Pan" won't spoil his appetite as junior Ken Guthrie draws tatooes.

Just one of the many landmarks the band visited as tourists in Nashville.

Junior Lisa Heaton warms up her flute before the band plays its contest music for the judges.



Living out of suitcases band members make their hotel rooms feel like home.



Band Visits Nashville

Sophomore Jodi Tridle listens to music and reads a magazine to kill time during the 15 hour ride to Nashville.

"The best thing about the trip was the bus driver, no really the Grand Ole Opry was the most interesting," said senior Jennifer Manders.

After months of preparation it was finally 5 a.m., April 15 and the band was ready to "ram pack" their suitcases and instruments on the bus. After 15 hours on the road the band finally rolled in to Nashville Tennessee visiting the first landmark many tourists see; McDonald's.

Commented senior Cindy Doerr, "We never want to see another McDonald's again."

The band saw a laservision and planetarium show, but who could go to Nashville and not see the Grand Ole Opry; not the band.

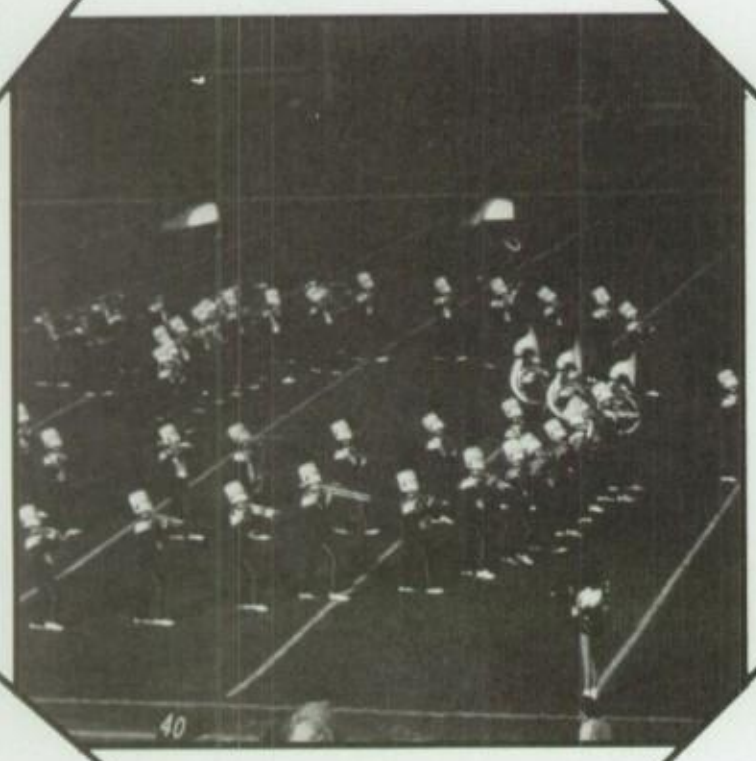
The band went to Nashville for the International Music Festival and received a four rating which director Allan Amandus said was average for this contest. The contest has been going on for 12 years and each band that attends is rated against all the bands that have been there in the past.

Amandus also said, ". . . I don't just want to commend you (the band) on your performance but also on your behavior. I would take you anywhere."

Amandus will have the chance to hold his comment true because the band received a special invitation to play in the Cotton Bowl Parade next New Year's Day in Dallas, Texas.

Said senior Laura Jean Ekdahl, "This really made my senior year."

And for your half time entertainment the Ralston High School Band marches at one of the home football games.



Drum majorette senior Sandy Cramer helps keep the band in line.

The band marched in such competitions as this one held in Clarinda, Iowa where they nabbed a second in parade and field.

Band wins at Clarinda

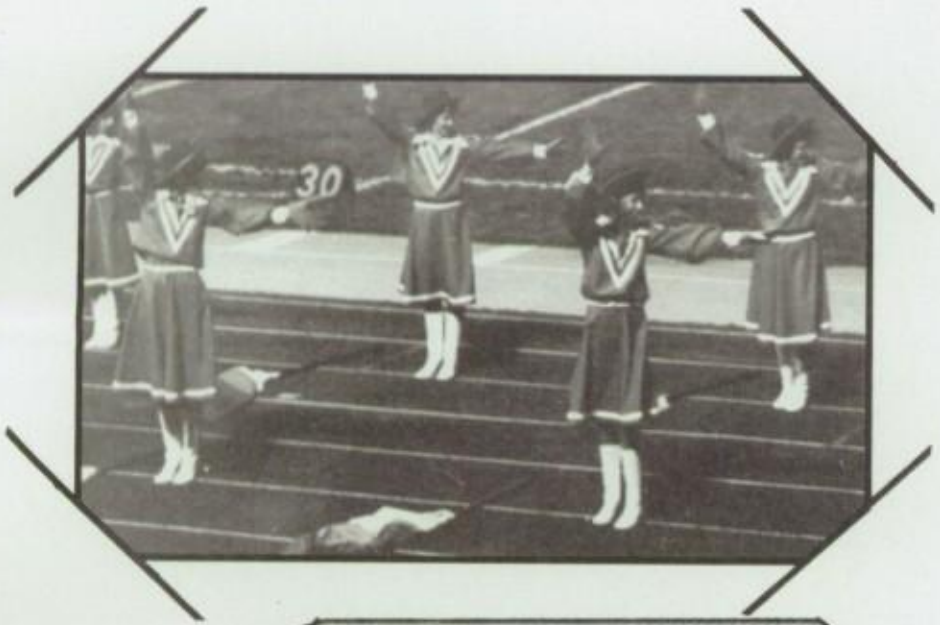
Left, right, left, right, left-right-left! The marching band had a busy schedule this year trying to "pack in" not only regular half time shows at home football games, but also marching at the state fair, and two marching competitions. They travelled to Clarinda, Iowa for a field and marching competition where they attained a second place. The highlight of the season was a first place finish at Septemberfest.

During the marching season band director Allan Amandus generally called practices at 7 a.m.

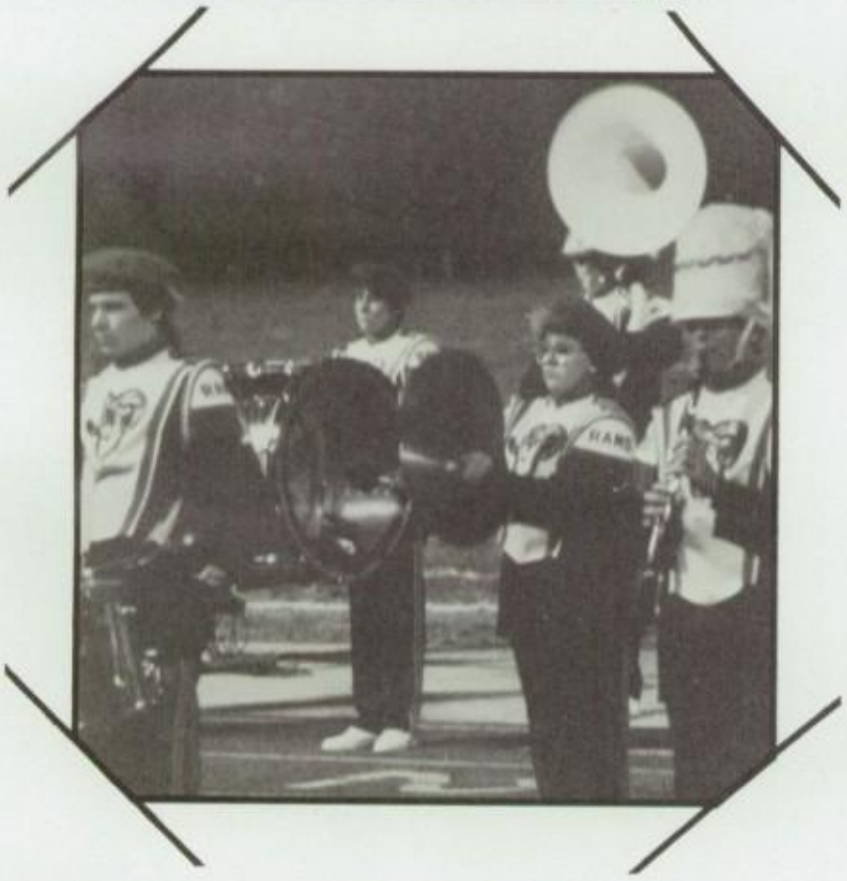
"Every once in awhile he was nice and gave us practices at 7:30," said sophomore Bob Sullivan.

Said junior Chris Ahl in regards to early practice, "I definitely think we needed the practice."

The band was not without humor this year. They did a dance (including chorus line kicks) to the song "Little Brown Jug" while the percussion section accompanied them. For the band, it was truly a "prize-act" year.

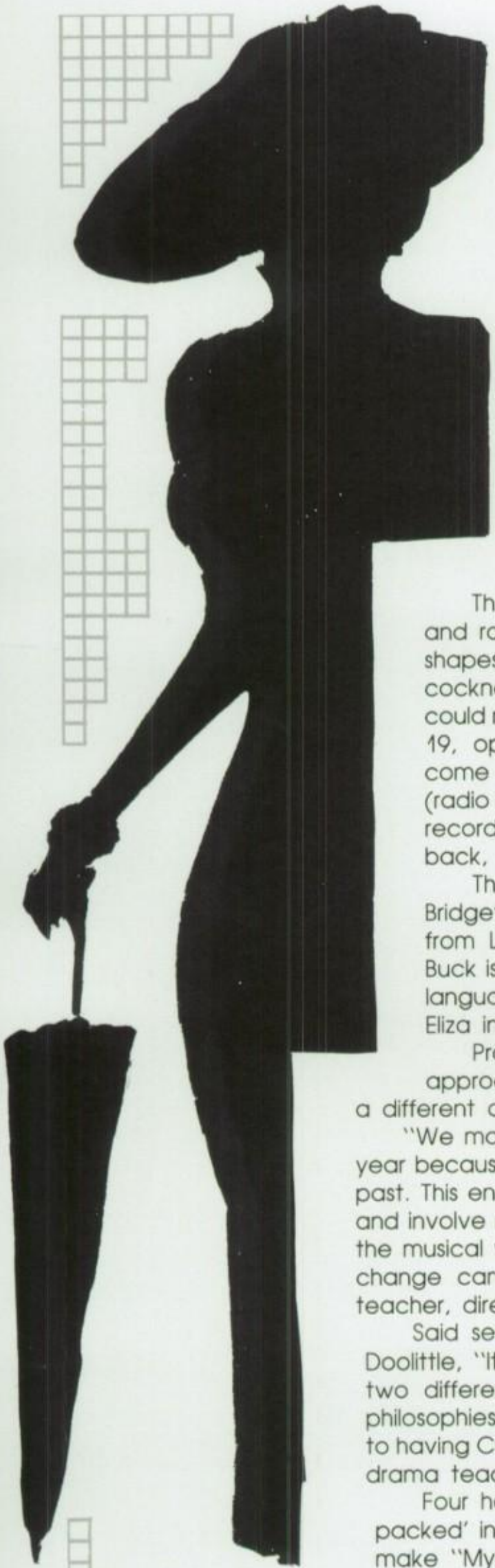


Laying down their flags the flag team remains on the side lines to do hand drills, with their two-tone gloves flashing red then white.



"Bang, boom, bang, toot," from left Nate Woodhams, Jeff Dunnigan, Kelly Loos, and far right Mike Jaeger play on the side lines preparing to go onto the field to do their marching routine.

Twirlers Christine Curtis, Jill Berry and Kristy Witt do a baton routine as the band accompanies them.



"Wouldn't it

Strolling down the hallway one would wonder why so many students were wearing t-shirts with "If you're in love show me!" written on the back. As the onlooker could catch a glimpse of the front it would be easy to see it was just one (of the many) advertisements for the production of "My Fair Lady" staged Oct. 19-23.

The theater was hushed, the lights went up and roughly 20 students of different sizes and shapes poured through the doors portraying cockney people. The words "line, help line," could no longer be heard because this was Oct. 19, opening night where everything had to come together. With the aid of Walkmans, (radio headphones) students were able to tape record their lines and listen to them played back, in order to learn their parts.

The setting is lower London, the year 1912. Bridget Gabriel, junior, portrays a poor flower girl from Lison Grove. Henry Higgins, senior Scott Buck is a phoneticist (one who studies universal languages) obsessed with the idea of reforming Eliza into a lady.

Producer and choral director Dwaine Price approached the 14th annual choir musical at a different angle this year.

"We made it primarily varsity choir members this year because of the work conflicts we've had in the past. This enables us to use our 6th hour class period and involve more students in the play." In past years the musical was open to all choir members. Another change came about in having Pat Culver, English teacher, direct the play.

Said senior Eric Cross, who portrayed Alfred P. Doolittle, "It's an interesting challenge to work with two different directors, because of their different philosophies and different approaches," in reference to having Culver direct as opposed to Jack Parkhurst, drama teacher.

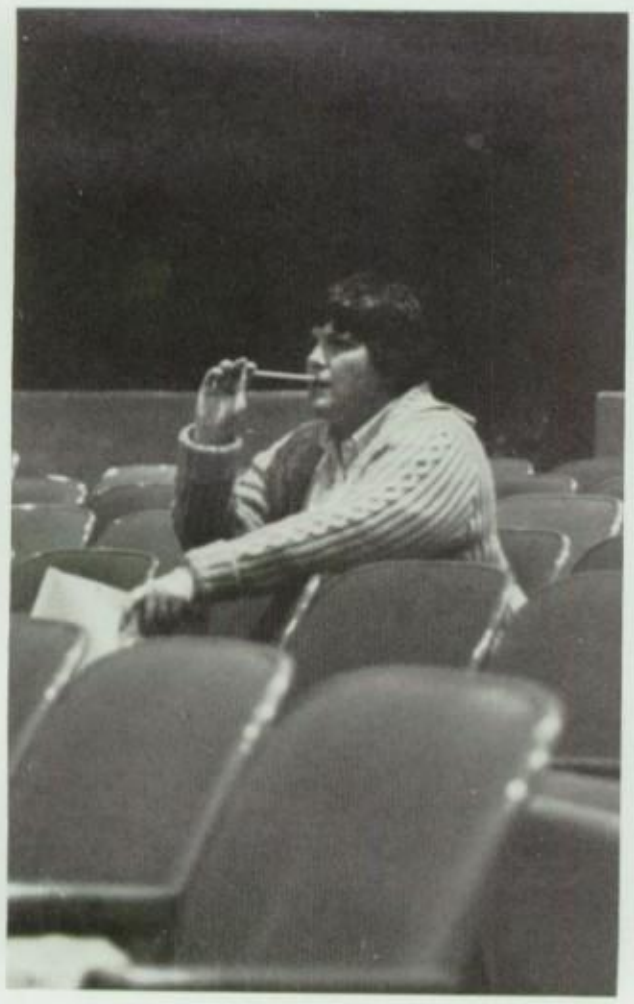
Four hours of practice every night were 'Ram packed' into a six week period of time in order to make "My Fair Lady" a 'prize act'.

Concluded Buck, "In order to pull the play off everyone had to unite . . . this (the play) is pulling us together!"

Many moments spent out of the limelight learning lines as shown by Cory Sanchez.

be Loverly"

Fighting for a part in the play, Bridget Gabriel and Scott Gaeta have fun creating a scene out of the characters from the play.



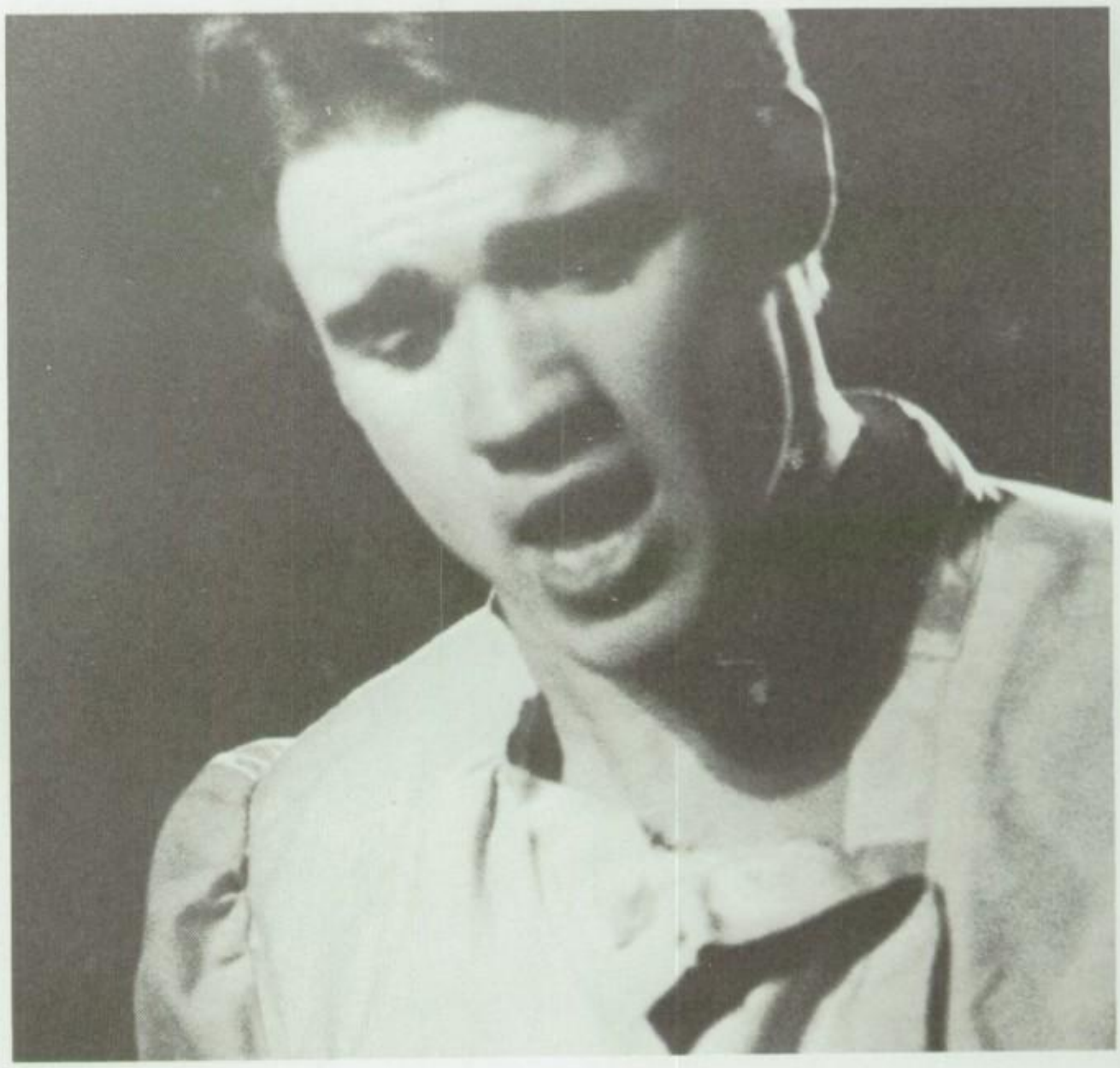
Intense concentration helps Pat Culver, director, critique one, of the many, play practices.

Looking on as Eliza, Bridget Gabriel, sings of love, passion shows in Freddy, Cory Sanchez's eyes.

Doolittle, Eric Cross, and his buddies wryly tell how it feels to have a "little bit of luck".

The play "Spoon River" is set in the town of Harper's Ferry. Here the play production class acts out a scene from the play.

Sophomore Dennis Hobson explains the life of one of the characters from "Spoon River."



Seniors Tece Moody and Steve Swoboda and junior Jon Stadola act out a scene from the play "Once Upon a Mattress."

Junior Linda LaRosa, the respected princess, tells of her reign over the swamp lands.

Juniors Bridget Gabriel, Jon Stodola and Linda LaRosa discuss why the fair lady Larken is dressed like a man.

Door and paper tell all . . .

No, it's not the school of the arts. If you walk into the theater during any period of the day you will see someone busy at work, whether it be practicing a scene from one of the many plays or doing one of the zillions of behind-the-scenes things that need to be done.

But, step into the theater during eighth hour and it is a whole new experience. Here you will find the cream of the crop. These people are the elite. These are the actors and actresses that someday may grace the television screens in our living rooms. It all starts with a single tryout then a typewritten list is placed on the drama room door. This door has been the subject of many tears whether they be happy or sad. This door decides the fate of many in the theater. This class is drama instructor, Jack Parkhurst's, play production class.

Play production succeeded in "Ram packing" in two "prize acts" this year. They were "Spoon River Anthology" and "Once Upon a Mattress." Although the plays are only open to the people in the class they still have to tryout for respective parts in the plays.

Said sophomore Dennis Hobson, "Play production produces plays, it's a lot of responsibility. It builds leadership and takes a lot of time but it's worth it."

Seniors Scott Buck and Chris Petriw strut their stuff at Cabaret night.

Senior Laura Jean Ekdahl and junior Tina Stevens busily decorate for Cabaret night.

The girls ensemble and the swing choir gather around accompanist Dirk Linder as he warms them up for that evening's concert.

"Come to the Cabaret"

"Life is a Celebration" set the theme for the '84 Cabaret night performed by the New Town Criers. The New Horizons were special guests at the show. Cakes baked by members of the choirs and ice cream from Goodrich made the evening more enjoyable.

This was the second year for the newly formed New Horizons. The group is made up of 12 girls, sophomore through senior. A line from the song "Jackie's Theme" clearly stated that "5,6,7,8 dance with us," was the intention of this new group.

The New Town Criers and the New Horizons kept busy during the year visiting numerous old folks' homes, but the special event of the year was an invitation extended for both choirs to sing Christmas carols at the lighting of the Christmas lights at the Western Heritage Museum.

The swing choir also put together a couple of pieces of madrigal music including "Ille Belle Bon Bon," (sung in French) that they performed at the Kearney Madrigal Festival. They also attended the Midlands Jazz Festival.

"Being in swing choir has been really a lot of fun, and a lot of hard work. It's like we're just one big happy family all working towards the same goal. Sometimes it's frustrating but in the end it seems like we always pull it off," said junior Jenny Burry.

Between getting costumes ready, learning music (in many cases in foreign languages) and numerous performances it was a year of packing in 'prize acts' for both the New Town Criers and New Horizons.

Juniors Bridget Gabriel and Lori Garrison and senior Chris Petriw convey the mood of a song at a swing choir performance.

Junior Tina Stevens shows the difficulty of getting ready before a performance.

Evander new strings teacher

The highlight of the year for the jazz band was an invitation extended for them to be the guest jazz band at the All State Music Festival held in Kearney.

It was a doubly exciting year in the music department welcoming Kim Evander as the new strings teacher.

Strings involves two types of teaching, suzuki, which is playing by ear and memorizing music and the second, which Ralston practices, the traditional reading of music.

Around the Christmas season the orchestra visited surrounding nursing homes, such as the Papillion Manor, to play Christmas music to them. The orchestra was also fortunate enough to have senior Diane Hager make the All State Orchestra.

Said Hager, "It gives you a feeling of need . . . because not many people play viola . . . and it gets you scholarships."

The jazz band also attended the Bellevue and Midlands Jazz Festivals.

Between practicing for concerts and showing the public and parents how class time is spent it was easy to see for the jazz band, strings and brass ensemble it was truly a year of "packing" in performances all forming together to produce a "prize-act" year.

Freshman Jeanne Johnson practices her violin during strings class.

Ralston had two viola players this year, shown are senior Diane Hager and freshman Frank Dwornicki.

Senior Laura Jean Ekdahl and junior Chris Ahl are featured on their instruments at a band concert in jazz band.

Assistant director Daryl Stehlik conducts the brass ensemble at one of the band concerts.

Tours expose music classes

The key note of the year for the varsity choir was their concert held on April 3. Two pieces "Wood" and "Basket" were accompanied by Jan Bogardus, a music teacher at Meadows Elementary, on the oboe. The choir also performed the "Creation," "Corner of the Sky," from "Pippin," "It Was Almost Like a Song," and "Song of Democracy," a poem by Walt Whitman. Packing the various choirs into buses, tours of the grade schools and Middle School helped to expose the music department and various choirs to future students.

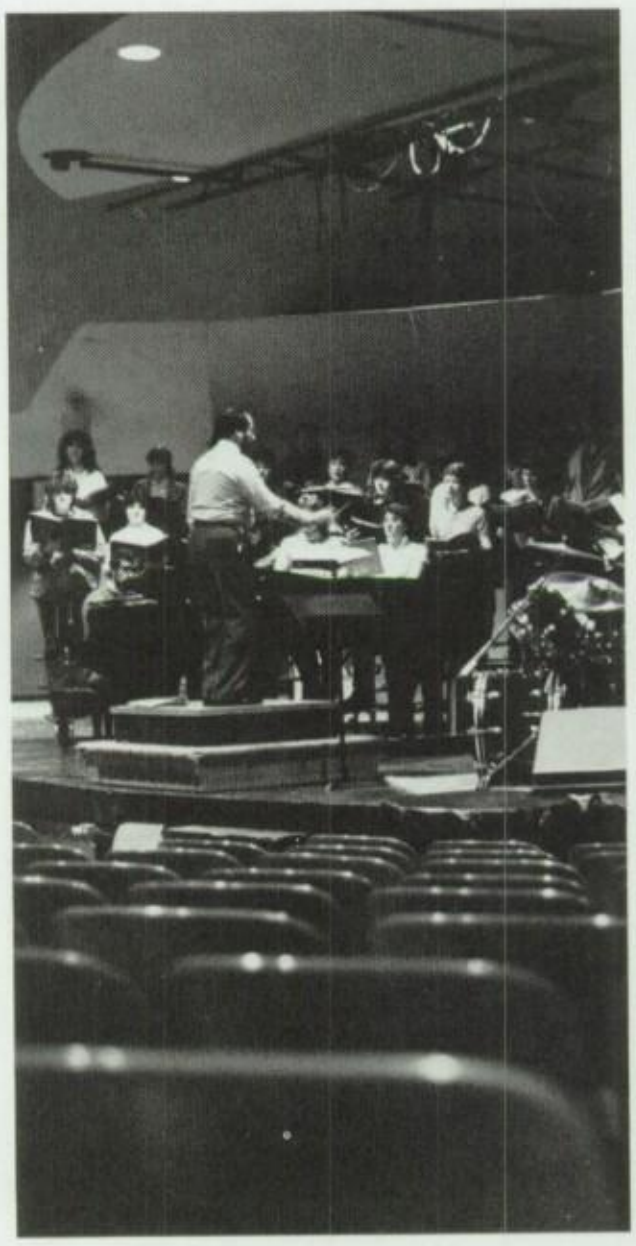
The choir also was involved in the Bellevue East Invitational. The invitational was designed for surrounding choirs to hear each other perform without the tension of competition.

Elections were held early in the year and officers for the 83-84 year were senior Scott Buck and junior Chris Thackray secretaries, junior Brad King librarian, and junior Cory Sanchez president.

"Being in choir has helped ease the stress of a normal academic day. It gives me something to look forward to when I'm sick of adding and subtracting numbers," said junior Bobbi Farrell.

Following the direction of music director Dwaine Price, class time is spent wisely.

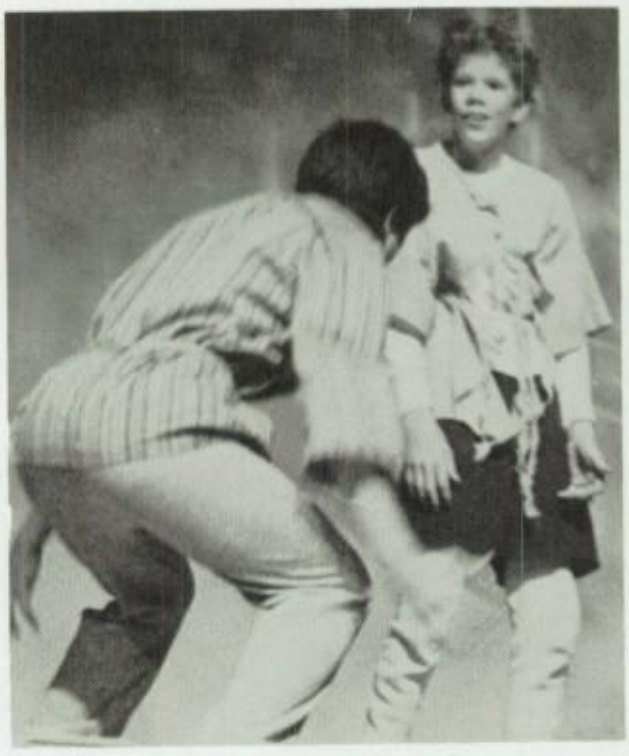
Taking a view from the audience, the varsity choir practices in the theater the day of a performance.



As the altos patiently wait, music director Dwaine Price goes over a part with the tenors.

Junior Jon Stodola cracks a smile as one of the leads from the production "Don Giovani" gives the varsity choir a sneak preview.

Sophomore, Shannon Kilbane lives every little girl's dream of dancing with Prince Charming, junior Dave Girouex.



It's simply Simple Simon, frosh Ted Plugge, and sophomore Scott Gaeta in the play "Golden Goose".

Laughter is best gift of all

To hear the children laughing was the best Christmas gift of all Ralston High School students could give with the 6th annual production of the children's plays.

The plays toured some of the local grade schools including Karen Western, Bay Meadows, St. Gerald's, and Blumfield. Other visits were extended to Glenwood, Iowa School for the Deaf, University Hospital, and Hattie B. Monroe School. Director Jack Parkhurst said that he felt the touring not only gave Ralston students a special learning experience, but for some of the audiences it was their first chance at dealing with people on the 'outside'.

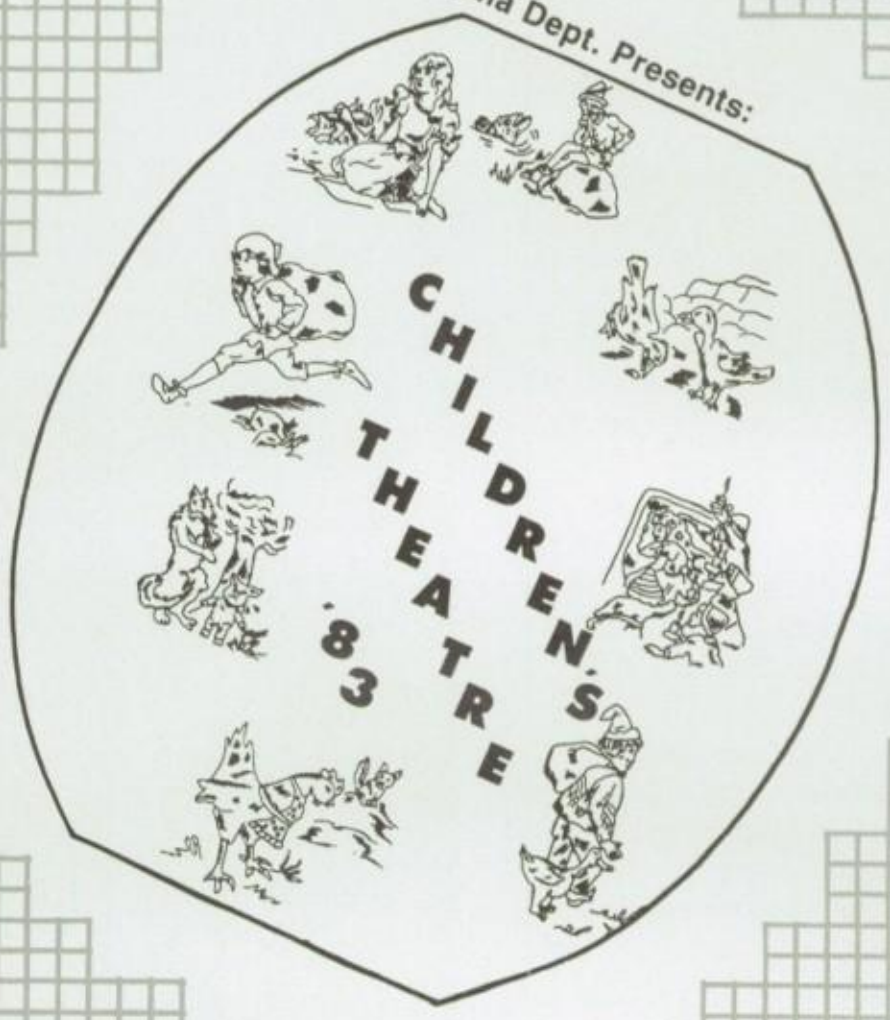
This year's children's plays included "Henny Penny", "Golden Goose", "The Three Bears", "Cinderella", "Snow White", and "A Pie for a Princess".

Said junior Jenny Wozny a character in the play Golden Goose, "It's a unique experience because you never know what's going to happen . . . you don't ever know what the kids' reactions are going to be!"

The plays were to open with a picture night on Dec. 14, but because of extremely bad road conditions that evening's performance was cancelled. But the show must go on, and the 15th brought many hardships with absenteeism, for once again the cold and flu season had struck. Dedication was once again proved and the 16th and two performances on the 17th came together making this play truly "a prize act!"

Getting ready to go on stage junior Dave Girouex shows it's not easy being Prince Charming.

Ralston Drama Dept. Presents:



Tootsie? No it's junior Terry Clements in all his beauty portraying Cinderella's ugly step sister.

Make-up is a big part of developing a character as shown by junior Beth Skoumal.

Choir adds a smile

Strolling down the industrial arts hallway the distant melody of the "Beach Boys Medley," and "Coming In and Out of Your Life" could be heard during both third and eighth periods.

Open the doors to the choir room and a new smiling face could be seen, accompanist Dirk Linder. In previous years Ralston accompanists have been lost to pregnancy, but not to worry in the future. Vocal music instructor Dwaine Price said Ralston is very lucky to have professional accompanists, because many schools are not as fortunate.

The treble choir is made up primarily of freshman girls and the concert choir of freshman guys and sophomore girls.

Performing at the spring, winter and fall concerts the concert and treble choirs packed in a number of "prize acts" this year.

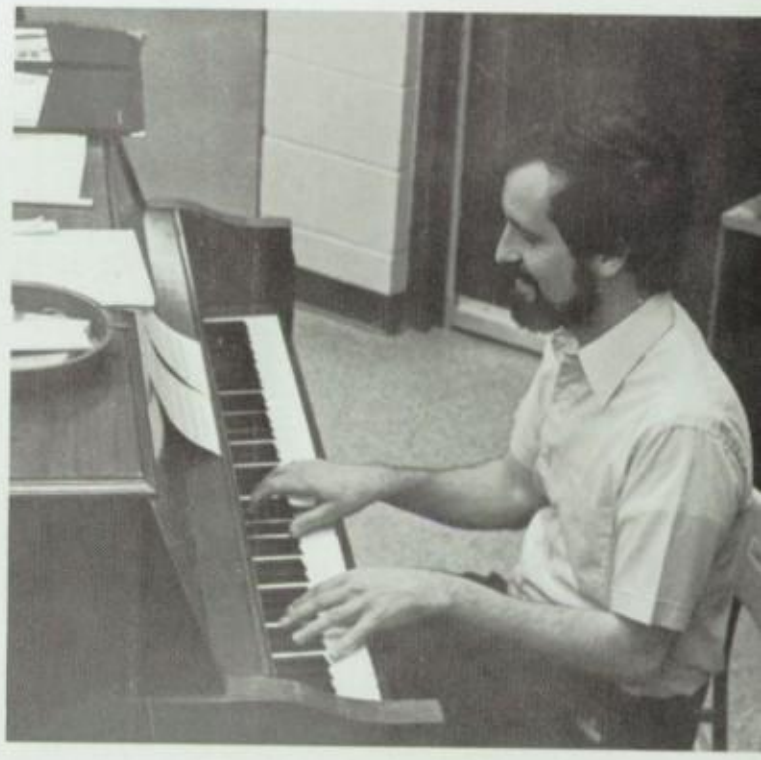
"It's not just singing for the fun of it, it's learning how to sing and do it right," said freshman Liesl Miller.

Freshmen Crystal Dykstra and Kevin Dusek prepare for the concert by putting on their robes.

Looking on attentively the concert choir sings under the direction of music director Dwaine Price.

Checking it out in the mirror one final time are several treble choir members.

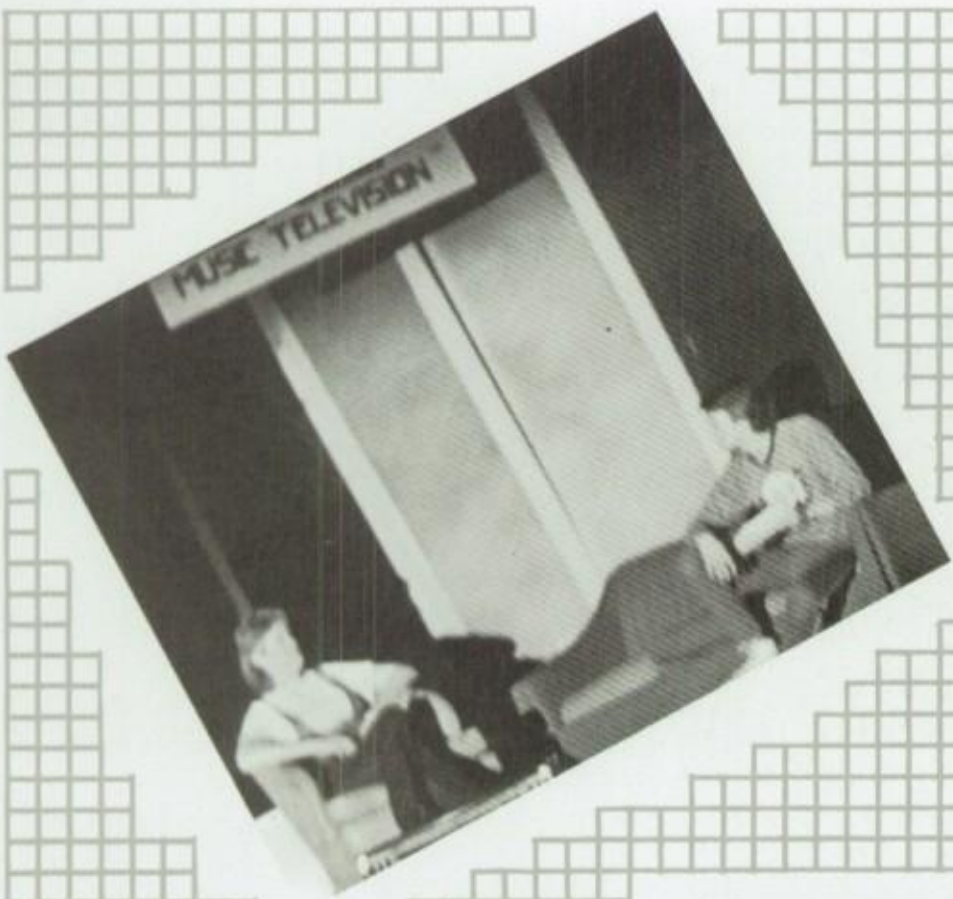
Butterflies race through choir members stomachs as they make the descent from the choir room to the theater for that evening's performance.



New accompanist Dirk Linder runs through some music, of course with a smile on his face.

Senior Anna Peters and sophomore Pamela Dingman grab their folders to sing.

The treble choir is obviously attentive during the performance at the district music festival.



Sophomore Dave Hacker 'jams out' on his saxophone at the AA Review.

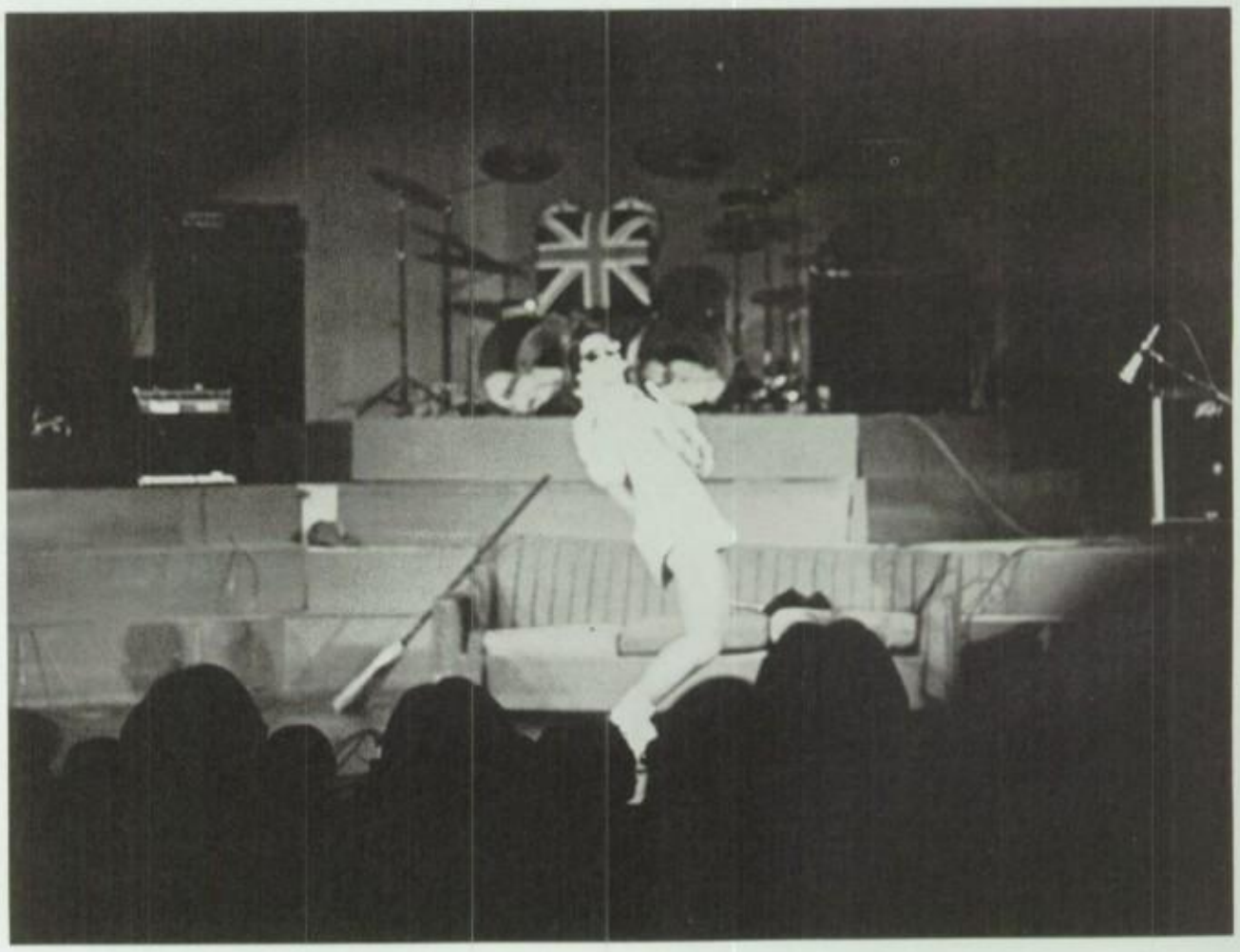
Hula dancers? No, it's just some unidentified Ralston teachers doing their thing at the AA Review. Look at those legs!

MTV is theme

The '84 AA Review was set for the year with the theme developed around the ever famous MTV. MTV is a music television station on cable networks. Who could not resist seeing the talent show with English teacher Jan Rowley playing the forever dizzy VJ (video jockey) Nina Blackwood.

With the commercials for the show aired during second period classes, the school was left in an uproar with Rowley's famous dizzy line, "Like, goodbye Nina."

The talent extended from "packing in" rock bands and the ever famous break dancers. This talent show gave Ralston High the chance to prove it was truly a "prize act" year.



Tom Cruise? No, but it's junior Jon Stodola doing a pretty good imitation!

Actors fly on stage

Little boys from the land of Peter Pan crawl out of a cave in the all-school play "Peter Pan."

A little girl thinks she sees a little boy in green clothes flying outside her bedroom window. A fairy protects a little boy. Yes, this is "Peter Pan."

The all-school play set for the year was the production of "Peter Pan" in the spring. Ralston had its own reverse "Tootsie" this year with junior Bridget Gabriel portraying the part of Peter Pan.

Said Gabriel, "It wasn't hard for me to play a male because I was always a tomboy when I was little. It was like playing a little kid."

It was an interesting twist seeing the characters actually fly on stage. The lights were set low and cords were dropped for the actors and actresses to attach around their waists.

Said junior Janet Adams, "It was an experience I'll never forget. I thought I'd never fly!"

The all-school play gives everyone an opportunity to be a part of a "prize act". Jack Parkhurst does this to get some new blood into the theater and to scout out talent that ordinarily would have gone undiscovered.

Said junior Melissa Bridwell, "It was the first play I tried out for, and I was so thrilled when I made it, I couldn't believe it. I loved doing the play it's a lot different than I thought it would be and a very valuable experience."

Junior Janet Adams wakes up to find she is now a mother to several little boys in the land of Peter Pan.

Sophomore Scott Gaeta puts on his evil pirate makeup during preshow warm-up time.

Junior Bridget Gabriel patiently awaits the moment she will be transformed into "Peter Pan".

After school freshman Kent Bruner picks up a piece of the set soon to be made into a bed.

BEHIND THE SCENES

Freshman Kent Bruner works on sets during his free time.

Seniors Carrie Palmeiro and Chuck Couch cut some plywood to build a set.

Senior John Fowler uses a hand saw to cut some wood.

Although there is no curtain to draw back, take a look behind the scenes and you will see dozens of ordinary people at work doing various kinds of jobs. When the lights go up we know there is someone in control of the lightboard. Even before the show begins dozens of people are busy at work in pre-production flight. There is makeup, hair and costumes to be done, people to usher to seats, actors to get into character, props to set and generally a theater to prepare.

The initial building of sets is done for the most part by Mike Daniels' and Jack Parkhurst's 1st and 2nd hour theater backstge classes.

Said junior Debbie White, "I like the class, because it is a practical learning experience; I've learned to use a lot of tools I ordinarily wouldn't have learned how to use."

For all the costumes pinned, all the lights set there is of course the small print in every program that lists all the people who put in dozens of hours behind the scenes hoping to form the plays into a "prize act".

Seniors just clowning around

Send in the clowns? The Freshman? No, it's the senior band members! No one can ever say the seniors did not go out in style at the last band concert of the season and of their high school careers. The seniors appeared at the concert dressed as clowns ready to deliver balloons to band director Allan Amandus.

Said senior Laura Jean Ekdahl, "Mr. Amandus has been telling us that we always clown around, so we thought we'd show him how to really clown around!"

At the winter concert the band was fortunate enough to have the Nebraska Wesleyan woodwind trio come play with them and hold clinics throughout the week. The trio is composed of three members, all professors at Wesleyan. They are Dr. Herbert Dregalla, his wife Kathryn, and Mary Howell.

Said junior Lisa Heaton, "They helped us a lot on little things, which really helped us at contest."

Junior Tina Stevens agreed saying, "They helped us a lot with musicality."

Between practicing for concerts, actually performing and maybe just a little clowning around, it was definitely a "prize act" year for the band.

Concluced junior Kelly Loos, "It's a lot of fun, but a lot of hard work, but . . . it all pays off in the end."

Juniors DeAnn Wollenhaupt and Tom Searson and sophomore Chuck Rogers make up the trombone section at an early morning practice.

Director, Allan Amandus leads the symphonic band at the last concert of the year not quite ready to experience the invasion of the clowns.

The seniors sent director Allan Amandus a balloon-a-gram when they were just clowning around at their last band concert.

No clowning around for junior Jeff Dunnigan as he concentrates on his music at the last band concert of the year.

"Art is . . ."

The smells of paint, the wandering eyes peeking into room 212 were satisfied with the unveiling of long hours of sculpting and sketching at the "prize act/ Expo '84'". Seniors Eric Cross, Kelly Robinson, Matt Van Driest and John Chadwell were featured at the event with expositions of their best work displayed in the botanical gardens area.

Said senior Eric Cross, "Mr. Benzel has helped me progress my art skills. There has to be some natural talent first but skills help. I recommend taking art classes because they are 'mucho' fun!"

Many art students also had things on display at the K-12 art show held every year at the Westroads. Throughout the year art work has also been on display in the various show cases throughout the school.

Said freshman Lynn Recic, "My favorite type of art is drawing."

There are several different types of classes offered at Ralston including Intro to Art, Textile Design, painting, pottery and this year, a new class, Artistic Photography.

Summarized art teacher Bob Benzel, "Art is anything man-made that reflects the personality of the artist."

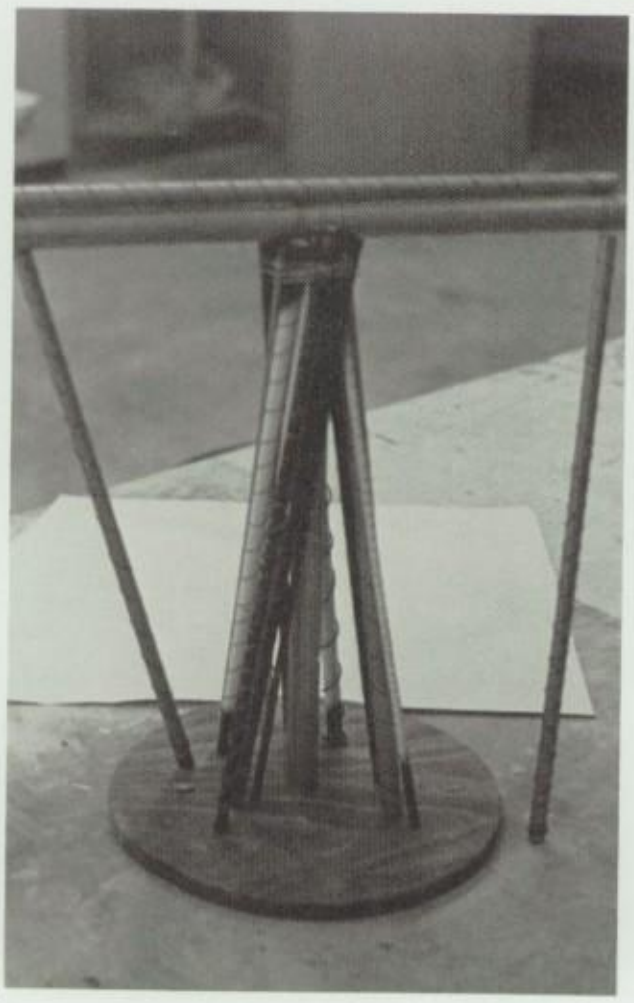
Many students could be seen traveling down the hallways working on coil pots in last-minute attempts to complete them.

Senior John Chadwell's portrait of a wizard reigns over the art room painted on a locker.

EXPO '84

Art teacher Bob Benzel concentrates deeply on painting his duck.

Students' artwork stands on display throughout the art room giving it the look of an art gallery.



Senior Anna Peters, shown in the background, works on her art assignment during class.

It was evident by this underclassman's locker that it was the most sports minded if not the most sports packed of the year.

ACTION PACKED

A little sweat helps

"Hut-one, hut-two", "love", "volley", "pin him", "birdie", "slide" were some of the verbals heard throughout the year as athletes gave it their best and then a little extra.

From weight training and diets, to drills of practice and more practice athletes learned they had to pay a price to win. Exhausting long hours and working hard before and after school became a regular routine as students prepared for the games and events of the season. With new and old strategies from new and old coaches, athletes in all sports knew their work had paid off when they could hear the crowd cheer as everything they practiced came together.

It was an "Action Packed" year as routing fans gave their enthusiasm and encouragement as the Rams brought home victories even in defeat.

"Get ready. Get set, go!" This swimmer takes a backward approach to swimming as he gets ready to back stroke his way across the pool.

According to the football players the best place to yell for Ralston spirit is in the football end zone at the top of the big Ralston R.

After an exhausting cross country run after school at a track meet, junior Therese Fitzpatrick takes a catnap.

Action Facts

Varsity Volleyball

Ralston 12,6	Westside 15,15
Ralston 15,15,15	Benson 7,15,10
Ralston 8,12	Papillion 15,15
Ralston 7,15,7	Central 15,7,15
Ralston 15,15	Tech 4,9
Ralston 9,15,8	Gross 15,9,15
Ralston 15,15	Bryan 10,9
Ralston 13,4	Bellevue East 15,15
Ralston 5,15,7	Millard South 15,12,15
Ralston 12,13	Millard North 15,15
Ralston 13,4	Bellevue West 15,15

Dual Action: 5-10
Tournament Action: 1-3
District Action: 3rd
Coach: Dale Kinney

J.V. Volleyball

Ralston 3,16,15	Westside 15,14,2
Ralston 11,15,10	Benson 15,7,15
Ralston 13,15,15	Papillion 15,13,12
Ralston 8,15,15,12	Abraham Lincoln 15,9,6,15
Ralston 15,2,10	Central 9,15,15
Ralston 15,15	Tech 5,7
Ralston 13,13	Gross 15,15
Ralston 15,15	Bryan 8,7
Ralston 6,15,7	Bellevue East 15,12,15
Ralston 11,9	Millard North 15,15
Ralston 10,11	Bellevue West 15,15

Dual Record: 4-6
Coach: Doug Otto

Freshman Volleyball

Ralston 0-15-10	Arbor Heights 15-9-15
Ralston 12-15	Millard North 15-17
Ralston 2-11	Papillion 15-15
Ralston 5-12	Millard South 15-15
Ralston 13-13	C. B. Longfellow 15-15
Ralston 15-13-15	Bellevue Mission 7-15-12
Ralston 11-0	Gross 15-15
Ralston 4-10	C. B. Kirn 15-15
Ralston 7-15-2	Fremont 15-11-15
Ralston 12-13	C. B. Wilson 15-15
Ralston 4-8	Roncalli 15-15
Ralston 1-5	LaVista 15-15
Ralston 5-5	Millard South 15-15

Dual Record: 1-11
Tournament Record: 0-11
Coaches: Ron Siske
Diane Kinney

Head over heels over volleyball

"Volleyball is a tough sport that takes hours of practice," said senior Cindy Havel. Players have to know just the way to fall when going after the ball and the proper techniques of how to hit the ball.

The right equipment helps a little, also. A player should have knee pads, elbow pads, and the right kind of traction on shoes to prevent falling.

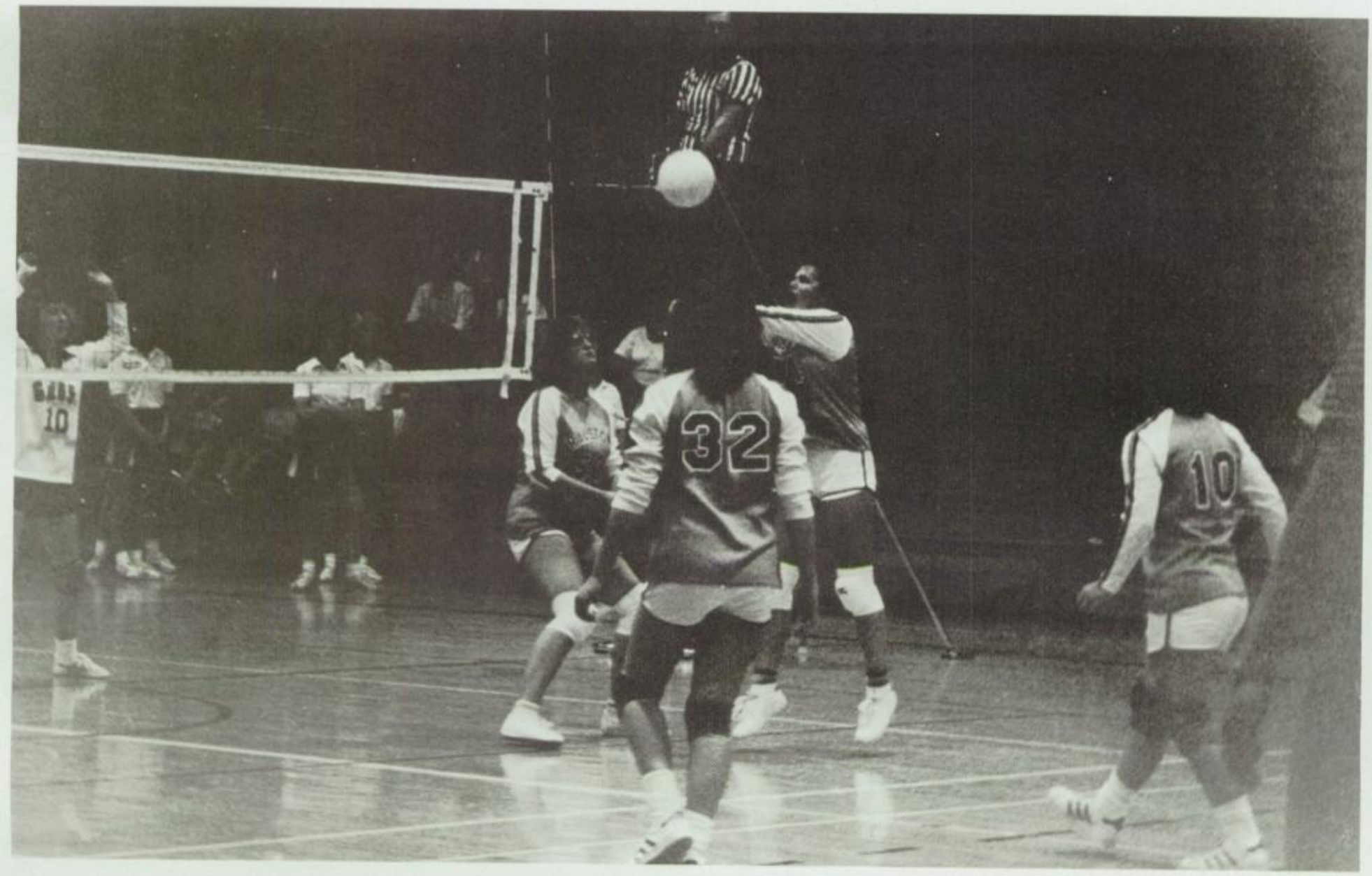
The varsity team ended its season with a 5-10 record.

Both the J.V. and freshman teams received new coaches. Science teacher, Doug Otto coaches the J.V. team. Driver's Education teacher, Ron Siske coached the freshman team.

The J.V. season ended with a 4-6 record and the freshmen ended up with a 0-11 record.

Freshman Julie Weichel sets the ball up for a good spike by one of her teammates at one of Ralston's home games.

***Senior Becky Burianek** receives the ball at a home match against Omaha Gross, and tries to set it up for a good spike.*

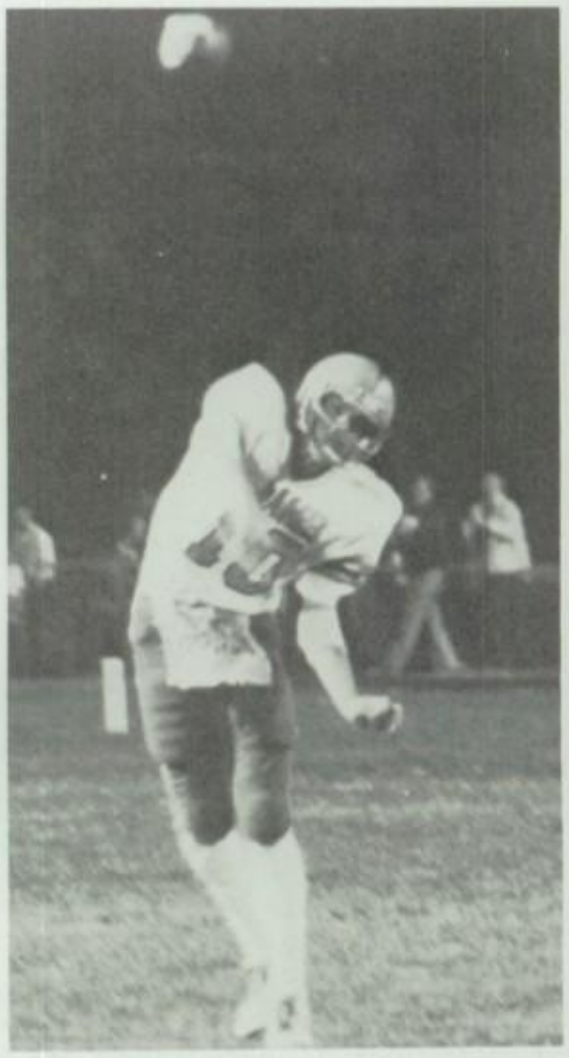


***Senior Cindy Havel** spikes the ball at a home match, as the opposing team waits for the return.*

***Junior Mary Jo Peitzmeier** uses the overhand serve to get more power behind the ball at one of Ralston's home matches.*

Junior Brian Kehrli just barely gets the ball away before being tackled by a Westside Warrior.

Junior Brian Kehrli warms up his throwing arm before a game by throwing passes to a receiver.



New football coach sees day-by-day improvement

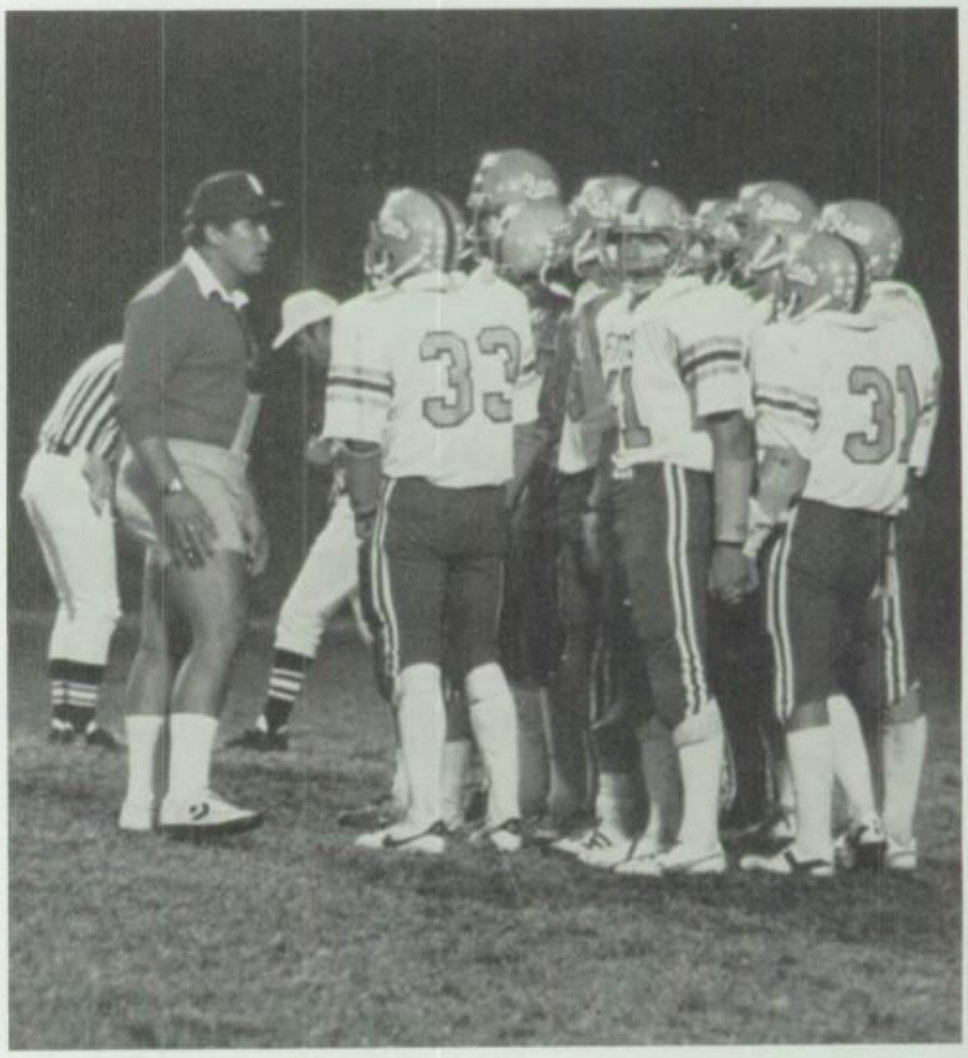
"The win-loss record of the 83-84 varsity football team was not that spectacular, but the team got better every day, and that's what I like to see when I'm coaching," stated head coach John Blazek.

Blazek encourages the players to go out for other sports every season, but you can bet that if they're not in sports, they will be in the weight room lifting weights. After football season is over, if the players are not in another sport, then they're in lifting weights after school from November until April. Then in June the football team is back on the field throwing the ball, and getting ready for the next football season.

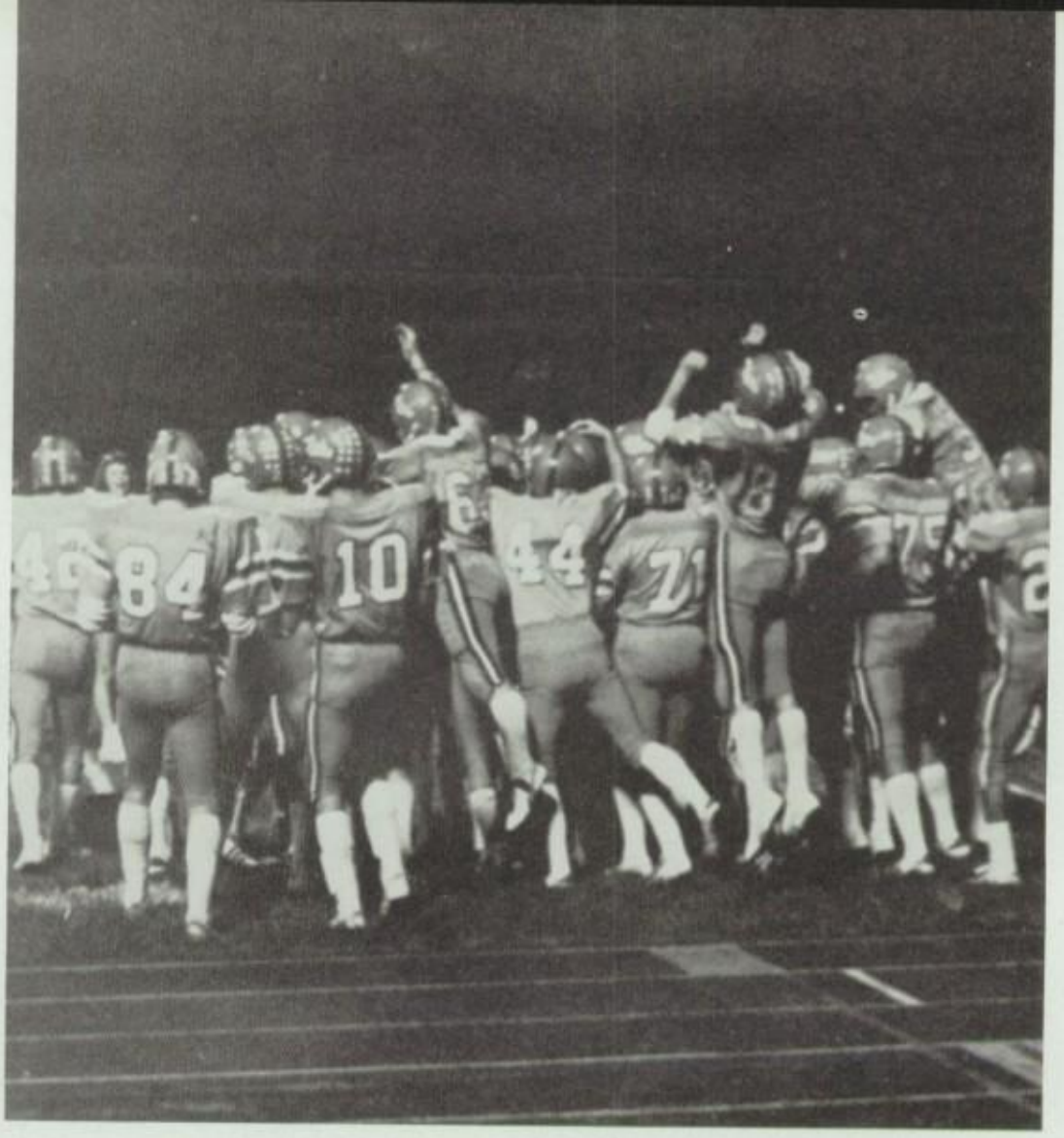
John Blazek, the new head coach for varsity football, took the position the last part of the 82-83 school year when then head coach John Osborne took a coaching position at McCarther High School in San Antonio, Texas. Assistant coach Doug McLaughlin also took a coaching position with Osborne.

Blazek has received a lot of attention since he has been at Ralston and stated, "It comes with the job, but this type of publicity doesn't flatter me. Down in Wichita, Kan. where I attended college, I would spend about 20 minutes everyday from football practice just with the media."

Blazek came from Highland Park High School in Topeka, Kan. where he used to teach Physical Education. "When I left Highland I chose to come to Ralston because I felt they had good ratings in both sports and academics. I enjoy working with the students here, and the staff is easy to get along with."

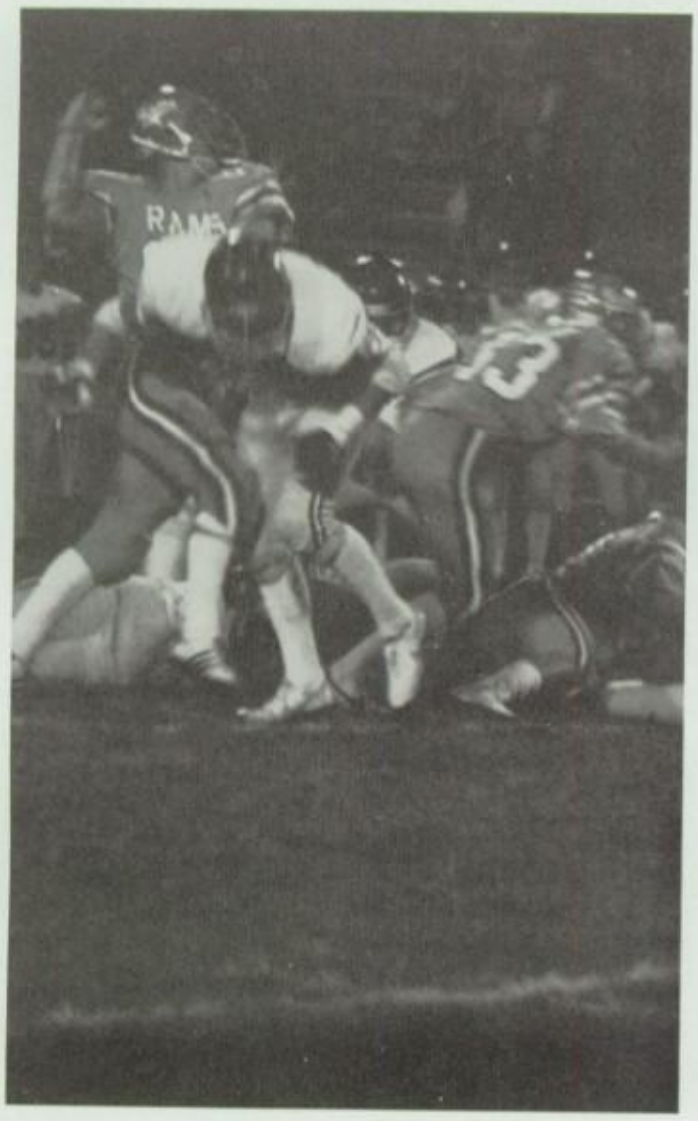


***Support is needed** from the fans, but also from the players, as junior Tom Sestak and senior Jay Wiechmann give each other support before the game.*



The Rams have a great way to get themselves psyched up before one of their home games.

A Ralston player tries to run past a Burke Bulldog hoping to get a touchdown, and the extra point.



At the homecoming game junior Brian Kehrli just makes a pass before one of the Burke players tackle him.

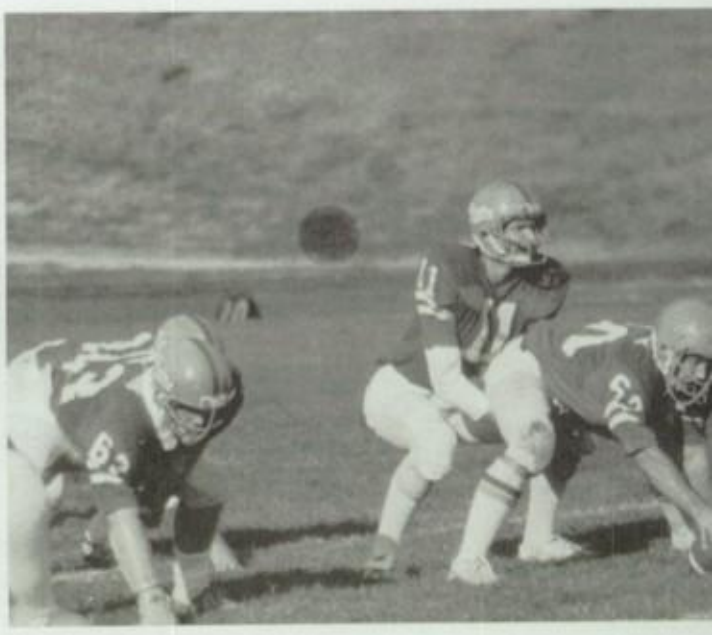
Action

September 2	Ralston 23
September 9	Ralston 3
September 15	Ralston 9
September 23	Ralston 32
September 30	Ralston 25
October 7	Ralston 12
October 14	Ralston 28
October 21	Ralston 12
October 26	Ralston 8

Season Record: 3-6
Coach: John Blazek
Assistant Coaches: Ron Stigge, Todd Seastedt, Mike Fantaski, Dan Meyer, Mike Barada

Facts

Bellevue West 36
Gross 20
Benson 10
Tech 0
Burke 33
Westside 28
Papillion 3
Bryan 7
Lincoln Northeast 25



Sophomore quarterback, *Jeff Gillespie waits for junior Brad Peterson to snap the ball so they can get a touchdown.*

Action		Facts
September 1	Ralston 25	Millard South 18
September 8	Ralston 26	Gross 27
September 15	Ralston 14	Benson 20
September 22	Ralston 50	Tech 0
September 29	Ralston 13	Burke 14
October 6	Ralston 19	Westside 14
October 13	Ralston 32	Papillion 0
October 20	Ralston 39	Bryan 6
October 25	Ralston 22	Thomas Jefferson 30

Season Record: *5-4*
Coach: *Mike Fantaski*

Sophomores Jeff Gillespie *and Kenny Korus try to run the ball down the field to get a touchdown.*

J.V. has its ups, downs

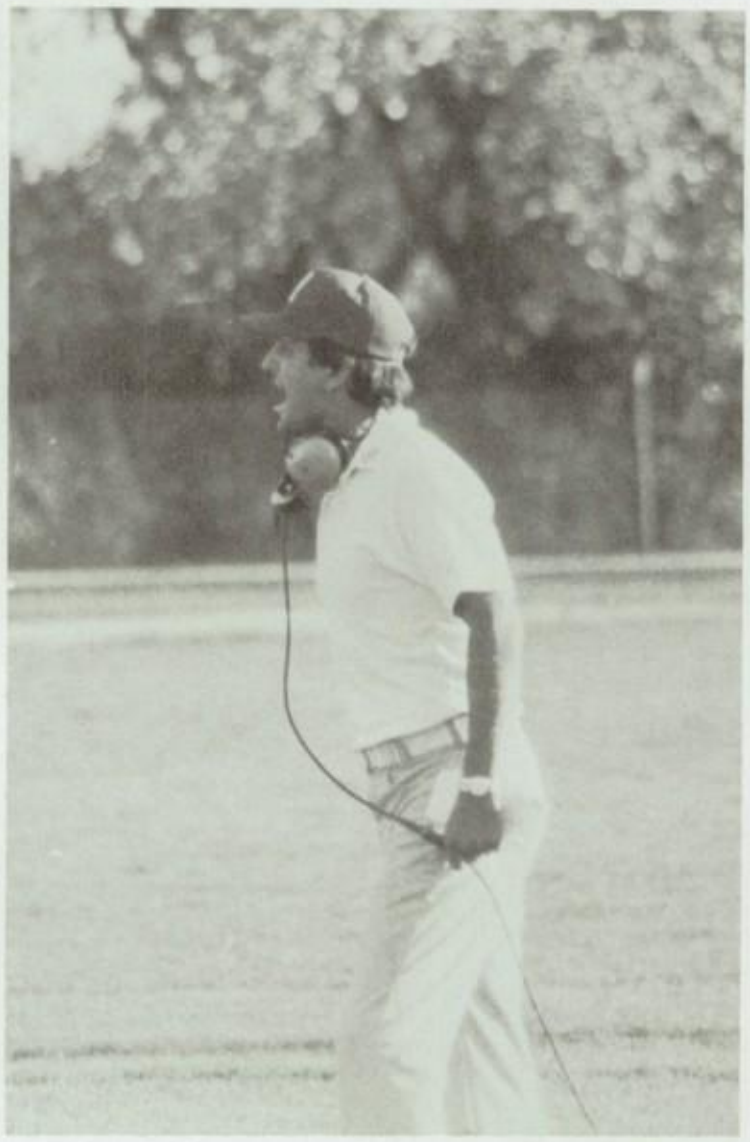
J.V. football coach, Mike Fantaski, was pleased by the over-all effort and support the players exchanged with each other. "The team worked well together because the teammates exchanged team support and encouragement throughout the football season."

The team starts the season out by having practices during the summer and sometimes practicing twice a day, once in the morning, then they come back in the afternoon for another workout. When the school year starts, the team will sometimes practice with the varsity team to get the experience they need. The football team has an up-down list, which is a list of football players that are on the junior varsity team, but sometimes will be seen in one or two of the varsity games.

The J.V. football season started Sept. 1, with the team winning against Millard South, 25-18, and just barely losing their second game to Omaha Gross, 26-27.

Sophomore Jeff Gillespie *makes the final call before he receives the ball, so he can pass it to sophomore Ken Korus for a touchdown.*

*Junior **Dave Dickerson** tries to outrun his opponent to get yardage, a touchdown and the extra point.*

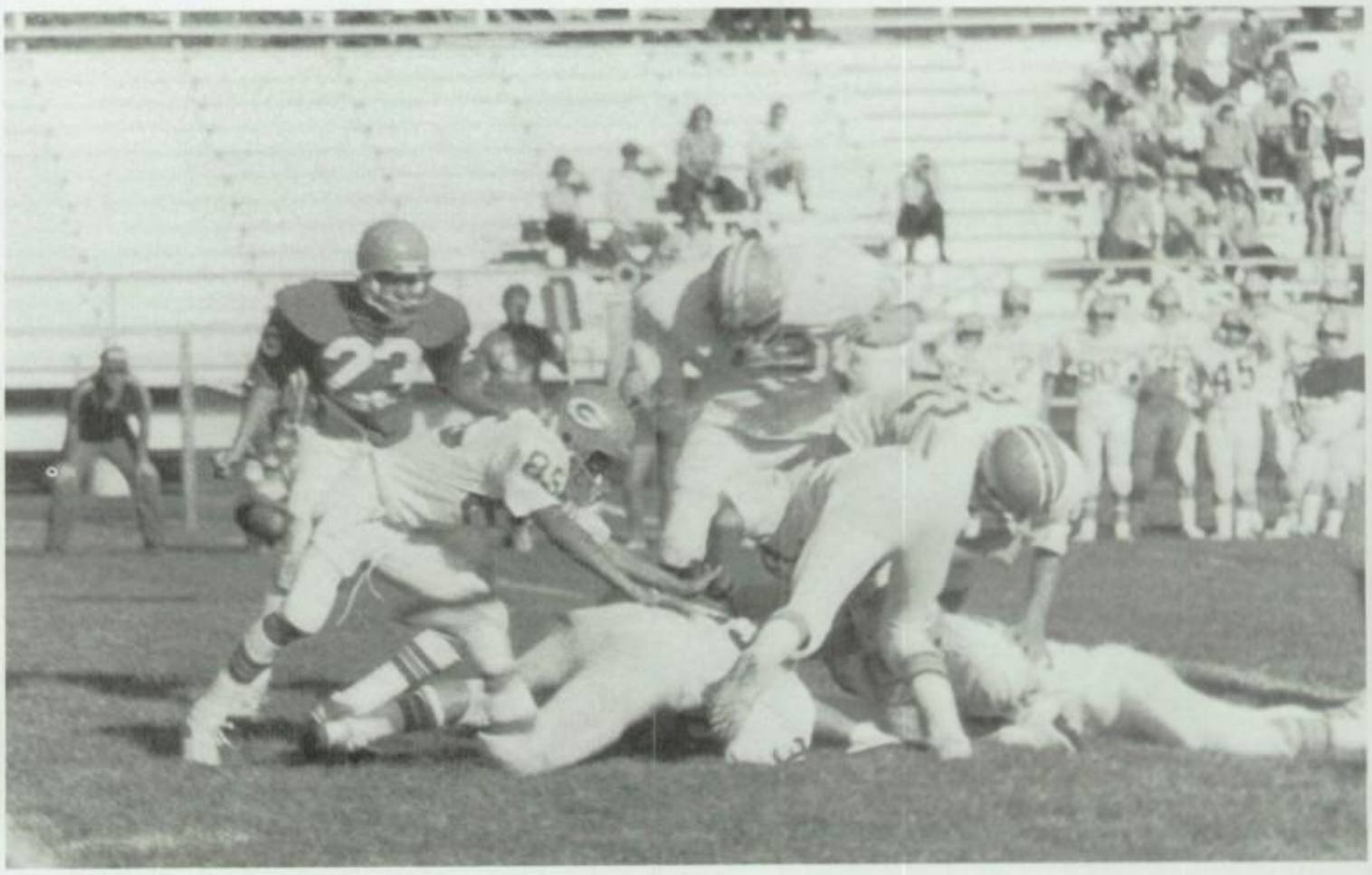


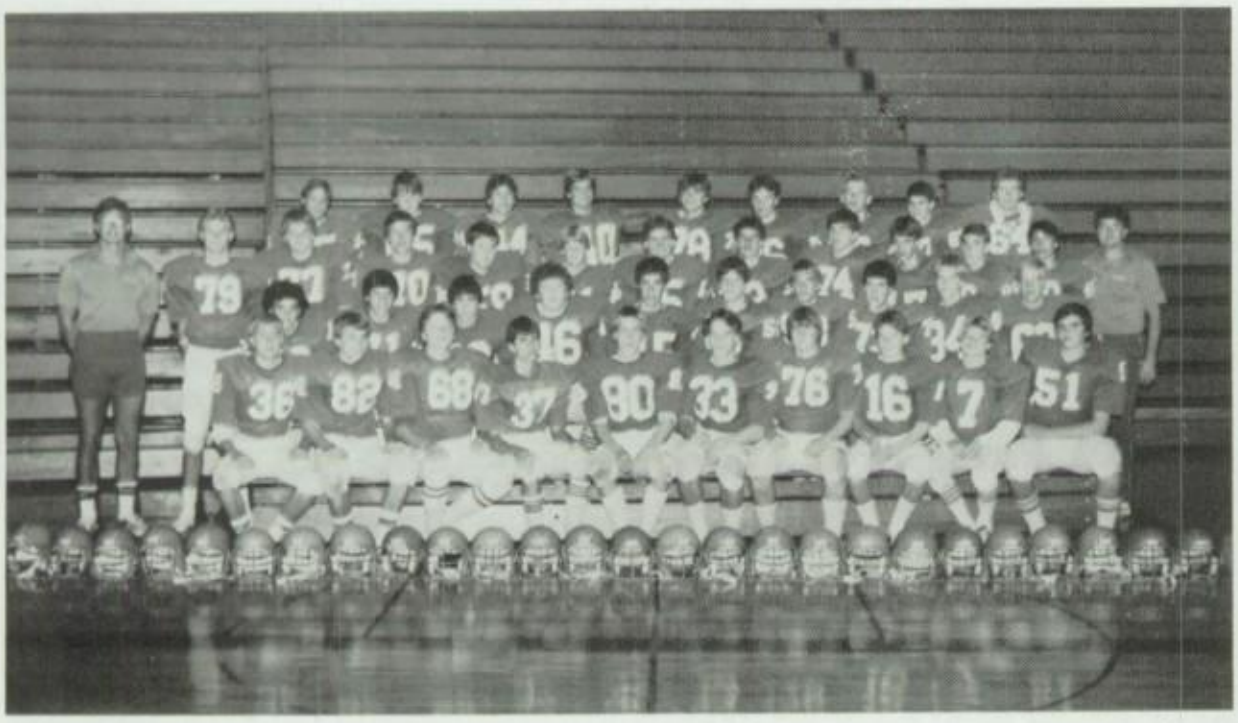
*Coach **Mike Fantaski** yells plays from the sidelines so the football players will run the plays he thinks will work best.*

*Juniors **Jon Stodola** and Greg Meyer try to block their opponents from Omaha Westside from making yardage or a touchdown.*

*Sophomore **Ken Korus** runs the ball down the field past his opponent from Omaha Westside for the touchdown.*

***Defensive back Rick** Martines tries to recover the football after Omaha Gross fumbles the ball.*





***Sophomore Denny Sullivan** warms up his arm before a home game by throwing a few passes to his receiver.*

Action	Facts	
September 2	Ralston 21	Papillion 0
September 8	Ralston 35	Kirn 0
September 16	Ralston 16	Gross 19
September 23	Ralston 0	Prep 6
September 29	Ralston 14	Wilson 7
October 7	Ralston 26	Roncalli 34
October 13	Ralston 24	Millard South 32
October 21	Ralston 33	Millard North 6

Season Record: 4-4
Coach: Tim Mosser

Freshman Chuck Paskach runs to tackle his opponent from Wilson Junior High so the Rams can become the offense.

Team offers prevarsity experience

New coaches seem to be a common thing around the school. Tim Mosser, the new freshman football coach, and varsity boys basketball coach seems to fit in pretty well. "The kids are nice, and the faculty is real easy to get along with. They make me feel at ease when I'm around, or talking with them."

Despite some early-season problems, Mosser said he was pleased with the season. "I worked with the team and got to know them personally which makes a big difference, we all worked together to make things right. It's hard for anyone to learn a new ccach's techniques in one season."

The coaches from all four teams said they would like to give the younger athletes the experience they need to play varsity football in the following years. Reserve football coach, Gary Waldron stated, "The team wasn't mentally prepared for their first game against Millard North, losing it 0-26." Team captains were voted on, and sophomores Doug Radik (defense) and Jeff Reid (offense) were chosen.

Halfback Greg Stanek runs the ball down the field ahead of his opponent from Kim Junior High for the touchdown.

Action		Facts
September 1	Ralston 0	Millard North 16
September 8	Ralston 0	Gross 12
September 15	Ralston 0	Prep 3
September 22	Ralston 6	Lincoln SE 7
September 29	Ralston 0	Burke 3
October 6	Ralston 14	Westside 6
October 13	Ralston 10	Papillion 17
October 20	Ralston 0	South 28
October 25	Ralston 19	Thomas Jefferson 7

Season Record: 2-7
Coach: Gary Waldron

Forehand before backhand. *Freshman Sean Salvador reaches to hit the ball while junior Yurij Szelewycz offers assistance.*

I've got it. *Sophomore JoAnna Stone races to return the ball in a doubles match against Westside.*

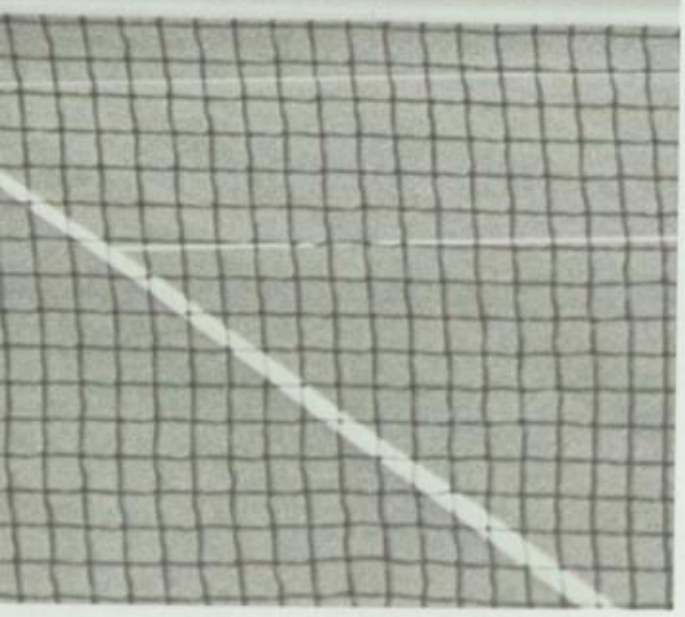
Action

Facts

September 1	Ralston 2	Millard South 7
September 8	Ralston 4	Papillion 5
September 13	Ralston 7	Bellevue West 2
September 15	Ralston 6	Gross 3
September 19	Ralston 8	Benson 1
September 21	Ralston 7	Tech 2
September 23	Ralston 2	Burke 7
September 26	Ralston 2	Westside 7
September 30	Ralston 8	Bellevue East 1
October 1	Ralston 9	Bryan 0

Dual Action: 6-4
Tournament Action: Papillion 2nd; Fremont 7th
Metro Action: 10th
State Action: 8th
Coach: Garry Jurgens

Follow through. *Junior Tim Prem arches back behind his head for a good follow through on his serve.*



Temper, temper, temper

"The biggest problem is that the team has to learn to control its temper because hot tempers can mean lost matches," said coach Garry Jurgens.

But why would anybody lose his temper in tennis? Several reasons, for instance, something as little as breaking a string on a racket, to a car horn blaring down the street.

With weather permitting, the girls tennis team might get outside to practice maybe two out of the five days in the school week. The rain caused some of the matches to be cancelled, and the girls' first match was the Ralston Invitational in which they placed third.

"I wish that we would have had more practice time, even one match before the invitational, but that wasn't the case. So my doubles partner and I had to go out and do the best we could," said junior Sue Johnston.

Action		Facts
April 17	Ralston 7	Benson 2
April 18	Ralston 6	Gross 3
April 19	Ralston 8	Tech 1
April 24	Ralston 3	Burke 6
April 25	Ralston 7	Papillion 2
May 3	Ralston 9	Bellevue East 0
May 8	Ralston 8	Bryan 1
May 11	Ralston 1	Westside 8

Dual Action: 6-2
Tournament Action: Ralston 4th
Papillion 3rd
Millard North 1st
Metro Action: 6th
State Action: 6th
Coach: Garry Jurgens

lam It. Junior Sue Johnston uses everything she as to make the serve as long and hard as ossible.

Trying for a long drive down the fairway junior Karla Breazeale works on her technique for an upcoming tournament.

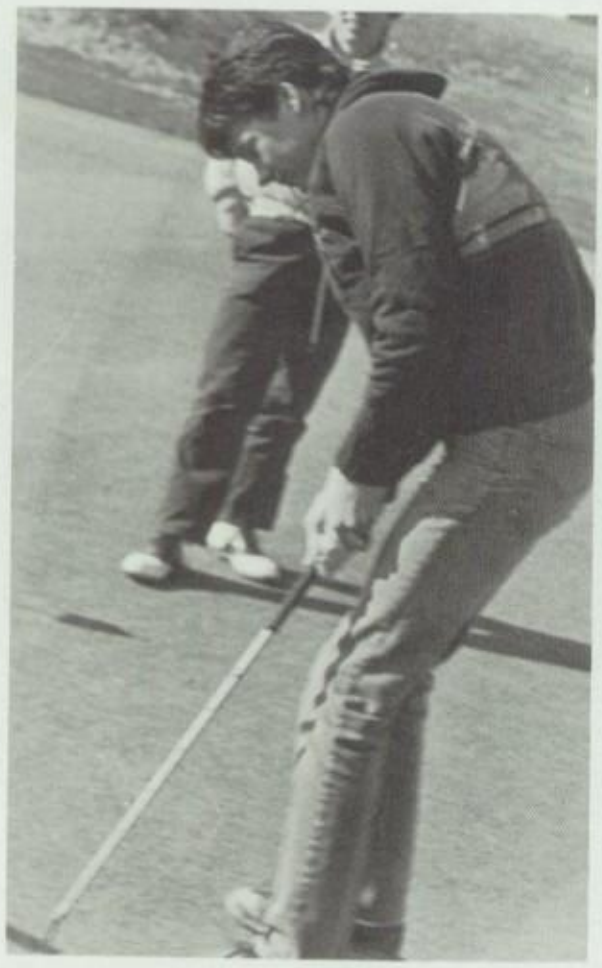
What angle should I putt? Senior Tricia Wiseman tries to find the best approach.

*TOP — **Sophomore Jackie** Monohon carefully plans her putt and then watches the ball drop in the hole.*

Action		Facts
September 6	Ralston 246	Papillion 248
September 7	Ralston won by forfeit	Benson
September 13	Ralston 231	Millard North 197
September 14	Ralston 241	Gross 226
September 19	Ralston 225	Bryan 260
September 20	Ralston 231	Westside 227
September 26	Ralston 205	South 197

Dual Action: 3-4
Tournament Action: Southeast Invitational, 10th; Duchesne Invitational, 12th; Ralston/Westside Invitational, 5th
Metro Action: 14th
District Action: 5th
Coach: Kendall Peterson

Senior Mark Houlton takes the putt to get par while Junior Dave Girouex watches.

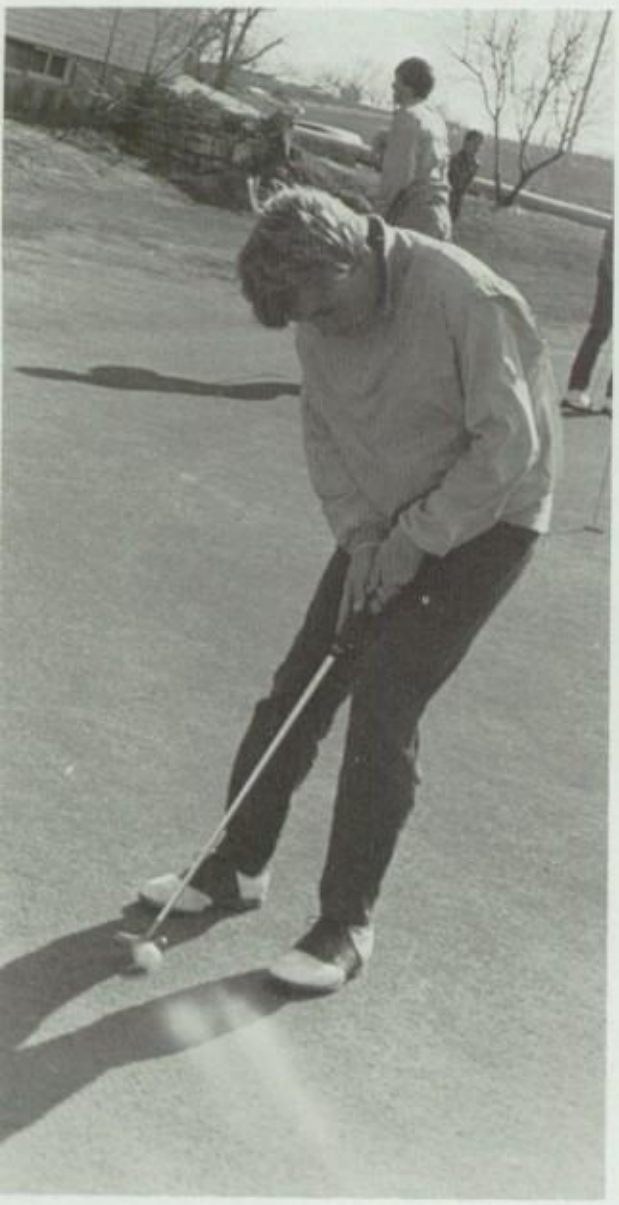


Putting to the invite

Junior Karla Breazeale, otherwise known as the team caddy, usually carried four-eight bags of golf clubs in the trunk of her car. The morning of the Ralston-Westside Invitational, the car wouldn't start, so Breazeale couldn't bring the clubs to school with her. Temporarily without clubs the team was quite nervous, but did regain its composure and place 5th in the invite.

Despite golf's reputation as being a leisure sport, much practice time can be found behind a round of nine holes or an invitational. Golfer Dave Girouex noted that he plays 18-27 holes of golf per day during season and practices daily for six hours.

Tournament playing is another way of sharpening golf skills. "It gives you a lot of experience for pressure situations and you get more relaxed with every touranment," said Girouex (that is if the caddy remembers to bring the clubs.)



Perfecting his putting on a practice green is Junior Dave Girouex.

Action

April 5	Ralston 177
April 11	Ralston 186
April 11	Ralston 186
April 12	Ralston 163
April 25	Ralston 182
May 1	Ralston 166

Dual Action: 3-3
Metro Action: 7th, 341
District Action: 5th, 349
State Action: 10th, 78, Dave Girouex
Coach: Monte Smith

Facts

Gross 194
Westside 158
Bryan 202
Tech 210
Papillion 167
Benson 162

Pounding the pavement

A total of seven girls and 13 boys made Ralston's 83-84 cross country team. About the season coach Gary Dubbs stated, "It wouldn't be fair to say that this is the best cross country team at Ralston, but, it's the best I've coached since being here."

The girls cross country team ran well during the 83-84 season with junior Therese Fitzpatrick proving to be the strongest runner for the team. Fitzpatrick placed 7th at state, and placed high not only in other invitationals, but Ralston's own invitational.

As a team, the girls placed first in the Ralston Invitational, and Coach Dubbs said, "It was a pleasant surprise to see the girls team finish first."

Stated Dubbs, "A total of four returning seniors form the core for the boys cross country team. Todd Simchuk has improved considerably from last year." Simchuk was the strongest runner on the boys team placing 2nd at state. Another senior, John Quandahl, was unable to compete for the first part of the season due to mononucleosis, said Dubbs.

Senior Charlie Verbrugge *stays one step ahead of his opponent from Omaha Central.*

Junior Therese Fitzpatrick *and Tonya Johnson start the race hard to try and gain the lead.*

Action

September 6	Ralston 15	Tech 50
September 13	Ralston 15	Benson 50
September 13	Ralston 15	Papillion 50
September 20	Ralston 16	Gross 46
September 27	Ralston 26	Bryan 30
September 27	Ralston 21	Westside 36

Tournament Action:
Ralston Invitational; 4th
Millard South Invitational; 7th
Bellevue West Invitational; 1st
Roncalli Invitational; 2nd
Bryan Invitational; Juniors - 6th, Seniors - 1st
Combined - 2nd
Coach: Gary Dubbs

Facts

Metro Action: 2nd
District Action: 5th
State Action: Todd Simchuk - 2nd
Dual Record: 6-0

Tournament Record: 1st, 2nd, 4th, 7th

Senior Todd Simchuk races against an opponent from Omaha Central to finish first.

Juniors Therese Fitzpatrick and Tonya Johnson run for time at one of Ralston's home meets.

Action

September 6 Ralston 15
September 13 Ralston 15
September 13 Ralston 27
September 20 Ralston 21
September 27 Ralston 23
September 27 Ralston 15

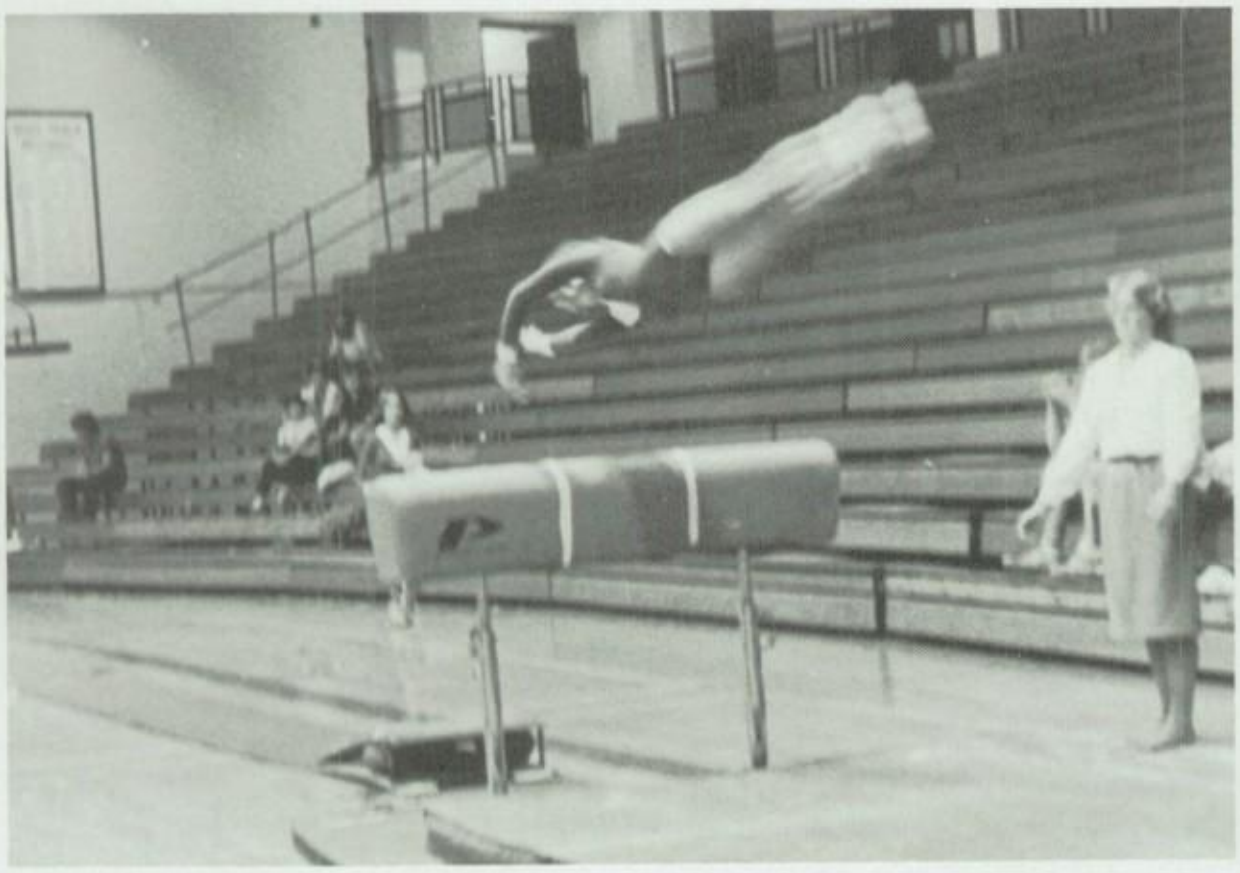
Tournament Action:
Ralston Invitational; 1st
Millard South Invitational; 9th
Bellevue West Invitational; 4th
Roncalli Invitational; 2nd
Bryan Invitational; Fresh./Soph. - 4th
Combined - 7th
Coach: Gary Dubbs

Facts

Tech 50
Benson 50
Papillion 28
Gross 38
Westside 35
Bryan 50

Metro Action: 6th
District Action: 5th
State Action: Therese Fitzpatrick - 8th
Dual Record: - 4-2
Tournament Record: 1st, 2nd, 4th, 7th, 9th

Freshman Margie Kohler performs a front handspring with a half twist during her vault routine.



To show the judges how to perform a front hand spring, freshman Chris Kopp adds it to her vault routine.

Action

September 13	Ralston 54.05
September 15	Ralston 56.9
September 19	Ralston 67.1
September 27	Ralston 63.6
October 4	Ralston 68.65
October 11	Ralston 81.5
October 13	Ralston 72.6
October 18	Ralston 75.05

Tournament Action:

Millard South; 14th
Bellevue West; 11th

Metro Action: 13th; 72.05
District Action: 6th; 70.6

Coach: Dave Contreras
Assistant Coach: Fran Hoceavar

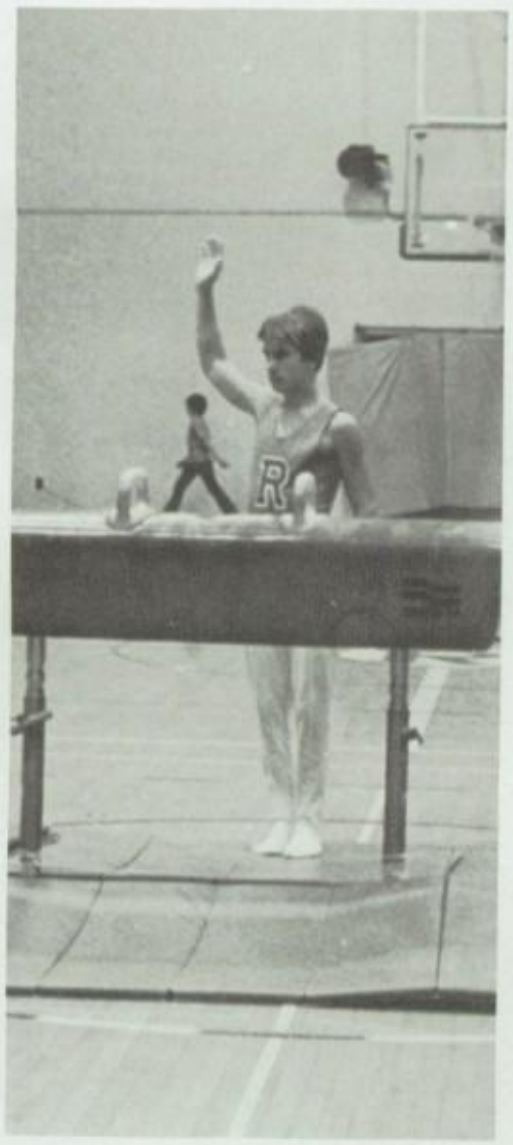
Facts

Benson 114.45
Papillion 117.25
Millard North 106.1
Lincoln Northeast 89.4
Central 121.05
Bryan 119.85
Bellevue West 106.05
Westside 104.2

Gymnastics takes work

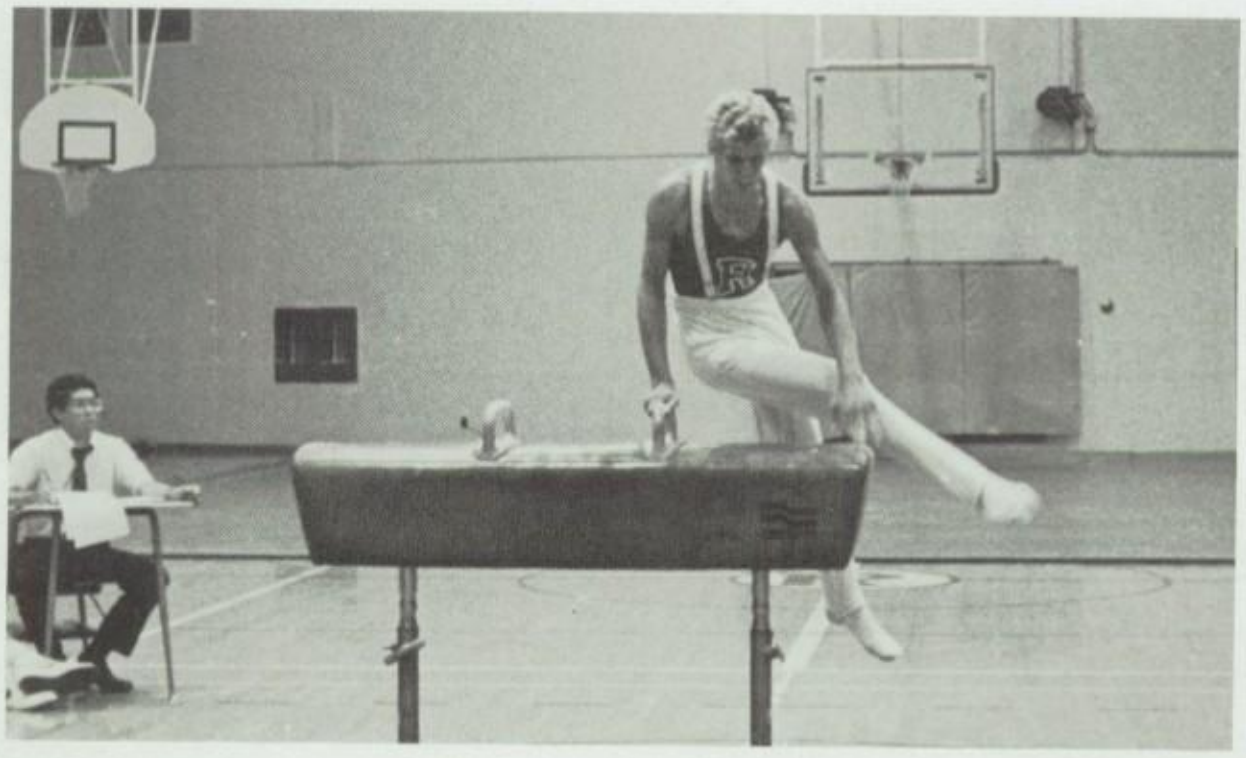
Gymnastics is a tough sport, and is hard to learn. "It was hard to learn at first but once I saw the move, I could pick it up pretty easily. This is my first year in gymnastics, but I plan on staying in gymnastics throughout my four years in high school because I enjoy it so much. I joined gymnastics this year because I have been interested in it for quite some time," said freshman Jim Tracy. Weightlifting also helps build up the muscles in both your arms and legs for the strength you need to execute moves. "Strength-wise, the pommel horse is the hardest piece of equipment to work on and the rings and the highbar are also the hardest to work on because you have to maneuver your body around them."

The sport also involves a lot of disappointment and frustration. Freshman Mike Wicker could not compete through the gymnastics season due to a knee injury. Wicker had micro-scopic surgery done on the injured knee to remove damaged cartilage.



Freshman Luke Grabowski *makes his presentation to the judges before he makes his mount on the pommel horse.*

Senior Chris Kohler *performs the scissors on the pommel horse at one of Ralston's home meets.*



Action

September 10	*Ralston 55.1*
September 15	*Ralston 53.45*
September 19	*Ralston 56.65*
September 27	*Ralston 49.7*
October 4	*Ralston 62.65*
October 13	*Ralston 68.35*

Tournament Action:

Art Harris: 15th, 42.5
Thomas Jefferson: 9th; 51.2
Millard South: 15th; 58.35

Metro Action: *14th; 67.2*
District Action: *5th; 68.55*
Season Record: *0-6*

Coach: *Dave Contreras*
Assistant Coach: *Fran Hoceavar*

Facts

Benson 101.0
Papillion 76.45
Millard North 91.75
Lincoln NE 77.4
Central 110.25
Bellevue West 79.75

Sophomore Andrea Young *performs a cartwheel to music as a part of her floor routine at Ralston's home meets.*

Reach up high! Senior John Rehmeier jumps for the ball as teammates Andy Smith, Brian Kehrli and Ken Stopak are waiting.

New coach, new ideas

"The season record was disappointing, but expected," said coach Tim Mosser. And yet another team was getting used to the new coaching techniques of Mosser in the 84-85 season. Mosser also coached freshman football during the fall sports season. "I think that part of the problem was that the guys weren't used to how I coach." The team "came around very well as the season went on, but the early part of the season was hard," said Mosser.

"I felt that the team didn't win enough games this season, but that is expected," stated Mosser. "At times the team played well, and other times they didn't do so well."

The varsity basketball team ended it's season with a 4-11 dual record, and placed sixth in metro area.

***Expressions of happiness,** surprise and anger are shown as varsity team members are caught on the bench.*

***Coming down the** court during the holiday tournament at the Civic Auditorium is senior Andy Smith.*

***Up for the** shot. Senior Ken Stopak goes up for the layup as a Central defender tries to block it.*

***Down the court.** Junior Brian Kehrli dribbles the ball down the court during the holiday tournament.*

Action

December 2	Ralston 53
December 3	Ralston 45
December 9	Ralston 49
December 16	Ralston 38
December 17	Ralston 51
December 26	Ralston 72
January 6	Ralston 50
January 14	Ralston 75
January 17	Ralston 80
January 20	Ralston 62
January 27	Ralston 58
January 28	Ralston 73
February 3	Ralston 55
February 4	Ralston 66
February 10	Ralston 61
February 11	Ralston 63
February 20	Ralston 57

Facts

Bellevue East 48
Millard South 72
Central 64
Gross 60
Westside 92
Bellevue West 74
Millard North 57
Abraham Lincoln 72
Thomas Jefferson 72
Benson 60
North 79
Lincoln East 85
Bryan 63
Papillion 74
Tech 69
South 68
South 77

Dual Record: 4-11 **Tournament Record:** 0-2 **Metro Place:** 6th **Coach:** Tim Mosser

***Taking a step** before attempting a layup during the holiday tournament is junior Dale Kistaitis.*

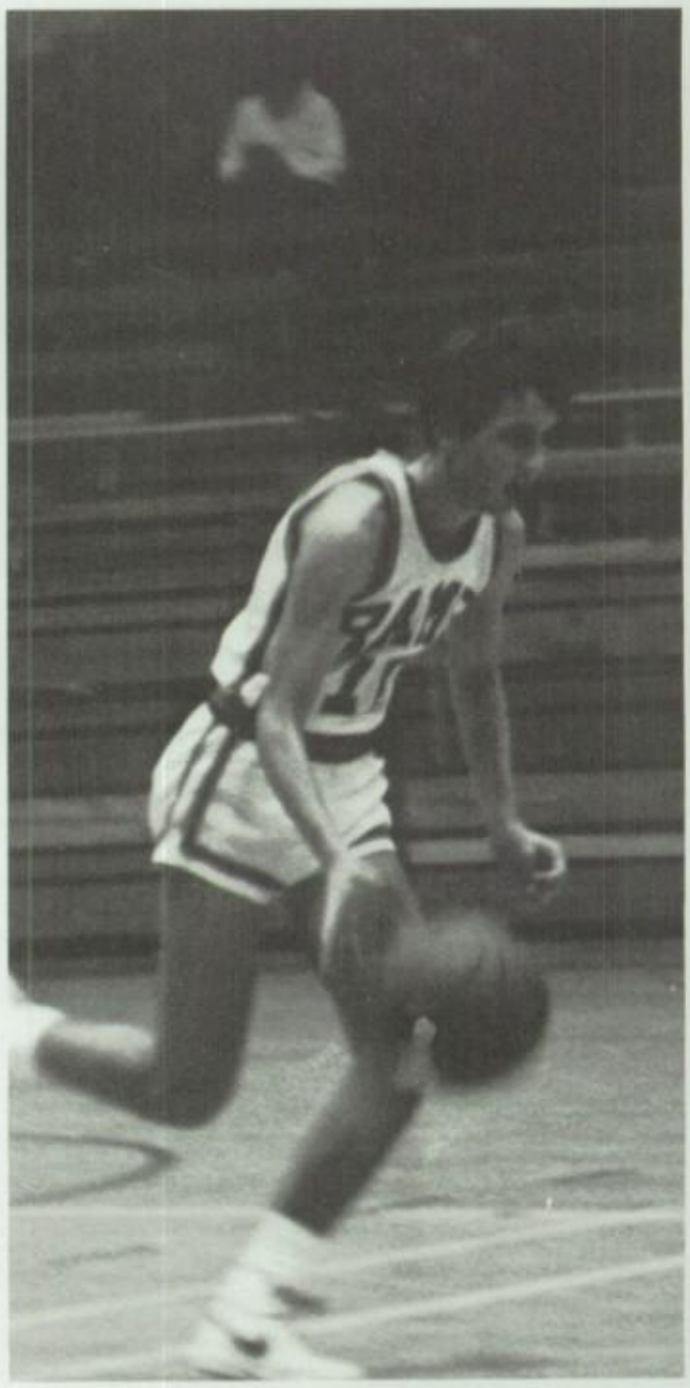
Scrambling to recover the ball from the opponent are sophomores Dan Peterson, Chad Heinrich and Jeff Nelson.

Lost games at buzzer

"I would like to see more guys go out for basketball, Ralston is mainly a baseball and football school, but with Coach Mosser here we would like to build up basketball too," said J.V. Coach Dan Meyer.

The team lost a lot of their games at the final buzzer, but Meyer stated, "you learn a lot from losing, we have to take the bad with the good, and the good with the bad. Success at the J.V. level can be measured in terms of competitiveness, hustle and improvement and in these areas, the team had a very successful season."

Leading scorer for the Junior Rams was sophomore point guard Bill Gray. The second leading scorer and leading rebounder for the team was junior Jeff Nelson. The team ended its season with a final record of 7-11.



I've got it now. Sophomore Bill Gray drives down the court for a layup during a home game.

Action

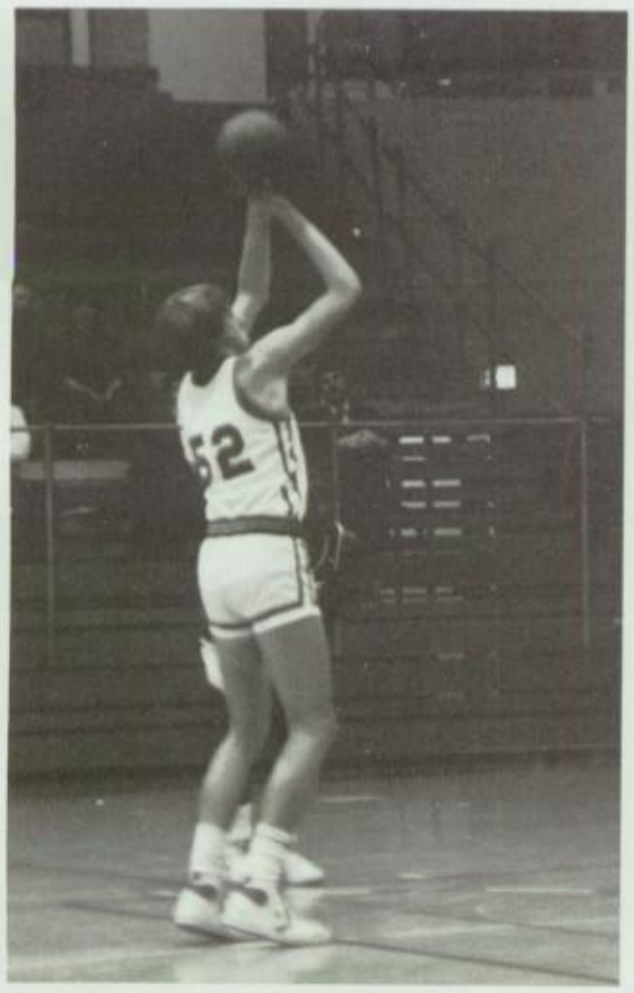
Ralston 53
Ralston 37
Ralston 54
Ralston 54
Ralston 36
Ralston 43
Ralston 46
Ralston 47
Ralston 61
Ralston 72
Ralston 47
Ralston 57
Ralston 34
Ralston 53
Ralston 38
Ralston 55
Ralston 55

Facts

Bellevue East 49
Millard South 50
Central 59
Westside 50
Bryan 66
Gross 31
Bellevue East 50
Millard North 45
Abraham Lincoln 63
Thomas Jefferson 46
Benson 50
North 61
Lincoln East 66
Bryan 50
Papillion 60
Tech 60
South 50

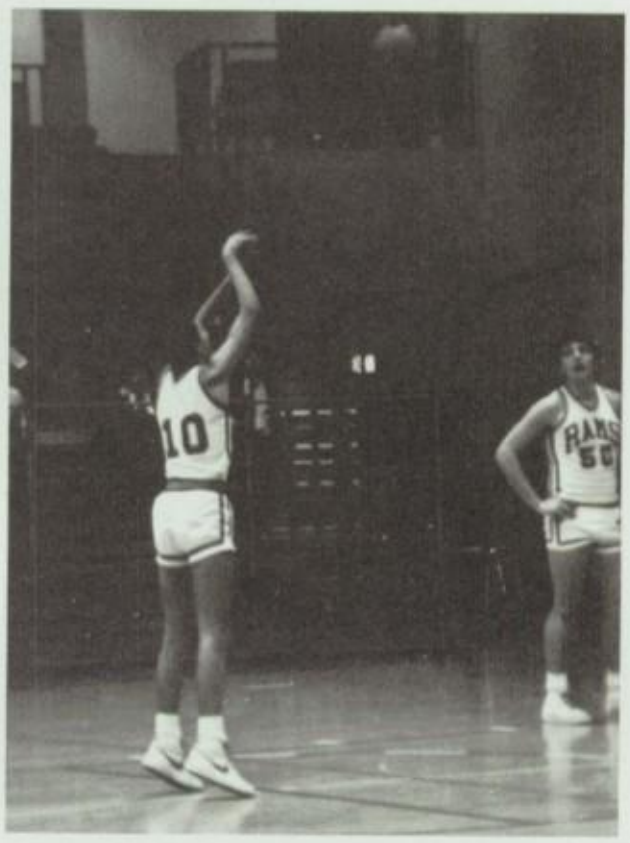
Dual Action: 7-11
Tournament Action: 2-1
Coach: Dan Meyer

Concentration is needed *as shown by junior Jeff Nelson while attempting to shoot a free throw.*



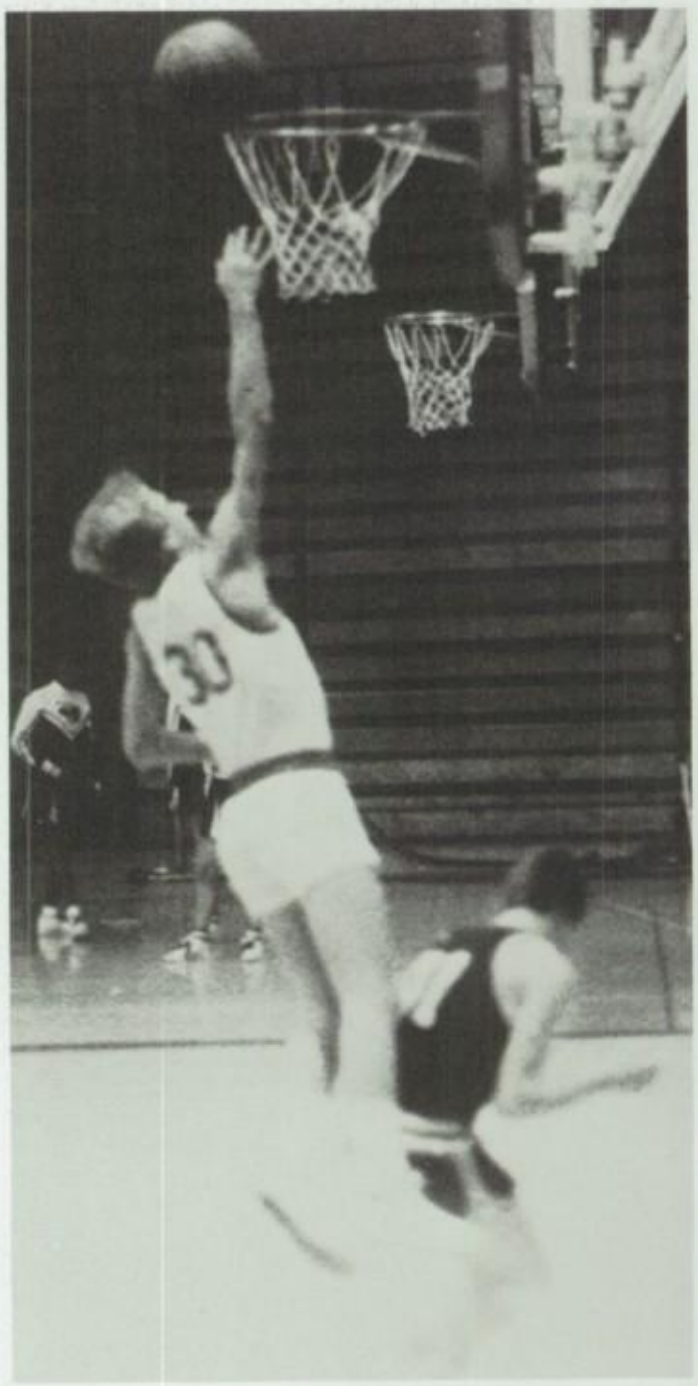
In progress. *Racing down the court for a possible layup during a home game is sophomore Chad Heinrich.*

On the toes. *Sophomore Bill Gray reaches during his free throw as junior Bryan Schertz waits for the second shot.*



Reach and arch. *A sure basket from sophomore Chad Heinrich as he executes a reverse layup.*

Still concentrating as the referee hands him the ball, freshman Jeff Weis waits to shoot his free throws.



Up for the shot. Freshman Jeff Weis goes up for the hook shot as his opponent tries not to get a foul.

Action

December 3	Ralston 49
December 10	Ralston 18
December 12	Ralston 21
December 17	Ralston 30
December 27	Ralston 22
December 29	Ralston 43
January 7	Ralston 51
January 14	Ralston 48
January 19	Ralston 36
January 21	Ralston 50
January 28	Ralston 37
February 2	Ralston 43
February 6	Ralston 51
February 9	Ralston 38
February 11	Ralston 50
February 13	Ralston 39
February 14	Ralston 42

Facts

Bellevue East 37
Gross 65
Lincoln Southeast 38
Papillion 51
Prep 72
Westside 60
Thomas Jefferson 27
Bryan 49
Burke 64
Bellevue West 57
Prep 70
Millard South 57
Abraham Lincoln 58
Millard North 59
Westside 66
Tech 36
Bryan 61

Dual Record: 3-14

Coach: Ron Siske

Freshman Jeff Weis makes a chest pass to a fellow player.

Ralston players anticipate the results of a shot at a home game against Wilson Junior High.

A super season

"We had a great season this year. I had fun playing basketball," said freshman Craig Forman. The team ended its season with an 11-5 record compared to last year's 3-12 season.

For the reserve team this season was not as successful as their last.

Action

December 1	Ralston 55
December 5	Ralston 61
December 12	Ralston 47
December 14	Ralston 26
December 17	Ralston 41
December 19	Ralston 34
December 20	Ralston 42
January 3	Ralston 42
January 10	Ralston 44
January 12	Ralston 54
January 19	Ralston 42
January 26	Ralston 38
January 30	Ralston 55
February 7	Ralston 37
February 9	Ralston 61
February 11	Ralston 56

Facts

Roncalli 52
Kirn 56
Fremont 46
Millard South 38
Papillion 34
LaVista 35
Logan 28
Arbor Heights 38
Mission 47
Wilson 35
Kirn 34
Prep 37
Gross 51
Millard North 50
Wilson 53
Roncalli 62

Dual Action: 11-5

Coach: Gary Dubbs

Freshman Jeff Weis makes a shot past Wilson Junior High opponents.

Action

Ralston 33
Ralston 29
Ralston 43
Ralston 42
Ralston 44
Ralston 50
Ralston 38
Ralston 51
Ralston 58
Ralston 40
Ralston 57
Ralston 53
Ralston 41
Ralston 51
Ralston 28
Ralston 56
Ralston 46
Ralston 2
Ralston 31
Ralston 53
Ralston 35
Ralston 36

Dual Action: 11-5
Holiday Tournament: 1-2
District Action: 2-0
State Action: 0-1
Coach: Todd Seastedt

Facts

Millard South 59
Bellevue East 30
Gross 54
Northwest 41
Roncalli 29
Roncalli 31 (Holiday)
Marian 70 (Holiday)
Millard South 64 (Holiday)
Benson 44
Bellevue West 38
Fremont 48
Burke 43
Westside 26
South 22
Millard North 38
Bryan 31
Papillion 37
Tech 0
Central 65
South 33 (District)
Millard North 34 (District)
Central 57 (State)

We're Number 1 is what the girls varsity basketball team is saying here after beating Millard North for the district championship.

Senior Cindy Havel passes the ball to senior guard Kim Farrell during the final game of the season in Lincoln against Omaha Central.

Take State

Two history making words

Radical, exciting, thrilling and wild were just a few of the words that described how the varsity girls basketball team felt about qualifying for the state basketball tournament in Lincoln. "I'm glad we made it, especially since it was my senior year," said Kim Farrell.

"We worked hard for four years, and it all finally paid off," said senior Cindy Havel. All three girls basketball teams practiced every day after school, except on game days, for two hours.

Words could not express how the girls felt after junior Sharon Krebs made the final basket during the district game against Millard North. This was the largest crowd that has ever "packed" the stands for the girls team.

Tears of sadness and joy were shown the final game of the season. In every game, one team comes out the winner, and another comes out the loser. Although the team did lose to Central, many didn't feel like they lost. They were proud that they made it to Lincoln to play, and being the first girls team ever from Ralston to attend.

***Spirit is shown** from the cheerleaders by making a run-through for the girls first state basketball game.*

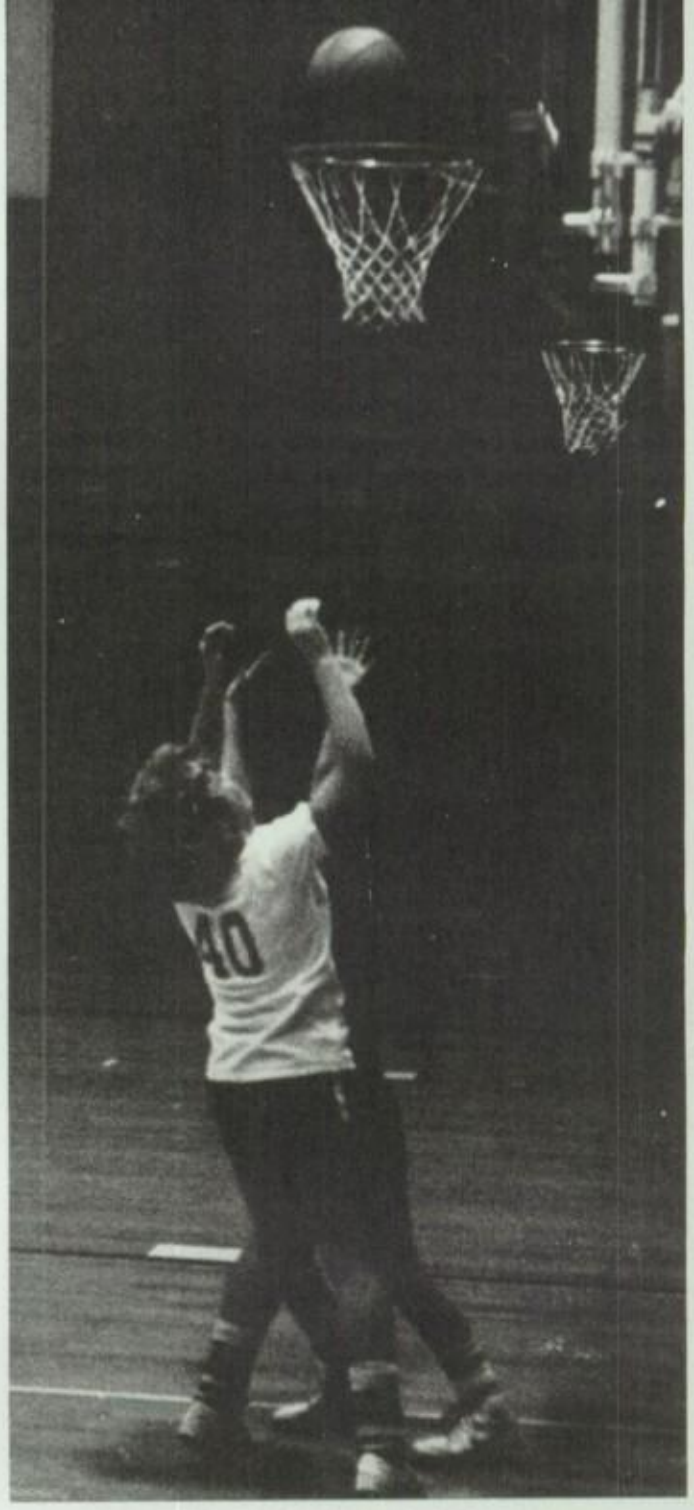
***Up for the** jump. Senior Kim Farrell jumps for the ball against a Central player as junior Dawn Crinklaw tries to recover it.*

***I'm trapped!** Senior Cindy Havel tries to shoot the ball but her opponent blocks her, so she passes the ball to her teammate.*

***Up for the** shot. Junior guard Dawn Crinklaw attempts to make a jump shot during the state basketball game.*

It's in the hoop! Freshman Crystal Dykstra watches as her hook shot falls through the net.

I've got it. Freshman Kris Koubsky reaches to recover the ball from a long pass during a home game.



Action		Facts
December 5	Ralston 24	Marion 52
December 12	Ralston 24	Mercy 35
December 17	Ralston 26	Gross 32
January 4	Ralston 13	Millard South 34
January 9	Ralston 23	Millard North 57
January 11	Ralston 18	Roncalli 33
January 16	Ralston 43	Marion 39
January 19	Ralston 31	Fremont 49
January 23	Ralston 23	Arbor Heights 36
January 25	Ralston 26	Gross 55
January 30	Ralston 15	Millard South 58
February 1	Ralston 12	Millard North 48
February 4	Ralston 23	Papillion 39
February 6	Ralston 38	Roncalli 56
February 11	Ralston 41	Gross 66

Season Record: 1-14
Coach: Joyce Roeschke

***Concentration is shown** as freshman Crystal Dykstra uses her own technique as she shoots her free throw.*

Rebound that basketball! Freshman Jeanne Stein tries to rebound the ball and put it up again.

Lincoln exciting for seniors

"Playing both varsity and j.v. basketball isn't that bad, at times I wished I'd played on one team or the other, but playing both was worth all the work," said sophomore Roni Hyde. "And to win the district championship and then go to Lincoln was really worth the practice. I think though that going to Lincoln meant more to the seniors because it was their last year of playing." Practices "were hard, but they are for a purpose," said sophomore Jackie Barr. "We both had fun playing on the two teams."

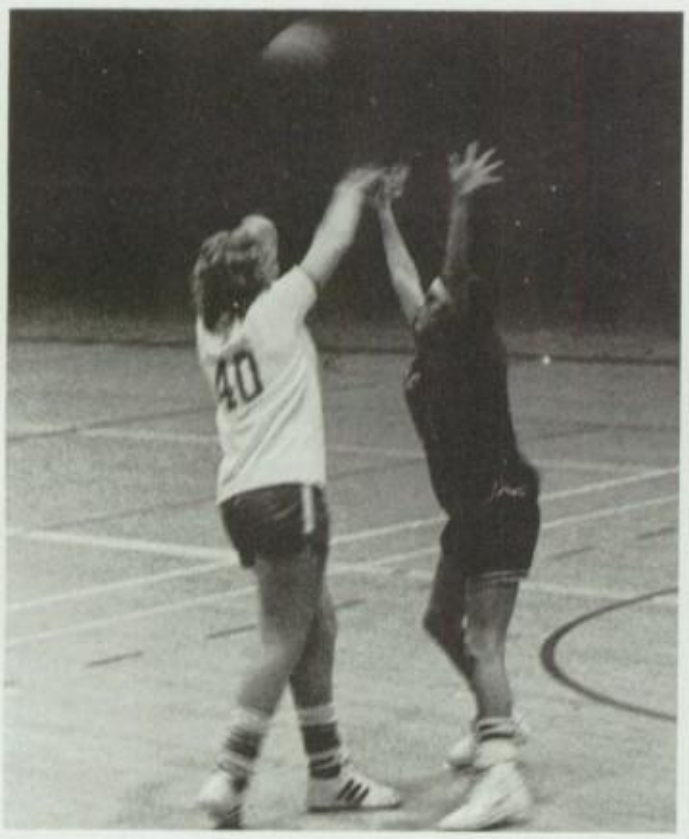
"I was disappointed with the team record. The better athletes didn't go out for unknown reasons," said freshman coach Joyce Roeschke. "Freshman Crystal Dykstra is an excellent team leader, and will be an excellent addition to the varsity team."

Action

December 1
December 6
December 8
December 13
December 15
January 5
January 10
January 13
January 19
January 24
January 26
January 31
February 2
February 7
February 8
Season Record: 10-6
League Record: 4-2
Coach: Mike Fantaski

Facts

Ralston 19	Millard South 43
Ralston 41	Bellevue East 23
Ralston 44	Gross 48
Ralston 45	Northwest 31
Ralston 57	Roncalli 20
Ralston 38	Benson 24
Ralston 52	Bellevue West 21
Ralston 31	Fremont 37
Ralston 27	Burke 21
Ralston 37	Westside 34
Ralston 41	South 25
Ralston 25	Millard North 32
Ralston 38	Bryan 25
Ralston 29	Papillion 34
Ralston 2	Tech (forfeit) 0



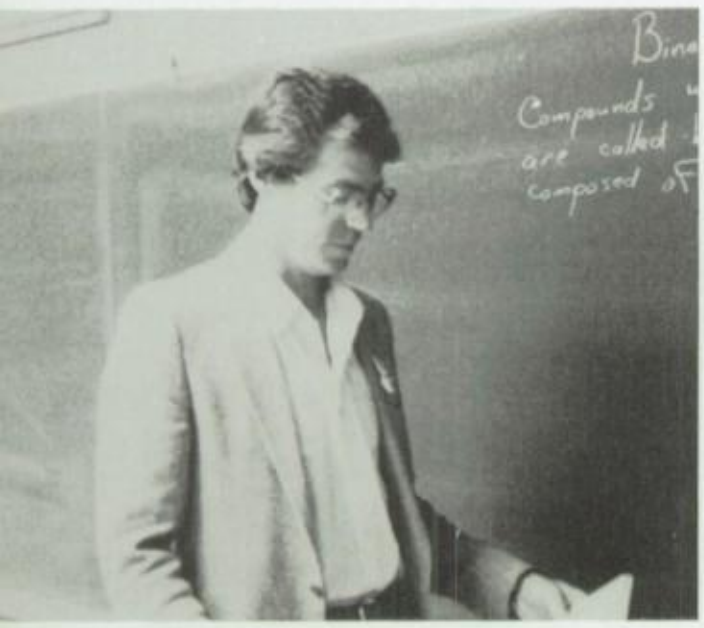
I need help! Freshman Crystal Dykstra tries to pass the ball to one of her teammates in an attempt to make a basket.

New faces are seen on Ralston's benches

*"My wife and I returned from Lesotho, Africa, after two and a half years with the Peace Corps, and I started teaching at Ralston at the end of the month." — **Doug Otto, volleyball***

When Doug Otto and his wife Karen arrived in Omaha in August of 1983, he said he wasn't planning on being a volleyball coach, but he agreed anyway. "My wife and I returned from Lesotho, Africa, after two and one half years with the Peace Corps, and I started teaching at Ralston at the end of the month." Otto said his volleyball experience includes playing in a few volleyball tournaments, and stated "being a player is one thing, and coaching is another. I wanted to try the other side. (coaching)" During the 1984-85 school year, Otto said he would be coaching both volleyball and basketball.

Otto was born and raised in the Midwest, attended Southwest Missouri State University in the early 70's and after graduation, moved to Los Angeles, taught science and coached girls softball.



Doug Otto

John Blazek

*"I chose to come to Ralston because of the combination of excellence in both academics and athletics." — **John Blazek, varsity football***

"I chose to come to Ralston because of the combination of excellence in both academics and athletics," stated new varsity football coach John Blazek.

Blazek moved to Omaha from Topeka, Kan., where he was their football coach. Blazek not only coached in Topeka, but he was the coach for wrestling, football, and track in Ulysses, Kan., and football in Wichita, Kan.

Blazek said he became interested in being a coach because of, "the challenge of molding kids into athletes, helping students grow in their everyday lives, and in their athletic careers. He enjoys coaching at Ralston because of the interest and attitude of the athletes.

Blazek was born and raised in Iowa, and attended Wichita State University from 1974-1977.

*"I chose to come to Ralston because I was looking for a varsity coaching job in a city where I could start a good basketball program." — **Tim Mosser, varsity boys basketball***

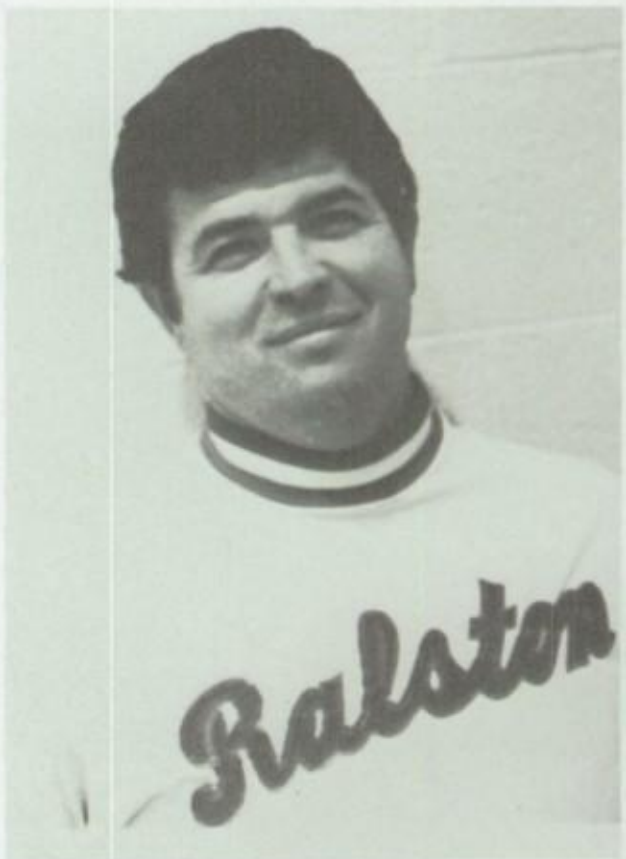
Coach play by play

Being the new kid in school isn't easy. Just the same, being a new coach at a school isn't easy either. A lot is expected of a coach; a good team, a good relationship with the players and a winning season. To be good, a team must work together and get to know each other. That's what makes being a new coach so tough.

"It's always hard to come into a new school, and be the head coach without knowing any of the kids, or living in the area," said Ralston's new varsity boys basketball coach, Tim Mosser.

Mosser came to Ralston from Bellevue East. "I knew there was a lot of potential here and I knew it would take a while for the guys to get to know me," Mosser stated.

Mosser spends a lot of time and effort with his team. Even though their season isn't a winning one yet, they are working on it.



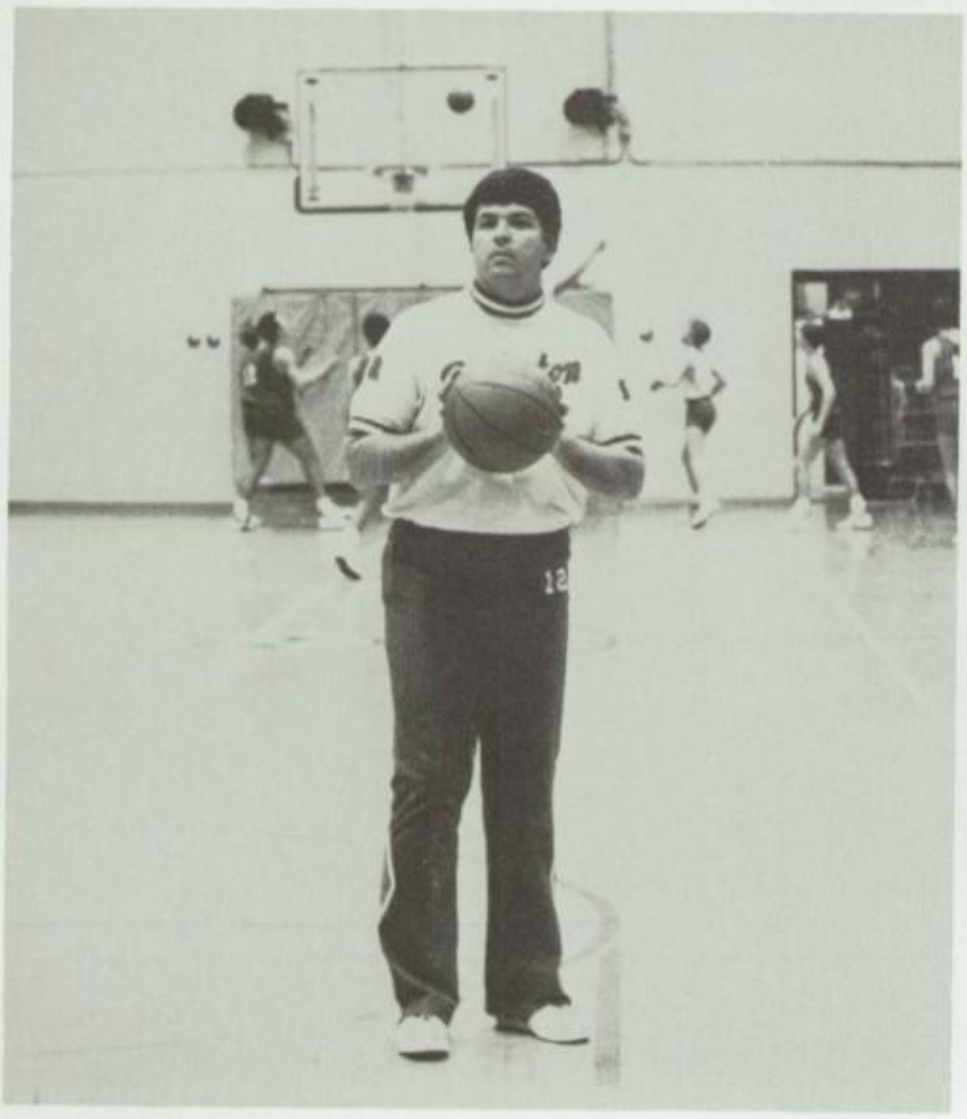
Tim Moser

Mosser believes kids should start playing when they are young. He and son, Mitch plan game strategies.

"It's going to take a lot of work in the off-season to become a good team. The kids are going to have to play ball all summer and spend more time playing in the gym. Right now we're not spending enough time working in the gym," Mosser concluded.

To make better teams for the future, Mosser is starting programs and camps for elementary students. "You've got to start them young. It's just like little league baseball or football, you've got to get them interested, give them a little playing time and let them have a little fun with it," Mosser said. He is planning to spend a week at every elementary school during the summer, giving the younger kids a chance to play and learn the basic skills. Mosser claims that teaching the kids these skills gives them confidence and assures them that they can play well. Starting the kids young will improve the teams of the future.

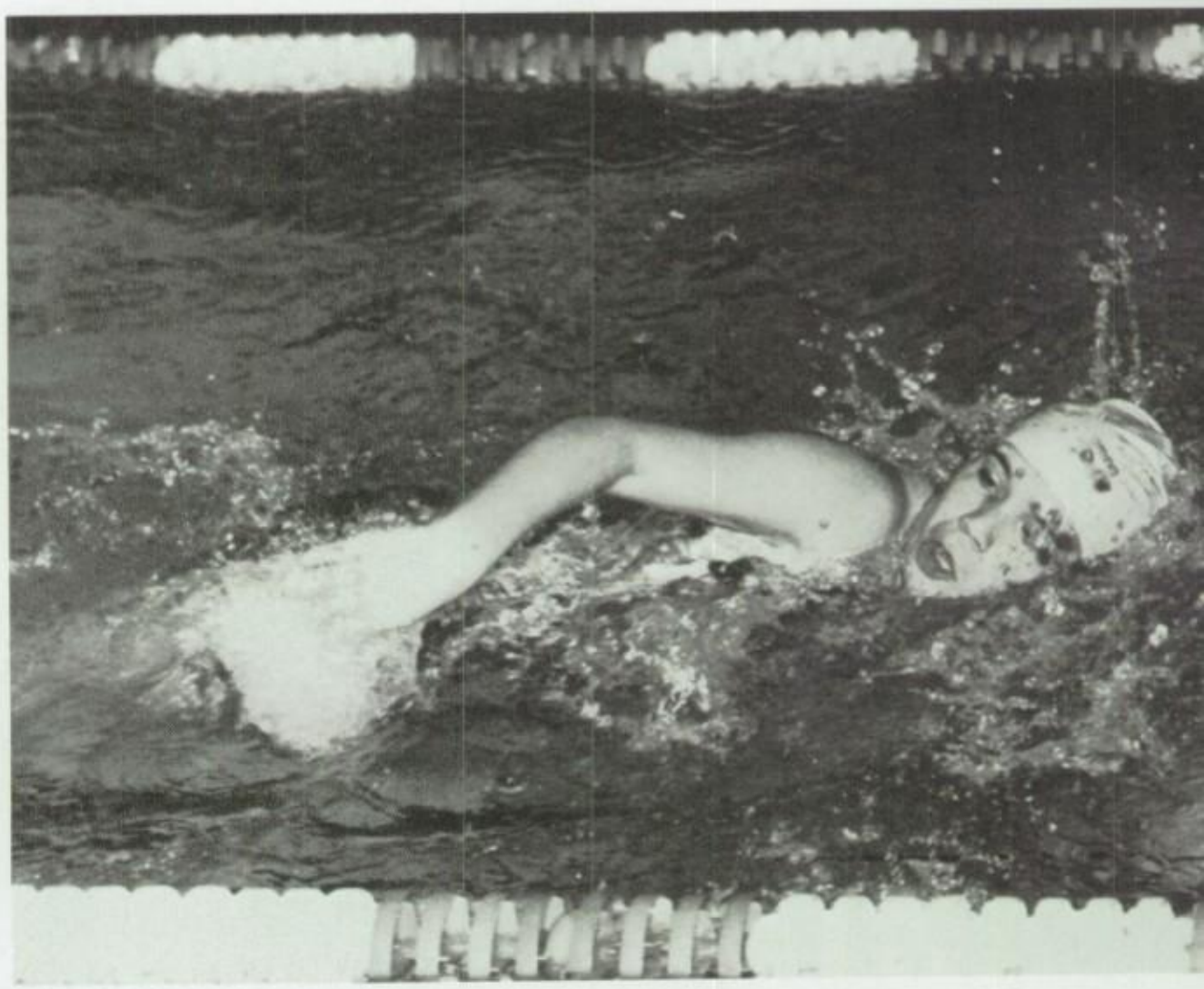
"All in all," Mosser said, "I think I'm going to enjoy my stay here."



Mosser engages in a conversation with the referees before the opening jump.

Even basketball coaches have to practice. Coach Mosser likes to shoot baskets before practice.

Angie Amenta takes a few warm-up laps before swimming her event at a meet.



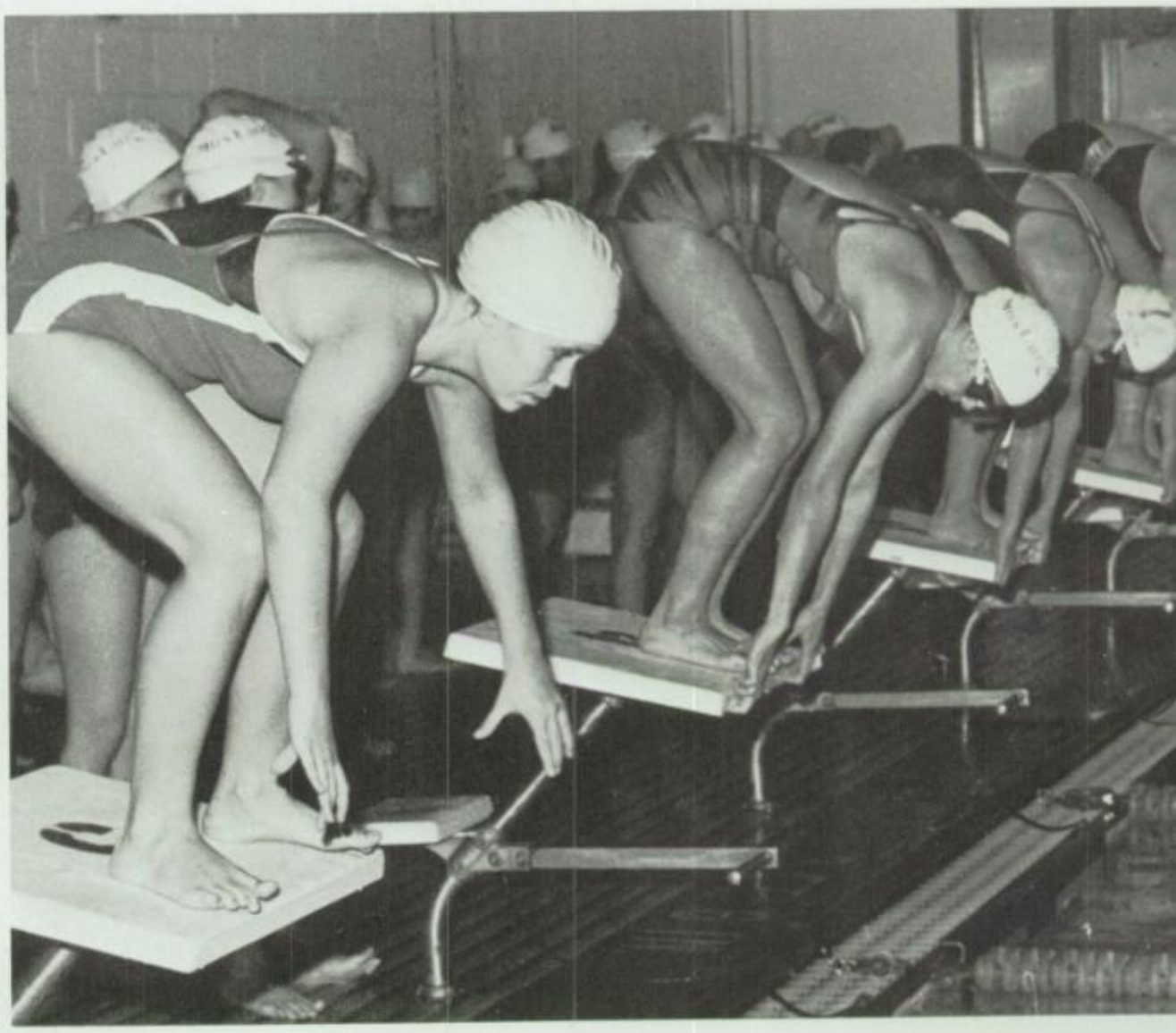
A hairy situation

In the stands sat several girl swimmers with astonished looks on their faces. Why? Because they were told that in the future three to four months they would not be able to shave their legs.

The members of the girls swim team, as a tradition, do not shave their legs and they wear several swim suits during practice. Both of these provide drag for the swimmers (extra weight).

"A lot of people don't understand "drag". It's like weighing yourself down and it really does help. Some say it's psychological, but I don't care. It works!"

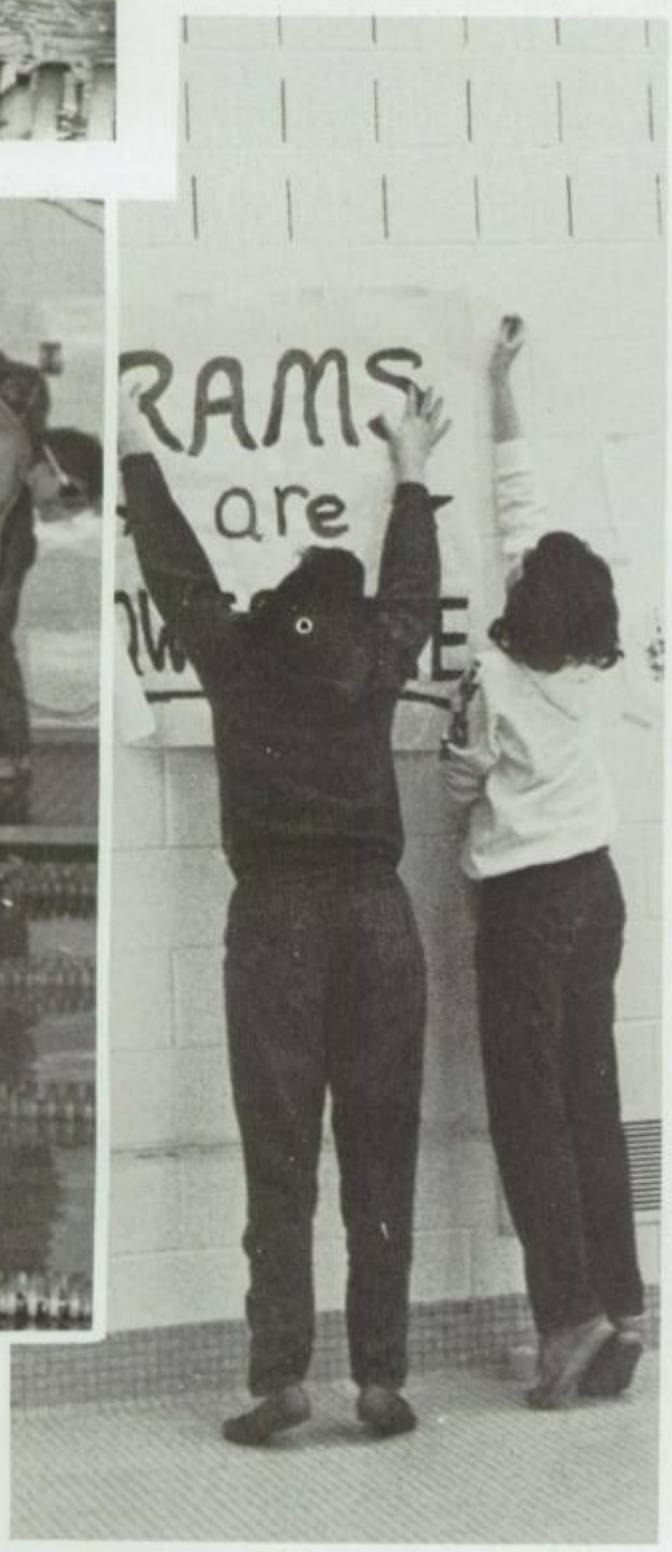
Freshman diver Erinn *Johnson is shown doing a front pike somersault at the Papillion Invite.*



Junior Angie Amenta *pulls down to the start in preparation for the 400 yard medley at the Papillion Invite.*

Junior Gail Passmore *and Jerilyn Hynes put up a poster at state, trying to roast team spirit.*

Assistant coach Tim Spencer gives some preswim advice to a team member.



Action

December 6	Ralston 116
December 12	Ralston 86
January 10	Ralston 128
January 17	Ralston 115
January 24	Ralston 107
January 31	Ralston 105
February 14	Ralston 122

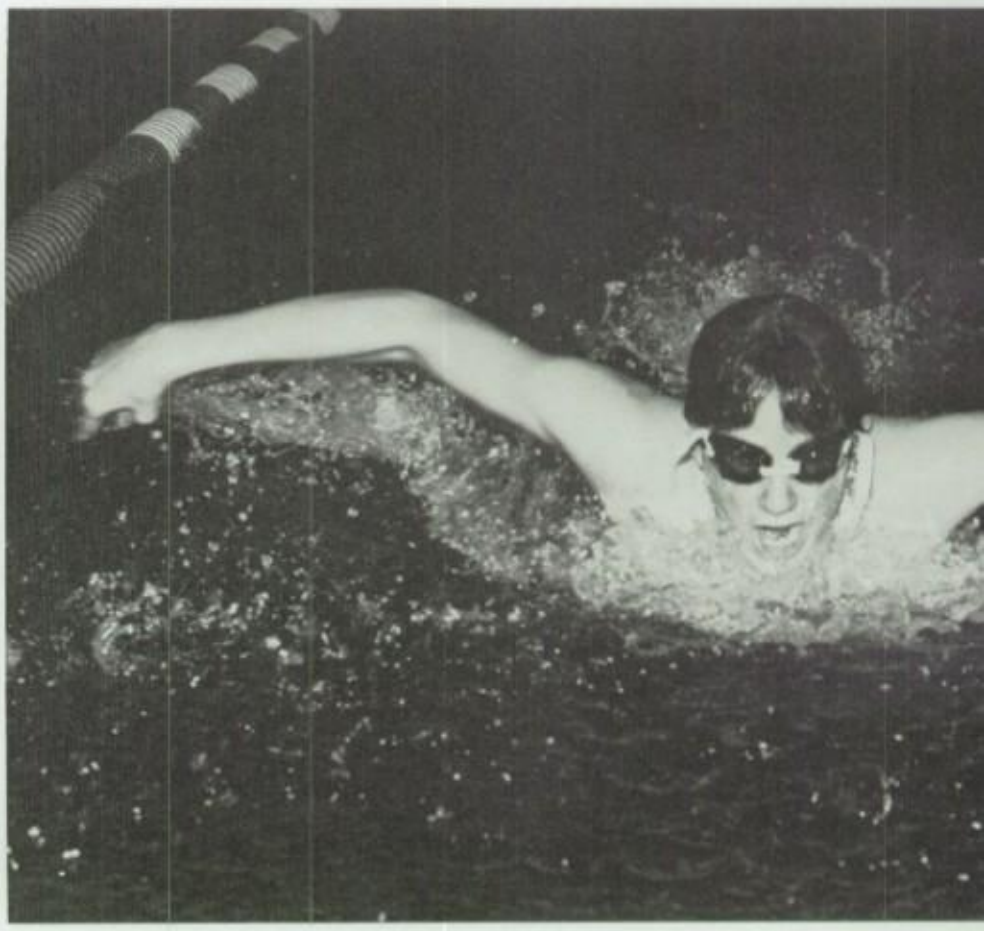
Facts

Tech 12
Westside 82
Benson 13
Bryan 39
Gross 62
Lincoln Northeast 48
Papillion 43

Dual Action: 7-0
Tournament Action: Papillion Invitational, 3rd; Ram Invitational, 1st, Millard North Invitational, 2nd
Metro Action: 5th
State Action: 5th in the 100
Coach: Larry Hill
Assistant Coach: Tim Spencer

Sophomore Mark Wheeler "flies" in to the finish line at the Papillion Invite.

Sophomore Karleen Ochsner hugs the "Ram" mascot in anticipation of her next event.



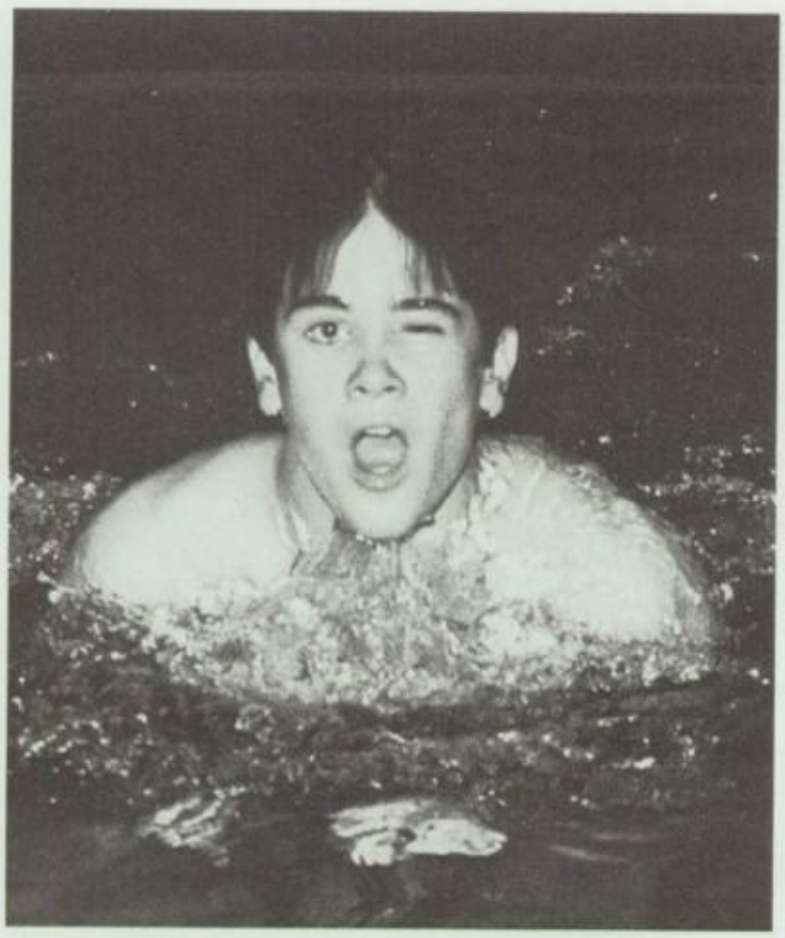
Action

December 12	Ralston 98	Tech 98
December 13	Ralston 41	Westside 127
January 10	Ralston 97	Benson49
January 17	Ralston 67	Bryan 87
January 24	Ralston 84	Gross 68
January 31	Ralston 54	Lincoln Northeast 99
February 14	Ralston 61	Papillion 93

Dual Action: 3-4
Tournament Action: Millard South Invitational, 9th; Husker Invitational, 14th; Ram Invitational, 9th
Metro Action: 9th
State Action: 13th
Coach: Larry Hill
Assistant Coach: Tim Spencer

Senior Chad Schuttler is caught in action in tuck position at a meet.

Freshman Jason Wieczorek gives a sly wink while doing the breast stroke at a meet.



A fresh new start

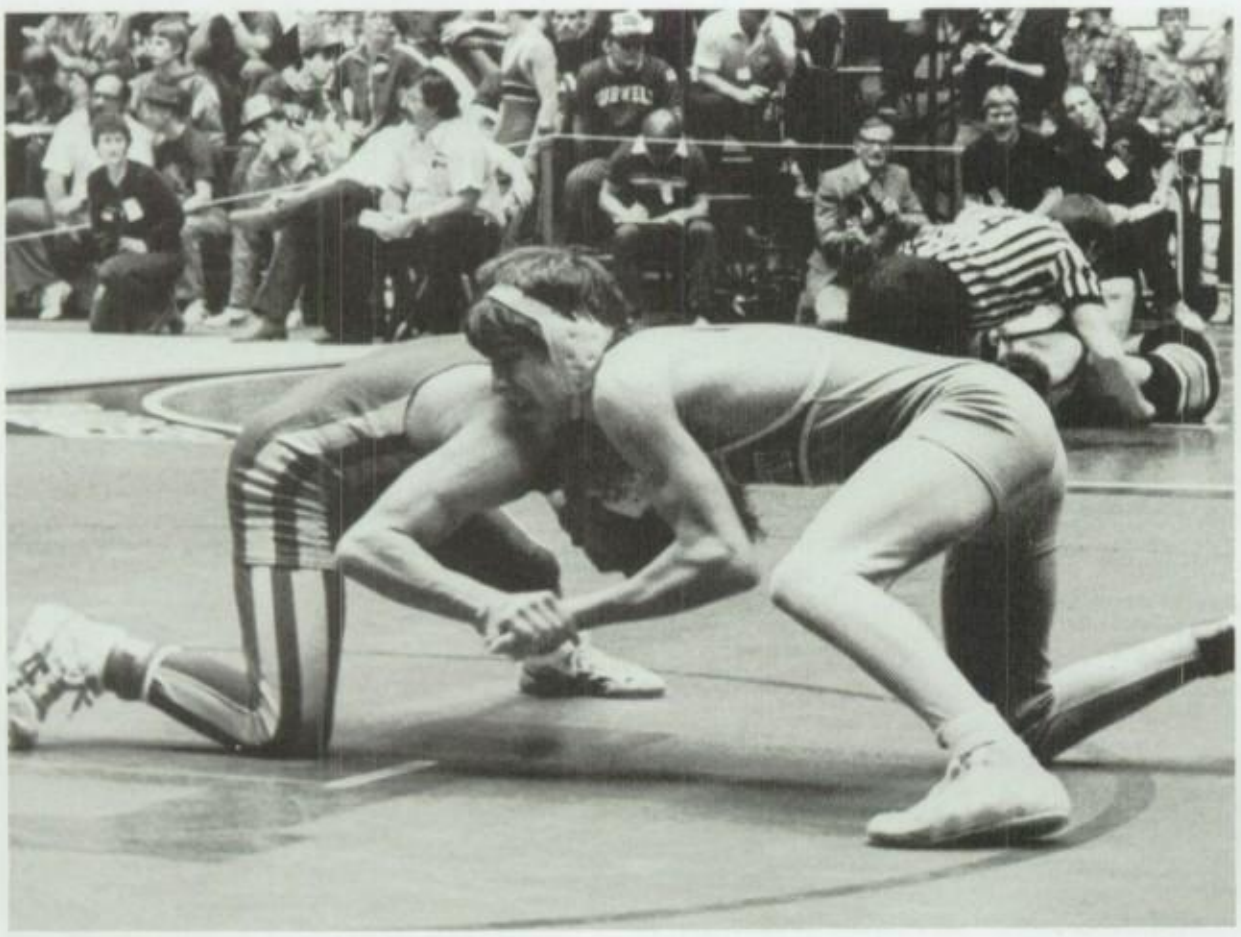
This year, Ralston had a very young boys swim team. It included only one senior, Chad Schuttler. Schuttler, however, did have a very successful year. He was the only male diver. He has been diving for four years. He was the only Ralston diver at state where he came in fourth place.

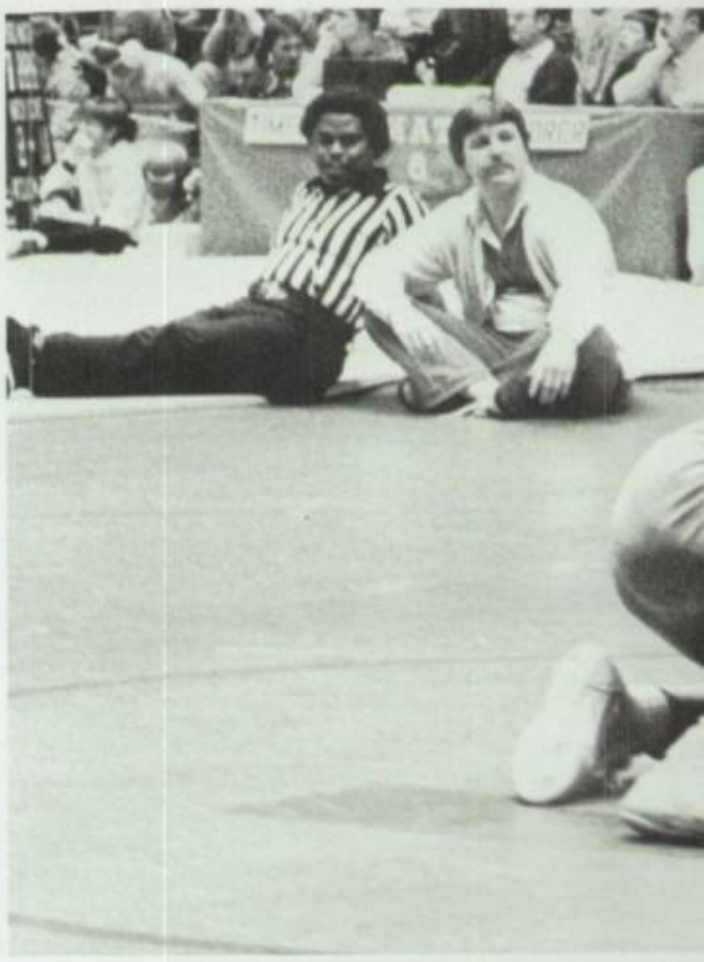
The team ended its season with a 3-4 record.

"I think we could have a great season next year if everybody comes back," commented freshman Jeff Carter.

Senior diver Chad Schuttler, turned a little upside down, finished with fourth place at the State meet.

Junior Scott Radicia charges an opponent at state.





Junior Scott Radicia gets a firm hold on his opponent.

Action

December 1	Ralston 25
December 6	Ralston 38
December 13	Ralston 21
December 16	Ralston 57
January 10	Ralston 36
January 16	Ralston 18
January 20	Ralston 40
January 23	Ralston 23
January 30	Ralston 36
February 2	Ralston 28

Facts

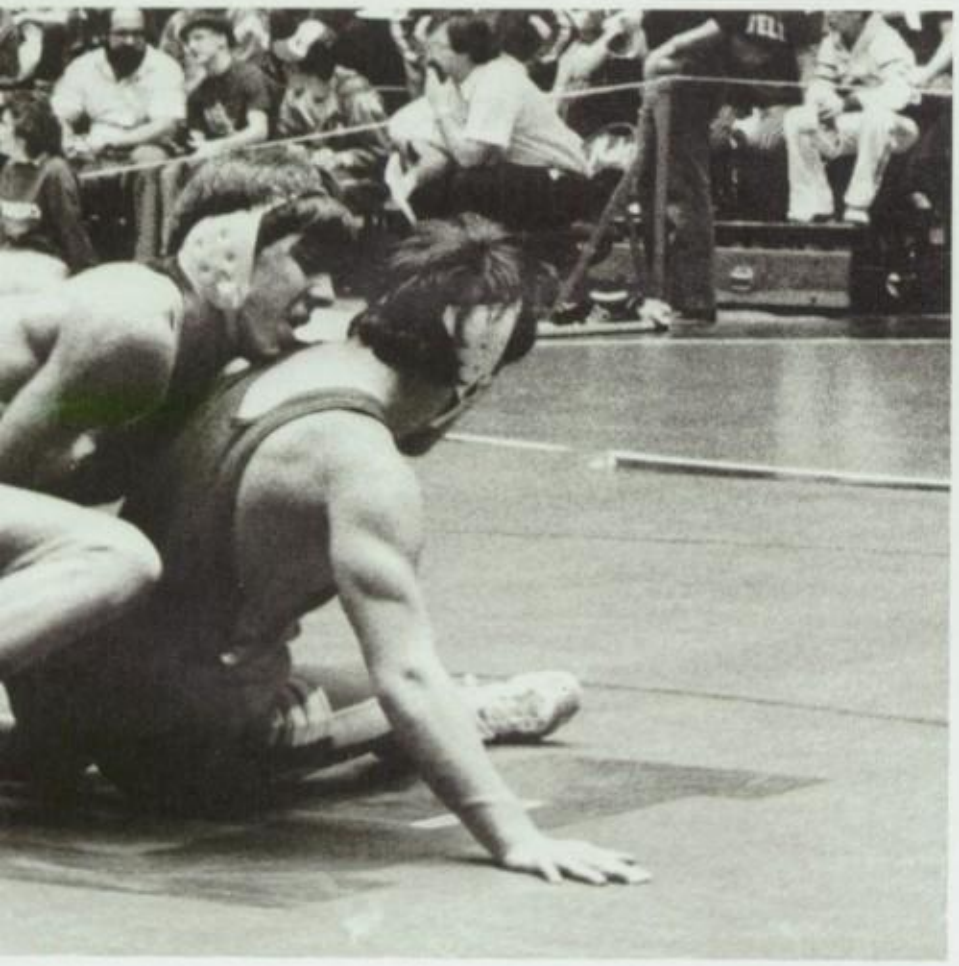
Columbus 31
Gross 20
Millard North 40
Benson 9
Burke 22
Westside 44
Papillion 18
Bryan 40
Bellevue West 25
Millard South 31

Dual Action: 5-10
Tournament Action: Fremont Invitational, 2nd; Bellevue West Invitational, 4th; Millard South Invitational, 6th; Roncalli Invitational, 3rd
Metro Action: 10th
District Action: 3rd
State Action: 8th
Coach: Jim McGrath

Using his skills *learned in practice, junior Tim Revoy tries to make an escape at the state wrestling tournament.*

During his final *match of the state wrestling tournament, sophomore Todd Torring attempts a reversal at 98 pounds.*

Hoping to "peel" *off the arm of his opponent at the state wrestling tournament is senior John Quandahl. Quandahl placed second.*

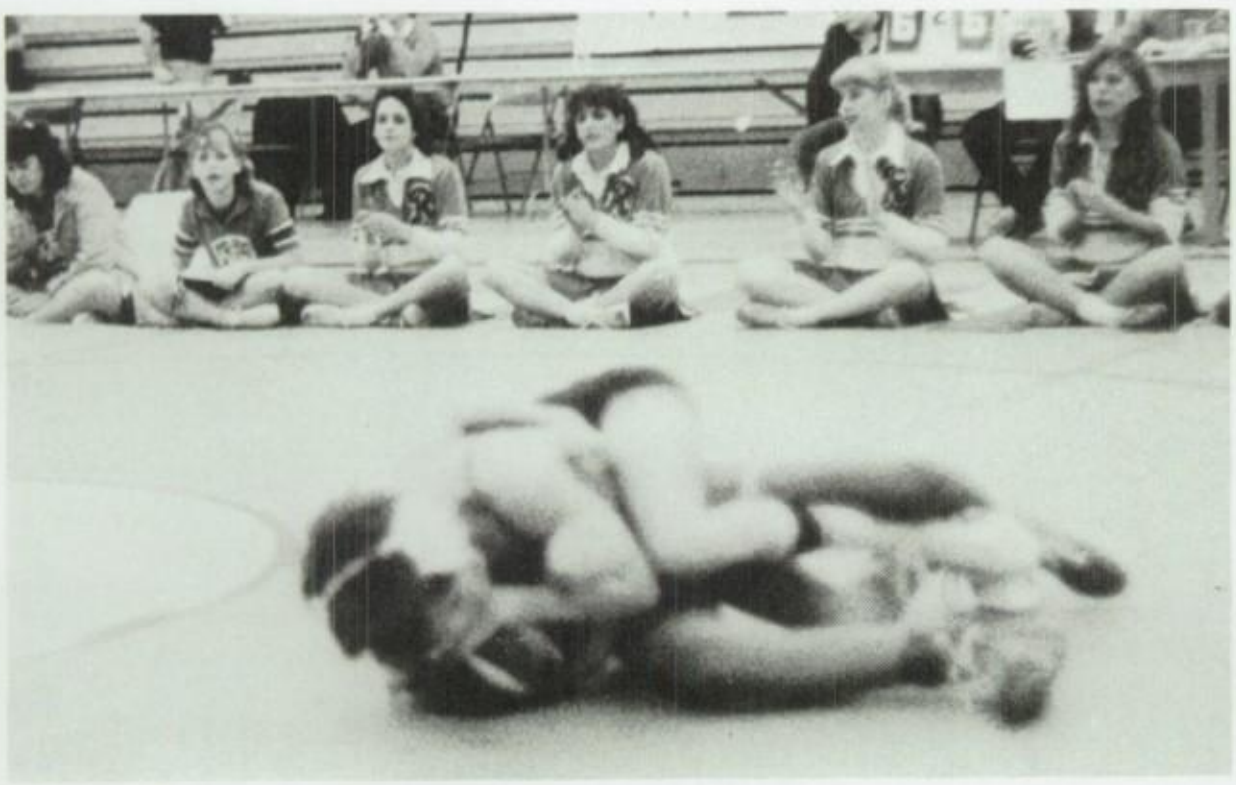


Knew he could place

"My freshman year the feeling was a little bit different than my sophomore year. I was scared the first year, and my sophomore year I went to state knowing I had a chance to place, and maybe win it, but it would only take one mistake to dissolve all of the hard practices, determination and making weight," said sophomore Todd Torring. This was Torring's second year to attend the State Wrestling Tournament in Lincoln. As the wrestlers walked out for their final match of the season, the state wrestling committee played "We Are The Champions" by Queen. But the wrestlers knew that only one would come out with a first place win.

Torring had microscopic surgery done on his knee at the midpoint of the season, but felt it didn't affect his individual record. "I felt that the biggest problem was the three weeks I layed out of practice. I was out of shape, and I had only one week to get myself back in shape."

As the cheers can be heard from the crowd and the cheerleaders, freshman Jim Tracy tries to keep his opponent on the mat.



Moves made, if needed

"One of the purposes of having a Junior Varsity team is to move the wrestlers up to the varsity level if needed," said J.V. coach Tom Mruz. Many of the J.V. wrestlers were moved up to the varsity team due to the numerous injuries suffered by the varsity wrestlers.

The dual record wasn't as good as previous years, but that didn't affect the individual records. "This year the J.V. team won close to 70 percent of its individual matches," said Mruz.

"Judging from the performance of the freshman team, I expect a good, aggressive team," said Mruz.

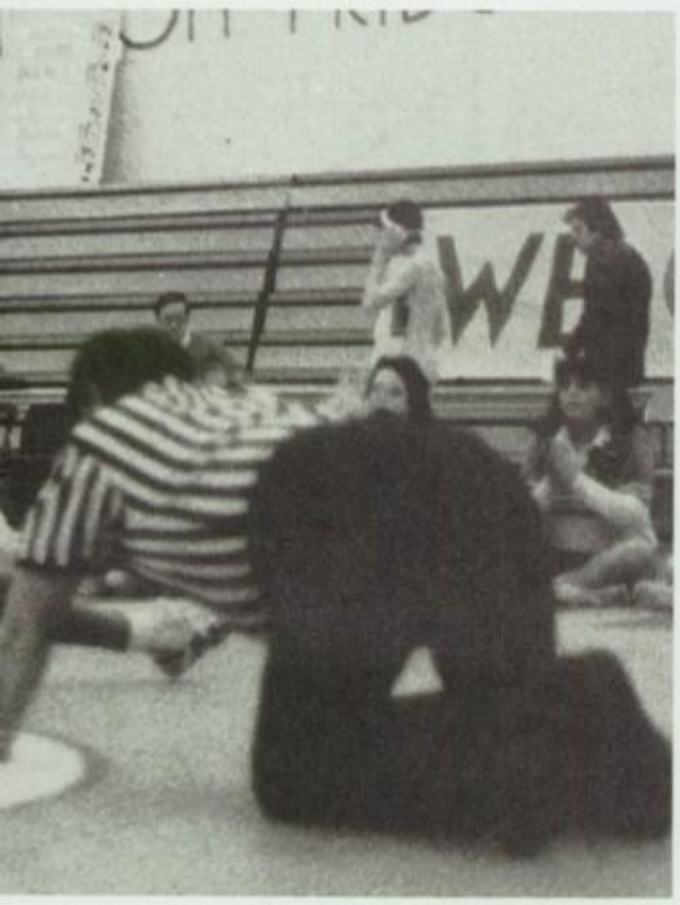
Earning points for his team, a Ralston wrestler pins his Millard opponent.

Action		Facts
December 1	Ralston 24	Columbus 34
December 6	Ralston 31	Gross 33
December 13	Ralston 30	Millard North 27
December 16	Ralston 2	Benson 0
January 3	Ralston 2	Tech 0
January 10	Ralston 27	Burke 26
January 17	Ralston 18	Westside 42
January 20	Ralston 30	Papillion 15
January 23	Ralston 9	Bryan 38
January 31	Ralston 31	Bellevue West 21
February 2	Ralston 17	Millard South 24

Dual Action: 6-5
Coach: Tom Mruz

At 155 pounds, *freshman Tony Marsh waits for the whistle to be blown so he can execute his first move.*

The thrill of *victory was felt after freshman Joe Abbott pinned his man. Abbott's overall finish was fourth at the tournament.*



Better than expected

The team was "better than expected," said freshman coach Erik Torring. "I would like to see more people go out next year, but it's better to have quality than quantity."

Among some of the strong wrestlers were freshmen Joe Abbott, Mike Wicker, Rick Gray and Luke Grabowski. All of the wrestlers "worked hard, showed interest and improvement day by day," said Torring. Not too many of the freshman guys went out for wrestling this year, there were a total of 12 wrestlers that went out.

Action

December 8	Ralston 29
December 12	Ralston 37
December 15	Ralston 41
January 5	Ralston 34
January 10	Ralston 38
January 12	Ralston 38
January 19	Ralston 60
January 25	Ralston 25
January 26	Ralston 30
January 31	Ralston 32
February 2	Ralston 39

Coach: Erik Torring

Facts

Millard North 36
Roncalli 25
Millard South 24
Plattsmouth 17
Prep 23
Wilson 38
Kirn 6
Fremont 42
Gross 35
Bellevue Mission 31
Papillion 21

Striding to finish first in the 100 low hurdles, senior Karmin Dulany gains the edge.

Action Facts
Varsity Boys Track

Ralston 65	Millard South	72
Ralston 34	Burke	107
Ralston 51	Millard North	90
Ralston 73	Bellevue West	67

Dual Action: 1-4
Invitational Action: Ram Relays Millard South Invitational 7th; 29 points
Fremont Invitational 8th; 17 points
Norfolk Invitational 7th; 30 points
Bellevue East Invitational 6th; 39 points
Metro Action: 10th; 23 points
District Action: 4th; 59 points
State Action: 20th; 8 points
Coach: Gary Dubbs

Varsity Girls Track

Ralston 56.5	Millard South	57.5
Ralston 52	Burke	62
Ralston 74	Millard North	40
Ralston 90	Bellevue West	24

Dual Action: 2-2
Invitational Action: Ram Relays 5th out of 14; 30 points
Bellevue Invitational 2nd out of 14; 64 points
Lincoln Invitational 5th out of 10; 44 points
Millard Invitational 3rd out of 17; 49 points
Metro Action: 3rd; 44 points *school record
District Action: 2nd; 104 points *school record-qualified in 12 events
State Action: 7th; 22 points
8th in Gold Medals (all schools in the state)
2 State Champions — Karmin Dulany — undefeated in hurdles
Dawn Crinklaw — new school record in discus and a gold medal at 140'11"
Coach: Todd Seastedt

Freshman Boys Track

April 5	Ralston 89	Wilson 43
April 9	Ralston 83	Prep 48
April 9	Ralston 54	Millard South 79
April 12	Ralston 86	Kirn 45
April 30	Ralston 56	Millard North 76
May 3	Ralston 87	Gross 45
May 7	Ralston 91	Roncalli 26

Dual Action: 5-2
Coach: Dan Mussman

Concentrating on the throw, junior Bryan Schertz winds up for his discus toss.

With a couple more hurdles in the race, senior Karmin Dulany finishes in first place.

Finishing the last leg of the 400 relay, senior Karmin Dulany speeds up her pace.

In the starting block ready to start the relay is freshman Christy Distefano.

Tracksters run for it

It wasn't just a great year for Ralston track — it was "unreal". At least, this is the way varsity girls track coach Todd Seastedt heralds it.

However, the reality of the teams' success is summed up in the season statistics. Four school records were set by the varsity girls:

Therese Fitzpatrick 1600 - 5:31.4
Karmin Dulany 100 - 12.6
Karmin Dulany 100LH - 14.9
Dawn Crinklaw discus - 140'11

For the girls, records were broken during regular season and at the state meet.

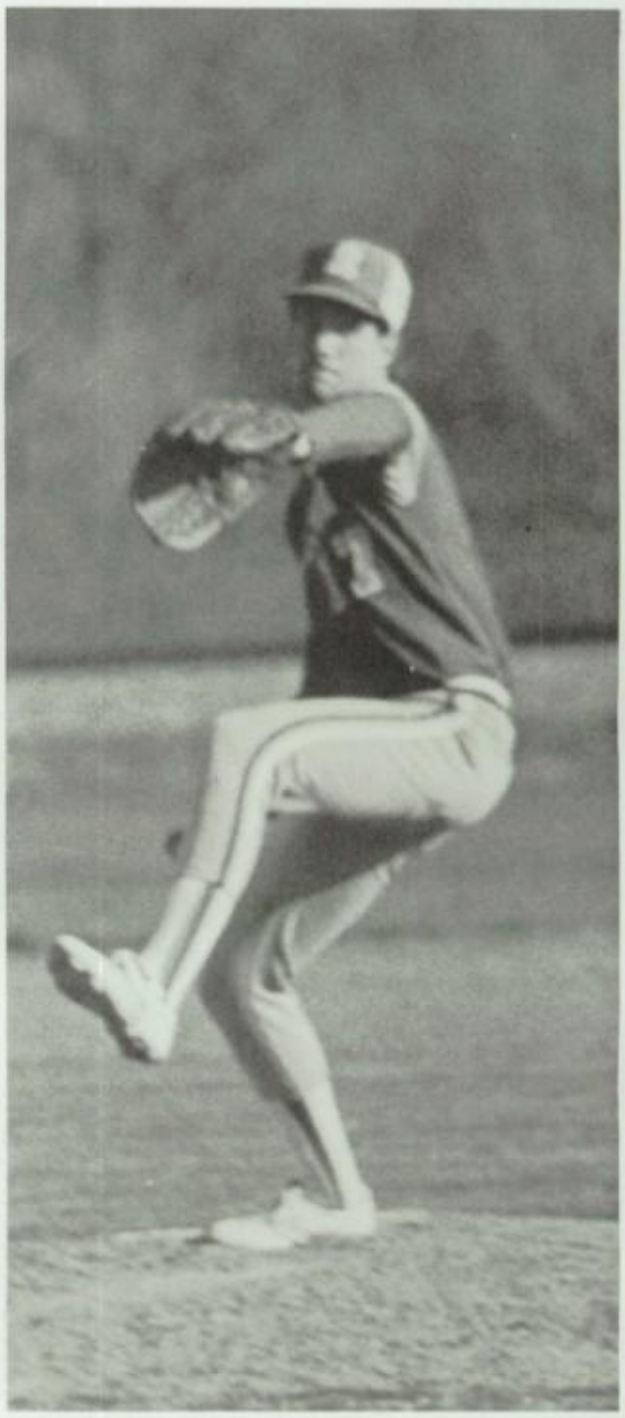
State Meet Results

Theresa Fitzpatrick *school record
1600 M. Run 5:31.42 (8th)
3200 M. Run 12:12.9 (10th)
Theresa Johnson 102'8" discus
Cindy Doerr 118'10" (5" short of medal)
35'10.5" (35'11" qualified)
Lisa Marino 4'10"
Dawn Crinklaw 4'10"
400 Relay 7th 52.39
(Christy Distefano, Kim Schneider, Jennifer Barker, Karmin Dulany)
400 M. Run
Kim Schneider 5th 61.61

For the boys, two athletes competed at state: Steve Bena placed 5th in the triple jump and Bryan Schertz placed 4th in the discus.

Strike one. Winding up his arm for the perfect pitch during a home game is junior pitcher Brian Kehrli.

A little dusty. Sliding in to first base with a safe call is an unidentified player at Orville Smith Field.



Action

Ralston 0
Ralston 3
Ralston 11
Ralston 5
Ralston 5
Ralston 5
Ralston 10
Ralston 10
Ralston 17
Ralston 12
Ralston 2
Ralston 4
Ralston 9
Ralston 11

Facts

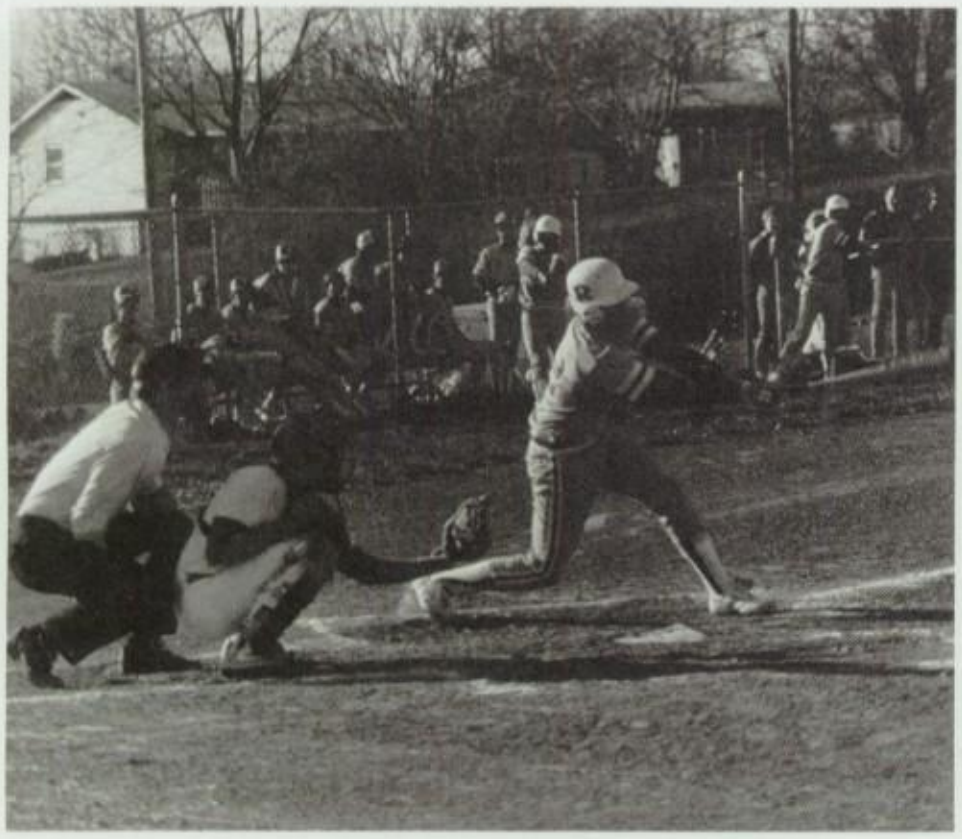
Millard South 4
Papillion 1
Burke 3
Prep 12
Bellevue West 6
Bellevue East 2
Benson 0
Bryan 7
Westside 2
Gross 0
Millard South 6
Lincoln Northeast 1
Lincoln Southeast 1

Dual Action: 9-13
Division Action: won Federal Division with 5-0 record
Metro Action: Ralston 0 Prep 10 (playoff)

District Action: won
Ralston 7 Boys Town 0
Ralston 4 Papillion 3

State Action: finished 5th
Ralston 4 Roncalli 7
Coach: Curt Shockey

Nice swing. *A Ralston player swings, but misses as he tries to get a base hit during an away game.*

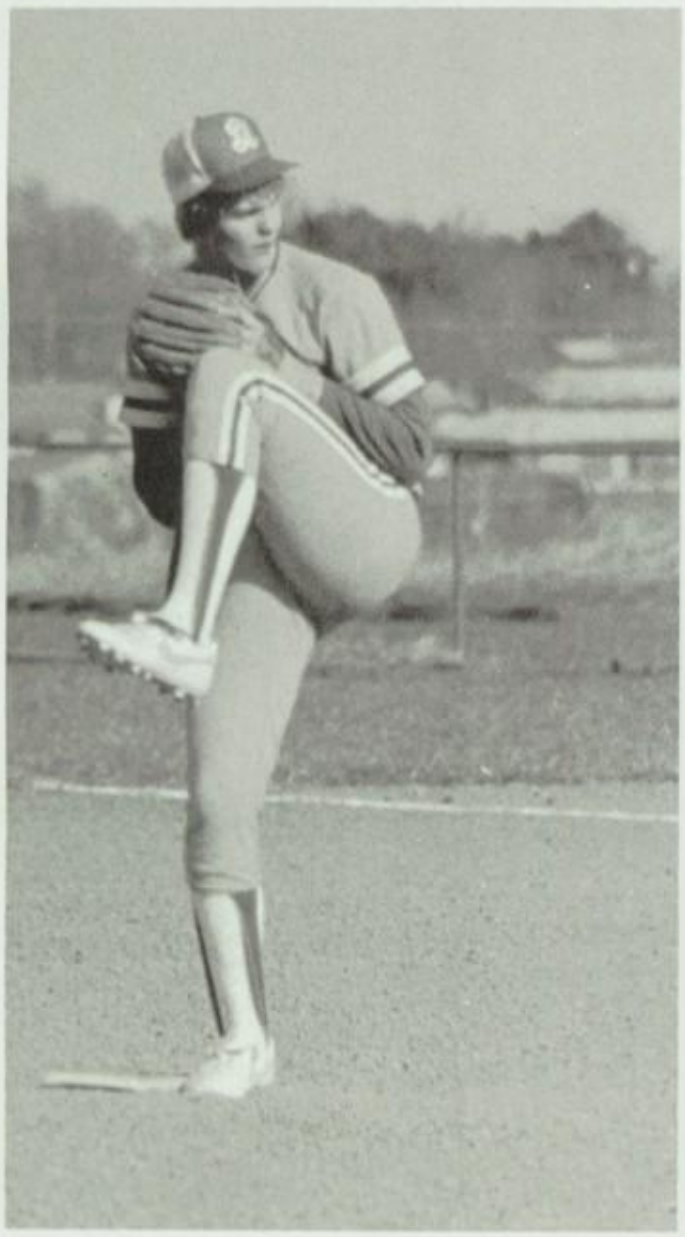


Rainy weather hampers season

"The season was hampered by the weather which affects the running production, but the team did well in defense, pitching and the hitting came around," said varsity coach Curt Shockey. Last year, the weather was the same as this year with the rain, but the team improved as they went along. The team would sometimes play four to five games a week due to rained out games.

"Last year we had our strength in power hitters, and this year we had ours in depth and speed. We can't rely on the power, we have to score our runs one, two, and three runs at a time with the speed we have," said Shockey. This year the team had at least six pitchers compared to the two last year.

The varsity team won the Federal Division with a record of 5-0, and won the District by beating Papillion. Junior Dale Kistaitis was named Most Valuable Player for the team, and as a team they hit .320.



Warming up before *the game is sophmore Rich Huff. The J.V. team finished their season with a 5-3-1 season.*

Strike two. *Following through with his pitch during a home game is junior pitcher Brian Kehrli.*

Action	Facts
Ralston 6	Millard South 0
Ralston 5	Papillion 9
Ralston 20	South 3
Ralston 3	Millard North 2
Ralston 10	Creighton Prep 5
Ralston 4	Northwest 15
Ralston 2	Roncalli 10
Ralston 6	Benson 5
Ralston 5	Bellevue West 5

Dual Action: 5-3-1
Coach: Mike Fantaski

During a penalty kick sophomore Jeff Goss kicks the ball down the field. Goss was later out of play due to a broken leg.

Action	Facts
Ralston 1	Creighton Prep 5
Ralston 5	Bellevue West 6
Ralston 2	Bellevue East 1
Ralston 2	Thomas Jefferson 3
Ralston 4	Roncalli 3
Ralston 2	Thomas Jefferson 0
Ralston 0	Westside 8
Ralston 1	Papillion 3
Ralston 1	Burke 5
Ralston 1	Burke 7

Dual Action: 3-6
Tournament Action: 0-1
Metro Action: 6th
Coach: Everett Rokahr

***Freshman Craig Forman** tries to keep the ball from his opponent so he can take it down the field and make a goal.*

Learning how and which way to jump for the ball is a necessity in soccer. Senior Lynda Weichel demonstrates her technique during practice.

Sock it to 'em, team

"The rain made it really hard to have games, but even when the games were rained out, we had to go to practice," said freshman Stacy Chedester. It seems that the weather put a hamper on all the spring sports making it difficult to have games and sometimes even practices although some people did enjoy practicing in the rain.

It takes a lot of practice, hard work and determination to learn the skill of soccer. Certain techniques are very important to avoid possible serious injuries. "What to do with your hands may be a possible question." In soccer, you may use any part of your body to hit the ball, except your hands. If somebody does hit the ball with his hands, the other team may acquire points by getting a penalty kick.

Don't touch it. Trying to maneuver the ball in the air without using her hands is sophomore Jodi Jenson.

Action	Facts
Ralston 1	St. Joseph 0
Ralston 0	Millard North 1
Ralston 0	Duchesne 1
Ralston 0	Roncalli 7
Ralston 1	Duchesne 2
Ralston 0	Westside 1
Ralston 1	Duchesne 1
Ralston 1	Papillion 1
Ralston 1	Roncalli 3

Dual Action: 1-6-2
Coach: John Walsh

Impact

Feet Beat

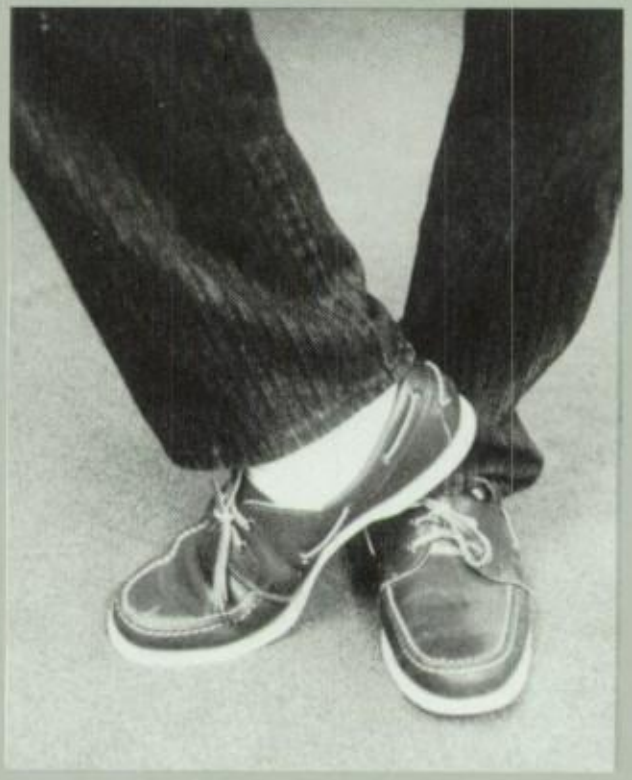
In 1983, students picked Top Siders as their favorite type of shoe.

These Top Siders were often referred to as "boat shoes." The brand names of these shoes included brands such as Dexter and Sperry.

It seemed as though everyone needed a pair of these and as the demand for the shoe went up, so did the price. Even though the price ranged from $30 to $50, the students didn't seem to mind paying for them.

Top Siders weren't the only favorite. A few girls brought back the 1950's style of the saddle shoes. The only changes in the shoe, besides the price, were color and texture. Instead of just leather or vinyl, one might have chosen saddle shoes made out of mesh. As for colors, instead of the choice of just black or brown, buyers were given the opportunity to buy the shoe with colors ranging from pink to blue. The brands for these include Bass and Dexter. Buyers paid $15 to $40 for them.

Along with the saddle shoes, penny loafers were seen on many feet, boys as well as girls. The sudden popularity of the shoe may have been because of singer John Cougar's rock video of "Crumblin' Down." Cougar is seen



wearing the shoes in the video. The price ranged from $20 to $35 for the shoe.

As for tennis shoes, the favorite brand was Nike; the shoe with the famous swoosh. The shoe started its popularity in 1980. The cost for Nikes ran from $20 to $50 when they first appeared, but gradually dropped to $15 to $40. Adidas was close behind Nike in the popularity contest.

Arm in Arm

Smoochie, smoochie may be what a student heard as he was blocked off by two love birds walking down the hall to their next class. With not a thing on their minds but each other, they stroll down the hallway. With only 20 seconds left before the bell will ring, the other student tries desperately to get past the couple. He pushes, kicks and shoves hoping not to be late for his next class which, of course, is over in the other wing of the building.

Couples were teased by a few teachers who caught a glimpse of a hug or a kiss goodbye before they had to part and go their separate ways.

Couple Patty Thompson, junior, and senior Bill Jameson were asked if they were embarrassed by remarks from teachers or friends. Thompson replied, "No way, because you can't have a good relationship with someone unless you can be yourself around that person." She added, "It depends on the teacher, but usually it isn't that bad because teachers

Angie Amenta and Tom Bellus stroll hand in hand.

understand. They were once high school students too."

Though some teachers heard no evil, saw no evil, or spoke no evil about couples and their actions in the halls there were a few who did comment. Business teacher, Jim McGrath, didn't approve of couples showing affection in the halls. McGrath feels that, "There is a time and a place for it."

At one point in the year a 'No Kissing' sign was seen in the library. Library aids were to thank for this. It was meant to tease couples who came into the romantically quiet library to be alone.

So, if a student happens to see a crowd plugged up at the end of the hall, it might be a good idea to find a different route. What kind of an excuse would it be for a student to arrive late to class on account of two love birds?

Rock Videos

A new craze swept the nation, ROCK VIDEO!

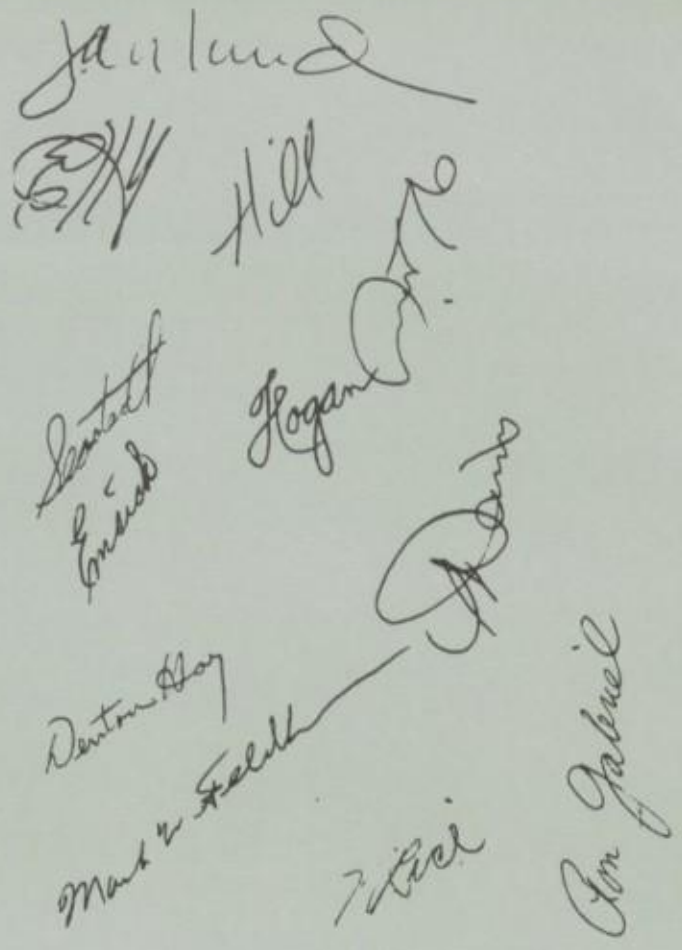
MTV, "Radio 1990," "Night Flight" and "Solid Gold" are just a few of the shows which featured rock videos.

According to Cable Magazine, Michael Jackson's "Beat It" was at the top of everyone's list, but his video, "Thriller" left everyone in awe. "Thriller" is a 10-minute production and was estimated to cost $500,000 to make.

"Radio 1990" reported that Jackson attained six awards from Billboard

magazine including best video, for "Beat It" and best performance by a recording artist.

According to Cable Magazine, the sexiest video for '83 was "Images of Heaven" by Peter Godwin; the most expensive, "Take it Away" by Paul McCartney and the most unusual, "Sweet Dreams (are made of this)" by the Eurythmics, which consists of a woman who has an orange crew cut and dresses in men's suits.



Sign Here

Arms racing across chalkboards . . . writing as fast as erasing . . . chalk dust flying through the air . . . red pen mark after red pen mark . . . signatures and more signatures . . . This is the scene of an every day teacher doing his every day writing and signing.

Here a student, there a student, every where a student asking for a signature on a pink pass, white field trip permission card, eligibility card, change of schedule slip; you name it, teachers sign it.

Dale Kinney, social studies teacher, received the most votes for worst signature.

"His signature always has to be translated like when he signs your white cards," commented senior Shawn McGuire.

Apparently Mr. Kinney's handwriting is quite hard to figure out. "The only letters you can understand when Mr. Kinney signs his name are the "k" and "i". The only reason that you can understand the "i" is because sometimes he'll put a little dot above the squiggle lines!" added McGuire.

Teachers sign millions upon millions of things each day. They put their John Hancocks on everything from attendance slips to hall passes so many times that it becomes monotonous.

"After a while you get so tired of signing your name that it all just mushes together," commented Nancy Rice, journalism teacher.

TELL US MORE

Although the Nebraska Cornhuskers barely lost the Orange Bowl to Miami, it was still a year of victory for them. Miami squeezed by with a 30-31 win leaving the Huskers with an overall second place rating, and a Heisman trophy winner to show for the season. Heisman trophy winner Mike Rozier signed with the Pittsburgh Maulers of the United States Football League.

With the stroke of midnight the 12th chime brought the new year. New York City once again lowered the big ball in Times Square, and Nebraskans patiently awaited the hour they could ring in the new year.

People joked and some feared the fictitious Big Brother in George Orwell's book 1984. The book was written in 1948 with hopes of predicting a highly communistic London.

"I couldn't see it happening, but it's scary to think about," said senior Stephanie Blecher.

"I think it (1984) is a dated expression," said science teacher Douglas Otto.

The new year also brought on new ideas. 1983 was said to be the year of change. As a tradition some Ralston students picked resolutions to help them set goals for the oncoming year.

Said junior Liz Larson, "I think resolutions are private things and should be better than, I promise not to bite my finger nails anymore."

Michael Jackson suffered scalp burns during the taping of a commercial for Pepsi-Cola which was to be aired during the Grammy awards Feb. 28. The accident occurred when fireworks that were to be used in the commercial went off at the wrong time.

Jan. 15 was officially declared a holiday celebrating the birth of Martin Luther King, a leader in the civil rights movement for blacks. It will go into effect in January of 1985.

ABOUT '84

The new craze for '84; Cabbage Patch dolls! Ralston has its very own Cabbage Patch doll maker, special education teacher Pat Cortese. Unlike the Cabbage Patch variety, Cortese's rag dolls, given the title Sauerkraut Kids by assistant principal Martha Novak, did not come with a birth certificate, but are the same in the way that they are original. Cortese said that she took orders from people for dolls to look like their friends and sometimes themselves.

William Golding, author of Lord of the Flies, was awarded the 1983 Nobel Prize in Literature.

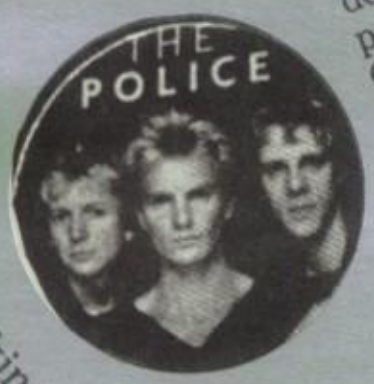
Lord of the Flies, Golding's first and acclaimed as his best known work, is part of the curriculum in Bill Novak's Honors English II class.

Said sophomore Kerri Lamb, "As a story it is good, but I didn't like having to analyze it."

The world was in a state of shock when reports of an unarmed American 747 passenger flight was gunned down over Soviet airspace killing approximately 700 passengers.

The U.S. chose to take no course of action in response to the incident. In a survey given to Larry Koenig's Contemporary Concepts classes student solutions to this international problem ranged from "nuke the Commies" to "it's not worth starting a war over!"

The 1984 Summer Olympic games were held in Los Angeles, California.



The Washington Redskins shut out the Los Angeles Raiders at Tampa Bay on Jan. 22 for a super, bowl Sunday.

The Metro's top 10 songs as counted down by Sweet 98 on New Year's Eve.

1) Every Breath You Take — The Police
2) Beat It — Michael Jackson
3) Total Eclipse of the Heart — Bonnie Tyler
4) Flash Dance — Irene Cara
5) Billy Jean — Michael Jackson
6) Say Say Say — Michael Jackson/Paul McCartney
7) Down Under — Men at Work
8) Mr. Roboto — Styx
9) Maniac — Michael Sembello
10) All Night Long — Lionel Richie

Fund Food

Yvonne Young and Michele Baillargeon partaking in a delightful trade.

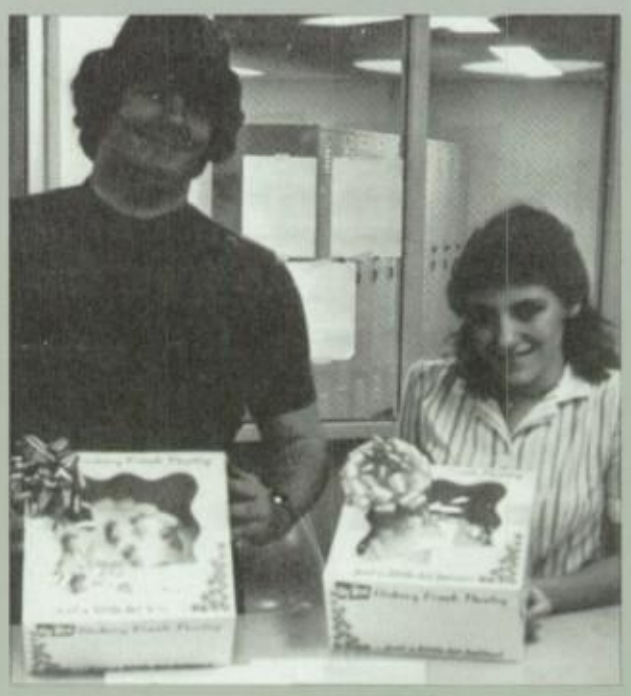
Mmmmm! This was the sound of students as they chased down friends or fellow students who were involved in clubs selling candy to raise funds. Students would pay about 50 cents for candy hoping to relieve the 'no time for breakfast' growlies.

Students were given several types of candies and munchies to choose from during the year. There were multiples of plain or peanut M&Ms, Bike's candy bars (crunch, caramel, peanut and almond), German Advent calendars with German chocolates, Reese's and Gummy Bears were all among the list.

There were also German, French and FBLA bake sales to tempt the eye and make any mouth water before and after school.

Quieting those growling, gurgling stomachs between class periods had to be enough because many teachers made sure that no candy was sold or eaten during class time. Industrial Arts teacher, Gary Dubbs commented, "Teachers get disturbed by someone selling candy in the back of the room while class is going on."

Even though some students had their candy taken away because they were caught selling during class or received detentions for eating in class, it didn't stop students from enjoying what they love, candy!



Ivan Sanders and Kim Schneider with a student council surprise.

Sweet 16?

1984 has meant many things, but according to Julius Caesar it is divisible by four, meaning that, guess what? The year would be declared Leap Year.

Many people wonder just what Leap Year is. Leap Year was first introduced by Caesar. He had his astronomers calculate the length of the solar year, and they came out with 365 1/4 days. So Caesar decided to officially make it 366 days every four years. Later on in 1582, Pope Gregory XIII decided to keep Caesar's addition of the day, but added that the century must be divisible by 400. Meaning that we're lucky enough, being in the 20th Century, to have a leap year every four years, landing on Feb. 29.

This year two RHS students had a chance to celebrate their sixteenth birthdays, or should we say fourth birthdays, on Feb. 29. Student Council had surprise birthday cakes made for sophomore Kim Schneider and freshman Ivan Sanders for their special day. Asking Schneider how she felt about the announcement of her birthday over the intercom, the cake and her decorated locker, she said, "Very surprised and embarrassed!" Schneider and Sanders were caught totally off guard by student council members when they were called to the office.

When does a person who has his birthday on Feb. 29 celebrate it on those years in between? Schneider explained that when she was younger she celebrated her birthday on March 1, but now she celebrates it on a day in between Feb. 28 and March 1.

Some people might regret having their real birthdays only once every four years. Schneider's feelings on the subject were far from regret. She thinks that it's fun having such a unique birthday. But she also added that her mother didn't quite feel that positive at first about the day on which her daughter was born. As her friends in the hospital told her how neat it was she exclaimed, "You're crazy this is terrible!", because her daughter would only have a real birthday every four years.

Asking Schneider if since her birthday is on Leap Day if it adds a more special meaning, she commented, "Yeah, I think so. I don't feel like I'm missing out on anything, but when my real birthday comes along it's special."

Clothing

If you're a fashion conscious person with a limited budget, you may be out of luck. According to department stores such as J.C. Penney's or a specialty shop such as Hitchin' Post and Wooden Nickle, $75 doesn't buy a whole lot.

If a guy were to shop for an outfit for comfort or casual dress, he might buy a pair of Levis or Lee jeans for $19 to $30 and an oxford shirt for $16. Instead of an oxford, he might choose an Ocean Pacific shirt which would cost from $9 to $23 depending on the style.

If he were planning to dress up a bit, he might purchase a wool knit tie for $8 to $12 and a pair of slacks for $20 to $30.

A girl would shop for a similar outfit. She might buy a pair of Lee pin-stripe jeans or Zena baggies and pay $15 to $35 for them. For an oxford, she would pay $8 to $17. A tie for $8, a bandanna for $1 to $3, or maybe an argyle sweater or vest, $12 to $25, could be added to the basic outfit. If she budgeted her money wisely, she may have a few dollars left for a piece of large or chunky jewelry.

Girls also wore the Ocean Pacific shirts. Both paid around the same price, $9 to $23.

Very few students said that they would have spent their own money on clothing. Most of the money was provided by the parents.

Spectrum

It contains writings from kindergarten to grade 12. It has photography and art work from many high school students and it's full of everything from poems to full length stories. What is it? Spectrum, of course!

Spectrum is Ralston School District's first literary magazine. The 24-page magazine is published by the Ralston High newspaper staff and is put out annually.

The first issue of Spectrum appeared in 1983. It was an idea from Dr. Marlin Nelson, assistant superintendent in charge of curriculum. Nelson initiated plans for the magazine because he wanted students to leave Ralston knowing how to write.

This year, the newspaper staff assembled the entire magazine by themselves. This included paste-up and design.

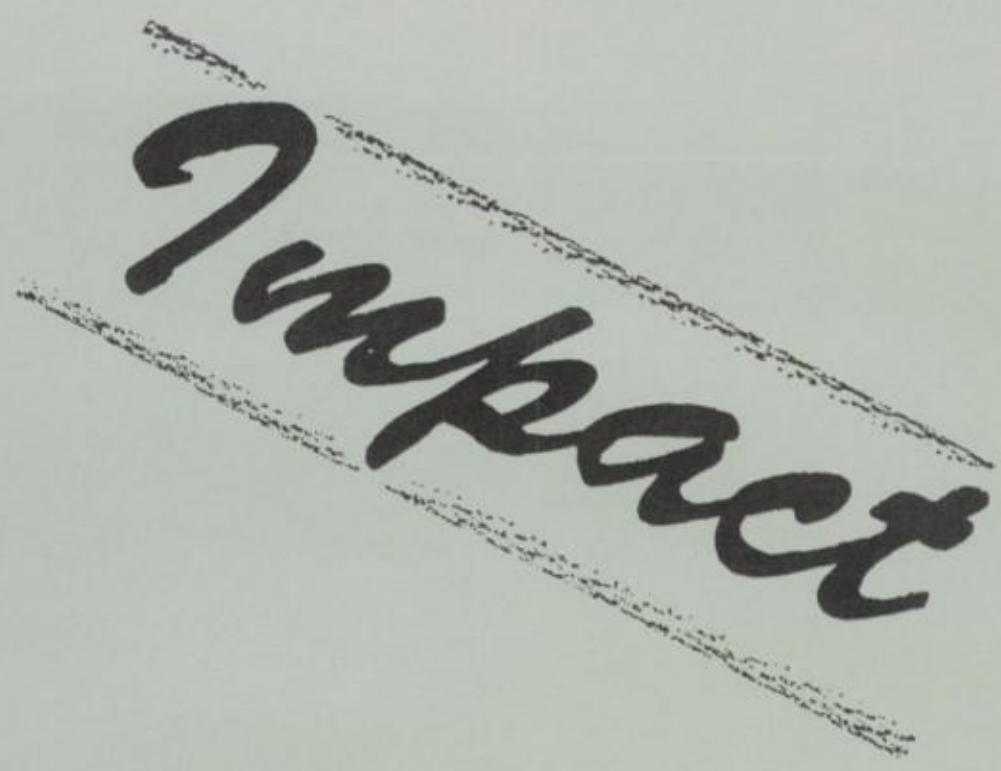
Spectrum gives students, grade school kindergarteners as well as high school seniors, a chance to see their own creative work published.

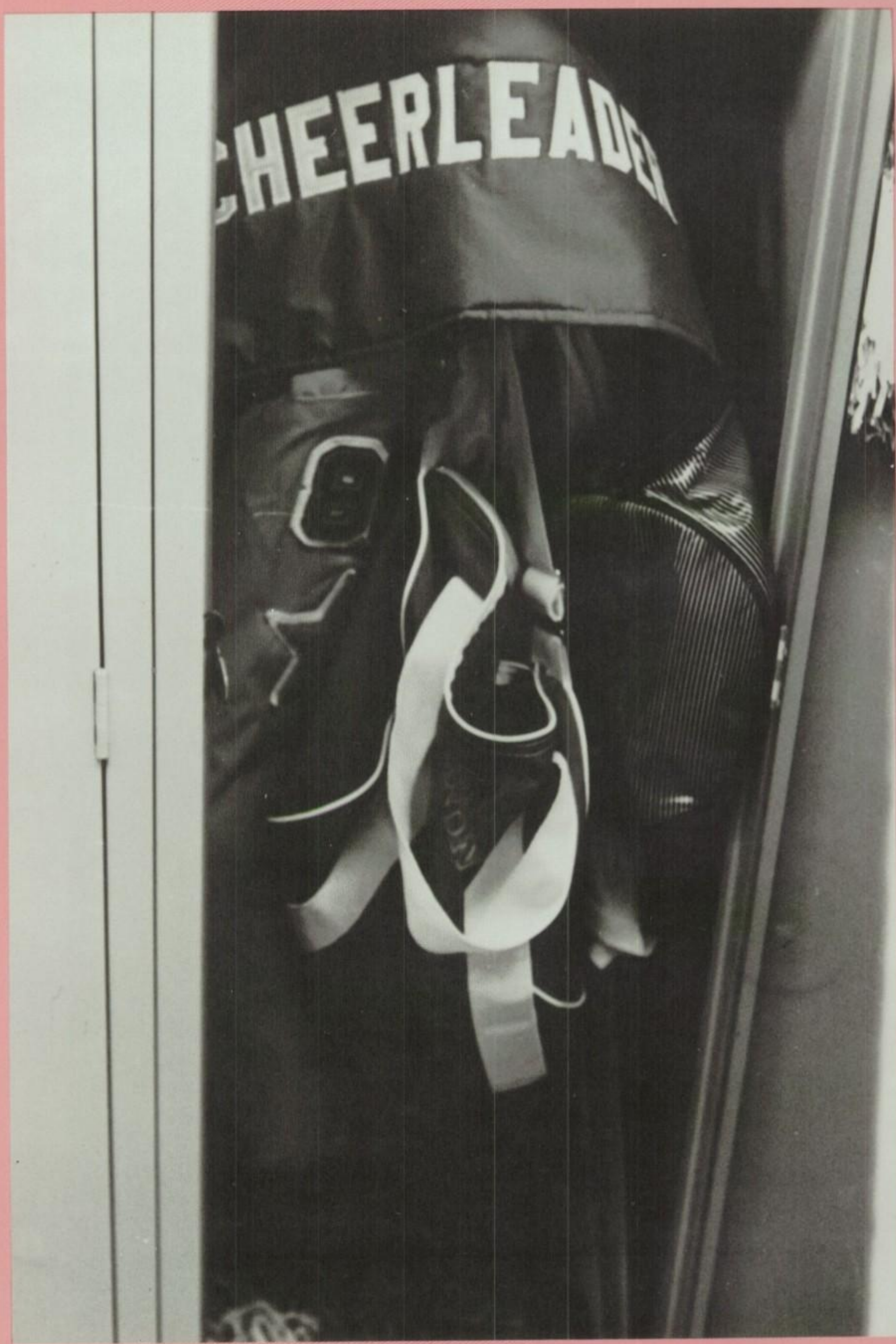
Teachers collect the best writings from their classes from September through Christmas. A committee of teachers then screen the selected writings and choose those items to be turned over to the Ralston newspaper staff. The staff uses as much of the writing as possible in the completed product.

The art work and photography is submitted by high school students in art and photography classes.

Unlike the high school newspaper, Rampages, every family with children in the Ralston school district receives a copy of Spectrum through the mail except for the high school students. The magazine is passed out to the high school students during school.

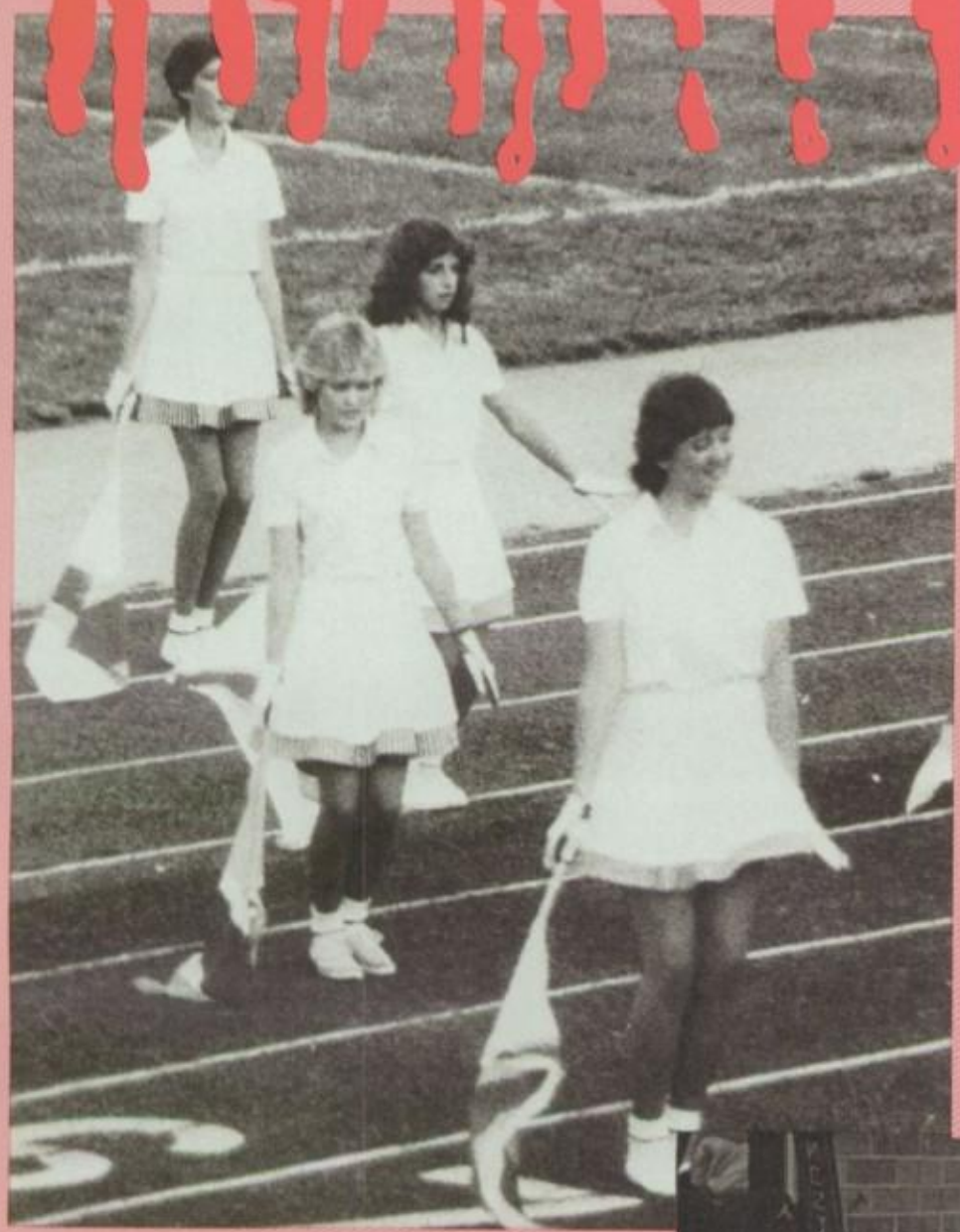
So, if interested in seeing your name and work in print, speculate about Spectrum.





A common organization seen throughout the year, cheerleaders, always seemed to have a packed locker.

PACKING TOGETHER



Empty pockets

In the early morning hours while students walk to their classes, one seems to be overcome by hunger, and the munchies set in!

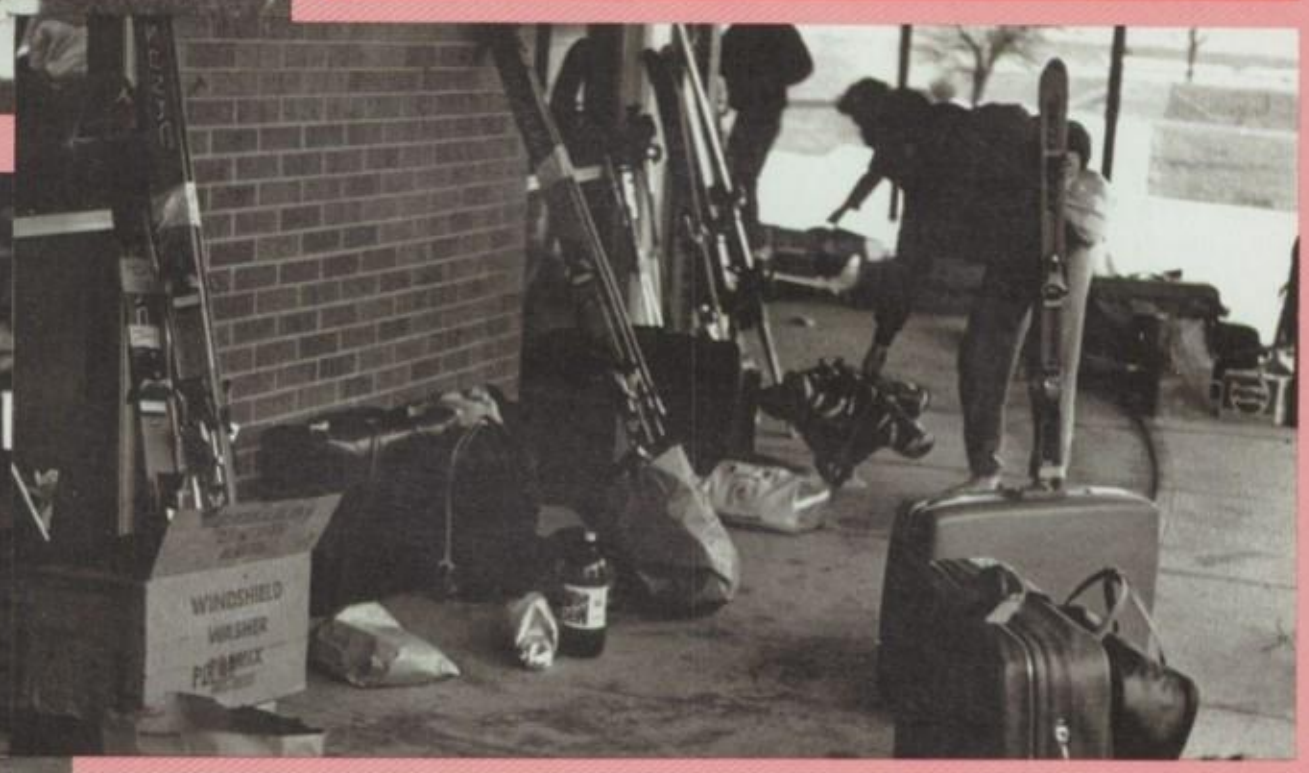
Walking through the commons area the student feels as though tables filled with bake sale goodies are encircling him. Further on the student finds himself walking next to a box of candy. Buying a crunch candy bar he rushes to class gobbling it down savoring each bite.

When the student gets to class smeared with chocolate, brochures are spread out on the desk in front of him. While a fellow student friend gives a sales pitch on brass, and others are in line waiting to show musical Christmas cards; stuffed animals and calendars .

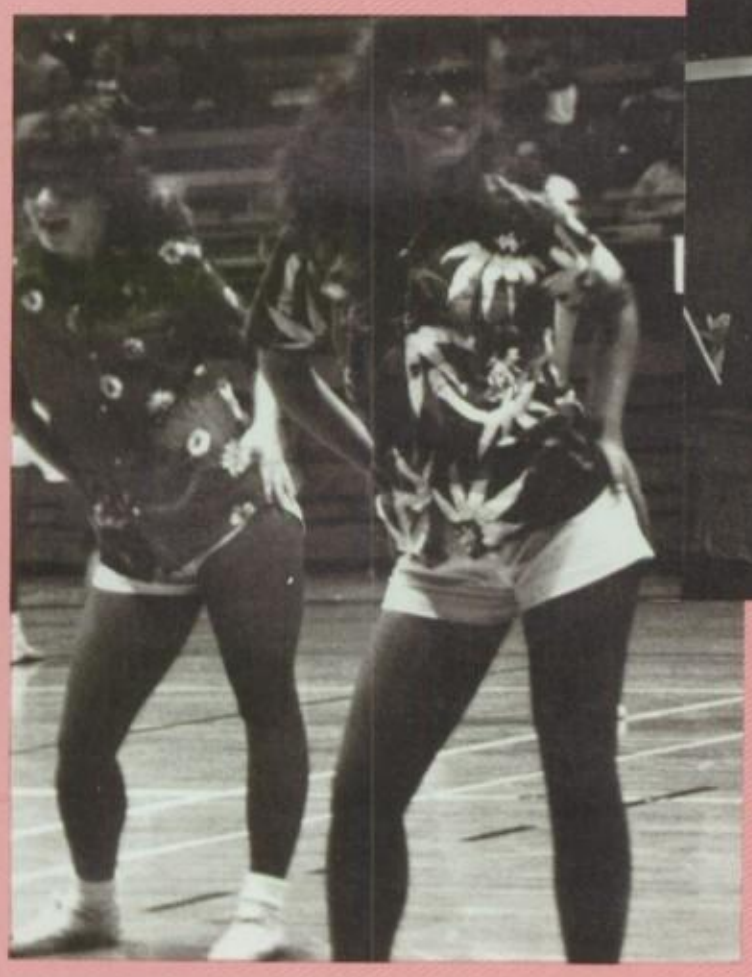
A student's night out might include going to the football game, where he could buy hot chocolate from the concession stand to keep warm while cheering, "We're No. 1!".

Whether a student was in a club or not, all students were involved and contributed in having fun by "Packing Together" with the help of clubs and organizations throughout the year.

It was flags down as the flag team members help kick off the beginning of the season at the first football pep rally.



Packed and ready to hit the slopes, ski club members get ready to load their bags onto the bus in front of school.



Shaking to the music of 'Ol' Time Rock'n'Roll", senior drill teamers Lynne Retzlaff and Michele Bruening perform for the crowd.

SPIRIT

"One, two, three, keep those flags sharp! Head high kicks girls! Smile, you love this," said the cheerleader, flag, and drill teams while at camp in the summer of '83.

"Camp was a blast at Lake Okaboji!" said Meg Fowler, JV cheerleader.

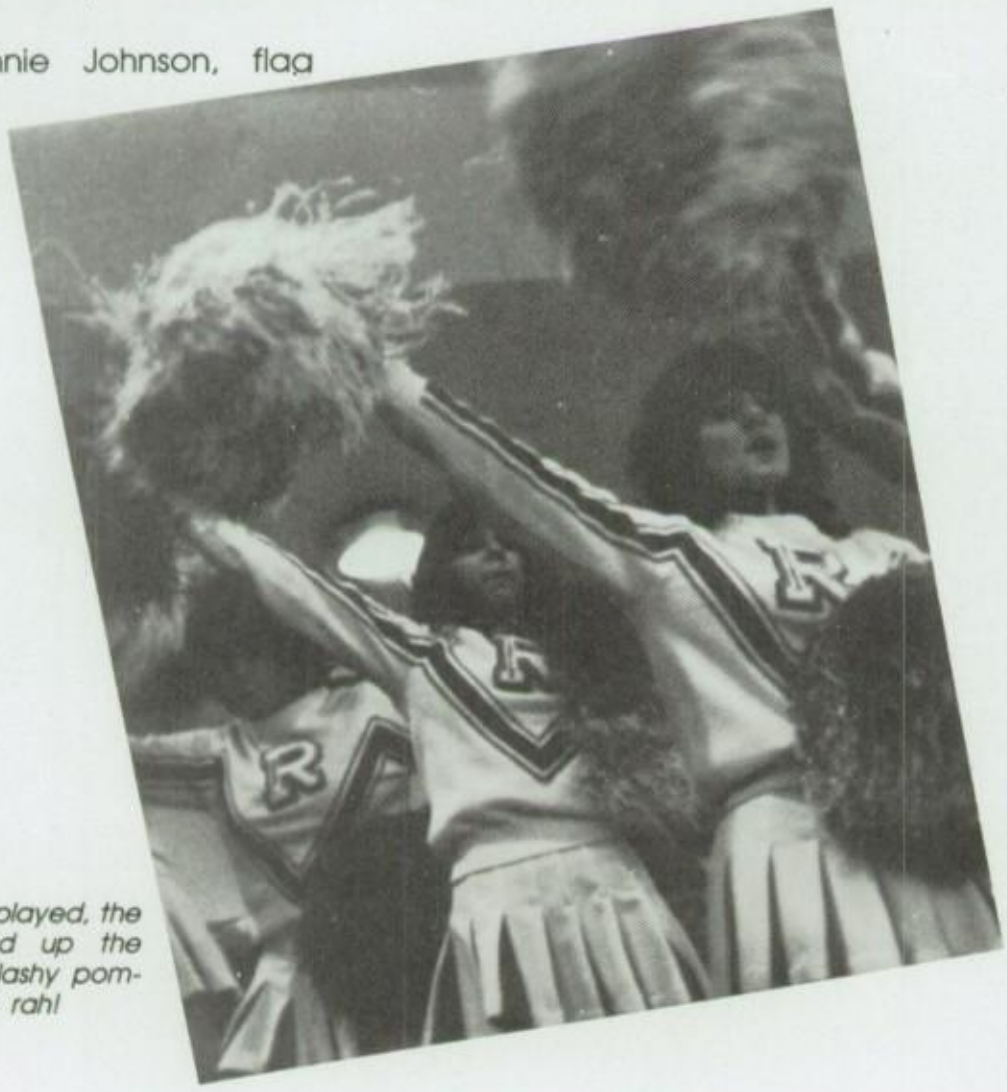
Drill teamer, Melissa Quiter adds, "Camp was one of the best and worst experiences of my life. What you learn there helps so much in the school year, from new routines to getting to know your squad better, but you learn it all in four days!"

Camp was mainly that - a physical, learning workout. They were held in July and August with all the squads in the southeast part of Nebraska being invited to represent their schools.

Awards were given to the drill team that received a trophy for an excessive number of blue ribbons, a spirit stick for all three days of competition, and for becoming a superstar squad. The cheerleaders also received a spirit stick, along with four superior blue ribbons (the best), eight excellent red ribbons (second best) and two outstanding ribbons (third best). The varsity squad was also nominated for the award of excellence.

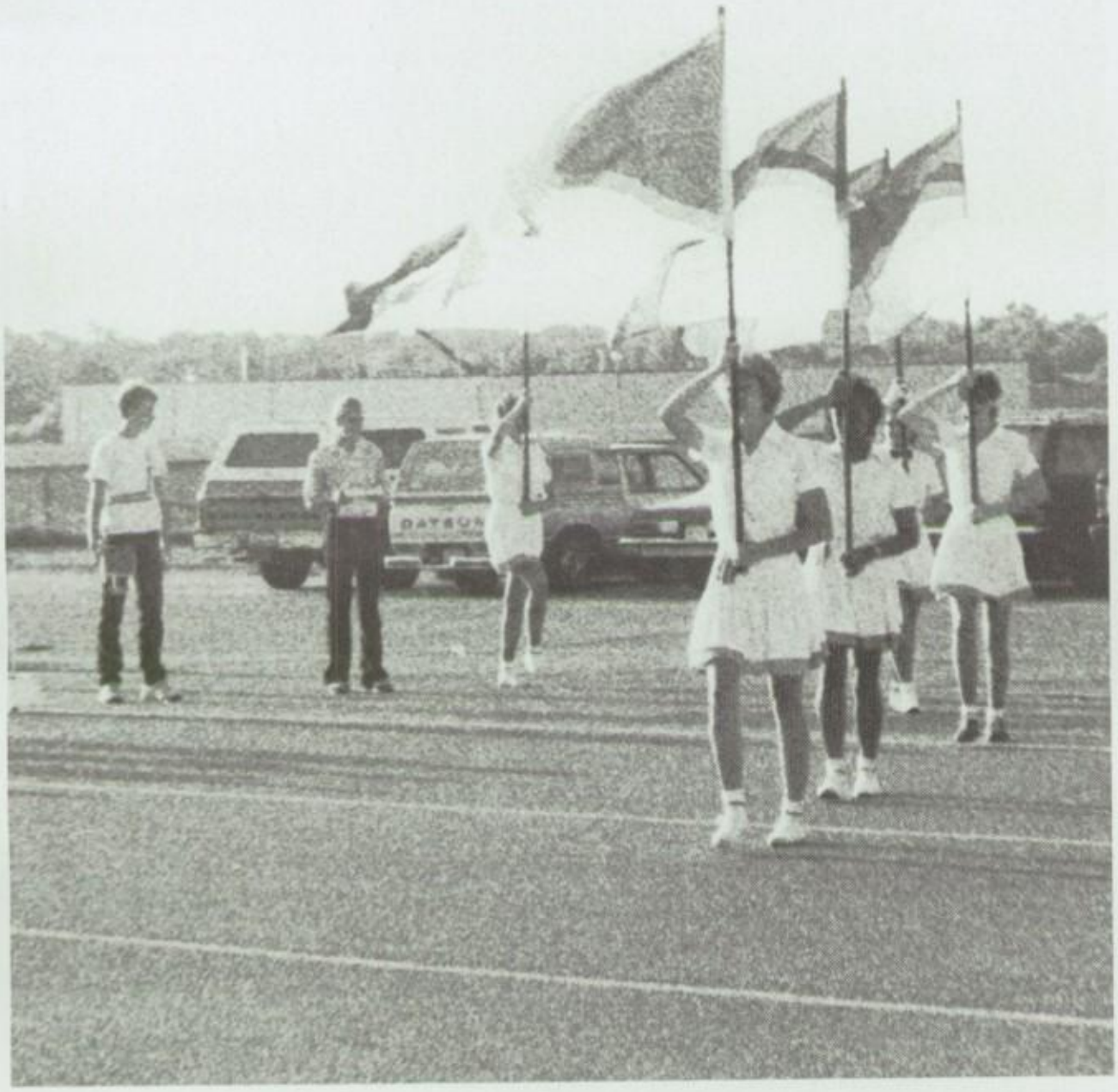
Michelle L. Miller, drill teamer, said, "It made the squad a lot closer together, because they had sessions on friendship."

Overall, Jeannie Johnson, flag teamer, said she thinks "it's really an asset to go!"



As "Eat 'em Up" was played, the drill team brightened up the bleachers with their flashy pom-pons and yells of rah rah!

Top - "Plane" to see are the varsity cheerleaders with an unusual mount at the metro meet. Bringing the first pep rally to a peak is JVer Michelle Radicia and fellow cheerleaders.



State Fair goers admired the drill team as they marched with the band on Friday, Sept. 2.

Behind every performance is about two weeks of early morning practices.

They all ran out
on to the track,
to show the spirit
they did not lack.

The flags were twirled
and the poms were shook,
the pep rally started
and the attention was took.

By the cheerleaders, flag team,
and the drill team too,
they all performed
red and Columbia blue.

Throughout the year
they did their part,
to keep the spirit
within our hearts!

They went to games
and parades galore,
they made the crowds
yell for more.

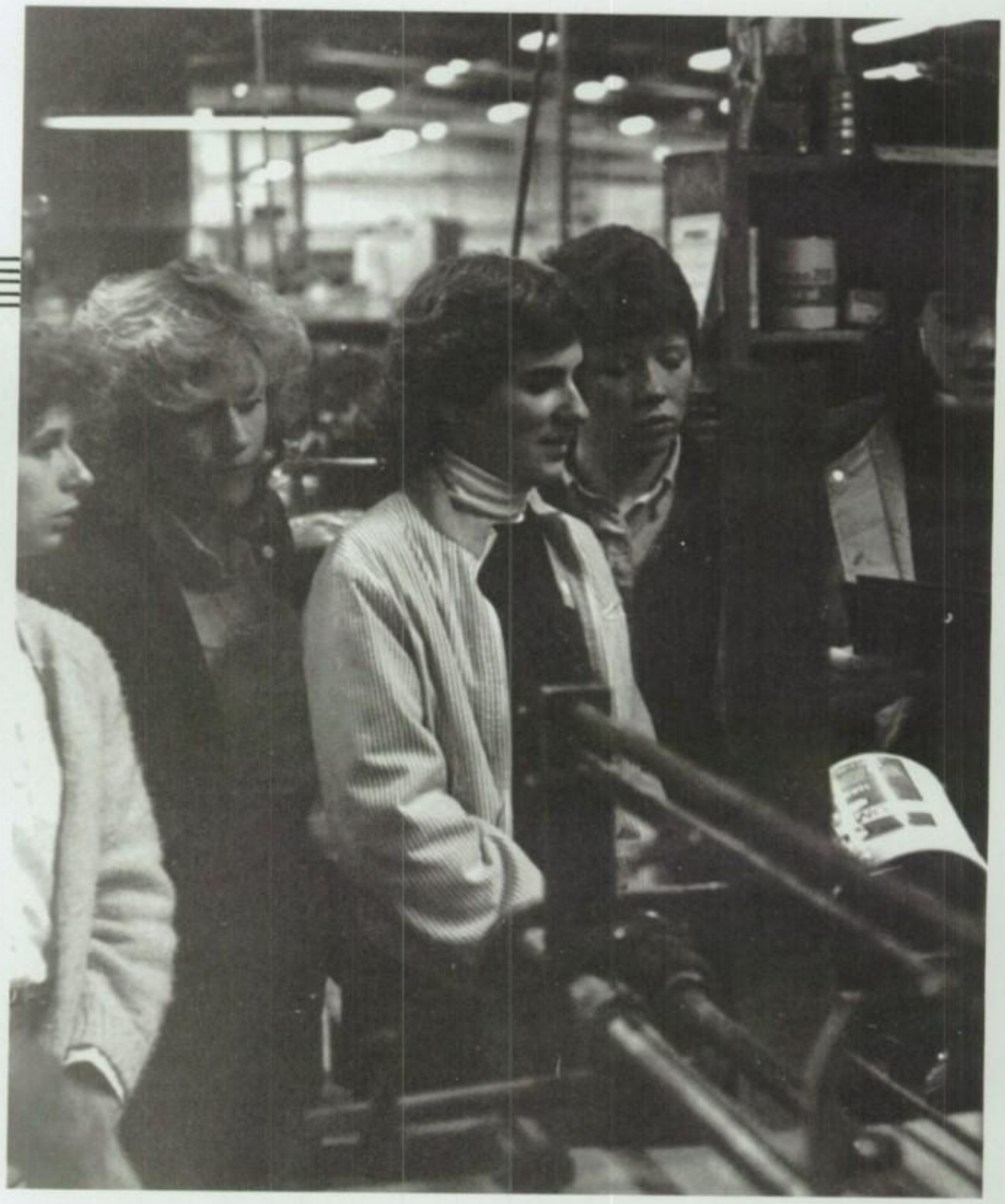
They're all so good
because they have the knack,
to keep the spirit
all RAM-PACKED!

The coming of winter sports brought around the second pep rally of the year and the cheerleaders made it all the better with their practiced routines and on going spirit!

"Maniac" was the song; Flag Team was the entertainment. All working together (L-R) Patricia Hinkle, Michelle Quiter and Cheryl Parsons give it their best shot at the first pep rally.

Looking on in interest, the yearbook staff is taken through the Marceline yearbook plant.

The darkroom technique is almost mastered by Tim Willie after working in photojournalism.



The Ram is the name of our yearbook
which some of you don't know,
it covers all the special things
so Ralston it'll show.

The yearbook staff works extra hard
to create a book that's right,
by staying extra hours
nearly every night.

Rampages is another
source of your school news,
by printing up school issues
and games we win or lose.

It takes deep thought, but lots of time
to make the story precise,
in hope the reader likes it
especially Mrs. Rice.

One more group that we all need
to make the news complete,
is the talent of photographers
so the page will look real neat.

Each person is important
in journalism this is fact,
working all together
being all RAM-PACKED!

Rampages paste up, the final layout of the paper's design, is a complicated process that takes two to three days. This is only after the staff has finished writing the stories.

Say cheese even if it's to yourself. Dave McIntyre, staff photographer, shows his expert technique with a 35 millimeter camera in a school mirror.

Factual

There's a darkroom at Ralston High. Do you know where it is? Have you seen it? There won't be any signs saying MEN AT WORK, but our very own darkroom is under construction.

"For the first time this year, Ralston is offering photojournalism, and art photography along with the yearbook and newspaper photography staffs. The darkroom we presently have is too small for the new number of students that need to use it," said Nancy Rice, journalism teacher.

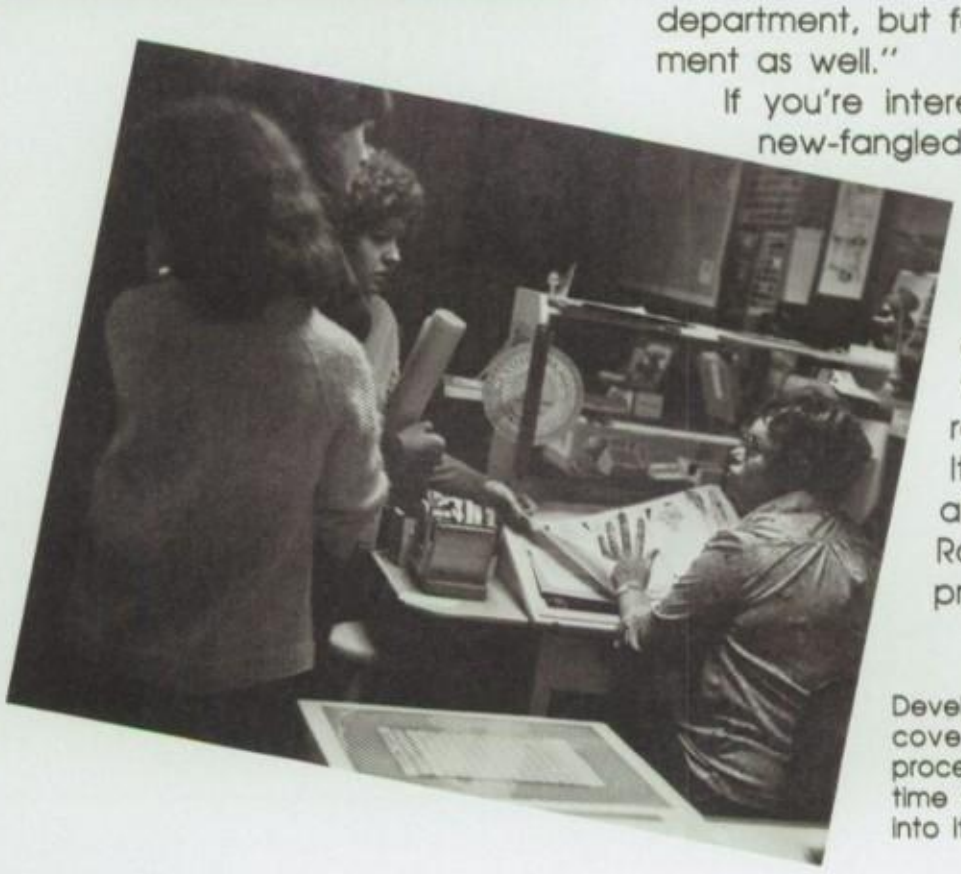
At the beginning of this year the darkroom was only equipped for one person. With the removal of some cabinets, the installation of enlargers, and smaller tables, it now easily holds three people. The major changes are expected to happen the summer of '84 with the correction of leaky plumbing, keeping the light out from under the door, etc.

There hasn't been much money spent on the darkroom since the opening of the school in 1969.

"We've used the same basic darkroom for as long as I can remember," Rosie Hogan, last year's adviser said.

Rice added, "I think it's about time to start making some changes to improve the working conditions. This not only is deserved by the journalism department, but for the art department as well."

If you're interested in using this new-fangled darkroom, there are now five classes available to you. So for next year's classes remember your very own darkroom in Ralston. It has become another topic that Ralston can be proud of.



Development of a yearbook cover is a complicated process that is worth the time and effort that is put into it.

TOP- Rampages staff members with advisor Nancy Rice think of story ideas for new issues. "Computers are so convenient for yearbook copy," Student Life Editor, Kim Pape quotes.

Getting all equipment on the bus was a task all members of the ski club had to engage in.

To ensure ski rental and a lower price, junior Jerry Peterson and others rented in Omaha.

"Sell the brass"
sponsors said with ease
so out we all went
to sweat and to freeze.

To our surprise
it went quite well
people were enthused
which made us want to sell!

M-n-M's came next
for fund-raising money
the profits we made
weren't even funny.

We strived for profits
throughout the year
it seemed all worth it
as the departure day drew near.

We rented our skis
and packed our coolers
the Seniors decided
they were the rulers.

A 12-hour ride
to Colorado and back
was worth all the fun
with the kids all RAM-PACKED!

Lying on Gnome Path at Winter Park is junior Jenny Burry. After attempting to miss a fallen skier, she falls herself. The result was a visit to first aid to wrap a sprained finger.

Stopping at Snoasis, the restaurant capping the mountain at Winter Park, junior Gail Passmore finishes up her lunch before attacking the long ski down to the foot of the mountain.

Free-spirited

Flying down the slopes with the wind slapping redness into exposed cheeks is an exciting feeling to members of the ski club. Thoughts of the controversy about even allowing a ski club to exist this year were still in the minds of the participating students. The question they had asked themselves was, will there or won't there be a 1984 ski club?

According to Bob Benzel, ski club sponsor, during the 1983 trip, nine boys were caught under the influence of alcohol on the last night in Frisco, Colorado where the condominiums were.

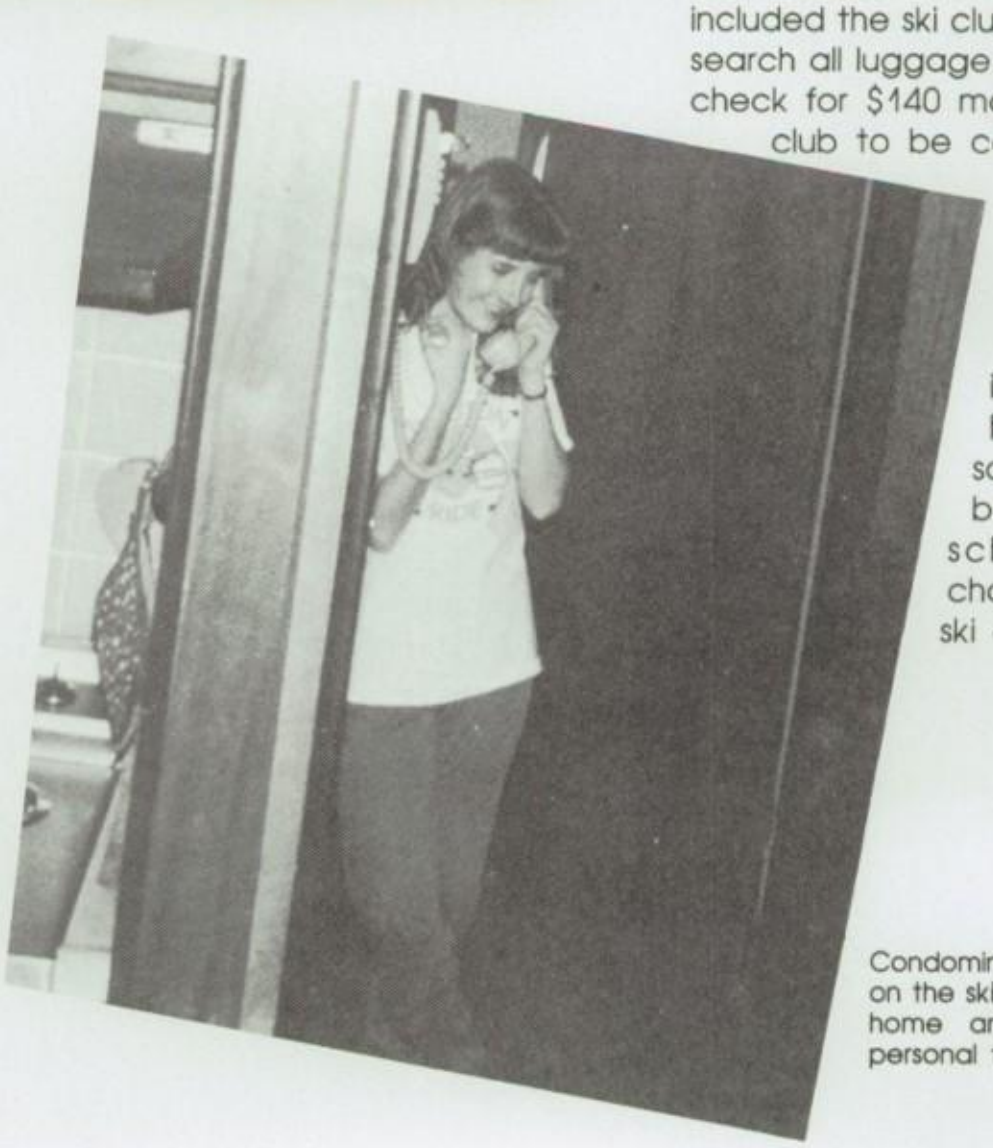
Prior to leaving on this trip, rules of no alcoholic beverages were stressed at meetings held before their departure day of March 29. It was agreed by all students that the rules outlined by sponsors, Jan Rowley, Bob Benzel and Jim McGrath would be followed.

"There won't be a ski club at Ralston anymore," were the first words out of the administrators' mouths after hearing the news.

McGrath said that the sponsors didn't give up. They believed that the kids deserved another chance to prove that they could be responsible.

The ski club drafted a new trip contract that was outlined in detail at a meeting on Oct. 13. New restrictions included the ski club sponsor's right to search all luggage at their request, a check for $140 made out to the ski club to be cashed for a plane ticket home if drinking, and a pre-trip meeting for the parents. The administration said they hoped it would solve the problem, because not every school gets the chance to have a ski club.

TOP- Beautiful weather was found often on the ski trip, but bundling up ensured comfort. A meeting for all ski club members' parents was scheduled to outline all trip rules.



Condominium life is half of the fun on the ski trip each year. Calling home and friends, adds the personal touch.

Honorable

There was a flame. It stood for scholarship, leadership, character and service. That one flame grew into 56 separate flames, separate goals. The flames went out and new inductees of the National Honor Society (NHS) returned to their seats.

The induction of the members happened officially on March 11 at the Holiday Inn Party Room, but the thrill came on Feb. 22 when the 1983-84 members went from room to room searching out the new additions to the club for 1984-85.

During the second hour class period each new inductee was invited to the auxiliary gym for a welcome speech, juice and rolls.

A new rule for the NHS constitution was changed in each NHS chapter, so the new rule was explained. New members are required to be involved in a service project within the group, and one on an individual basis.

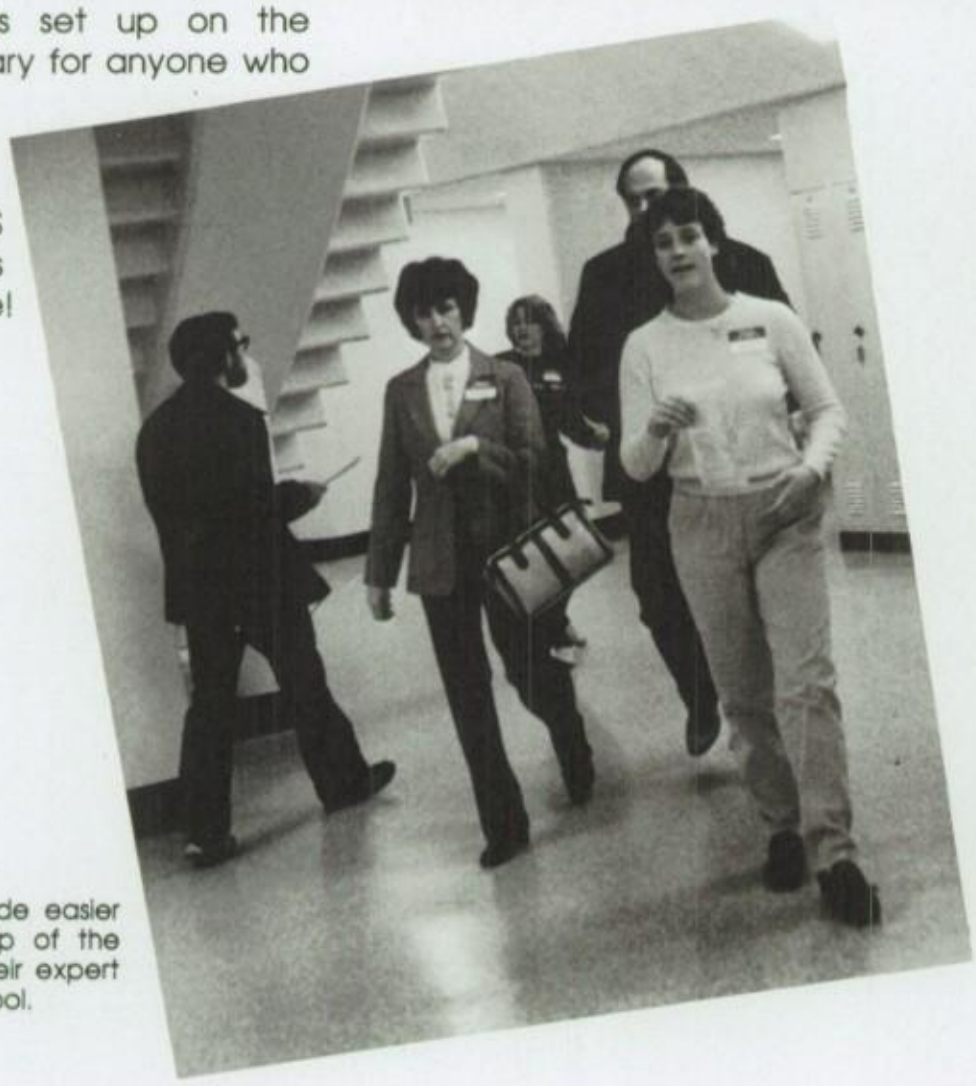
Cheryl Blue, NHS sponsor, explained, "Most often on college applications the area that is left blank is service. It is an important part of the application though."

A peer tutoring system is the service project that will be tested out this year.

Harold Blatt, NHS sponsor, said, "We are just going to try it out and see how it works. If it is successful, it will most likely be used next year."

The system is set up on the outside of the library for anyone who might need help.

An easy sentence to sum up the new NHS is congratulations for a job well done!



Conferences were made easier this year with the help of the student council and their expert knowledge of the school.

TOP - Tutors in the library are something new for the student body thanks to the NHS of '85. Criss Cross spirit was displayed on switch day with the junior boys in mom's clothes.

From the speech of "What Winners Are Made Of," private consultant Doug McCallum leaves the group laughing at the NHS initiation banquet.

The flame was passed from candle to candle as each new NHS member received his pin.

They always say
to get involved,
there are problems
that can be solved.

They sponsor homecoming
and Criss Cross too,
they choose the themes
that are best for you.

They attend a convention
for their fun,
and when they decide
they get things done.

To be a part of NHS
you have to really care,
about your grades and leadership
in which you must declare.

To be tapped in
a Senior you must be,
with teachers' recommendations
five of them must agree.

Both these clubs
are on the right track,
toward making the difference
with the kids all RAM-PACKED!

Before leaving on the student council convention trip, sophomore Lori Fraser, freshman Jami Hansen and friends start having fun on the bus by posing with smiling faces.

Boys or girls? Juniors Shari Harroun and Jenny Burry get into the switch roles day on Feb. 28 of Criss Cross spirit week. For each day there was an event planned.

BILINGUAL

"I couldn't believe I was in France, but the Eiffel Tower was right out my plane window!" said Donna Johnston, North American Cultural Exchange (NACEL) participant.

Amy Mechede added from her experiences last summer, "The feeling you get when you step off the plane is indescribable. Actually looking down and thinking I'm in France makes your heart skip a beat!"

Traveling abroad is something that only a few are lucky enough to experience. It is the result of a lot of hard work by either raising the money yourself, or earning the trip through a club.

Those clubs at Ralston are the French Club and the Spanish Club.

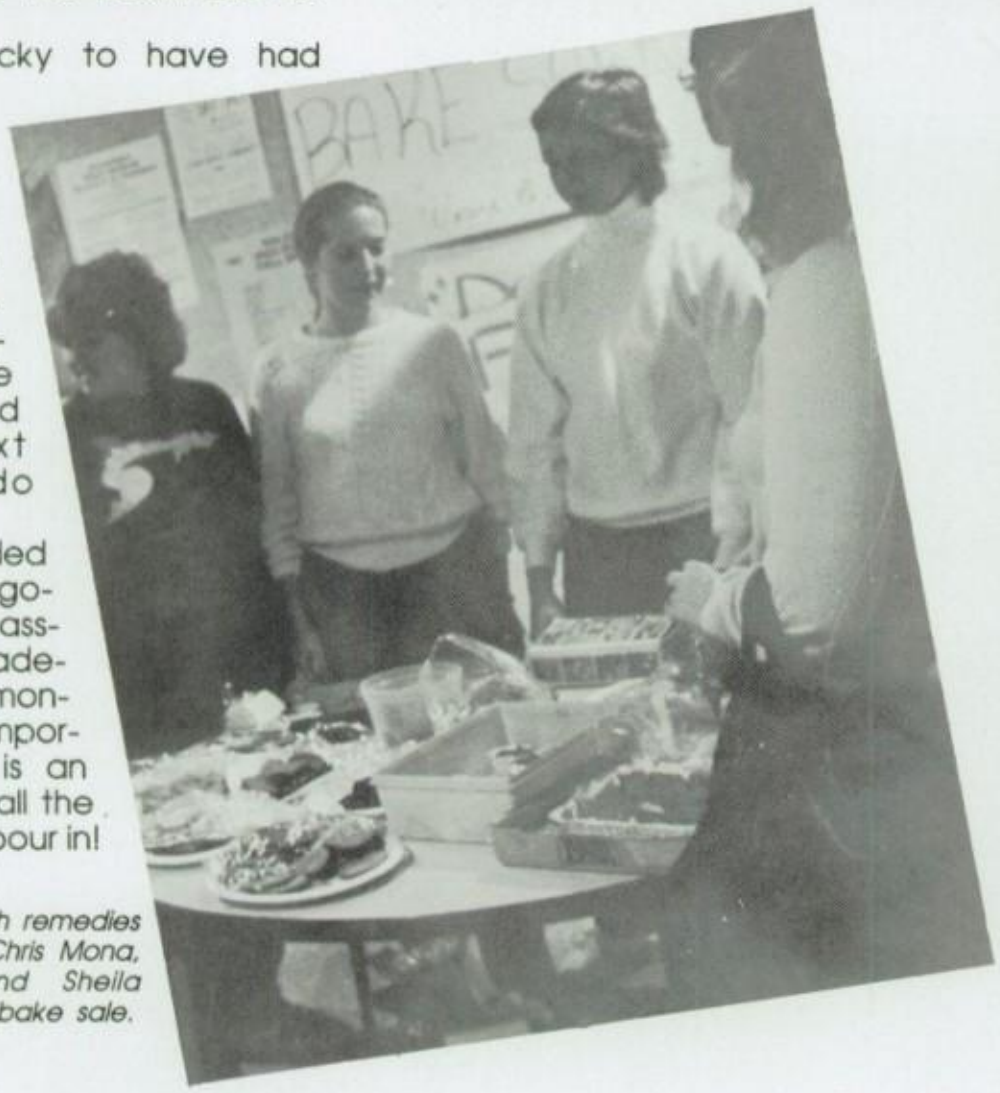
"French Club is a great way to earn the money you need to go to Canada or France. All French classes are allowed to join, but you don't go on the trip until French 5. You earn money for the group going that year. The points are used to represent money from the fund-raisers," Melissa Medley explained at the French Club Carnival Saturday, Oct. 29.

Another reason to visit a foreign country was because of relatives. One begins to wonder how fair it is to have grandparents who live in Portugal, Italy, or Denmark! Maria Delgado was one to use this excuse to leave the USA.

"Germany is the most beautiful country I've ever seen. Not only is the countryside beautiful, but the towns are inhabited by some of the most interesting people I've been able to talk to.

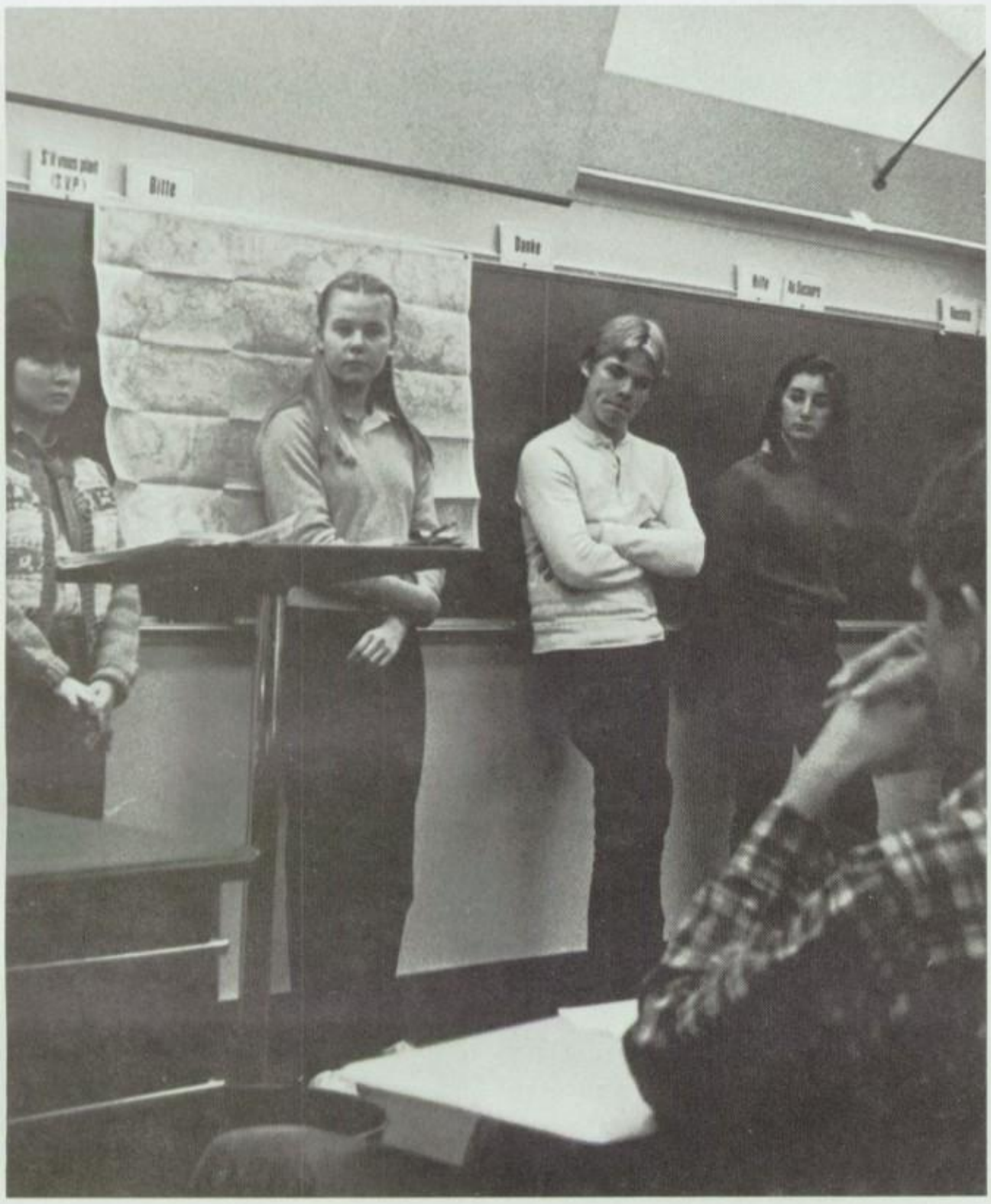
I was very lucky to have had the chance to go to East Germany. Now they won't let anyone in there. I think everyone should travel because it's an experience you de finitely can't read about in a text book!" Delgado explained.

All that is needed to have before going are shots, passports and an adequate amount of money. The most important, of course, is an open mind to let all the new knowledge pour in!



Supplying sweet tooth remedies are French Clubers Chris Mona, Melissa Medley and Sheila Rodgers at a school bake sale.

Top-Candy comes to the rescue again at the German Club booth at the FBLA Flea Market. Below - Lorri Hicklin is found at the French Club Carnival indulging in the fun of the day.



"Thanks for being a part of foreign language day Feb. 3, Z-92 deejay, Slats Gannon!"

Gaps in communication were closed on Feb. 3 as students from different countries visited.

Traveling abroad
Your adventure it will quench
If you're in the foreign language clubs
Of Spanish, German and French.

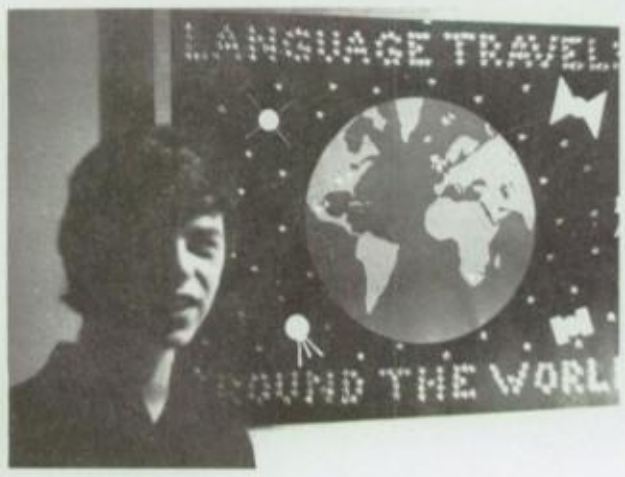
You raise the money that you need
To visit far away
By selling candy in the halls
With rules you must obey.

There are bake sales and carnivals
And fun things too
With caroling and parties
to name just a few.

At the beginning of February
Is foreign language week
The students participate
in the language they speak.

Awards will be given
For the posters and plays
The time that it took them
Equaled hours and days.

Learning foreign languages
In class you can not lack
Determination and an interest
With the kids all ram-packed!



Advice from Jan Lund, French Club sponsor, helps Chris Mona make decisions concerning a booth at the French Club Carnival while stuffed animals ham it up for the camera and fans.

And the grand prize winner of the foreign language poster contest is . . . Mike Jaeger. Congratulations to you, the other three winners and participants in the contest.

MY FUN

Clubs and organizations really made the year one to remember. Being involved in ____ _____ made the year more exciting for me. I'll never forget activities like _____ that my club did. My friend(s) _____ and I had a great time participating together. The best fund-raiser of the year was _____ because _____.

My favorite school dance was _____ because _____.

I went to Prom with _____. We went to _____ to eat, and _____ afterwards. I went to Homecoming with _____. We went to _____ to eat and _____ afterwards. I went to Criss Cross with _____. We went to _____ to eat, and _____ afterwards. I went to Christmas Prom with _____. We went to _____ to eat, and _____ afterwards.

One word to describe my club(s) would be _____ _____ because _____.

One thing I'll always remember about my club(s) is _____ because _____.

I think my club(s) should always be at Ralston because _____.

The best time I ever had was when _____.

Other memorable times that I had were _____ _____ _____.

I'm glad that I got the chance to be involved. It was a memorable time that '83-'84 school year!

Signatures

CLUBS

Pictures

ORGANIZATIONS

Hardworking

There's a member of DECA that knows more that goes on than anyone else does. He doesn't pay dues, in fact he doesn't even talk, but to leave him out of the group would be out of the question. His name is Sylvester, and yes he is a stuffed cat.

This stuffed cat has been involved in all of DECA's (Distributive Educational Club of America) activities for the past two and a half years.

"I just wanted to try something that was different and fun," said Gary Waldron, DECA sponsor.

DECA member Linda Burkhalter added, "I think having Syl (nickname used) sets us apart from the DECA clubs in other schools."

DECA member Jerilyn Hynes said that she also "though it made it a little more interesting."

The weather of October affected everyones' need for a vacation even this stuffed mascot of DECA. Syl disappeared for about a week. When he returned a note was fastened to his chest reading, "I had a great vacation in Jamaica. You shouldn't have worried! Syl." It is still unknown as to whom arranged this extravagant trip for him. Rumor has it that a few of the Introduction to Marketing students were the travel agents.

Waldron often uses Syl as a role model to teach basic marketing skills. Syl has many department stores named after him to make class more fun.

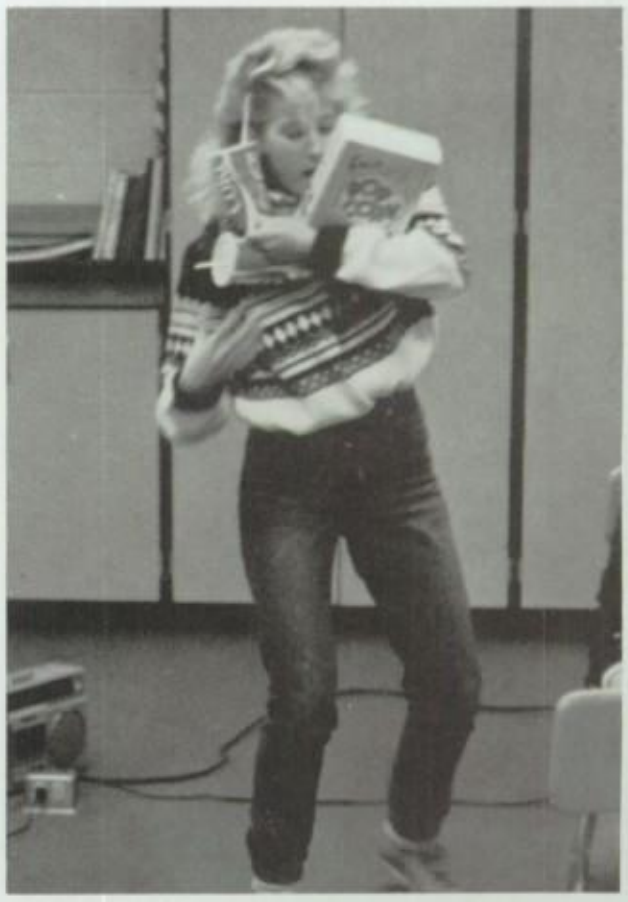
If you ever go to a DECA event or conference and see an extremely short thing in a DECA t-shirt, it's most likely Sylvester the cat!

A comedian? A magician? A profile of Pat Hazell? Yes! He performed at Key Club's Night of Comedy and Horror.

The many faces and actions of this man were enough to keep the theater laughter filled Tuesday, Oct. 25

Look for his face in the future. He was picked by HBO as one of the funniest entertainers of 1983.

Being acknowledged in Computer Science and math, senior Dan Jaeger accepts his awards at the FBLA convention.



Seen here making her first candy commercial in marketing class is junior DECA member Linda Burkhalter. To be a part of DECA a marketing class is required.

These average Ralston High students let loose by winning the DECA Jam IV costume contest.

Students aren't the only ones with talent, the teachers show abilities at the A.A. Review.

Food is never left out, and the FBLA Annual Flea Market is no exception. Their concession stand had homemade sweets to cold Pepsi and milk.

Hamming it up in his very own DECA t-shirt is Sylvester the cat, official DECA mascot. Don't be surprised if you see this furry feline accompanying the club on their field trips.

To spell D-E-C-A out
brings one thing to mind,
that business clubs are also fun
by joining you would find.

From a fashion show to a football game
from a convention to compare,
the projects they've been working on
the common and the rare.

Another club we offer
is called FBLA,
it deals with business actions
for living day-to-day.

With fund-raisers, and parties,
and charity work too,
the outcome is successful
from dedication that is true.

The last club I will tell about
is one of helpful ways,
it's called the Ralston Key Club
and for others it always pays!

All these clubs are needed
to fill the empty crack,
that boring time occupies
before kids are RAM-PACKED!

Book organization is an important part of a library aide's job as seen here with senior Cindy Barr.

Practicing in front of the class for upcoming debate matches, senior Pat Shanahan plans his strategy.

The contests are held
for the people in speech,
to show their skill
and surpass defeat.

They all do their best
to make themselves sound,
better than others
and win their round.

Arguing for fun
is found in debate,
looking up and using facts
to make your speech top rate.

Stress the points
that say you're right,
don't give an inch
keep up the fight.

The library aides
did their part,
with National Book Week
they kept us smart.

These three groups
do not lack,
the compelling need
to be RAM-PACKED!

Instead of an eighth hour release like many students, the debate team plans and prepares their speeches for competition during this hour of the day.

The new alarm system in the library is being tested by senior aide Chris Petriw to see how well it works. This new alarm was the hopeful cure to book stealing.

Intellectual

For 15 minutes all of Ralston was silent. There wasn't the usual clatter of students moving around or the teachers lecturing. The only slight noise that could be heard was the page turning of 3,248 students.

It all started on Nov. 14 with the distribution of stickers with initials G.R.A.B. (Go Read A Book). Teachers also recived buttons. All were encouraged to show their pride and wear them throughout the week.

Entering the second day a jar of book titles was set out for the "how many titles in the jar" contest. Thursday, senior Rod Harder won the prize of a thesaurus.

In honor of book week, amnesty was given on Wednesday. This day all over-due library books were accepted without fines. The 15 minute silent reading was also held on Wednesday.

The big, book swap was held on Thursday. Students brought in books to exchange them for "new" ones that other students brought in.

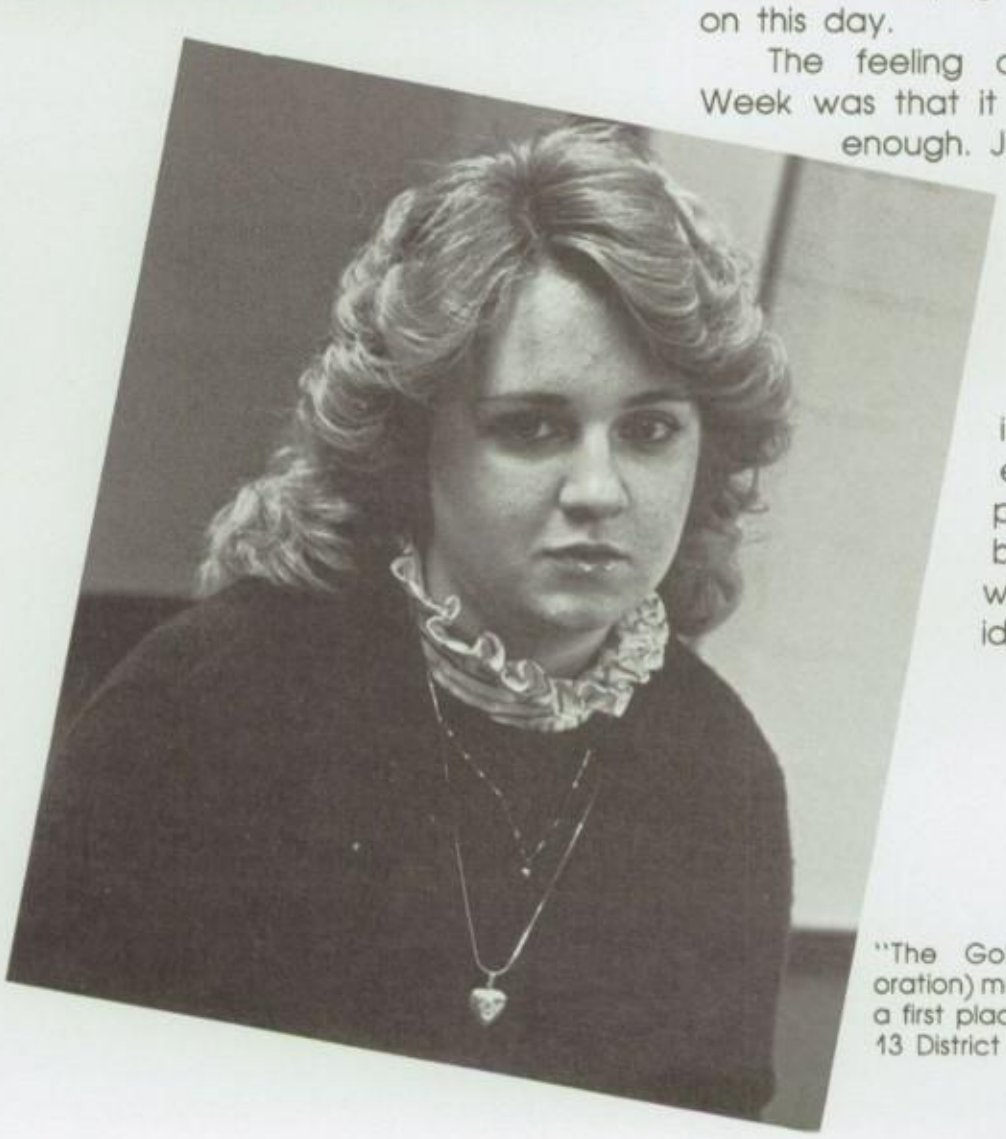
"I don't think the book swap was as successful as it could have been," library aide, Joanne Nelson said. "The reminders we made up did not get in the announcements."

Bringing up the tail end of the week was National Button Day. All buttons of varying sayings were worn on this day.

The feeling on National Book Week was that it wasn't advertised enough. Junior Sharon Krebs said, "I never really knew anything about it. It needed a lot more publicity."

As of now it is not known if this event will be repeated next year, but Nelson thinks it would be a good idea.

OP- Receiving help from Charles Tichy, debate coach, is award-winning Bob Bally. National ook Week is being celebrated here by Kerry aldwin on button day.



"The Golden Rule" (title of oration) made senior Jackie Kruse a first place winner in the March 13 District Oratory.

Working on his own project, Art Club sponsor, Bob Benzel talks with senior Anna Peters.

Math Club was open to any student that felt confident of or enjoyed math skills.

They attended the Nutcracker
with anticipation they waited,
for the curtain to rise
to feel completely elated.

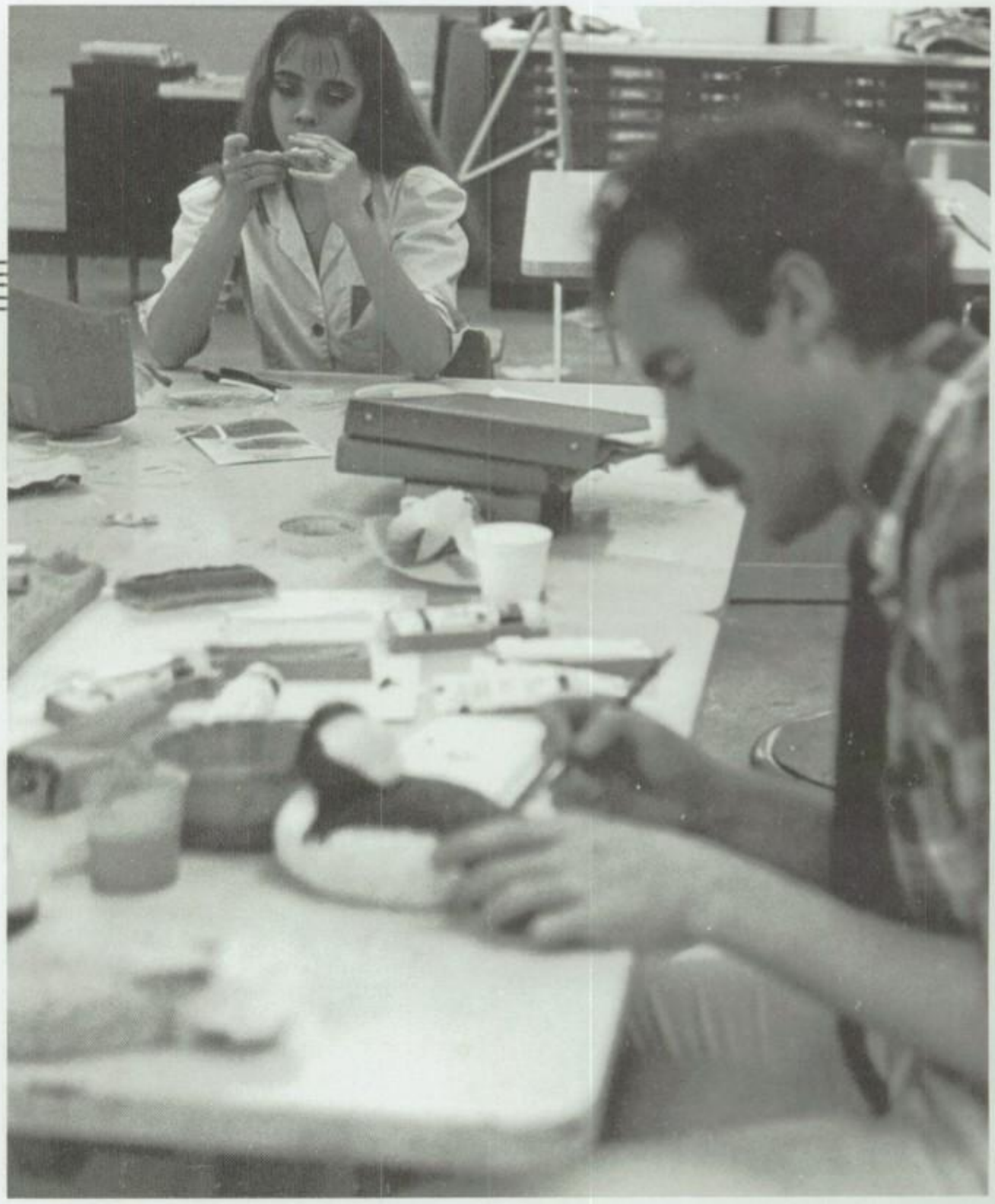
We're speaking of the Art Club
with all their talent and their trade,
to draw out a landscape
or use their charcoal to shade.

They've also seen museums
in hopes of a lucky day,
when the work that they've created
will soon be on display.

We've also got the Math Club
another talent that is great,
to win all their contests
and be the best in the state.

They meet after school
to take the difficult test,
the scores they will get
will then compare to the rest.

Both of these clubs
are right on the track,
to keep the talent in Ralston
all RAM-PACKED!



With cold hands and creative minds a snow fish was formed. Bob Benzel's art students use the area between the art rooms and library to add a little spice to class.

Art class is one of the main forces behind Art Club participants. Creating your own work, and comparing it to the work of the places the Art Club visits is another good reason.

Exceptional

It may not be New York, but members of the Art Club are having a ball attending the art galleries that are right here in Nebraska.

Not like most clubs, making money for materialistic things, the Art Club raises money to buy knowledge by visiting places such as the Designer Show House of Omaha, the Old Market Gallery Tour and Joslyn Art Museum.

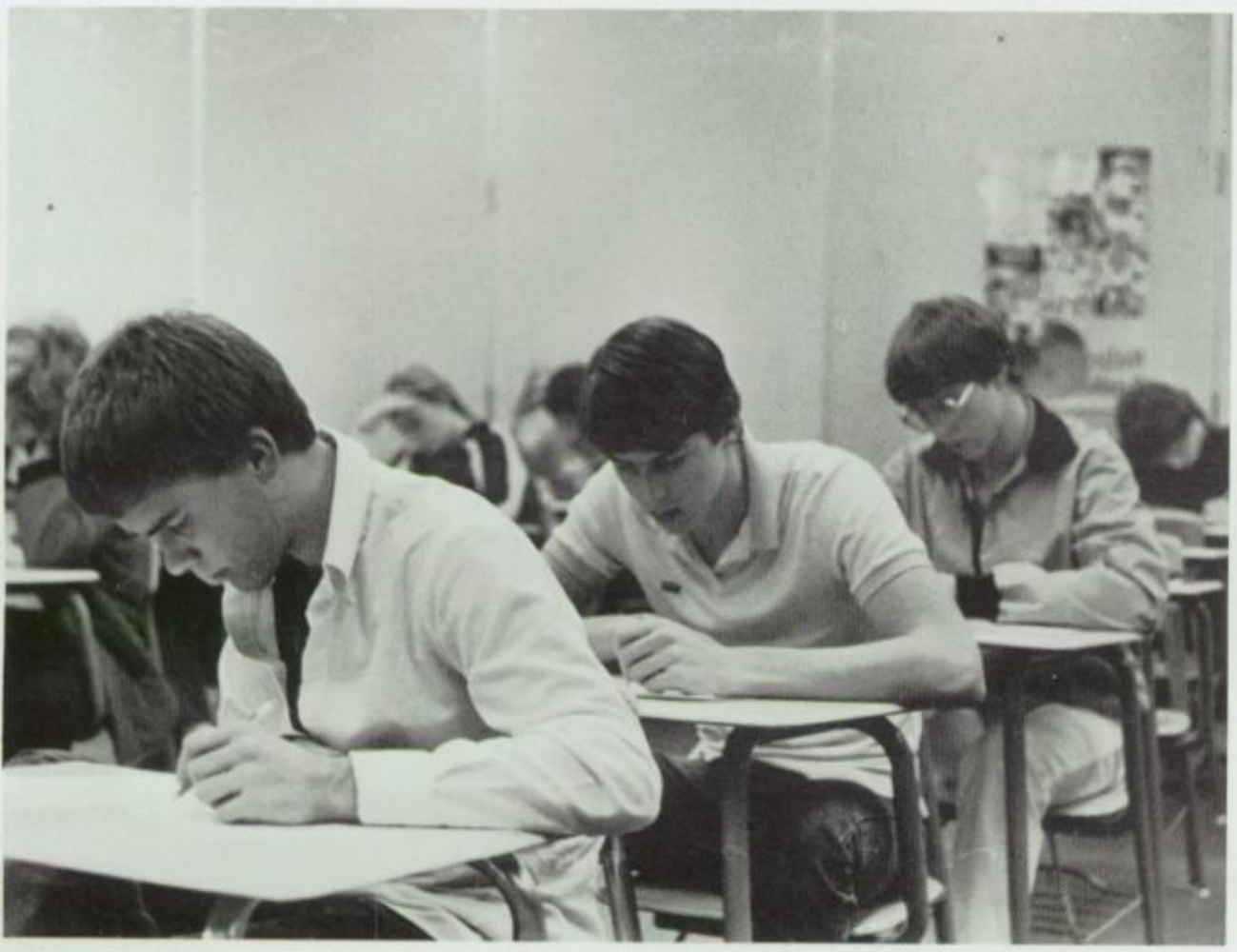
"I've learned a lot of interesting things from Art Club that I normally wouldn't have known," junior, Chris Novak said.

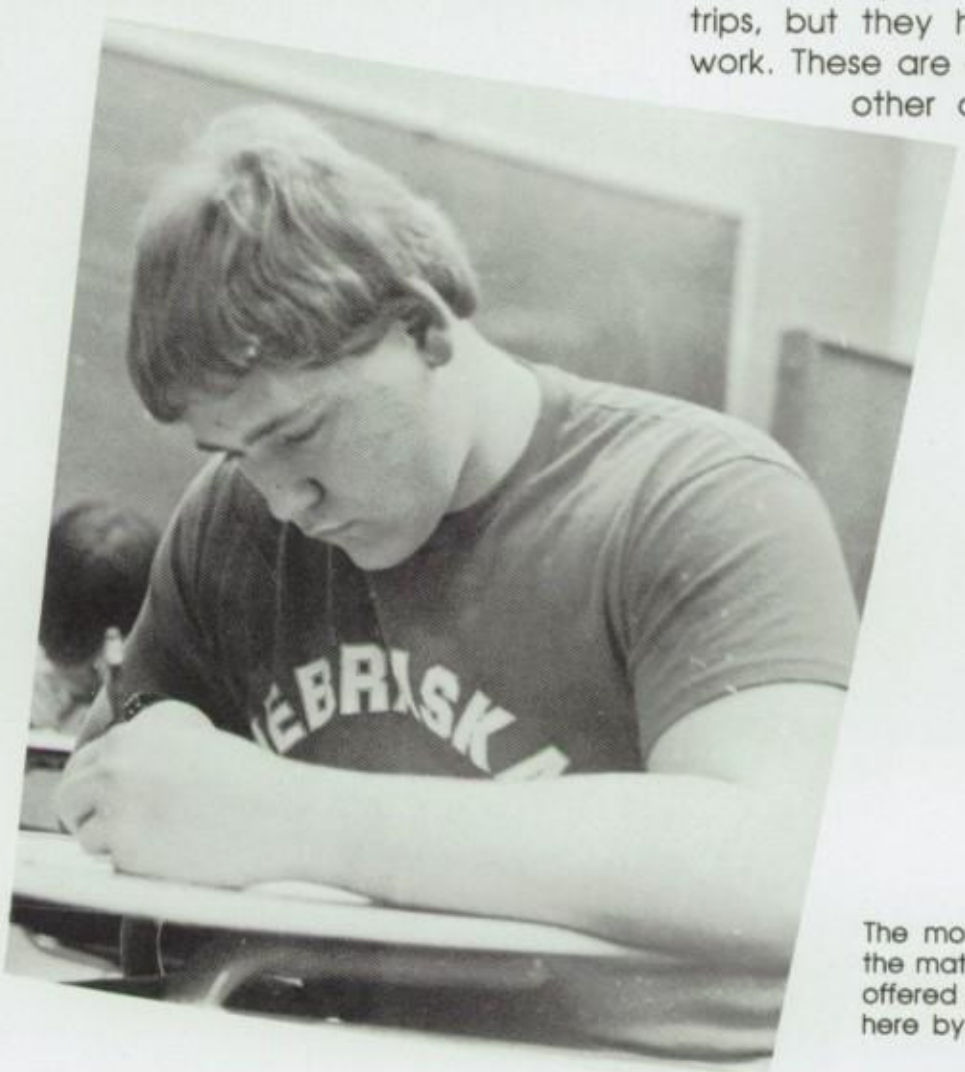
One of the most elaborate trips the Art Club took this year was to Kansas City. Places they toured included the Club Plaza, Kansas City Art Institute and West Mont Farms Market.

Primitive plans have been discussed concerning the art club taking a trip to New York. This will most likely take place in the 84-85 school year after extensive fund-raising ideas have been maneuvered.

To raise money for this creative club they needed a creative idea. It was accomplished with the idea of photo buttons. Anyone could bring in a favorite photo to be made into a button for only a dollar. This added a large portion to the saving fund.

Not only does the Art Club take trips, but they have shows of their work. These are often displayed with other art classes' work at the Ralston Library and the high school. Anyone can come and admire the work this exceptional group has to offer. Classes aren't the only way of attaining knowledge in Ralston!





TOP - Lettering isn't for sports only, a top 10 score three times gets you one in Math Club. Although no one is hurt, the art class makes body casts out of plaster of Paris.

The most popular time to take the math test of the three times offered was after school as done here by Mark Hagedorn.

Responsible

Every year you hear about it, and every year you read about it. It comes after B, before W and it is the fourth letter of the alphabet. What is it? CVE of course!

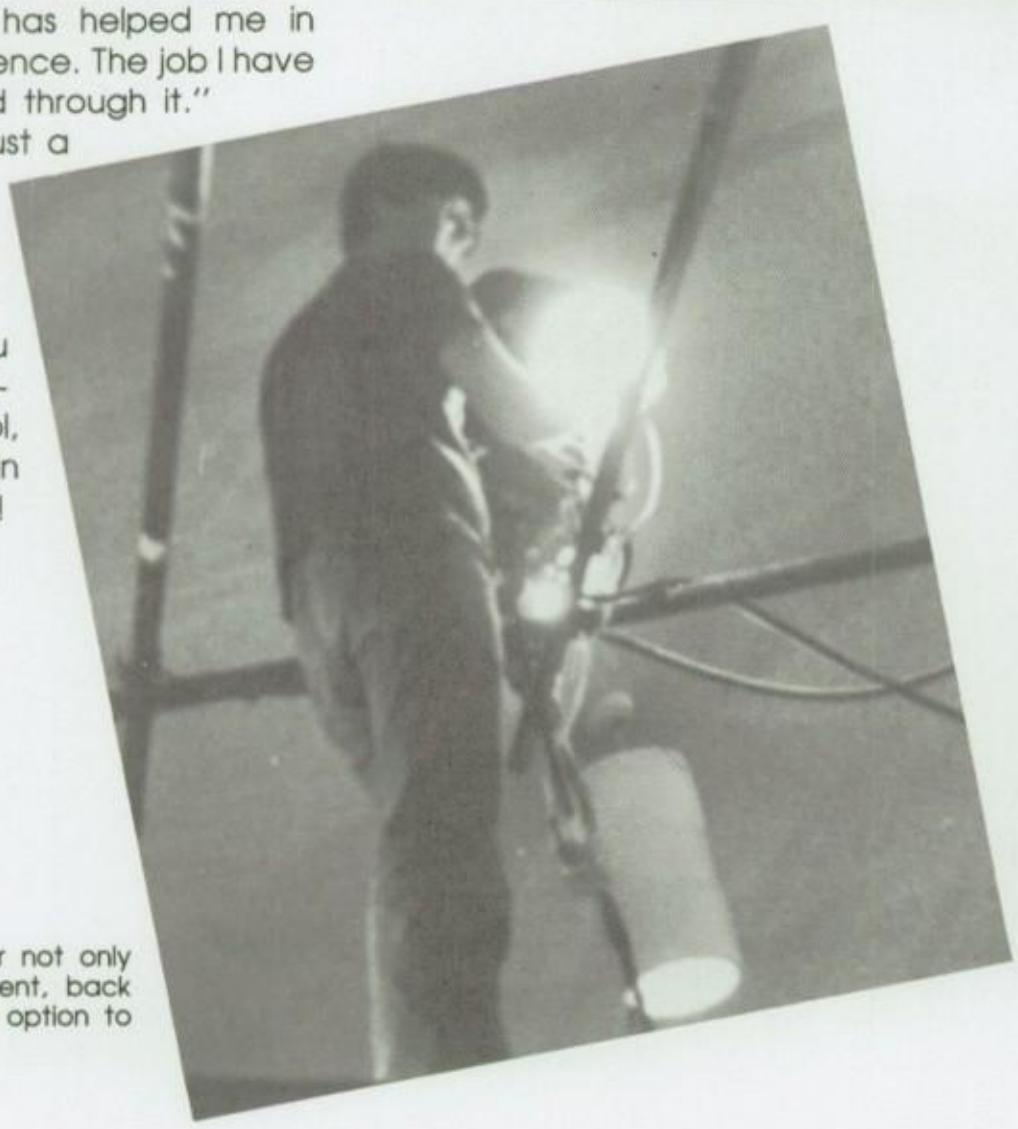
I'm not going to tell you in long, drawn out sentences what it is, because every yearbook from here to Singapore has already done that. I'm going to do something else. Let's see if it works.

How many times have you had to take a study hall because there just wasn't another class that interested you? When you're sitting in that extremely, stimulating, study hall, you can't even think about a fun weekend ahead because, as usual, you have no money from the lack of a job. Have I got the answer for you!

There's a class called Advanced Office Occupations, another called Advanced Marketing, and lastly one for Advanced Health Occupations. What about them? They are the three classes that offer the chance to be in CVE. So if getting a job isn't as easy for you as you'd like it to be, join this club. Although this club is offered only to those that are at the advanced level, it gives you something to work for.

According to Senior Brenda Skomedal, "CVE has helped me in getting job experience. The job I have now was attained through it."

Well, CVE is just a club, but it's a learning club. It is an experience club. It is a club that can help you when you graduate from school, and even now! It, in one word, is CVE!



To be an ITS member not only plays are a requirement, back stage help is also an option to getting accepted.

TOP - One of the classes required to take to be in CVE is Advanced Office Occupations. Jobs weren't easily obtained, but with the help of CVE, the money started rolling in.

Typing skills are one of the things learned if an occupation class is taken.

Can I help you? is asked quite a lot by Lisa Distefano from working at the Fashion Find.

If you don't know what CVE is
that's what this poem is for,
to explain why the people that belong
work in all different kinds of stores.

It's called a co-op work study program
and all you have to do to pass,
is sign up for an experience course
the Applied Office Training Class.

Then all the employers are asked to come
to a banquet in which to show,
the gratitude of CVE
for letting the students grow.

ITS another club
that takes a special set,
to act in front of an audience
with parts you won't forget.

It takes a lot, to be as good
as the public will expect,
by practicing both day and night
in order to perfect.

CVE and ITS
are initials that have tact,
they are both, one step above
in groups that are RAM-PACKED!

Dedication was the word to describe ITS member, Bridget Gabriel's decision to get her hair cut for the play "Peter Pan." This made the part of Peter Pan more believable.

Learning typing skills was helpful to office workers such as secretaries, a popular job with teens. Sales clerks, sack boys and warehouse help was also liked.

All together

Drill team, French Club, FBLA, NHS, ski club and the list goes on. Any club that you wanted to join was open to you in the school year of '83-84.

Approximately 26 clubs were offered for students to experience and enjoy. By a survey taken soon after school resumed, here's what you had to say about them.

The club elected most popular by a 63 percent vote was the ski club. Others in the running were FBLA and foreign language clubs.

Friends and fun were great influences for the drawing in of members this year.

Clubs were not the only activities involving students. The most common reason for not joining clubs, claiming 50 percent of the vote, was the lack of time. Running in second was the lack of money for uniforms and equipment.

"With school work and a job every night it's hard to have time for extra-curricular activities," said senior Cindy McLaughlin.

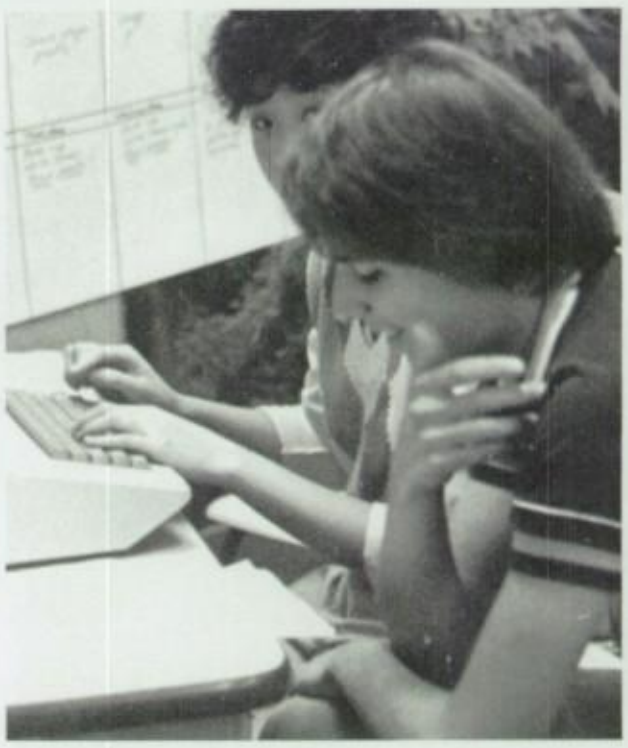
By use of the announcements and your friends' mouths two-thirds of you believed that there was enough advertising for the clubs' events. Posters were also a helpful conveyor of information.

The majority of you thought that there were enough activities to keep you interested throughout the year.

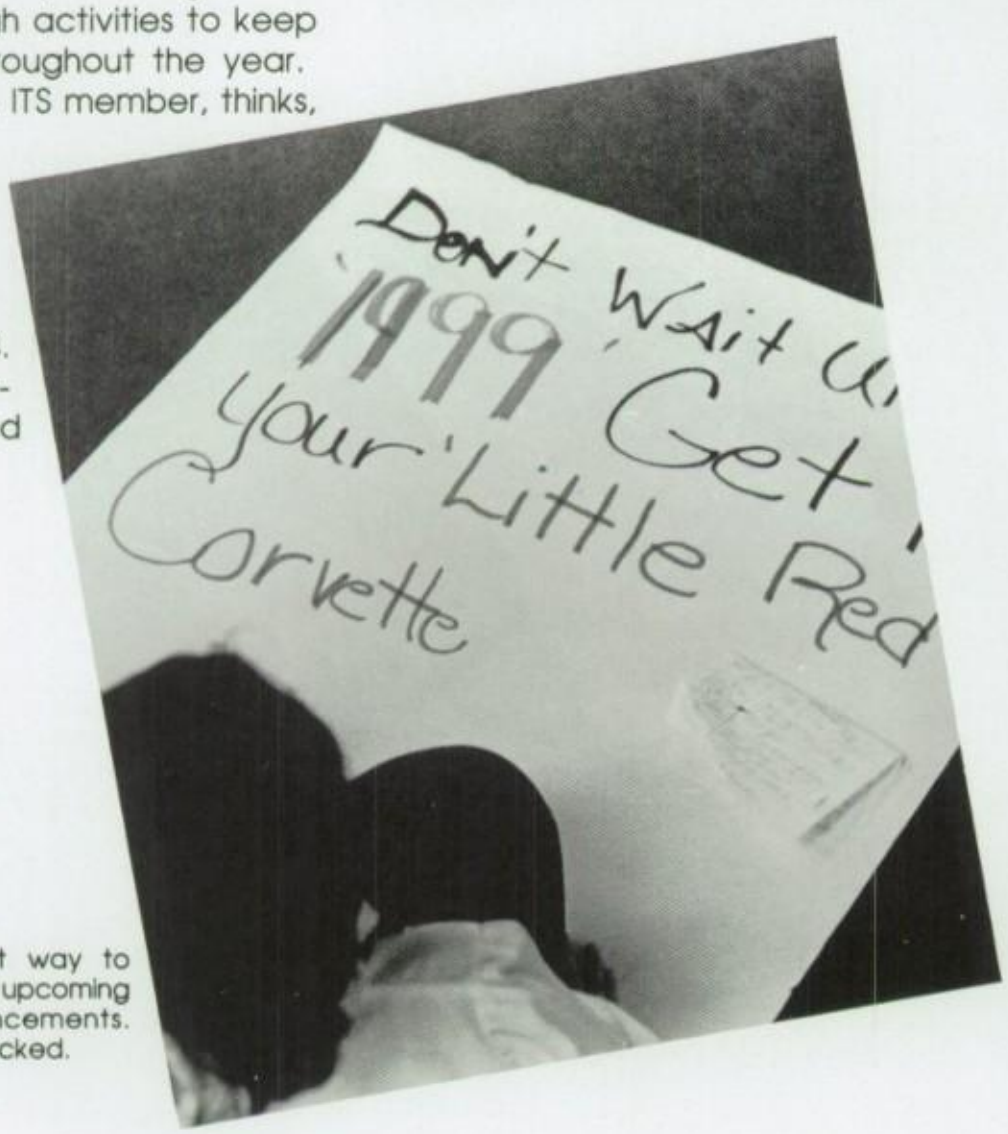
Matt Thacher, ITS member, thinks, "When there is enough to keep you busy, it's worth joining."

That's the story of '83-84. You were involved, and you thrived on the fun.

Getting the parents involved in the ski club this year was done to keep the problem of drinking down. This meeting was to inform the parents of the rules that would be enforced.



Computers invade yet another class at Ralston. The Rampages staff tests out the Apple 11e for the first time. Each staff member was expected to learn how to use it for convenience.



Posters were a great way to transmit information of upcoming events or announcements. Themes were often picked.

Needed assistance in the library is always there from the student library aides.

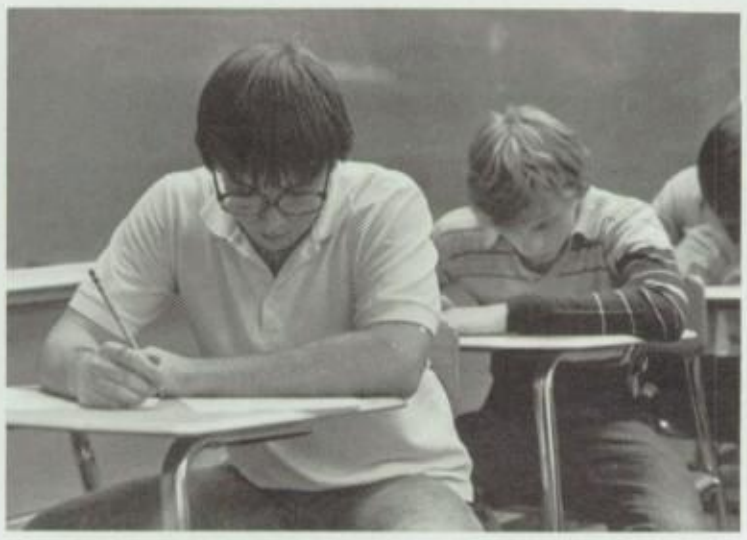
Accompanying the girls' basketball team to state, the drill team keeps the spirit going.

A fashion show for DECA gave Linda Burkhalter and others their first chance to be models.

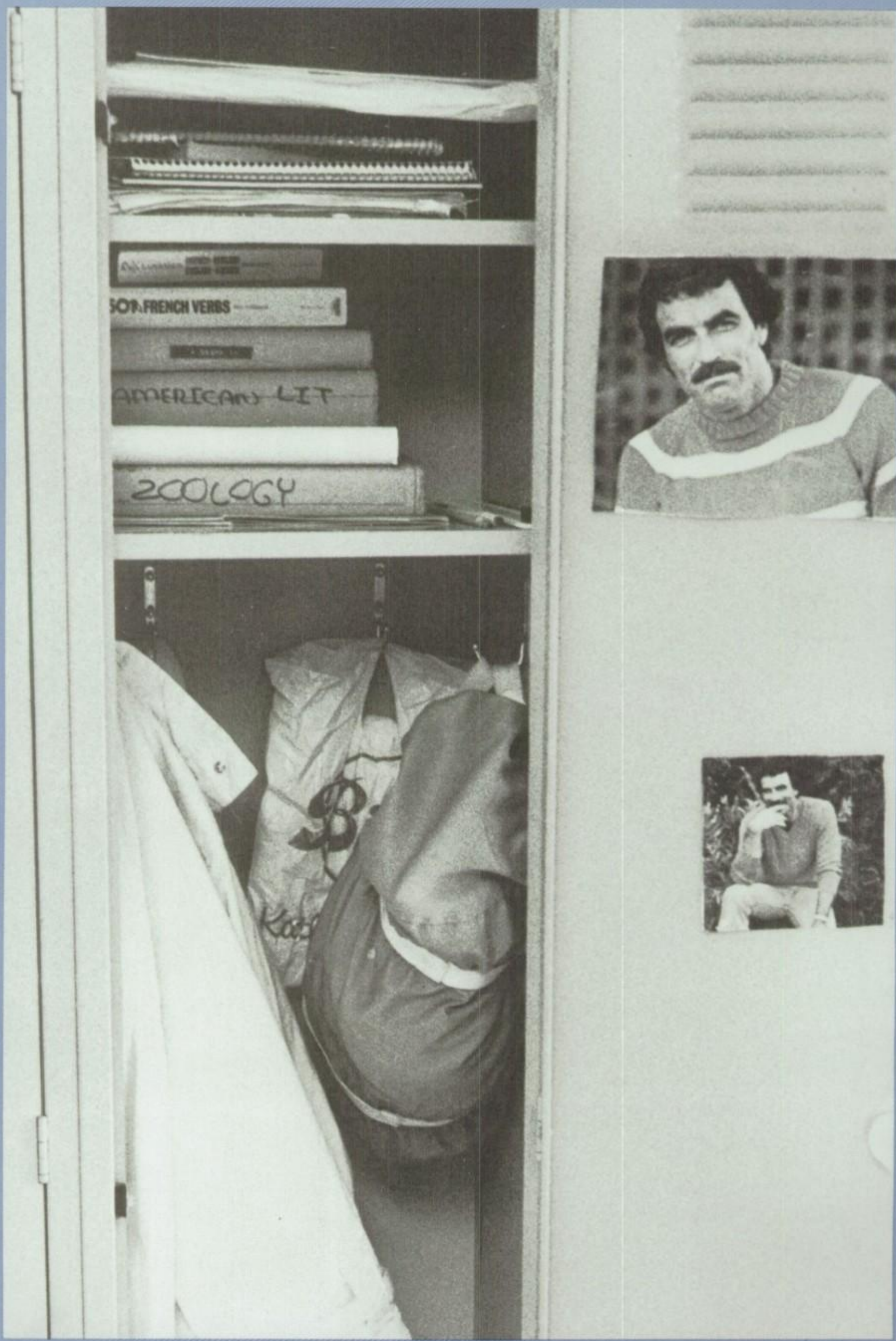
Acting crazy sometimes helps ease the pressure of hard work in an eighth hour debate class.

Smiles and pep made the difference for the girls' basketball team when they went to state.

Student Council is drumming up fun again with their annual event of Homecoming Week. Today everyone wore their hats and glasses.



Ralston is currently 6th in the math score competition against the other 13 school in Nebraska that are participating.



Filled to the top with many books from Zoology to French, it's not hard to see that this student's locker was academically inclined.

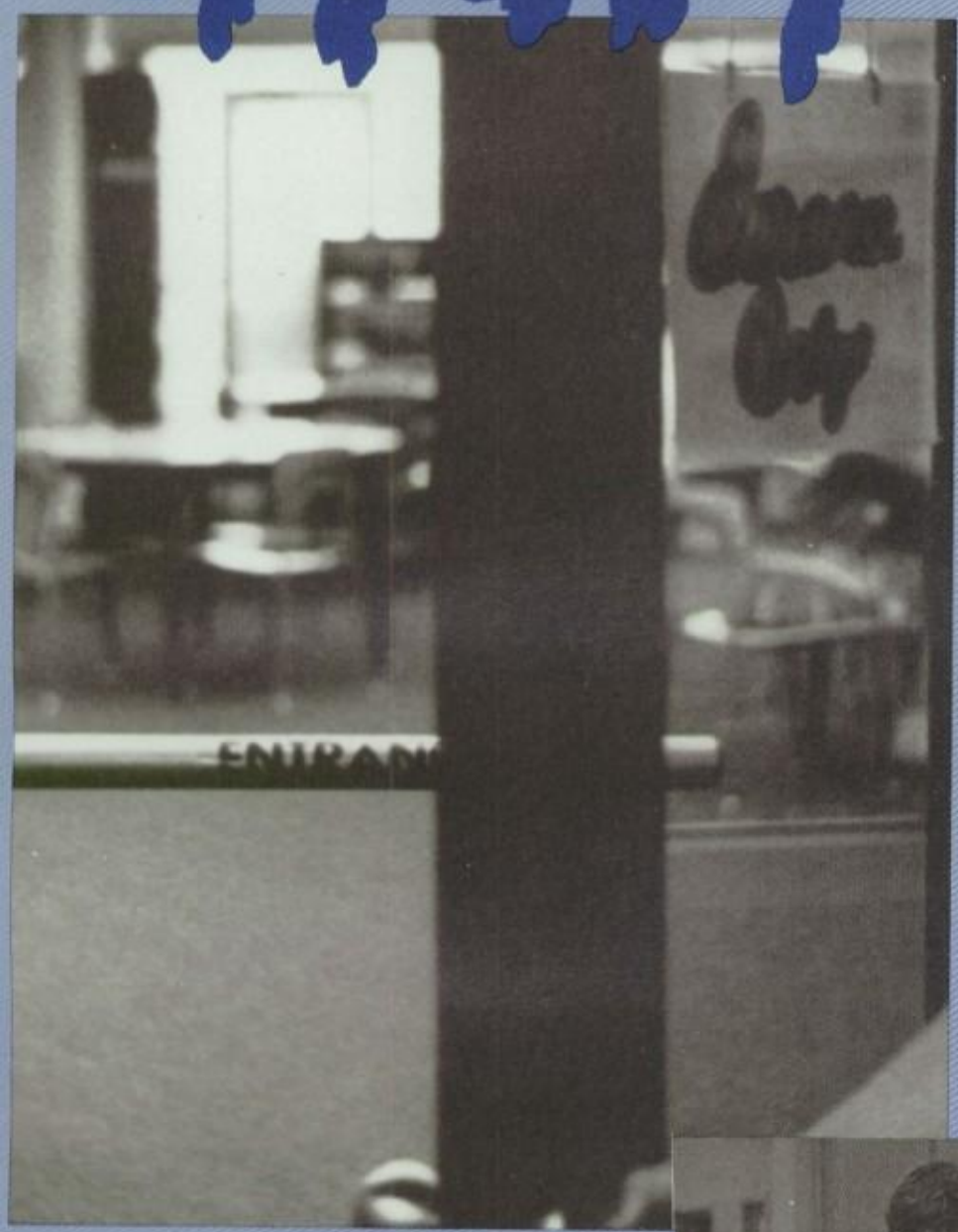
STUDY PACKED

Get it done

"Homework! Homework give me a break!" were the growls of some students, most all, at some time of the year. With computers in classrooms now, students were adapting to the oncoming computer age. Learning was made a little more interesting by having guest speakers in for some journalism classes, or going on field trips as psychology students did.

Getting a break from the five required classes was made possible by a study hall. Students spent the time many ways. Taking study halls could be put to good use by urgently cramming for a Chemistry test for the next hour. Those with nothing to do were found either with their heads no where to be seen, snoring Z's for the next hour, or gabbing and blabbing with their neighbors about the night before.

Hoping to fill all the requirements and get that homework done by midnight, students were "Study Packed" throughout the year.



What lurks behind this door? Students found a change in the library this year as they had a new security system installed.

Precision is the key, as senior Bob Lange helps junior Bryan Schertz work on a project in shop class.

Secretary Millie Evers is all smiles at having this handsome reptile from the Middle School for her new friend.

Have you met the new teachers?

There are many new teachers at Ralston High School this year. The science department received Douglas Otto to teach Physical Science and Biology. Debbie Ziegler is the new Health Occupations teacher. Taking the places of coaches John Osborne and Denny Crawford were John Blazek and Tim Mosser. Nancy Rice took over the duties of advising the Rampages and Ram staffs. The new Strings teacher is Kim Evander. It is hoped that the new members to the staff and faculty had a good first year here at Ralston.

Showing his spirit during basketball season is basketball coach Tim Mosser.

Checking her plans for class that day is Health Occupations teacher Debbie Zeigler.

Sophomores Jim Brewer and Jay Barber learn to use cameras in photography with Nancy Rice.

Asking questions of his sixth hour freshman biology class is Doug Otto.

Conducting class during orchestra is strings teacher Kim Evander.

Accepting a dare from first hour health class to do makeup in five minutes is coach John Blazek.

Talking to the Consumer Skills class about getting a job is counselor Lorna Wierda.

Senior Kendra Kubat studies for class while spending 45 minutes in study hall.

Studying hard and trying to get all his homework finished is junior Troy Degmetich.

It isn't always possible to have something to do finds sophomore Tammy Carnes.

Why have study hall?

Most students have at least one study hall a day, but why? Some would say because there wasn't anything else to take, but how could there be with so many electives to choose from?

Most students don't even do homework in study hall. They would probably tell you they write notes to friends or just space off.

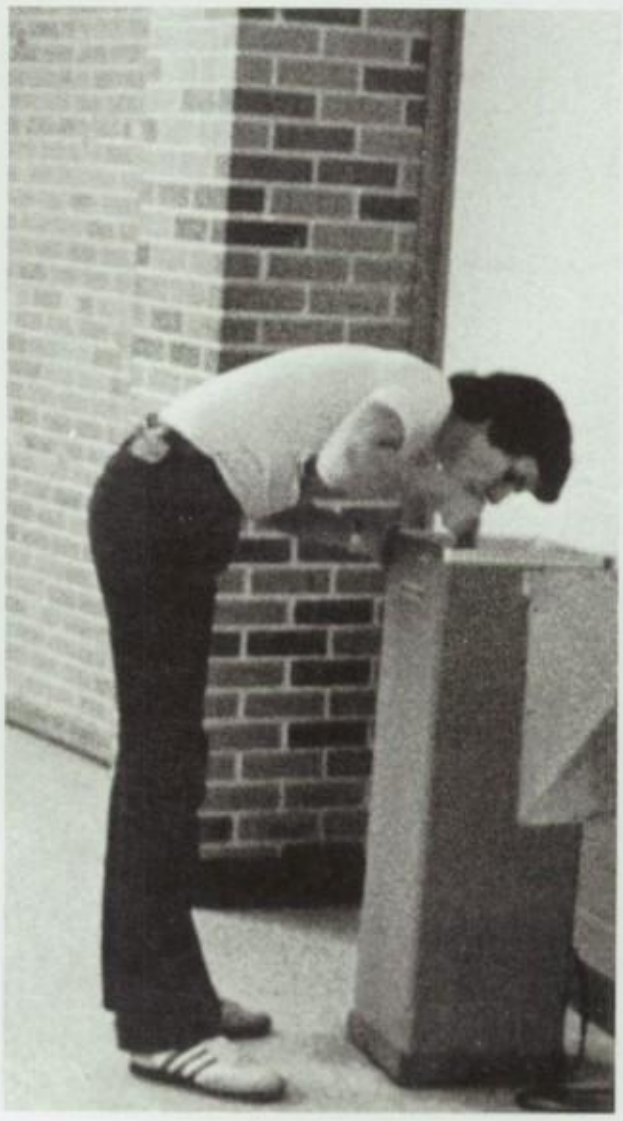
Why is that? As junior Cindy Dueling put it, "The cafeteria isn't the best setting to study in. I think it would be better if there were individual classrooms with study halls in them."

Shawn McGuire senior said, "When you're in such a big room with so many people you just automatically look around to see what everyone else is doing."

The reason some of these students said they took a study hall was to just get a break from classes or to relax.

Before taking a study hall next year look into electives offered and see if there isn't something fun that will also benefit you instead.

Getting help and talking with social studies teacher Neal McDonald is senior Lynne Retzlaff.



Taking a break from studying to get a drink is sophomore Mark Wheeler during study hall.

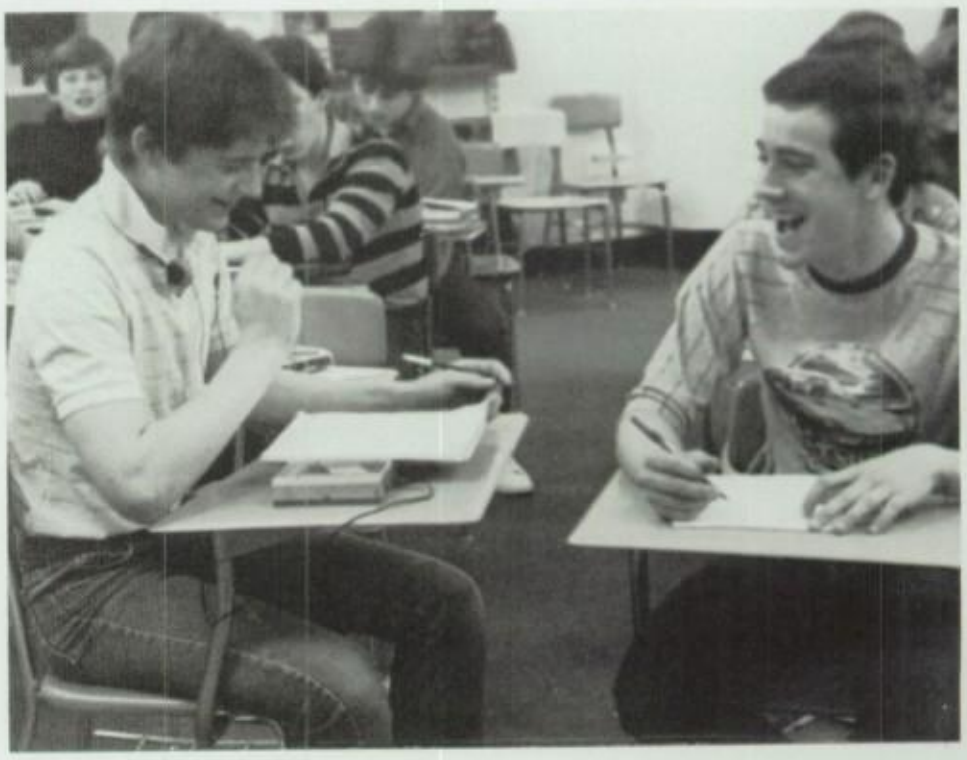
Looking forward to France '84

Why even bother taking a foreign language? That's a question many students ask themselves each year.

According to Jan Lund, French teacher, "The benefits of taking foreign language in high school are quite rewarding." Besides offering the usual classes each language has its own club. The clubs all participate in fund-raising projects throughout the year. The senior members then use their share of the profits for a trip to the club's respective country.

For instance, the French Club is planning its first trip to France instead of its usual vacationing spot of Canada. "The trip to Canada has always been fun, but I feel that going to France will be even more so," commented Lund. The reason for the change in where they will travel is due to the dropping of the prices for such a trip. The cost has gone from around $1,800 to $1,000 leaving from Chicago. To get to their departing point the members must also pay $200 round trip. They will also need about $150 to $200 in spending money. The club knew that they would be going at the December parent meeting. Because of the cost and having to make all the arrangements in advance, the parents had to pay the $1,000 fee early in the year. If everything goes well this year and the trip is a success going to France will be just one more thing for the future French Clubs to look forward to.

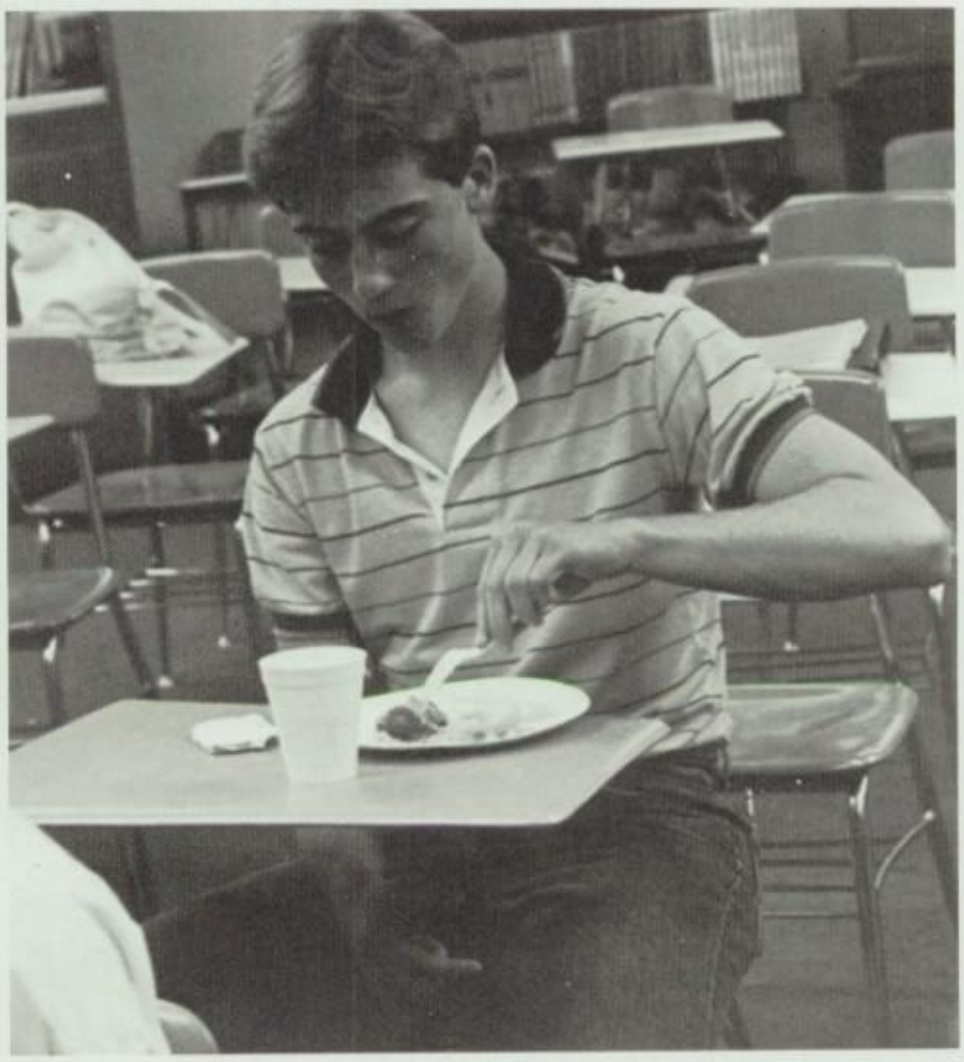
Preparing crepes during Foreign Language Week is junior Paula Frisch French 4 student.



Studying their Spanish and having fun also are junior Scott French and frosh Tom Hearty.

Performing a skit at the language fair are juniors Angie Amenta and Paula Frisch.

Enjoying the meal he helped prepare in German is sophomore Darren Swett.



Carol Cole, Jill Rayer, Chris VanFleet and Stephanie Jensen finish their Spanish.

Sophomores Bill Skinner and Dave Carlson prepare a treat in German.

Computer Whiz Kids

Computer technology has swept over America these last few years.

Ralston High School has close to 30 computers, the Apple II+ and the Apple IIe. The computer room, located in the botanical garden pod, is where you will find these various computers.

A few of Ralston's students, Bob Hyde, Patrick Shanahan, Greg Cozad and Dan Jaeger, just to mention a few, have excelled in their computer knowledge.

Hyde, a senior, has a small but nice supply of computer disks. These disks are where he stores games, utilities for the computer and other programs. Hyde has no real goals working with computers, he said, "I just like to have a good time."

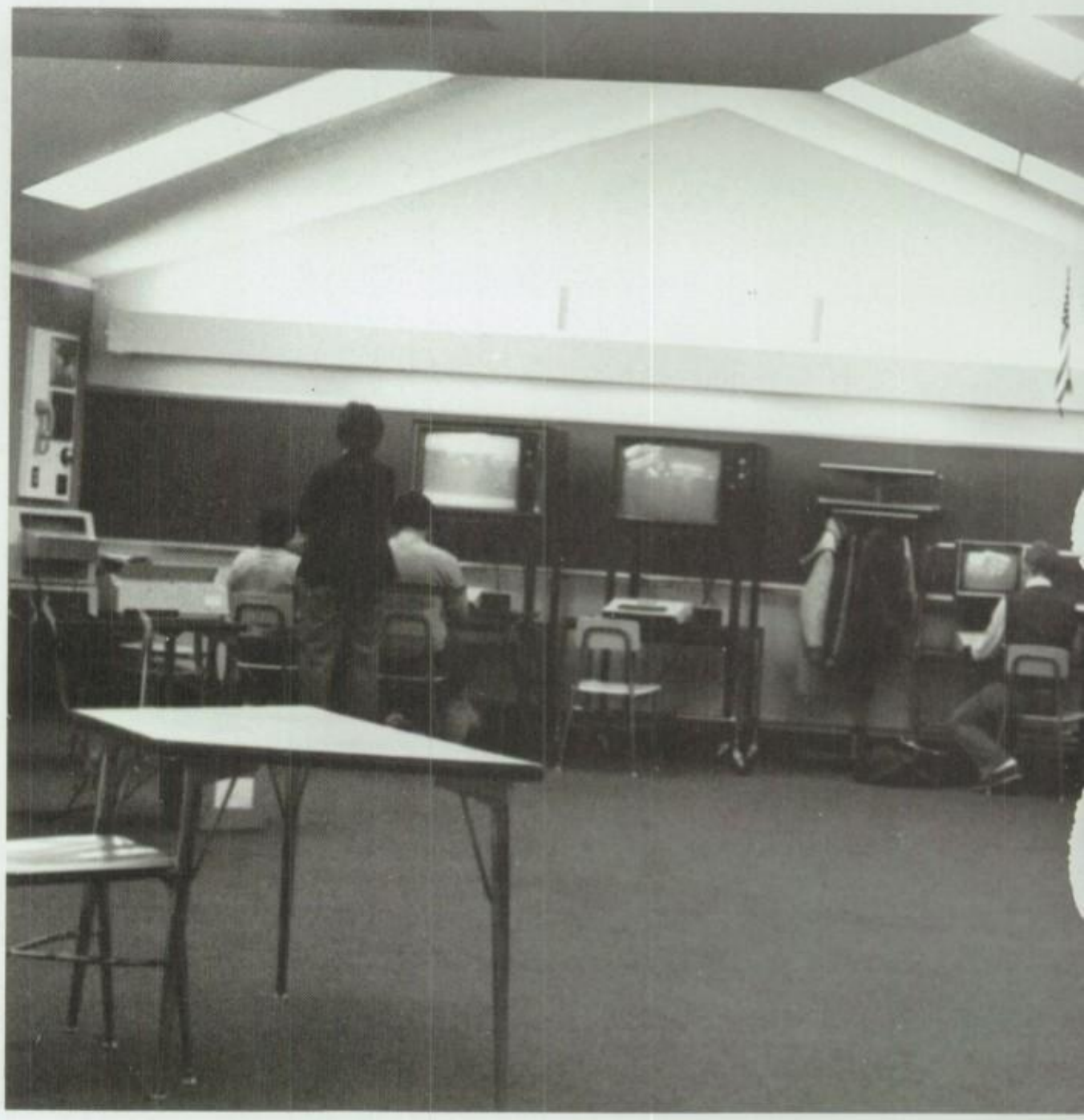
Shanahan, ' a senior also, has been working with computers for a number of years. One of his goals is to create an unbiased computer program in judging court cases.

Senior, Jaeger, started working on computers when he was at the Ralston Middle School and has continued with his knowledge all the way into his senior year. He knows three different computer languages, Cobal, Pascal and Basic. Jaeger has a large library of disks that he has been collecting for the past five years he has been using computers.

Cozad, a senior, makes different types of games for the computer that he never finishes. His excuse is that he finds something new to work on and puts off his original program.

Computers are a rewarding invention to work with because they are fun and you can do your own thing with them.

Bob Hyde, senior, whizzes through a program while senior, Richard Sheldon, observes.

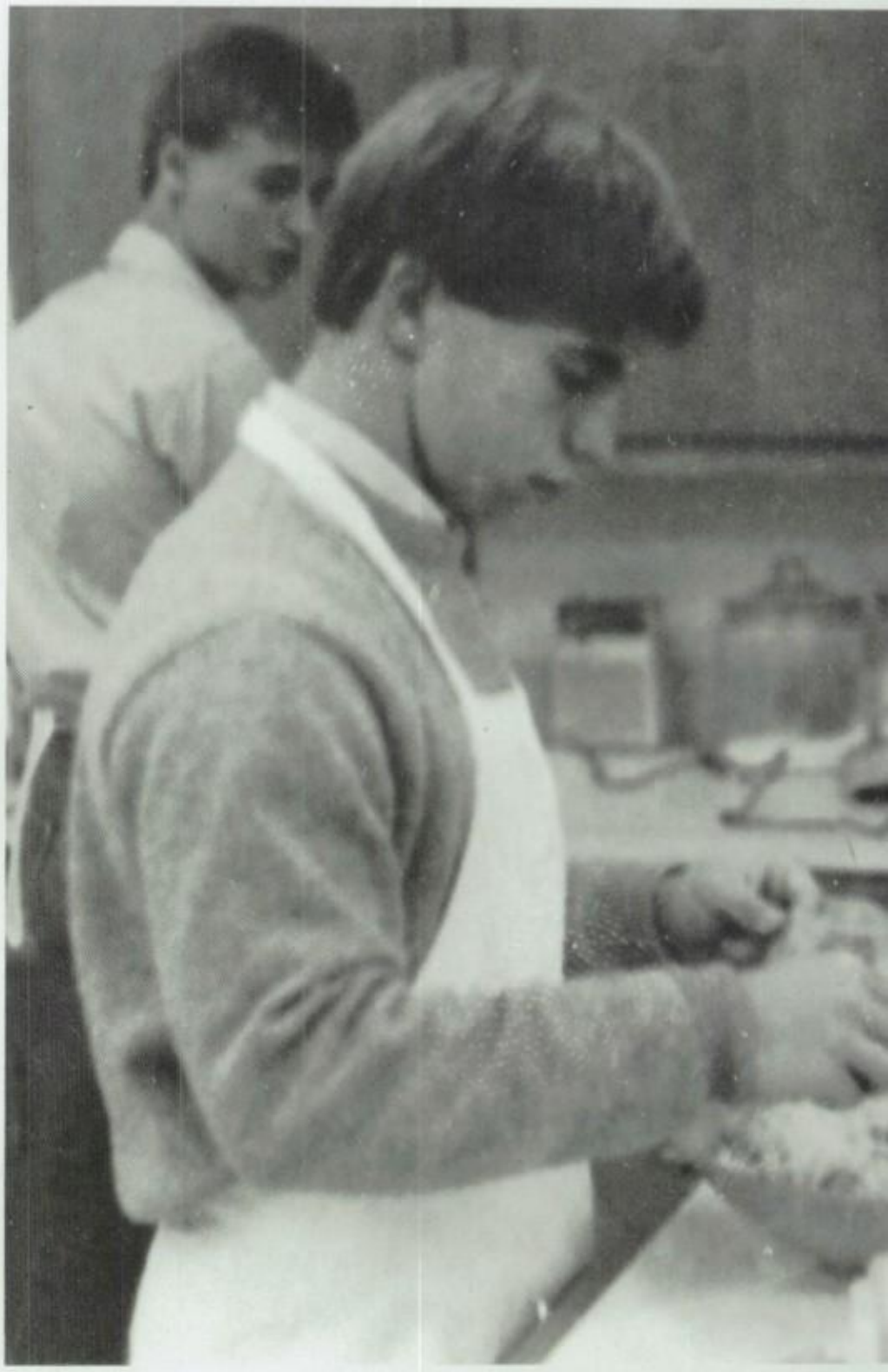


Computers, the inventions of the future, are the inventions of today.

"I just like to have a good time," commented Bob Hyde, senior, about computers.

"Whiz kid" Patrick Shanahan, senior, critically studies his work on a computer.

Loading data into the computers are the computer math students.



The requirements have changed

A question raised the most by the students at RHS is, "why do we need 16 credits of PE and only 10 or 15 credits of some academic courses?"

Changing the requirements has been an issue for awhile now and the board has now come out with an edition of the possible changes.

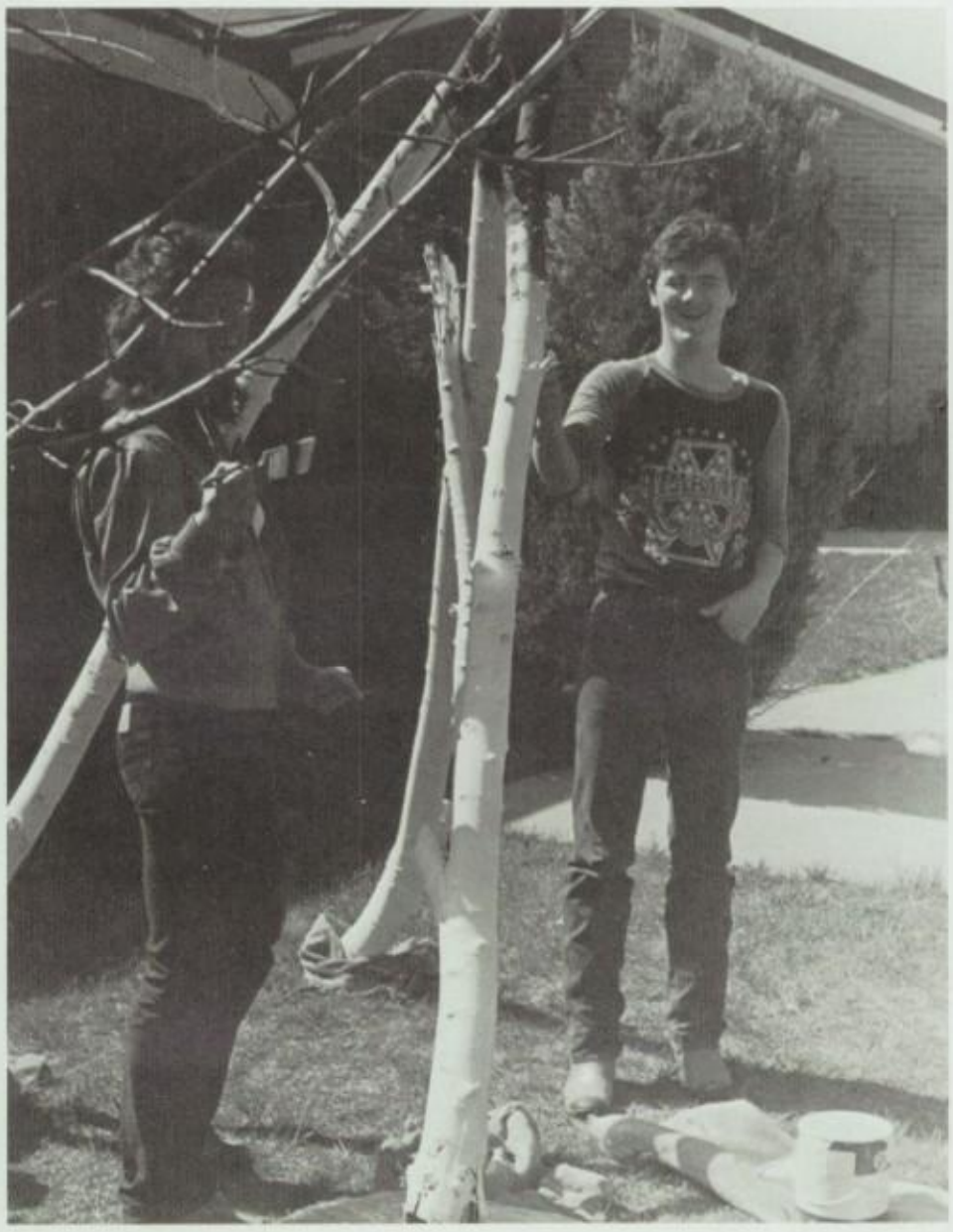
The 200 credits needed for graduation will not be changed, but the classes needed to attain the credits might.

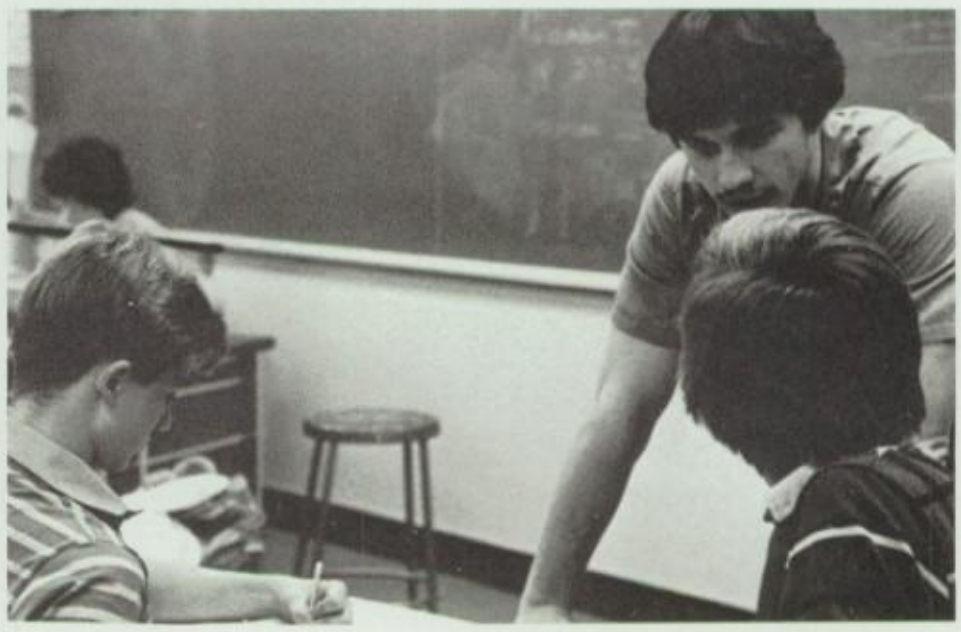
Some of the proposed changes, for example, would be upping the English credits needed from 30 to 35 thus every student must take a minimum of 5 credits (one semester) of composition and pass English 1 and 2. The possibility of changing the way to obtain Personal Communication credits by offering other classes than just the standard Per Com courses was considered. The possible courses could be Debate or Public Speaking. The Fine Arts 10 credits needed would remain the same except that these credits could not be obtained by taking a Foreign Language.

Other course changes would occur in the science department switching from 15 credits to 20 credits. A student could avoid having to take Consumer Education if he/she could pass a consumer ed competency test and would still receive the 5 credits. The proposed changes started with a series of meetings with the high school department chairpersons, the school administration and the assistant superintendent of curriculum. They began this project in February of 83 and proposed the recommendation in early May 83.

Preparing a salad to eat during his foods class is senior John Chadwell.

It's a teepee! Helping in the construction are senior Shannon Manning and Junior Mark Lyman.





Discussing his assignments with his friends during class is sophomore Bill Skinner.

Trying to get the correct time for his debate speech is senior Bob Bally.

Going on a trip

Going on a field trip wasn't as common in high school as it was in grade school. If you were lucky enough to get into the right class though you might have been released from school for a few hours or all day.

The psychology/sociology classes went to such places as Wesleyan's Psychology Fair, Meadows Elementary to study child behavior, and Glenwood State Hospital.

Foreign language classes went to the foreign language fair in Lincoln. They also went out to eat lunch at their respective restaurants here in Omaha.

The outdoor education classes went to dam site 16 for a day of canoeing.

Guest speakers are a bit more common. They range from law officers to local comedians like Pat Hazel, from media personalities such as Z-92 disc jockeys Slats Gannon, Diver Dan Doomey and Otis 12, television news personalities like Dan Grey and Bob Cullinan to morticians and even wine experts to someone teaching outdoor ed classes how to repel down a mountain.

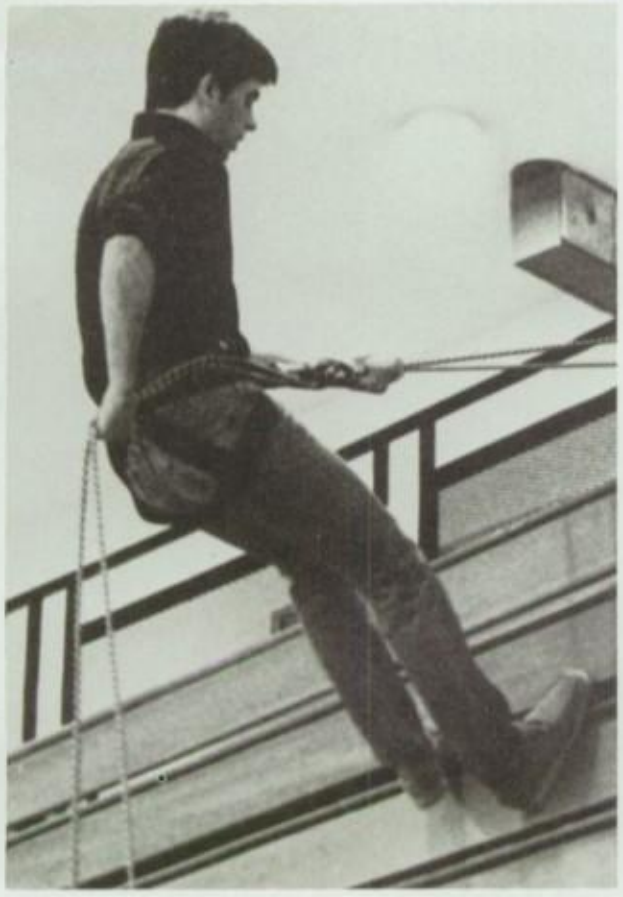
Comedian Pat Hazel jokes with beginning journalism students during an interview.

Z-92 disc jockey Slats Gannon talks with students during Foreign Language Week.

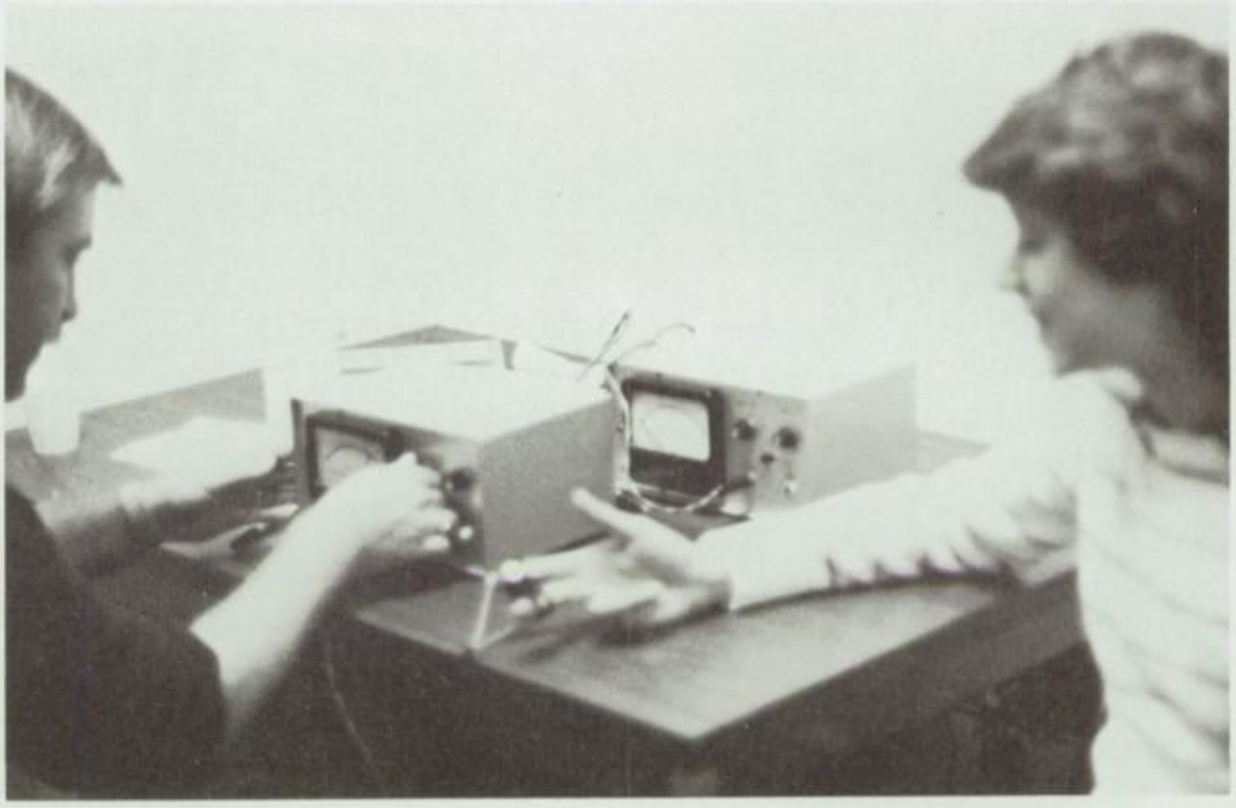
Ken Allen
Kerry Baldwin
Lonnie Bernth
Harold Blatt
Anna Burns
Millie Evers

Linda Froscheiser
Nancy Green
Linda Heedum
Jody Hoy
Rita Keiser
Loraine Krause

Teaching outdoor ed students how to repel is mid-term graduate Shawn McGuire.



Tell a lie? Never! Was the only thing on junior Kendra Meyer's mind at the psychology fair.



Production personnel at Walsworth Publishing Company talk with junior yearbook staffers.

Dirk Linder
Jan Lockmon
John Lonowski
Joanne Nelson
Martha Novak

Cathie Palensky
Rita Perich
Barbara Powers
Beverly Rehmeier

The labs vs. the lecture class

Which do you find easier to learn from, a lecture class or a lab class?

Many students were asked this question and told their feelings.

Some felt that lecture classes such as World History and literature classes where there is mostly note taking and listening are easiest to learn from. While others felt that a lab class where they could actually get up and try the things themselves was easier. The students said that being able to learn from their own mistakes was better than having everything given to them.

These are some of the comments made by students interviewed about the subject.

Junior Julie Helmick- "I find it easier to learn from a lecture class because a lecturer gives all the information right to you."

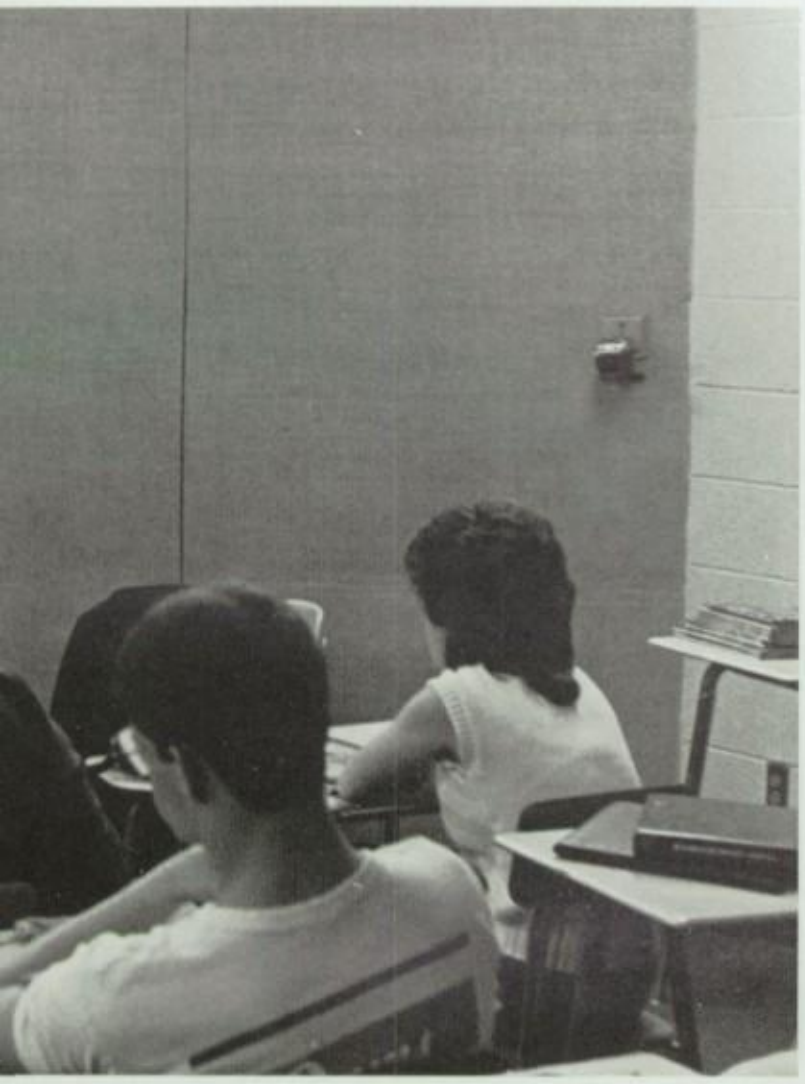
Junior Doug Gibbins- "You learn by trial and error. The hands on experience received from a lab is easier to learn from."

Junior Kim Moore- "I find it easier to learn from a lecture class because you're being told the correct way to do something. In a lab class you are doing everything on your own."

Sophomores Anne Kleinsmith and Stephanie Chamberlain finish up their Personal Communications assignments.

James Reiff
Nancy Rice
Joyce Roeschke
Jan Rowley
Linda Schaeffer
Todd Seastedt
Curt Shockey

Ron Siske
Deloss Smith
Monte Smith
Jack Smits
Wally Sommers
Daryl Stehlik
Daryl Taylor



Talking to Contempory Concepts students about Israel is exchange student Moshe Fishman.

Senior Rhonda Such found that creativity was the key in making a commercial for marketing.

Learning about the medical field is junior Kim Whoeler in Health Occupations.

Charles Tichy
Erik Torring
Earla Trigg
James Wozney
Debbie Ziegler

Faculty not pictured:
Dave Contreras
Pat Culver
Tim Mosser
Doug Otto
Duane Ross
Bill Ruf
Tim Spencer
Gary Waldron
Jim Wolfe

Pondering over how to handle the situation is counselor Harold Blatt.

As always, a Ralston school board member was present at this year's graduation.

Giving the audience her philosophy on teaching is Madeline Hunter.

Elaine Schmeling
Gene Seran
Margaret Siewerdsen
Georgina Thacker
Kathy Thomas
Terry Tridle
Lorna Wierda

Ken Ahl
Pat Allen
Allan Amandus
Mike Barada
Bob Benzel
John Blazek
Cheryl Blue

No shorts allowed in school

Enforcing the rule of not wearing shorts in school is not the only rule the administration tries to enforce.

The administration does not only consist of the principals and their secretaries, but also of the school board members.

These administrators are not always the bad guys they are made out to be. Besides disciplining the students they help them also. Without their approval we would not have all the athletic events and clubs that Ralston High offers its student body. The students would also not have all the little extras that the clubs sponsor such as dances, bake sales and candy sales if the administrators didn't give their permission.

So, all in all, the administration of Ralston High School is more of a good guy than a bad guy.

Taking care of the secretarial work in the counselors' office is Rita Perich.

Pat Cortese
Mike Daniels
Tim Davis
Gary Dubbs
Richard Emsick
Kim Evander
Mike Fantaski

Mark Feldhausen
Robert French
Ann Fulkerson
Ron Gabriel
Keith Gilliland
Michele Greenwood
Virginia Grogan

Getting his head shaved for his part of Daddy Warbucks in "Annie" is John Morrissey.

Instead of writing a screenplay Jan Lund, French teacher, corrects papers during class.

Ruth Hammel
Duane Hemminger
Larry Hill
Rose Hogan
Denton Hoy
Linda Jensen
Mark Johnston

Garry Jurgens
Dale Kinney
Larry Koenig
Charleen Kremke
Eleanor Kuhlmann
Jan Lund
Neal McDonald

Write a screenplay, shave your head

Writing a screenplay or a computer program isn't something that everyone does, it takes time and a lot of patience. Jan Lund, French teacher, finds the time and the patience to do this. She has written scripts for such television shows as "Bob Newhart," "Family" and a treatment, not complete script, for "Little House on the Prairie." At the moment she is writing a movie for television that she is optimistic will sell.

Lund is also working on a computer program based on the lecture portion of her French regional cooking unit taught to third year students. She is working through an agent to sell the program and has had to rewrite it 15 times because changes were necessary. According to Lund the revision process is a long one, but if you want to sell you just have to keep at it. Unless you're willing to take the criticism and advice you have to expect much more rejection. She is adamant about selling the program so she is willing to do all the changes necessary. It may take a while but she is going to keep writing until she gets a winner.

Showing his 8th hour English class and the reporters the latest in hairdos is John Morrissey.

Jim McGrath
Dan Meyer
Linda Moore
John Morrissey
Tim Mosser
Tom Mruz
William Novak

Lynn Osterholm
John Parkhurst
Ken Peterson
Reno Pfeil
Kathy Piller
Joe Pinkall
Dwaine Price

Orchestra . . . just stringin' along

Violins, violas and cellos; all a part of an orchestra. Many people seem to have a negative opinion about orchestra when actually, there is nothing wrong with playing a stringed instrument. Playing one doesn't mean practicing for eight hours a day or memorizing all of the music which, by the way, is not all classical.

In 1983-84, the Ralston High School Orchestra consisted of 11 freshmen, four sophomores and two seniors. Kim Evander, the conductor, took the place of Bonnie Murray. The orchestra plays approximately four concerts a year. These include a Christmas, spring and fall concert. Sometimes they hold an end of the year concert or an orchestra-choir concert.

In 1983, plans were made to add band members to the orchestra. These plans were never carried out because of lack of interest.

Ellen Williams, senior, when asked to give her thoughts on orchestra replied, "I decided to play the cello when my dad told me he wanted me to play the piano. Out of all the instruments, I picked the cello because I thought the violin was a squeaky and sissy instrument."

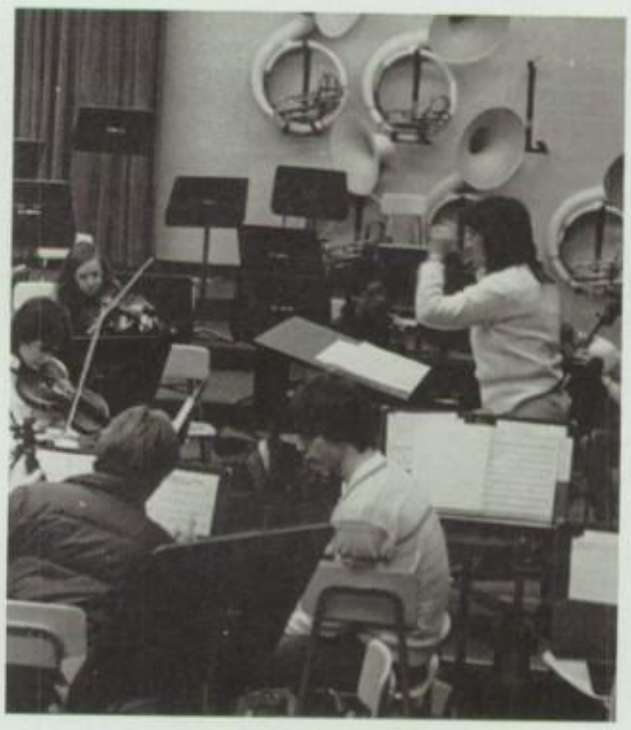
Williams finished by saying, "When I get older and have a child, I want him to play the cello because I feel it is important to be musically talented. I will not force him though. I wasn't forced. I play the cello because I enjoy it."

Senior Ellen Williams and freshman April Gorman string their way through class.

Listening to some backup help from instructor Kim Evander are senior Diane Hager and freshman Frank Dwornicki.

Giving their full attention to music are freshmen Jeanne Johnson and Anna Tkalec.

Practice, practice and more practice is on the minds of senior Diane Hager and freshman Frank Dwornicki.

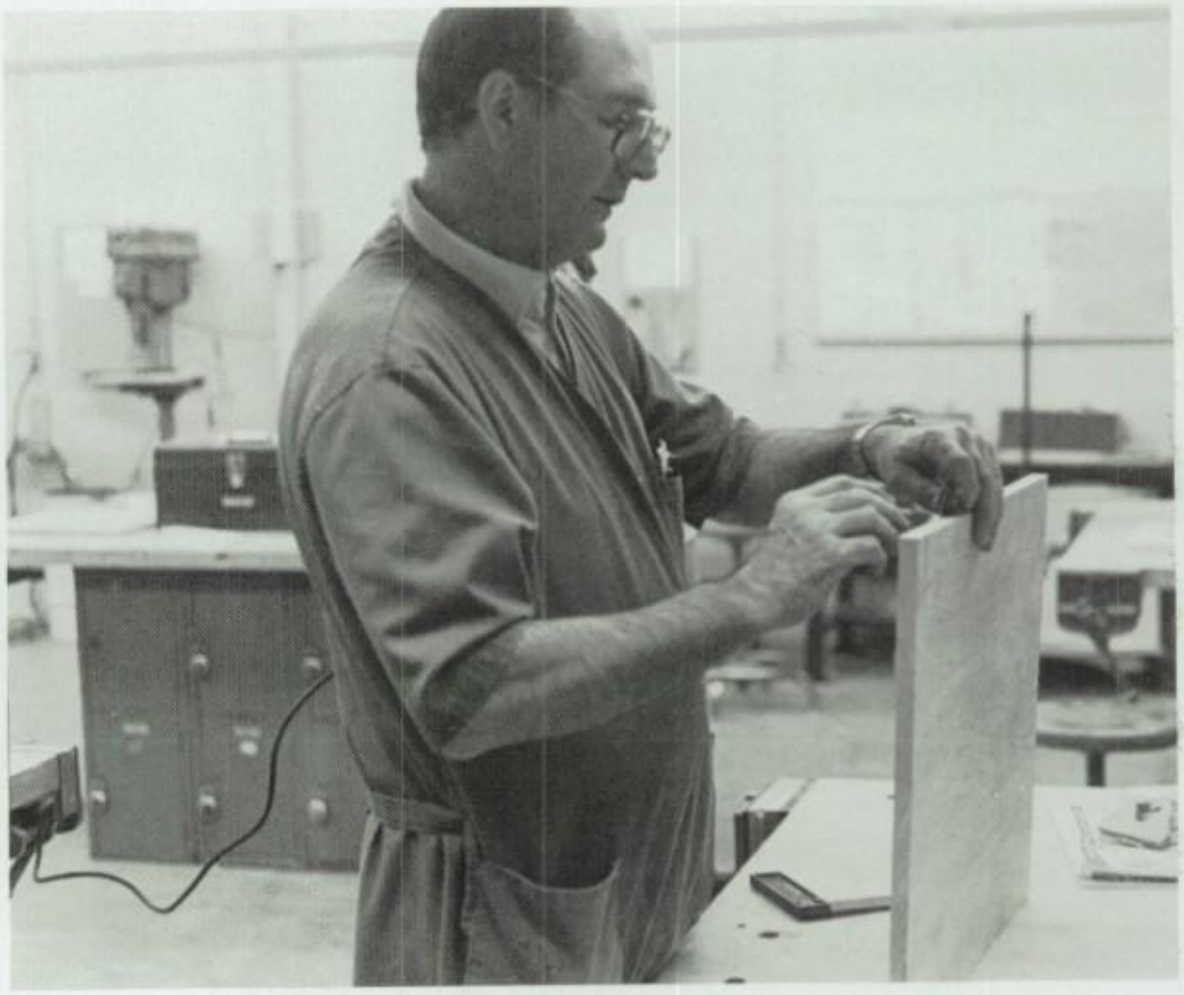


Practice makes perfect ... and also good concerts.

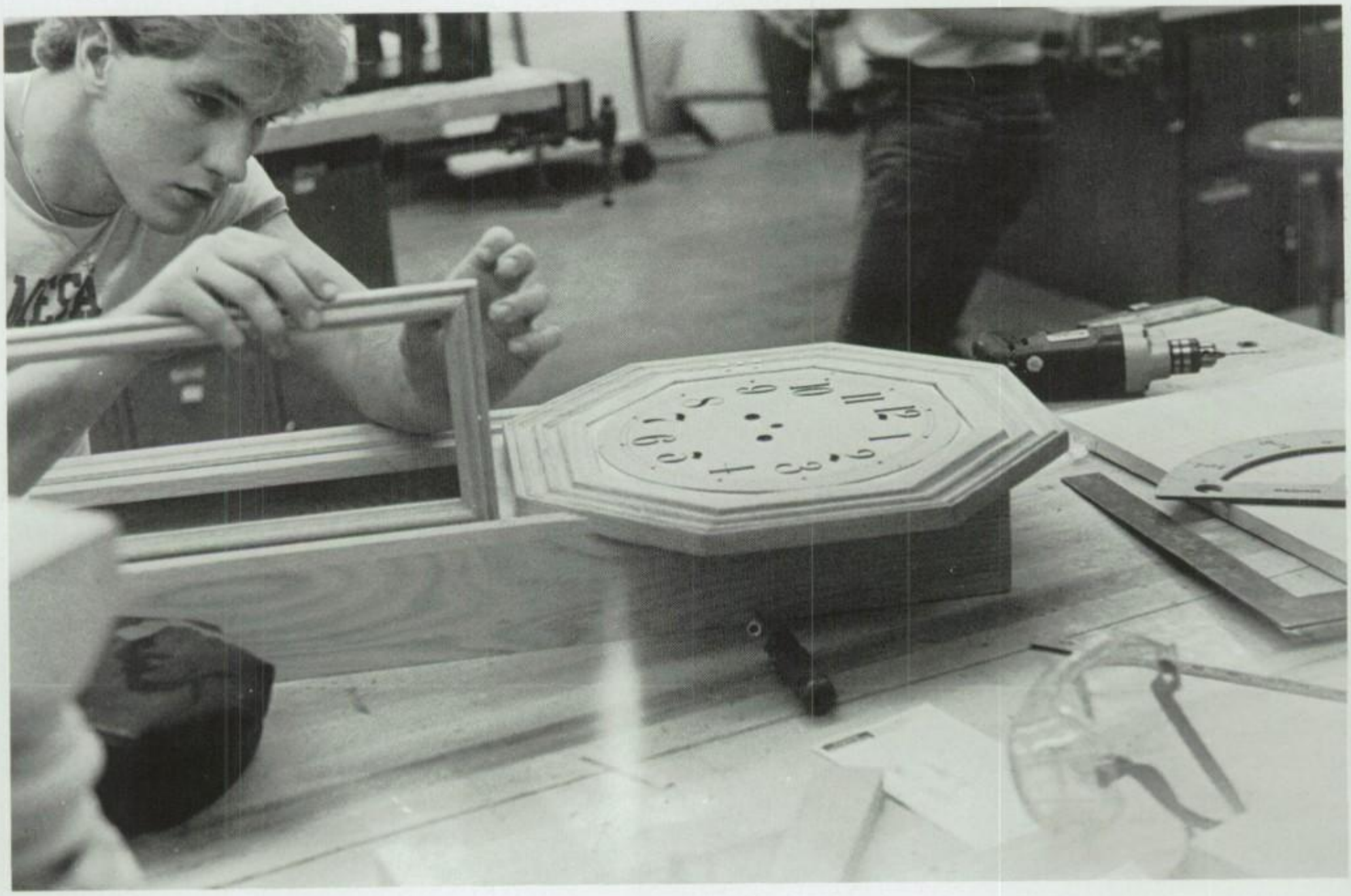
A view of what goes on behind the stands.

Giving his wood a flat edge using a uniplane is freshman Tom Sandow.

Trying to get the wood the correct size is shop teacher Reno Pfeil.



It takes time and patience, as senior Dave Iitzsch finds out when constructing his clock.



Attempting to make the piece fit by using a drill is sophomore Rich Keearns.

This stand is just an example of one of the projects the students can make in woodworking.

Just a chip off the old block

Woodworking is an elective class that allows people to make about anything one could imagine. Gun chests, dart boards, even cases for clocks, have been taken home by Reno Pfeil's woodworking students.

Students who elect to study woodworking seem to see special value in this year-long 10 credit course.

Why was this class taken?

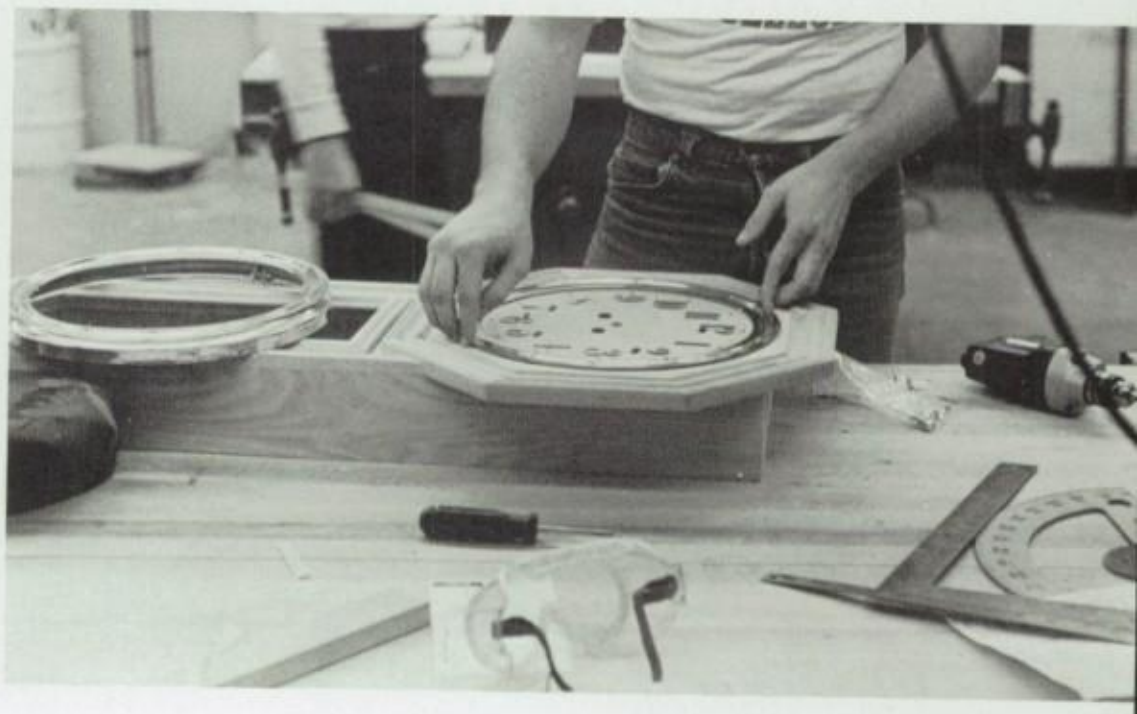
When asked this question, sophomore Tom O'Grady said, "I've been around woodworking for about seven years and I feel that it helps a person relax. it's great."

Freshman Tom Sandow said the class seemed like a lot of fun, so he tried it. "The people in this class have a special type of talent, not only in the work they do, but how they all help one another. That is something you won't find in all the classes you go to."

Some woodworking students felt the class gave them a needed break from regular classroom work.

Said sophomore Rich Keearns, "I feel that it has helped me in school quite a bit because it is right in the middle of the school day and gives me a chance to do something I really enjoy."

Taking his time to add the finishing touches to his clock is senior Dave Iitzsch.



Adding a touch from home, freshman Mary Keearns shows her version of an underclass man's locker.

CLASS PACKED

Classed together

Underclassmen were always on the ball trying to get their class requirements.

If freshmen appeared to move a little more quickly, and looked a little soggy around the edges, it was because they took a quarter of swimming. As freshmen stroked on they became more aware of their health by taking Health for the rest of a semester.

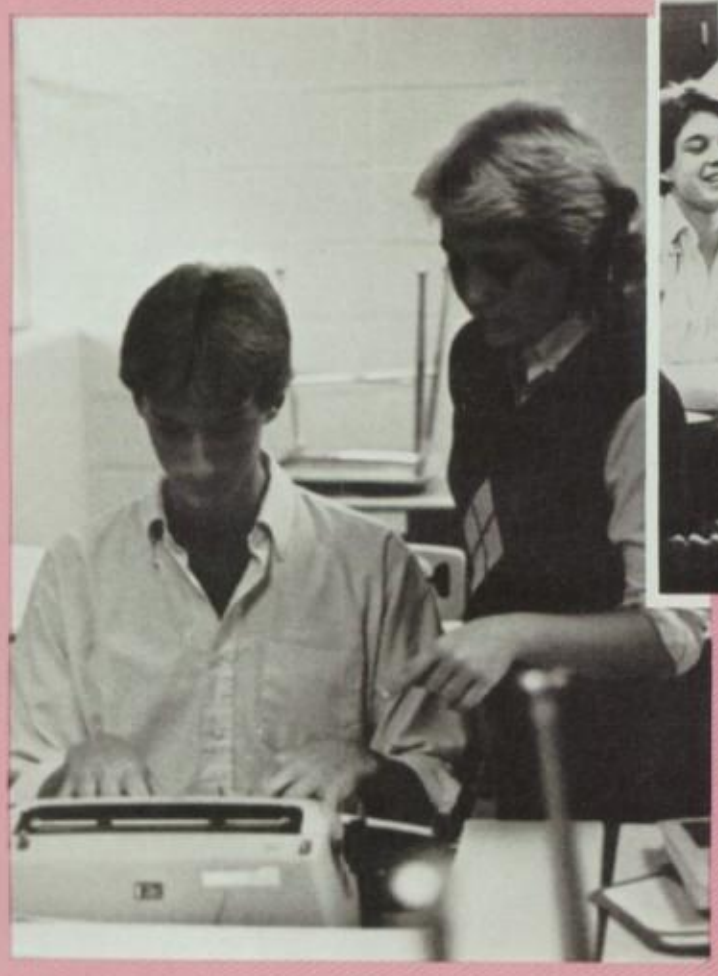
Sophomores, required to take Personal Communications, found that making speeches for class was a different experience from other classes. Personal Communications involved helping students to communicate more openly in front of small or large groups.

Learning to become more aware about money spending, juniors were required to take Consumer Skills. This class involved learning to budget money. This class was designed to help students prepare for adult living.

As the year went by, students were "Class Packed" with classes that added a little spice to the class as a whole, learning more than just the basics.

Giving makeup tips, Marilyn Homberg helps juniors Tina Stevens, Jenny Burry, Lori Garrison, and senior Kim Forman in the drama room.

"He's bald!" John Morrissey's Personal Communications class looks astonished as Morrissey's head is shaved.



With a determined grin, Eric Cross keeps his fingers to the typewriter as sophomore Lori Fraser gives him some pointers on typing.

F-F-FRO, O-O-OSH-FRO-OSH-FROSH!

Joseph Abbott
Scott Ahl
Jeffery Allen
John Anderson
Tony Anderson
Monte Anthis
Jennifer Barker
John Barnes

Lexann Barnes
Bryan Barry
Leanne Bartlett
Terri Bartu
Cindy Bender
Kellie Benedict
Tim Binder
Emily Bloyd

Kristin Bock
Brenda Boeck
Mike Boganowski
Rachel Bogenreif
Brenda Boyce
Heather Bragg
Robert Bruening
Kent Bruner

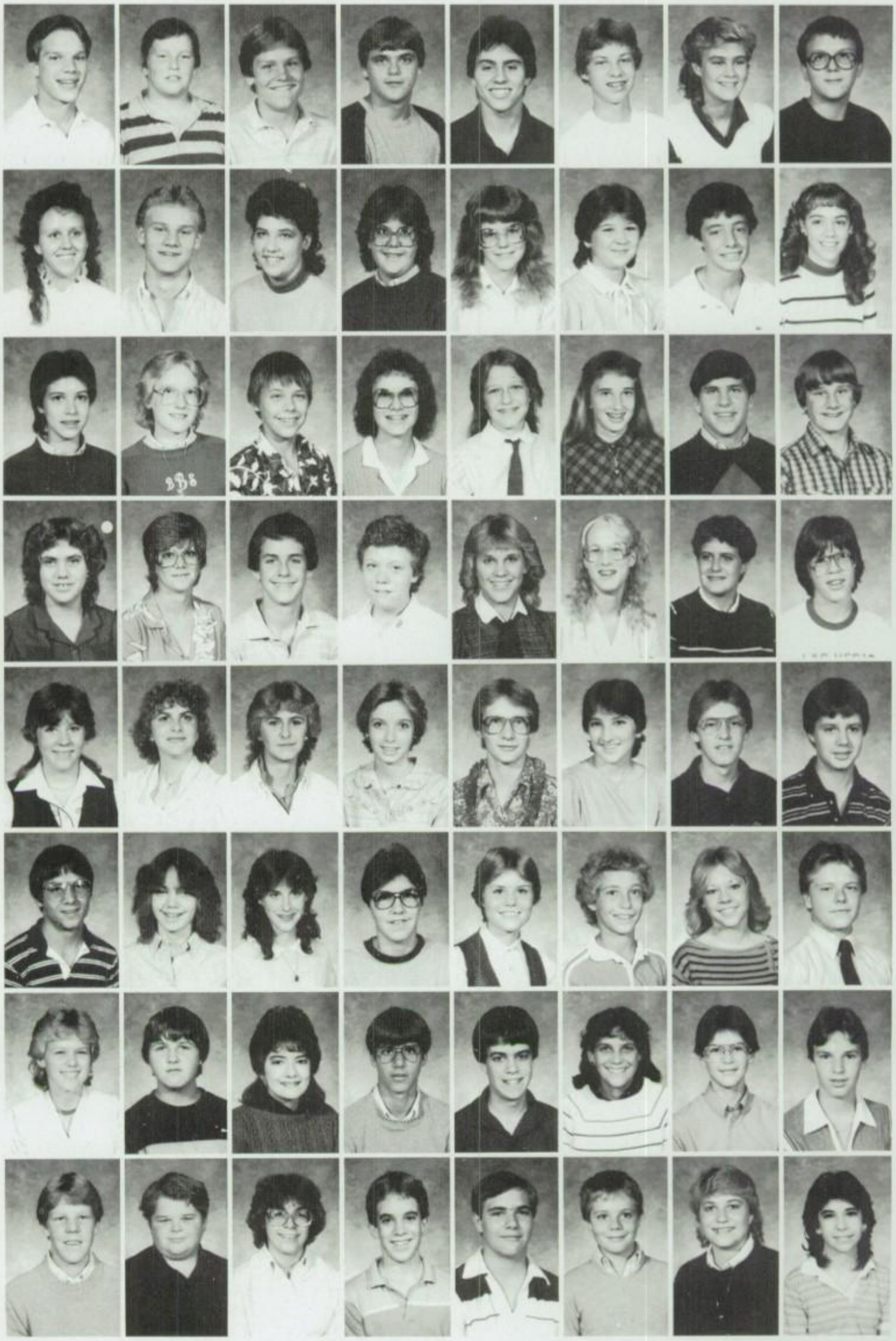
Kelly Caniglia
Dawn Carey
Jeff Carter
Martha Jo Caskey
Cindy Chader
Sarah Chapton
Stacy Chedester
Doug Clark

Jennifer Clark
Michele Clark
Carol Cole
Michelle Conley
George Conn
Pamela Cook
Ken Cool
Danny Craig

JR Crayne
Shari Curlee
Christine Curtis
Dan Dahlem
Lori Dall
John Dame
Denise Damewood
John Daup

Michelle Davenport
Gordon Davis
Tanya Diblosi
Brian Diesing
Jeffery Dietrich
Christina Distefano
Troy Dober
Douglas Doerr

Andy Dubbs
Gregory Dugger
Tresa Dunford
Ted Dunham
Kevin Dusek
Francis Dwornicki
Crystal Dykstra
Shari Eckert



F-F-FRO, O-O-OSH-FRO-OSH-FROSH!

Marvin Ellis
Michael Eltiste
Elizabeth Ernesti
Sean Fagan
Katherine Farrell
Laura Fenimore
Viki Fernandez
Jason Fiscus

Scott Flora
Steve Foran
Craig Forman
Terry Frady
Sheryl Friese
Troy Gamerl
Timothy Garnatz
April Gorman

Luke Grabowski
Debra Grace
Andrea Graniewski
Daniel Grap
Richard Gray
Tracy Green
Barbara Gregg
Michele Gutchewsky

Michelle Halleen
Debra Hamilton
Leslie Hanel
Jami Hansen
Matthew Harding
Marci Harroun
Cynthia Hartley
Heidi Hazuka

Driving is . . . quite a problem for the freshman class when it comes to class events

"There's not really much you can do unless you're a senior or junior," were the feelings of Freshman Class President Christie Distefano to the question of what projects the freshman class officers had in mind this year.

Vice President Jennifer Barker said she agreed that it's hard to try and pull off a breakfast or something when no one can drive. They both felt that being a freshman class officer is mostly just a title. They both said that the freshman class has only worked on decorating the school for spirit week, showing that freshmen do have some class spirit.

Freshman class secretary is Mike Wicker and treasurer is Stacy Chedester.

Freshman Class Officers are: Mike Wicker, Jennifer Barker, Larry Koenig, sponsor, Christie Distefano and Stacy Chedester.

Heather Heifner
Corey Heinrich
Paul Hertzig
Daniel Higgins
Steve Hilding
Laurel Hill
Anna Hinners
Kimberly Hoff

Kerry Hokomoto
Jodi Holck
Raymond Hyde
Monika Jegeris
Christine Jensen
Mark Jensen
Stephanie Jensen
Leroy Jess

Erinn Johnson
Greg Johnson
Jeanne Johnson
Jennifer Johnson
Scott Johnson
Heather Johnstone
Mary Keearns
Tammy Kennedy

Chris Kenyon
Laura King
Jeff Kisicki
Mike Klaebisch
Larry Knott
Marjorie Kohler
Rocky Kono
Chris Kopp

It's not worth all of the work for just $10

"It didn't pay enough," replied freshman Kris Prem when asked why she quit delivering papers. The pay was $10 a week. Prem felt that it was too much work, especially in the winter, for $10. Prem had been delivering the Omaha World-Herald for 8 months until she decided to quit.

A former carrier, Kevin Kajdasz said that he wasn't making enough money either. Kajdasz is a seventh grader at Ralston Middle School. "I make more money babysitting, and it's more fun than delivering papers," said Kajdasz.

Paper carriers are more cautious now. A lot of carriers have their parents drive them around to deliver. "My parents weren't real worried because if they didn't drive me I had my dog with me. It is a golden retriever," said Prem. Prem delivered papers in the afternoon, but many deliver in the mornings, which are a little more dangerous.

Since the murders of two Bellevue-area youngsters, everyone has been more cautious. A lot of parents pick their children up from school rather than letting them walk home. Even Ralston High principal, Lon Bernth, has cracked down. Bernth announced over the intercom that if any student was not in first hour class, his parents would be notified.

Man's best friend can be a companion and a protector when delivering papers as freshman Kris Prem and her golden retriever show.

Kristine Koubsky
Leslie Kruizenga
Stacy Lawson
Kris Leach
Todd Lenczowski
Shelly Leslie
Suzi Leu
Teresa Lewis

Tammy Linhart
Penny Lowe
Gina Lucas
Tamara Lutz
Honey Marco
Lisa Marino
Anthony Marsh
Ron Mattox

Rhonda Mausbach
Susan May
Robert McEvoy
Patty McGuire
Laurie McKeever
Shawn McWilliams
Jeanne Meier
Bridgette Meissner

Scott Mentrup
Brian Meurrens
Liesl Miller
Steven Mitchell
Pam Moninger
Debbie Mowry
Nick Mulder
Susan Nelson

Being 16 is in the bag for freshman Terri Bartu.

Is it celebration or torture?

At 6 a.m. Leah Ryan, junior and Chris Ryan, senior pull into Terri Bartus' driveway. They get out and walk quietly up to the door. The door is unlocked, thanks to Terri's mom, Donna Bartu. They walk up the stairs into Terri's room.

"Get up Terri, you're late for school," yells Leah.

Terri looks up at her friends. "What are you doing here?" says Terri. Her friends laugh while they pull her out of the bed. They wait outside while Terri gets dressed.

When Terri comes out they put a trashbag over her head. On the trashbag someone has written, 'I'm 16 today.' Terri is really embarrassed with the bag on, but she thinks what her friends have done is neat. Terri's friends take her to breakfast at McDonald's.

As they walk in the door everyone is staring at Terri. Terri and her friends get their food and leave. They decide they'll eat in the car on the way to school. On the way to school they drive down Q Street and they decide to do a Chinese fire drill. This is where everyone gets out of the car and runs around it twice. Everyone then gets in on the other side. Again everyone stares at them, but it is still fun.

At school, Terri walks down the hall with the bag on and everyone keeps staring at her. She finally decides to take it off. But before she gets it off the photographer has already snapped the picture. "This is a birthday I'll always remember," thinks Terri.

Vicki Nelson
Michelle Nigro
Amy Nuss
James O'Connor
Tim Ogborn
Julie Osborn
Mat Palensky
Greg Palmisano

Chad Parson
Chuck Paskach
Mark Perina
Chris Petersen
Julie Petriw
Ted Plugge
Erika Pote
Todd Powers

Kristine Prem
Michelle Pribil
Deanna Proctor
Paul Rase
Randall Raszler
Chris Rau
Lynn Recic
Darren Redfield

Molly Redick
Hershel Reed
Jeffrey Rettberg
Scott Reischl
Lisa Rempe
Wendy Renken
Tina Rhode
Traci Ribick

Tina Riddle
Darlene Robertson
Traci Robinson
Andrew Rodrigues
Michael Rogers
Tiffany Rosicky
Craig Ruhl
Elizabeth Sachs

Brian Sadler
Sean Salvador
Tricia Sanchez
Ivan Sanders
Tom Sandow
Keith Savoie
Vicki Schaefer
Greg Schenkelberg

Tim Schmitz
Aimee Schneider
Teresa Schnoor
Kevin Schoening
Heidi Schonlau
Bob Schutte
Wade Schuttler
Matt Selinger

Pam Shanahan
Rhonda Shearer
Mark Sheldon
Laura Shivley
Michelle Sloma
Don Sloter
Andy Smith
Leighton Smith

James Snider
Dana Sorenson
Becky Spaulding
Jeff Spence
Kelley Springsted
Greg Stanek
Doug Steensma
Jeannine Stein

Laura Stevens
Scott Stracke
Anton Such
Marshall Swink
Tim Swoboda
Barry Taylor
Mike Taylor
Shade Thomas

Jon Timmermans
Anna Tkalec
Gary Todd
Jodi Tolan
Kara Tomcykowski
John Tourek
James Tracy
Pat Tracy

Marc VanCaster
Tamra VanCleve
Chris VanFleet
Mike Vaughn
Mike Versch
Dawn Volker
Eric Wakefield
Torrey Walker

Dave Walsh
Angie Warnock
Joy Watson
Julie Weichel
Jeff Weis
Mark Welsh
Patty Wennihan
Patty West

Brian Whited
Shawn Whittington
Mike Wicker
Jason Wieczorek
Jennifer Wik
Shawn Williams
Teresa Wilson
John Windels

Chuck Wingert
Lisa Wortman
Kim Yates
Ronna Yearsley
Greg Zimmerline

freshmen not pictured
Steven Byrne
Kevin Donahue
Laura Fowler
Paul Hanse
Thomas Hearty
John Johnson
Sean Kelly
Kathryn Porter
Julie Wynkoop

S-o-pho-more-Sophomore! S-o-pho-

Scott Allen
Tammy Allison
Vicky Allmon
Eric Anderson
Lisa Arrowsmith
Kevin Assman
Tracy Atterberry
Kristine Balz

Jay Barber
Jacquelene Barr
David Barrow
Tena Battleson
Michael Beard
Robert Bentley
Shari Berkland
Jody Bosen

Brian Boyce
James Brewer
Kathryn Buckley
Wendy Carley
David Carlson
Tammy Carnes
Mary Casper
John Cavender

Stephanie Chamberlain
Judy Chapton
Brenda Charboneau
Wayne Cherry
Jerry Christensen
Mark Clochon
Lisa Clyde
Jody Lynn Cole

Timothy Collins
Leslie Courtwright
Craig Crawford
Patrick Crouch
Brenda Dailey
Douglas Deman
Kim Dergan
Tracy Dierkhising

Robert Diesing
Pamela Dingman
Kathleen Distefano
John Dudas
Tracy DuRae
Kyle Dusek
Scott Erney
Jeffrey Estes

Robert Farley
Lisa Finney
William Fisher
Julie Flyr
Lori Fraser
Scott Gaeta
Jami Gamerl
Heather Gates

Paul Gibbins
Jeffery Gillespie
Susan Gillespie
Jennifer Good
Roxane Goshinska
Jeffery Goss
Jake Grabowski
Christopher Graff

S-o-pho-more-Sophomore! S-o-pho-

Robert Graham
William Gray
Pamela Grutel
Scott Gruttemeyer
Michelle Guenette
David Hacker
Steve Halleen
Robbie Harder

Dwayne Harm
Steven Hatfield
Joe Haugen
Kenneth Hawley
Kirk Helm
Chad Heinrich
Ronald Helmick
Michael Henrichs

Patricia Hinkle
Dennis Hobson
Kami Homburg
Gabriella Horvath
Annette Hoult
Jody Houlton
Robert Huey
Richard Huff

Tisha Huff
Veronica Hughes
Tracy Hutchens
Roni Hyde
Mike Jaeger
Jennifer Jahns
Shelly Jameson
Jeffrey Jansky

Unity is . . . something sophomore class officers try to accomplish for their class

Togetherness according to Sophomore Class President Paul Gibbins is somewhat of a problem for his class. Gibbins explained that it is hard to have class meetings since the class can only meet before or after school.

Agreeing with these views of her class, Vice President Donna Thompson said, "I'd like to get the class to do things together instead of being in different little groups. Maybe try to get the whole class to do things like t-shirts as the seniors did." She also added it would be nice to have a picnic or breakfast for the whole class.

Thompson commented, "We got the honor pass finally accomplished." She explained that the honor pass will be for "B" or above average students who have a 7th or 8th hour release. These students would be allowed to stay in school if they had something important to do. Another project in the works for student council members is a marquee for the front of the building.

Sophomore Class Officers are: Laura Meehan, Kelli Self, Paul Gibbins and Donna Thompson.

Coming face to face with registration day

The day is finally here, August 25, the dreaded registration. Looking on the schedule that I received in the mail I see that I have to be at the school at 12:00. I pull on some jeans and a sweater and off I go.

There's a long line of people waiting to get their schedules. Some kids go inside the red door and the rest of us wait out in the commons area.

It's our turn to get our schedules. We walk in the door and give our names to a lady sitting at a desk. "It's really noisy in here. I can't wait until we get out of this place," says my friend Chris. We walk into another room where I pay the lady $10 for a picture of myself. Now I move to the next station to get weighed. I feel like I'm in the army. Some girl, who looks like she's a senior, weighs me and measures my height. She marks something on my card and pushes me on to get my eyes checked.

I get to stand in another line and get my ears checked. The lady tells me that if the buzz is coming through the left headphone I should raise my left arm and if it's in the right one I should raise my right arm. Left arm, right arm, right arm, left arm.

Next, the lady tells me to go through the yellow door. What now? Maybe this is the escape door. No, they're not letting me out yet. I can tell this isn't going to go very fast. I get to stand in more lines.

EDUCATIONAL DATA SYSTEMS

STUDENT ELF CHEDULING

PERMIT TO ENROLL

The outcome of class registration is all in the cards . . . computer cards that is.

Erika Jegeris
Danial Jensen
Jodi Jenson
Teresa Johnson
Wendy Johnson
Michelle Jones
Karri Karnik
Patrick Kastl

Andy Keetle
Michelle Keiser
Douglas Kelley
Richard Kerns
Shannon Kilbane
Mi Un Kim
Angela Kistaitis
Kris Klein

Anne Kleinsmith
Catherine Kleveter
Lisa Konruff
Christopher Korten
Kenneth Korus
Lisa Kruizenga
Jeffrey Krzemien
Kerri Lamb

Tammie Larson
Jon Lary
Kristine Lauritsen
Cindy Lawson
Michael Lee
Susan Lee
Scott Leu
Steven Lucas

A new experience . . . proceed with caution

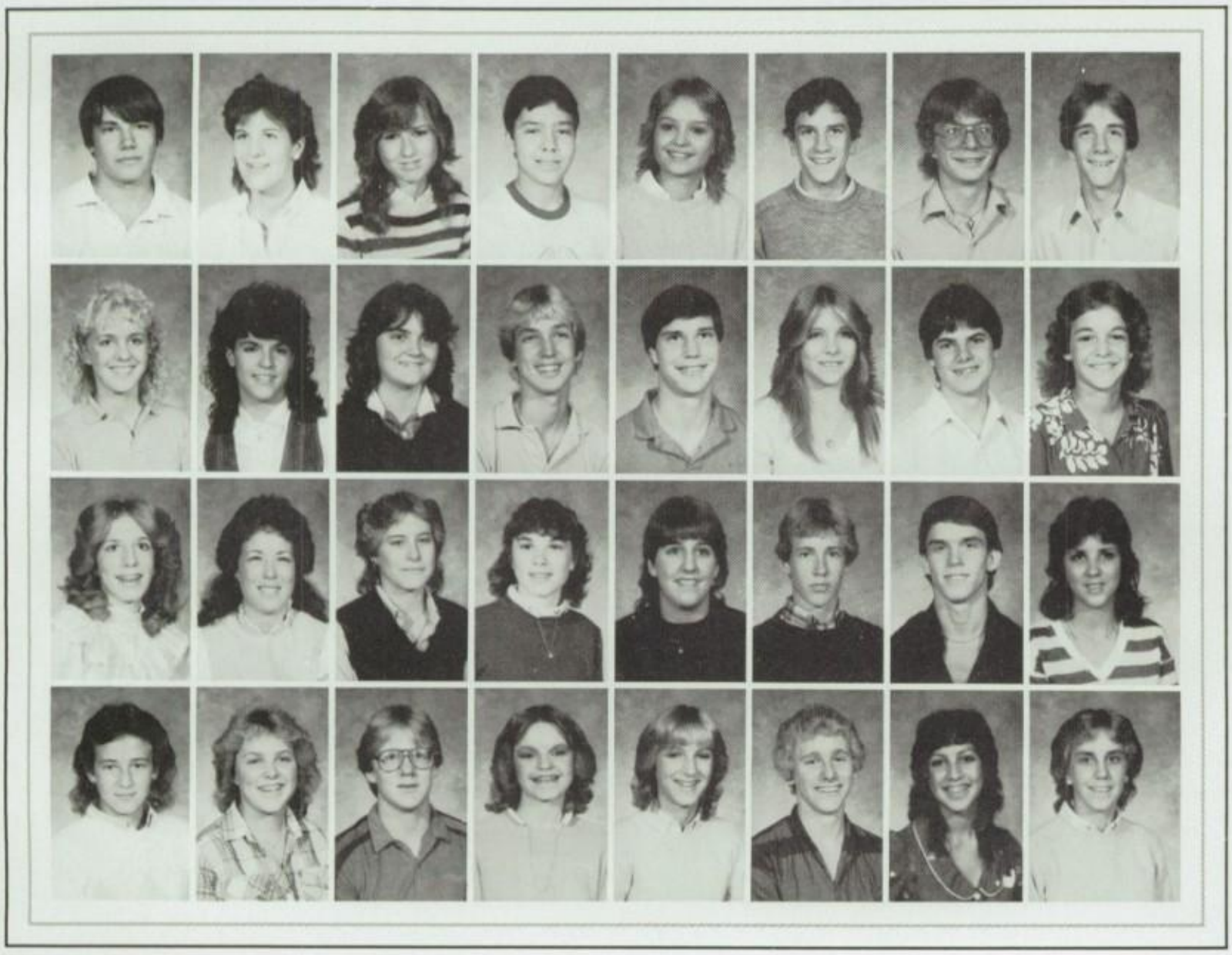
"The Driver's Ed car will not be driven today." This was the first announcement of the day. This was because of the icy roads. It's hard for a student to take his first few driving lessons in the bad weather.

Most people were able to drive on the roads but some were not. A lot of Ralston High students had a hard time. A junior, Leah Ryan, said she was stuck on a patch of ice one morning before school. "By the time we got unstuck we were late for school."

A lot of students have problems with their cars and if it doesn't start in the morning it's hard to find another ride on such short notice. It might be easier if every parent took his or her child to school or carpooled with other parents, but that's not possible for a lot of parents. They either have to go to work or have little kids to watch.

The students of Ralston High have a choice. They can ride the school bus, they can ride the city bus, they can walk to school, or they can drive their own cars and pay for a parking sticker to park in the Ralston High parking lot. If a student chooses to ride the bus he has to get up in time to catch it. If he walks he has to get into shape, and if he drives he has to get a job to pay for all the expenses that come with a car.

On your marks, get set, go! But not before you fasten your seatbelts, says Ron Siske.



Dale Ludemann
Janelle Ludwig
Threasa Martin
Richard Martines
Carrie McCain
Terence McCawley
Chris McDowall
Sean McIntyre

Carol McNamara
Laura Meehan
Elizabeth Merrill
Craig Mertins
Daniel Miller
Frances Minardi
Gregory Moe
Jackie Monohon

Sherri Moore
Shelli Morgensen
Michele Morris
Rebecca Murphy
Nicole Naviaux
Scott Nelson
James Nichols
Teresa Nickisch

Karleen Ochsner
Claudine Payton
Andrew Peistrup
Linda Pelnar
Wendy Pelzek
Daniel Peterson
Shelly Pote
Conni Preis

Looking for a way to earn some extra money?

Mowing, raking and shoveling are all chores of many students. Mowing helps to keep a student busy during the summer. Instead of sitting inside watching the soaps, one could be outside getting some exercise and maybe even a nice tan. A lot of boys try to make a little extra money by mowing lawns. Their customers are people who don't have a mower or just can't take the heat.

Babysitting may be another possibility when trying to find ways to make extra money. One usually gets paid $1 per hour. When babysitting more than one child, one may make anywhere from $1.50 to $2.50. Some teenagers have full-time babysitting jobs for parents who work all day. In this situation, the parent has a set amount that the sitter is paid regularly.

"It's a good job because you can still do all the fun things that you would do otherwise," said junior, Sue Ann Smith.

In the winter, shoveling usually will pay a considerably good amount. Customers may pay $10 to have their driveways and walks shoveled. It's awfully cold out there, but shoveling is another good way to earn money.

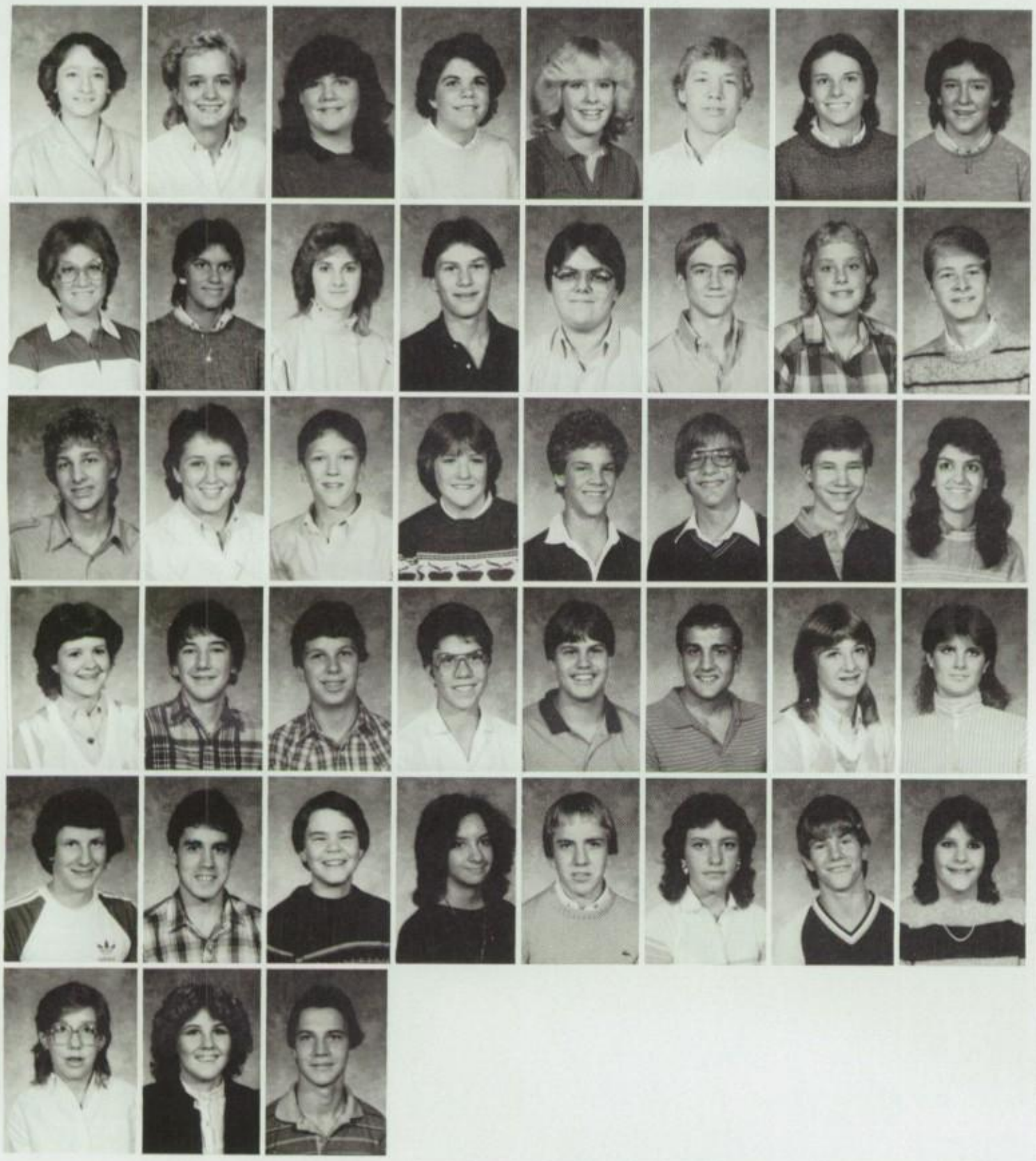
Money in the making. Senior John Tessin rakes leaves for profit.

Jacqueline Prochaska
Amelia Quigley
John Quinn
Michelle Radicia
Douglas Radik
Angela Ramos
Matthew Ramsey
Jill Rayer

Daniel Rea
Kelly Redik
Jeffery Reid
Jason Reiff
Heather Reimer
Cynthia Ricceri
Roy Riddle
Bradley Ridge

Tammy Ridge
Jason Ripley
Danelle Robbins
Tiffany Robbins
Charles Rogers
David Runte
Michael Rust
Kristine Schendt

Lisa Schenkelberg
Nancy Schliesser
Kimberly Schneider
Quinn Sebesta
Kelli Self
Sherrie Senter
Michele Shannon
Randall Shearer



Mary Sheldon
Mindi Sila
Tracey Sindelar
Linda Skaggs
Christina Skomedal
Rob Sliva
Brenda Sloan
Peggy Stanton

Kimberly Staroscik
Lori Stawniak
JoAnna Stone
Denny Sullivan
Robert Sullivan
Darren Swett
Michelle Talmadge
Donald Terry

Matthew Thackray
Donna Thompson
Todd Torring
Jodi Tridle
Jeffery Tumbleson
Steven Vahl
Thomas Vana
Leslie Vinjamuri

Leslie Waffle
Loern Wahl
Timothy Wachtler
Tad Walker
Scott Walter
Bryan Watkins
Kristine Wells
Jody Wessar

Mark Wheeler
Jerry Whitaker
Jeffery Weidel
Julie Windels
Jerry Winemiller
Kristine Witt
Randall Woods
Ann Worrell

Cheri Yates
Andrea Young
Troy Young

sophomores not pictured
David Abney
Derek Boyce
Mark Czerwinski
Michelle Fischer
Jackie Fortney
Clint Lawrence
Chris Lewis
Kelly Moody
Cami Rawlings
Tammi Reed
Maria Rieder
William Skinner
Jeff Sorensen
Bob Thomas
Bryan Thompson

J-J-JUN-I-I-IOR-JUN-IOR-JUNIOR!

Rob Abel
Janet Adams
Chris Ahl
Angie Amenta
Jerry Andersen
Chris Aupperle
Michele Baillargeon
Linda Barraclough

Crystell Barrett
Doug Barrientos
Kelly Baughman
Missy Belitz
Tom Bellus
Steve Bena
Vicki Bettger
Jill Blecher

Karen Bone
Sheila Bratton
Karla Breazeale
Chris Brentlinger
Melissa Bridwell
Jodi Brinker
Karen Brown
Denise Bruner

Linda Burkhalter
Jenny Burry
Claudine Carbullido
Brett Carey
Kim Carpenter
Kim Carson
Sherry Christensen
Jolene Clark

Terry Clements
Carmen Cole
Gerry Courtwright
David Cozad
Dawn Crinklaw
Dan Cubric
Don Curry
Scott Curtis

Brenda Dahlem
Scott Davis
Tim Degmetich
Peggy Demont
Dave Dickerson
Rich Dinterman
Cindy Dueling
Jeff Dunnigan

Doug Evans
Bobbi Farrell
Dave Fick
Therese Fitzpatrick
Rich Flora
Dave Fokken
Meg Fowler
Laura Freeberg

Scott French
Paul Frics
Paula Frisch
Mary Anne Fuchs
Dan Fucinaro
Bridget Gabriel
Kim Gaeta
Rich Garcia

J-J-JUN-I-I-IOR-JUN-IOR-JUNIOR!

Lori Garrison
Dan Gartin
Kim Gell
Steve Gettman
Doug Gibbins
Don Gillotte
Dave Girouex
Mike Grace

Denise Grammer
Pat Gray
Bob Griffin
Jeff Guerrero
Ken Guthrie
Dan Haas
Larry Hagedorn
John Hanel

Vanessa Hanson
Nathan Harding
Shari Harroun
Rick Hauschild
Cheri Hazuka
Lisa Heaton
Craig Heckman
Julie Helmick

Julie Hendricks
Nancy Henk
Scott Hevelone
Jeff Higgason
Matt Hilding
Pennie Howard
Ruth Howard
Dave Hurt

Goals may be . . . too high for juniors when it comes to class events like breakfasts

Junior Class President Gina O'Brien's goal for the juniors is, "I'd like our class to be closer and do more things together. Not just one group, but everybody. That's what we were trying to accomplish with the breakfasts."

O'Brien found that after trying to accomplish this, organizing a class breakfast is an embarrassing situation when only a few show up.

Even though being a class officer is sometimes an uneventful job as Crinklaw explained, "Really class officers don't do too much. It's more a title than it is a job."

Junior officers get a chance to put their positions to work by organizing prom to honor the senior class. Crinklaw said that their job is to pick a band, decorate; and help with programs and invitations.

O'Brien's and Crinklaw's decision to be class officers were, "I just wanted to get involved in more groups other than just cheerleading," said O'Brien, and Crinklaw said, "I wanted to do more things. I wanted to have a say in what goes on in the school."

Junior Class Officers are: Claudine Carbullido, Dawn Crinklaw, Gina O'Brien and Doug Gibbins.

Say hello to the future with cordless phones

Senior, Bill Rieder, tries out the latest revolution in phones — the cordless.

Have you ever been interrupted by the phone? Has your short cord ever kept you from sitting in your favorite chair? There is a solution to all of your problems. Have you ever heard of the cordless phone?

The cordless phone is a phone that extends to 3,000 feet, according to sales people from Richman Gordman and K-Mart. It receives and places calls up to 700 feet from the base station. On the phone, one may find many convenient little buttons. It has the two person button on which the caller can talk to two people at the same time. It also has a mute button. The mute button allows the caller to exclude one person from the conversation while the caller speaks to the other. The cordless phone also has speed calling. Speed calling lets the caller have a file of the people whom he calls the most, giving each person one number. When the caller wants a specific person, that person's one number is pressed and it puts them on the line. Like most phones, it has the on-off button. When one is busy or maybe trying to sleep, the phone can just be turned off and it won't even ring.

A person can buy the cordless phone at places like Richman Gordman or K-Mart. The price ranges from $67.97 to $129.99. "They tend to get expensive, but they're worth it," said John Reynolds an employee at Richman Gordman.

If you're tired of paying rent to Ma Bell for the phone that you use, try buying your own.

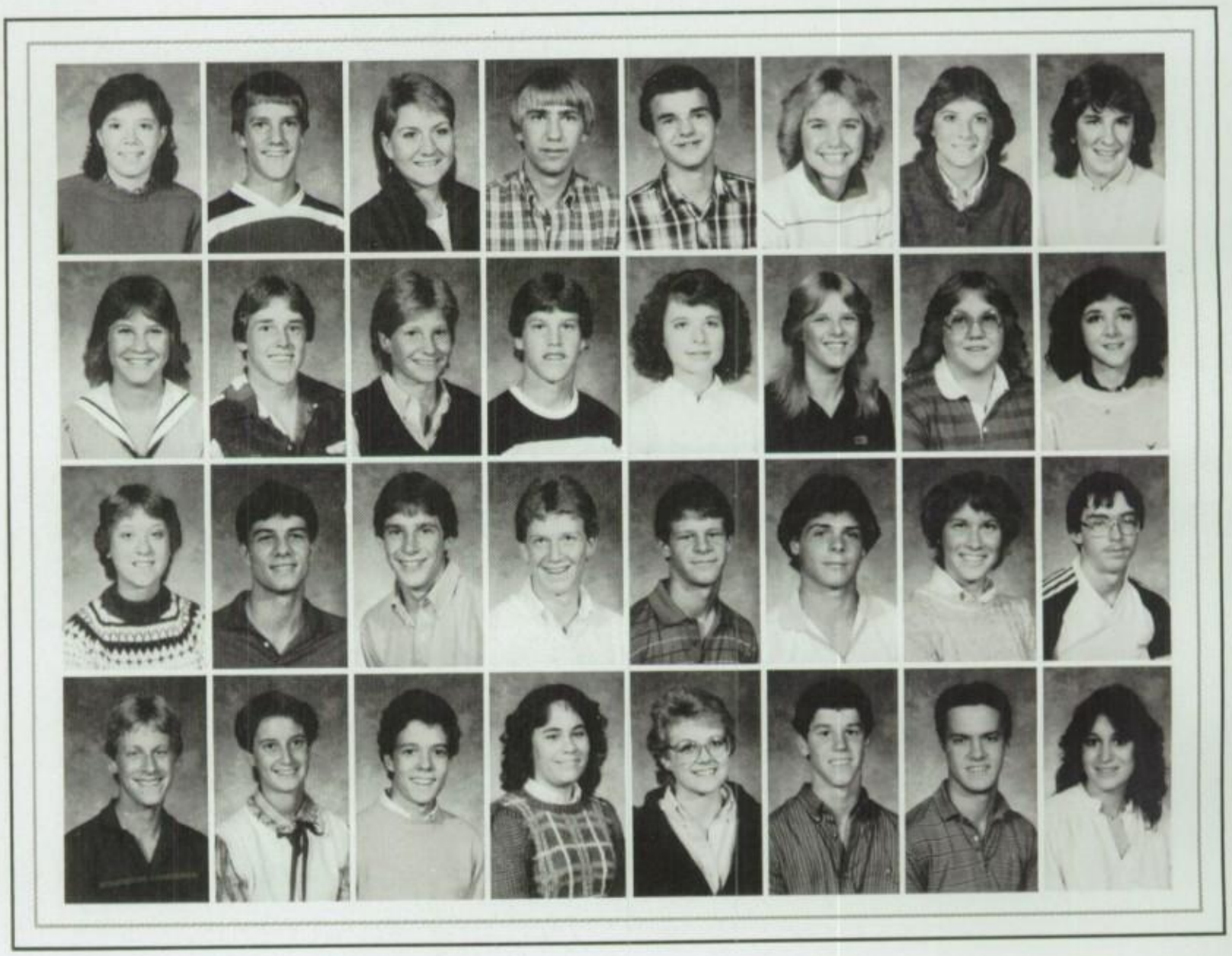
New and somewhat strange may be "in", but the old look is still in demand.

Jerilyn Hynes
Dana Ienn
Lisa Jensen
Scott Jensen
Craig Johnson
Paula Johnson
Tonya Johnson
Donna Johnston

Sue Johnston
Cliff Jones
Lisa Jones
Mark Jullus
Jeannie Jump
Kris Kaiser
Darlene Kajdasz
Barb Kantor

Denise Keavy
Brian Kerhll
Alan Kennedy
Brad King
Dale Kistaitis
Jeff Knott
Debbie Knuth
Brian Kocanda

John Kratina
Sharon Krebs
Terry Larimer
Linda LaRosa
Liz Larson
Pat Leinen
Tony Leonardo
Jolynn Lesch

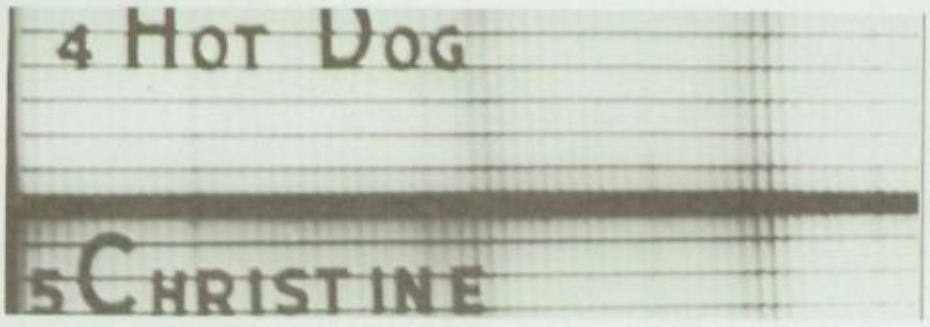


Roger Linse
Kelly Loos
Tammy Ludwigs
Mark Lyman
Sarah Lynn
Liz Mackie
Denise Madison
Lori Marchand

Brian Marino
Pat Marino
Fred Martin
Wayne Martin
Carie McDowall
Sheri McKeever
Devin Meisinger
Rachel Metzger

Jeff Meurrens
Greg Meyer
Kendra Meyer
Rick Meyers
Jo Miller
Mark Miller
Michele Miller
Michelle Miller

Bryan Moore
Kim Moore
Steve Moore
Chris Mulligan
Cyndy Murphy
Sue Myler
Jeff Nelson
Chris Novak



Nights filled with romance or laughter as students see stars watching their favorite flick

"I liked 'Vacation'," said junior, Darlene Kajdasz. "Vacation" is simply a movie about a man who takes his family on a vacation which turns into a fiasco. He takes them to an amusement park and the park is closed. He goes to pick up his car from the shop and they give him the wrong car. The man who plays this part is Chevy Chase. A lot of people, young and old, enjoy the acting of Chase.

However, some peole prefer the romantic tear jerkers like "An Officer and A Gentleman". This movie was about a man, Richard Gere, and his struggle through boot camp and love at the same time. When asked what she liked about the movie senior Sherry Lopeman replied, "Richard Gere." Lopeman said that she rates the movie with as many stars as possible.

"Flashdance" was another good movie, according to Linda Miller a senior. This movie was about a girl training to become a dancer. "I liked the dancing and the music," said Miller.

Most teenagers go to a movie with friends. "Once in a while I'll go to a movie with my mom," said Kajdasz. I guess it depends on the parent. Some parents don't care what their children see at the movies. If kids really like a movie they will see it more than once.

For teenagers that are short on money and have Wednesday nights free, they can go to a free movie at Park 4 on Park Drive. All one has to do is get the City Slicker from the Dutch Oven or the movie theatre. In it, one can find a coupon good for two people at Park 4 or Millard 4 on Wednesday night.

Juniors show their summer spirit with pizzaz

Junior Kim Paskach treats her friends to a sunny afternoon drive.

Full of thoughts of summer are juniors Scott French and Tim Prem and art teacher, Bob Benzel.

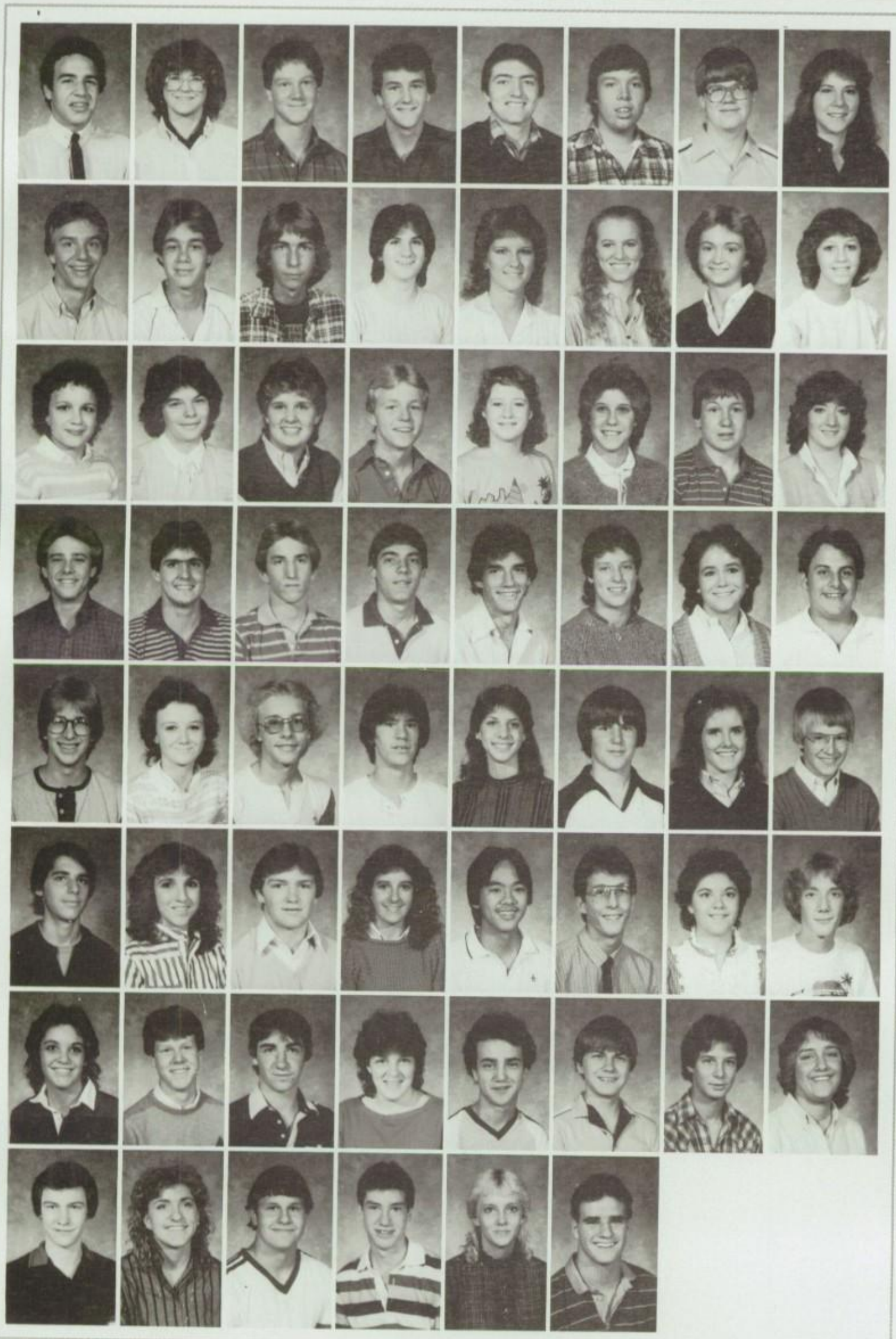
Juniors not pictured
Paul Bemis
Tracey Benish
Steve Caskey
Shannon Decker
Shannon Flott
Ted Novak
Terry Promes
Glenn Shannon

Kirby Nyquist
Gina O'Brien
Jodi O'Connell
Darci Ohnstad
Rich Olson
Rich Onken
Joni Ost
Marianne Papal

Kim Pape
DeAnna Parsley
Kim Paskach
Gail Passmore
Sandy Paulsen
Mary Jo Peitzmeier
Brad Peterson
Carol Peterson

Jerry Peterson
Trevor Peterson
Mark Polling
Tim Prem
Melissa Quiter
Scott Radicia
Sue Radik
Mark Ramsey

Amy Rayer
Lisa Reda
Tim Revoy
Renee Rex
Kim Rhodes
Sandy Robinson
Cheryl Rogers
Leah Ryan



Cory Sanchez
Stephanie Sandquist
Paul Satore
Gary Saunders
Bryan Schertz
Jim Schlagenhauff
Tom Searson
Beth Selinger

Tom Sestak
Terry Shelton
Dan Shively
Chris Signorile
Chris Simeoni
Beth Skoumal
Debbie Sliva
Julie Smejdir

Kris Smith
Sue Ann Smith
Stacey Speck
Jay Stambaugh
Debi Steen
Debbie Steensma
Bryan Steuben
Tina Stevens

Dave Stewart
Jon Stodola
Travis Stoler
Mike Strehle
Dan Such
Laura Sunde
Pam Swesey
Yurij Szelewycz

Chris Thackray
Patty Thompson
Nick Tomcykowski
Dan Traylor
Laurie Twiford
Mike Utterback
Beth Vala
Troy VanCaster

Ward Van Driest
Jackie Venier
Tim Versch
Kathy Vetter
Thinh Vu
Mike Walford
Monica Weber
Bret Webster

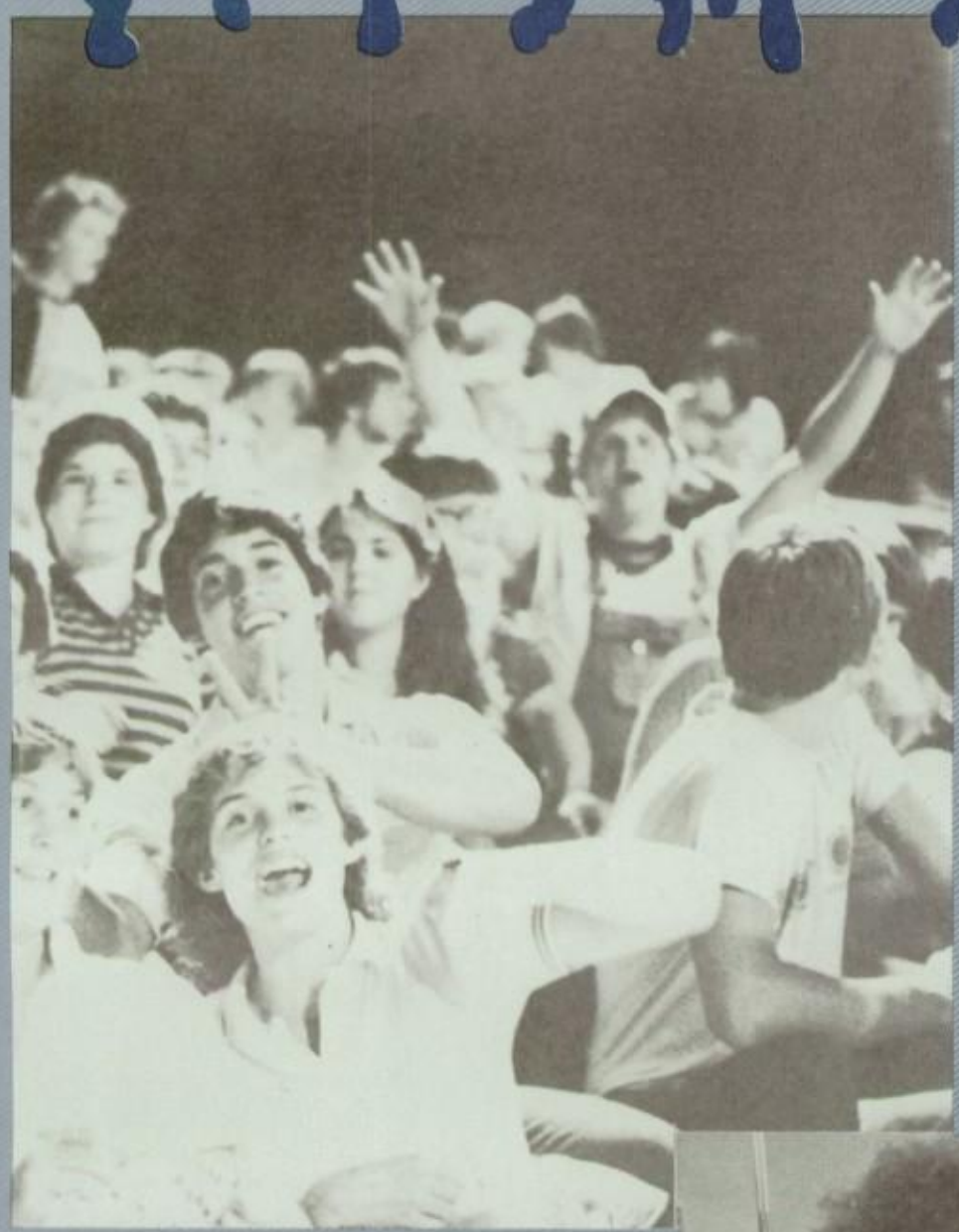
Julie Wellendorf
Mike Weller
Leon Wheeler
Debi White
Bob Williams
Tim Willie
Erich Wolf
DeAnn Wollenhaupt

Nate Woodhams
Jenny Wozny
Bill Yanovich
Steve Yochum
Yvonne Young
Craig Zeller

"Wow!" This senior locker seemed to come alive when the combination was turned to the right digits and its door was opened.

PACKING IT IN

Breaking all ties



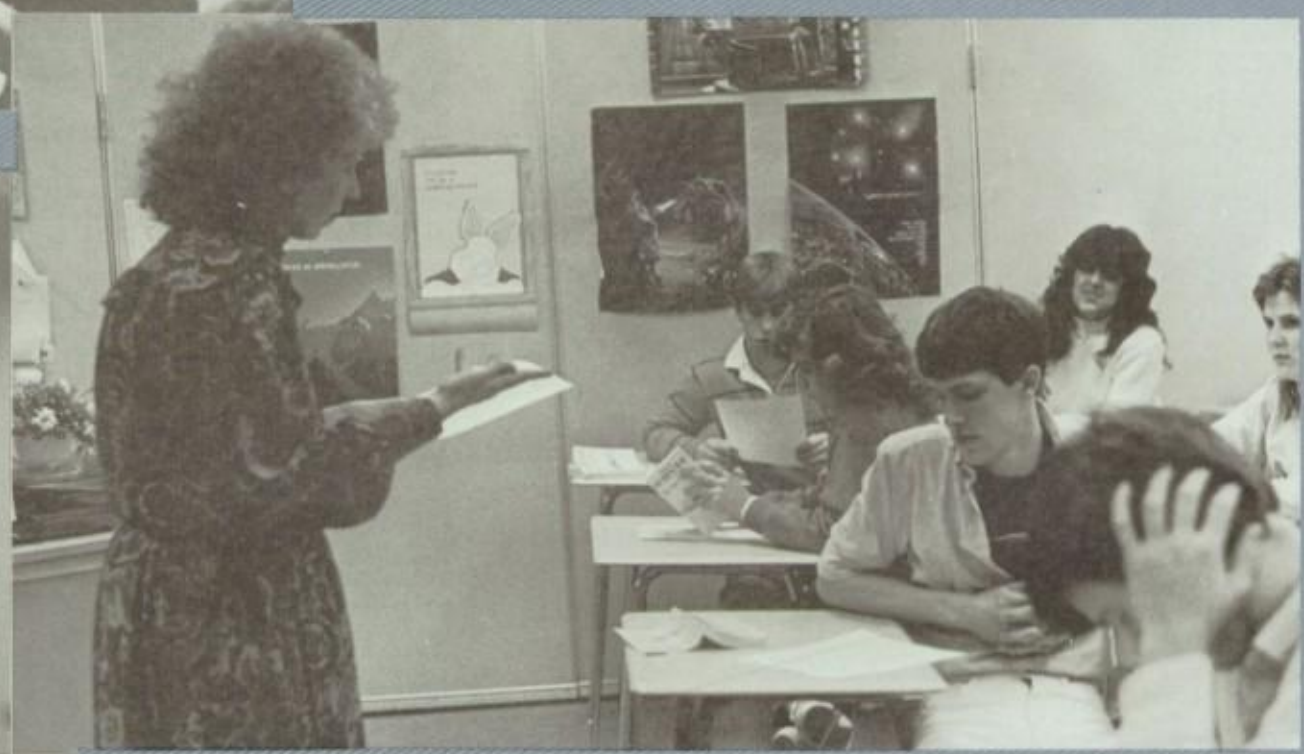
"Please release me, let me go!" were the thoughts of seniors as they went through their last year of high school, one of the most important years of a student's life.

This would be the last year seniors would get a chance to do things as high school students. They went through the hassles of registration for the very last time, waiting in long noisy lines trying to get the classes they wanted. Also this was the last year to eat RHS's famous cafeteria food.

Though seniors were waiting for their graduation day, still, in the back of some minds there was a regret of leaving. All of their memories of school friends, teachers, pop quizzes, chapters to read and that locker that always stuck were soon to be the past.

Trying to pack all the memories and good times of their high school days, seniors were "Packing It In" in 1984.

It seemed that these seniors were just as active as the football team was on the field at a game earlier in the season.



English teacher Cheryl Blue discusses a book by Ernest Hemmingway being read by one of her senior classes.

Senior Kristine Winters shows what a little Michelob can can do for your figure at the DECA Halloween dance.

84

Imaginary Real or Just

On Sept. 30, at 6:00 a.m., 69 seniors met in the high school parking lot, dressed to kill.

Over the horizon, came a long, black, sleek line of seven limos heading toward the high school. Soon the chills from the late September morning weather were starting to develop into chills of excitement.

After getting everyone packed into the limos, they were off! While driving, the chauffeurs talked about some of their experiences. Some of them had driven for Def Leppard, the Police, Van Halen and many others.

The limos took them to Village Inn.

At 7:45 a.m., the time had come to make their appearance. The stereos were loud and tuned to Z-92, the tinted windows were up.

Cars stopped and people watched in awe as the limos slowly made their way up Park Drive.

One by one, the chauffeurs, dressed in black from head to toe, emerged from the cars and opened the doors . . . No, it's not a movie star. But, yes it's the CLASS OF 84'!!!

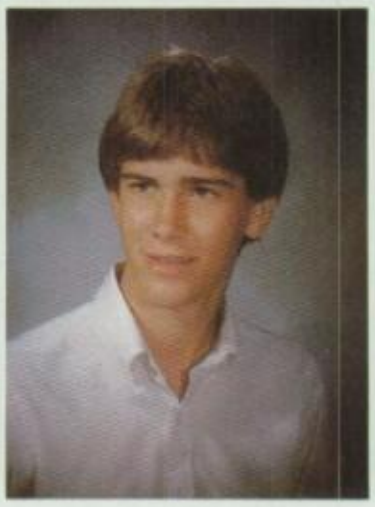
Angela Anderson
Debra Asper

James Aukland
Robert Bally

Kent Barber
Michael Barnes

Cindi Barr
Tammy Barrett

Anne Barrow
Barbara Bemis



Classy act! Seven black limos filled with 69 of Ralston High's seniors is what was seen Sept. 30.

On Charles! Senior Scott Buck talks on the limo's service phone. The limousines were from the Old Market Limousine service in downtown Omaha.

Brenda Benish
Anthony Bermudez

Jill Berry
Jeff Bietz

Kelly Jo Bishop
Julie Blair

Stephanie Blecher
Michele Bruening

Rhonda Brumbaugh
Scott Buck

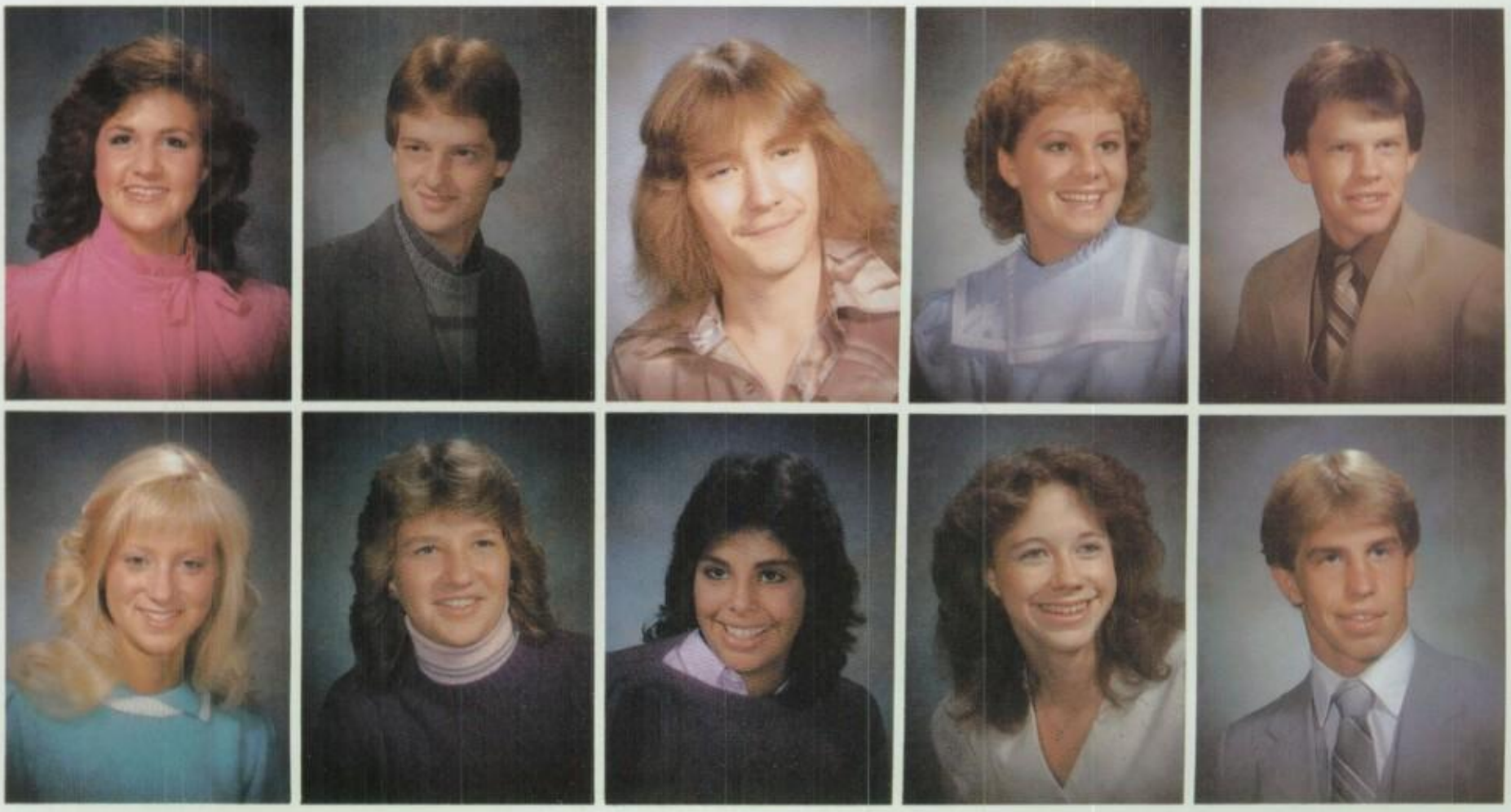
Becky Burlanek
Julie Burkhalter

William Callen
Brenda Callihan

Daniel Camerlinck
Jacqueline Cardenas

Kerrie Carlson
Melissa Casey

Mark Cerny
John Chadwell



8 Late breakfast break

4 Overslept again,

7:55 Senior tries dragging himself out of bed. After staying out until one that morning, dragging himself into the shower is even tougher.

8:30 Late again. Senior heads to the office to sign in and get a mandatory late (and unexcused) pass from Margaret.

8:45 Starting with second hour study hall, Senior sleeps for 45 minutes waking to the sound of the bell and having red imprints on his face from laying on his hands and books.

9:43 On to P.E., having recently gotten an up slip, Senior rushes to his car and heads to the doughnut shop, arriving just before starvation.

11:20 Finally able to stay awake, back in class, because of the 50 degree year round temperature, Senior thinks of new excuses for spaced off homework: "It accidentally fell down the garbage disposal, or the vacuum cleaner ate it."

12:10 Ah, end to an exhausting day. Senior dumps his books in the back seat and peels out of the parking lot. Having sixth, seventh and eighth hour releases are just what Senior needs, time to rest before going out on the town, with no money or gas. But that's ok, there's always life after graduation.

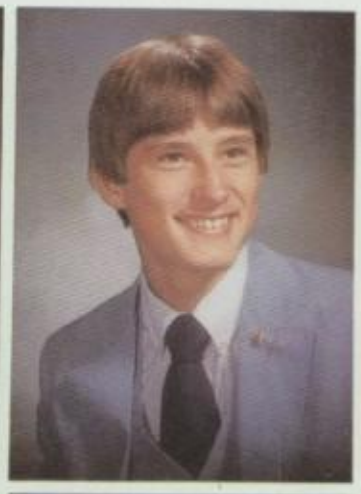
Jeff Charboneau
Susan Christensen

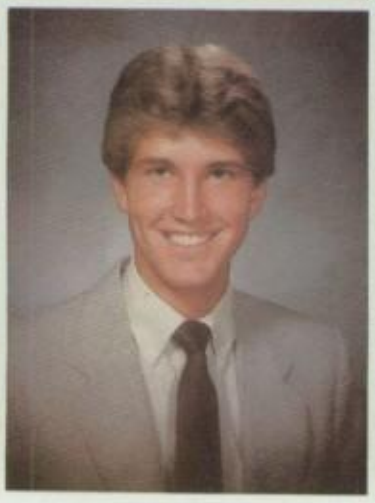
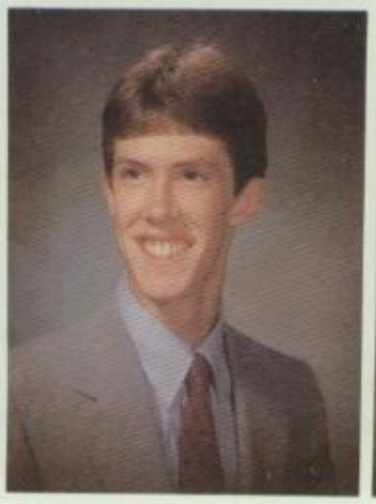
Stacy Collins
Joseph Conway

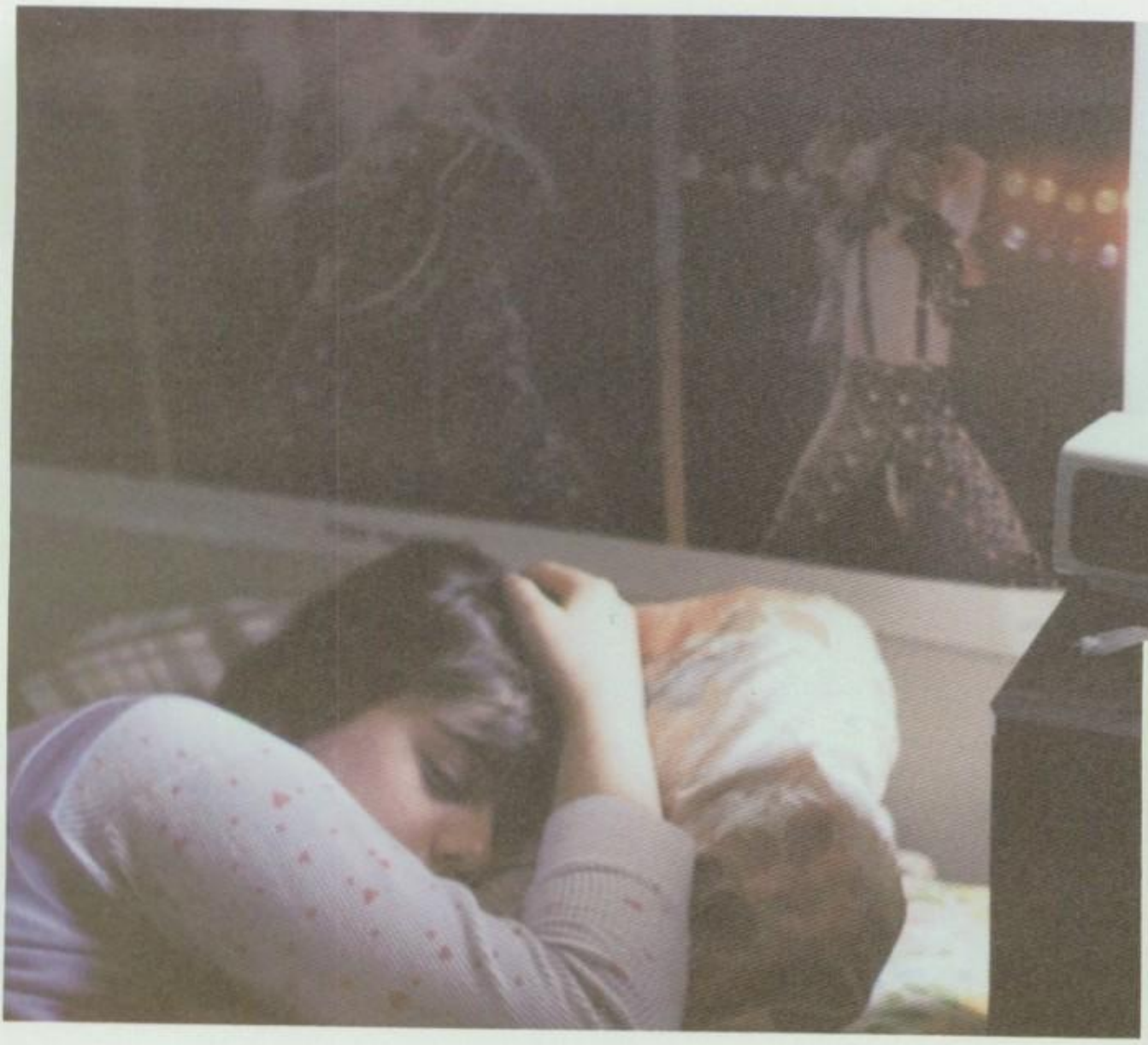
Richard Cook
Charles Couch

Gregory Cozad
Tamara Craig

Sandra Cramer
Brooke Crapo





After hitting the snooze button too many times, senior Chris Petriw awakens late again.

Fast food, fast cars and a fast-paced lifestyle lead to the cluttering of seniors' backseats.

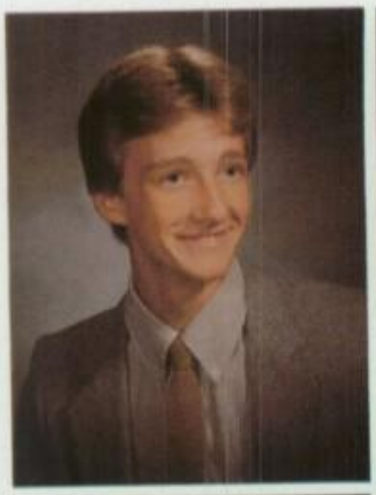
84

Almost here ... so celebrate

Senioritis set in early for the class of 1984. Knowing it was their last year to have a chance to participate in many high school activities, seniors put forth the extra effort for their class. Starting the year off, to announce the new seniors, spray paintings covered the parking lot, saying that the class of '84 really does rule.

Senior breakfasts were planned at 6:30 a.m., which proved to be much fun and a great way to start the day for those early risers. Senior parties were planned when those unsuspecting parents were called out of town suddenly. While sitting in school, every senior's mind was thinking about graduation and that long waited for diploma.

The senior girls designed a class t-shirt that was a good summary of the senior class, "The class of '84 is almost here so let's celebrate and have a ——!"



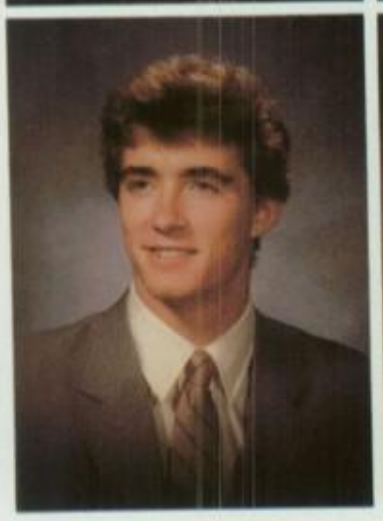
Eric Cross
Scott Crouch

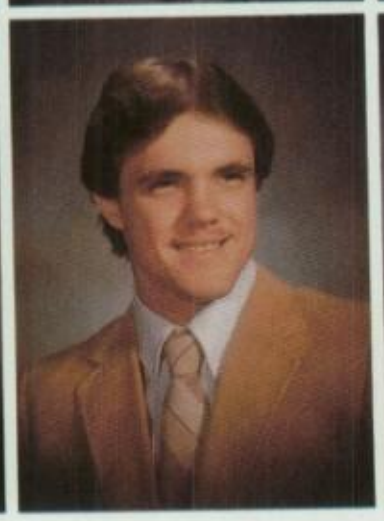
Bob Cubric
Jim Dailey

Rhonda Delanie
Maria Delgado

Lisa Distefano
Cynthia Doerr

Ron Dowler
Karmin Dulany





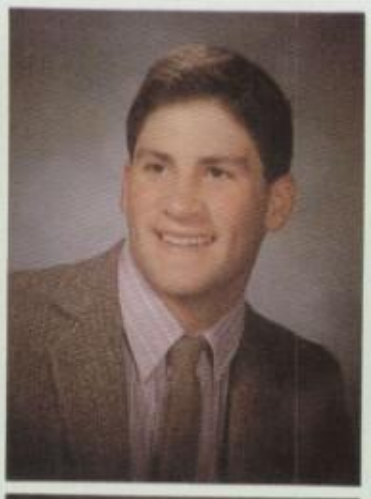
Showing off the senior class t-shirt is senior Chris Petriw.

These may only be ink tattoos, but they show the class of seniors Roberta Kehr, Kim Farrell and Cindy Havel.

David Dunham
James Elscheid

Laura Ekdahl
Kathryn Engle

Jodine Estes
Kimberly Farrell



Jon Firmature
Kathleen Flores

Kimberly Forcade
Kimberly Forman

John Fowler
Cynthia Frady

Susan Friese
Deborah Gamez

Roy Garcia
Christine Gardner

Tracy Gibbons
Monica Gillen

Monique Graff
Gloria Graham

8 4

for seniors

Weekends were spent

Friday . . . the day of your big exams, you sit in your room staring at the walls and chewing on your already ragged fingernails.

"If I don't do well on these tests, my grades will go down," you say to yourself, "and if that happens . . . ," your thoughts come forward, "I'll probably get into trouble, which means I won't be able to go out on weekends."

Weekends were created to let students of Ralston get away from everything at school.

Senior weekends, during the summer, were spent at cabins, at parties or on one of the many senior camping trips, but when the weather changed so did the plans.

Weekends were filled with various things to do, like you and your friends shopping at the Westroads, eating at McDonald's or Burger King or "Cruisin Dodge".

Seniors enjoyed their weekends . . . but when Monday came around, they packed all their fun in and saved it for the weekend to come.

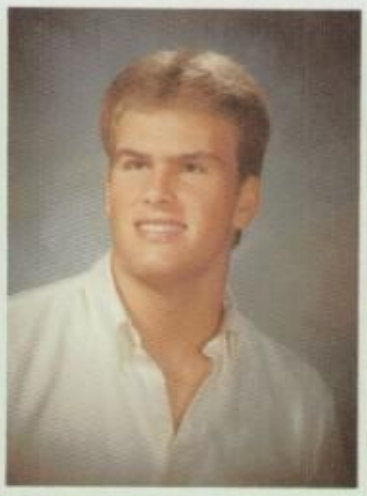
Deanna Gutchewsky
Mark Hagedorn

Diane Hager
Crystal Hagge

Eric Hallett
Lorrianne Hammerberg

Joel Hansen
Rodney Harder

Tina Harm
Lisa Harper



Some weekends were spent at quiet, peaceful cabins. Although some of them were not quiet nor peaceful, they were still somewhere to go to get away from it all.

Weekends were a blur to most Ralston High students as they were 'Cruisin' Dodge' to look for action.

84

Growing up has changes

John Doe — Introduction to Composition

Fifth Period — Journal Writing

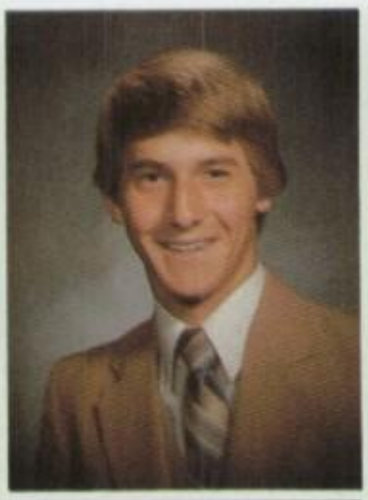
Dear Journal,

I never know what to write in these journals. Well, here I am siting in room 306 — yes, upstairs in the A-wing. After four years the administration finally changed the room numbers to logical order, 300's upstairs, and 200's downstairs. We've been through release restrictions, graduation requirement changes, cancelled dances, new teachers and old teachers. We've passed through preppy stages, punk stages, everything! Yea, in these past four years we've all definitely grown up together, through all the good and bad, we the seniors will be packing in the best year ever.

Too hot to handle, a Jostens representative is ready to clean class rings by dipping.

On Halloween, devils and gypsies serve senior Mike Kircher in the longer lunch period.

Deanna Harris
Susan Harrison



Daniel Hatcher
Kristin Hatfield

Cynthia Havel
Kristine Hazel

Curtis Hiatt
Lorri Hicklin

Kimberly Hizer
Sandra Horton

At sunrise, seniors wait by the newly widened Park drive for rides to the senior breakfast on Oct. 1.

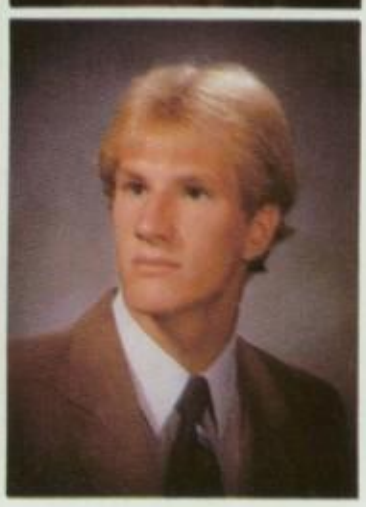
Jeannie Horvath
Betsy Houlton

Mark Houlton
Ronald Howard

Laurie Hruska
Kristine Hsu

Jill Huff
Rodney Hunt

Robert Hyde
David Iitzsch



Daniel Jaeger
Victoria James

William Jameson
Jason Jenson

Stanton Jernigan
Mark Johnson

Steven Johnson
Kevin Jones

Sherri Juarez
Scott Kasper

84

individuality has pride

S, S, SEN, I, I, IOR, SEN, IOR, SENIOR!!!

The individuality combined with a long list of accomplished feats gave each senior a reason to have definate satisfaction.

Seniors were proud of good grades they had earned in that tough class that they had signed up for, and then wondered why. They were proud of football and other sports that gained prestige for the school. Those seniors involved in fine arts felt proud at the choir and band concerts and at the opening night of a play that they had worked so hard to perfect.

The challenging job and juggling work, school and social life consumed some senior's energy. Family and friends were the main concern of some. But each senior, either vocally or silently, waited and waited for graduation and commencement exercises, to finally pack in their high school years.

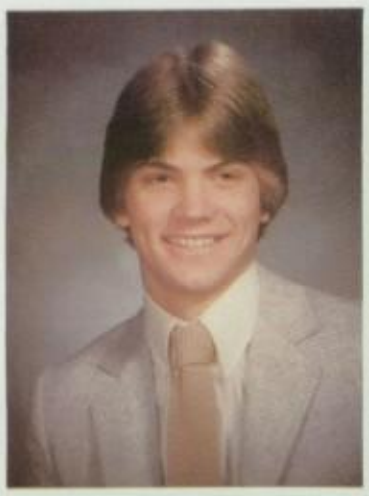
Robert Keearns
Roberta Kehr

Patricia Kephart
Evan Kerr

Michael Kircher
Darla Knuth

Christopher Kohler
Thomas Kopcho

Cynthia Krambeck
Jacqueline Kruse



Ending Homecoming week by showing off all of the senior spirit are seniors holding the sign they made stating seniors are too cool.

Varsity football players gave the cheerleaders a break during Mock Olympics.

Jump! At Mock Olympics, seniors Jay Wiechmann, Dave Iltzsch and John Chadwell show they have what it takes.

8-4

Against future odds

Wedding bells, time clocks and buzzing alarms will all be sounds in the future of the seniors.

Seniors consulted the school computer for help on ACT testings and also for college programs along with costs so that they could start applying for scholarships to the schools they had selected. Some planned to go straight to work and started looking for job opportunities. There were even a few who "tied the knot" and enjoyed married life or started a family.

Time was spent house hunting or looking at apartments for rent. Costs and mortgage money were high, so much time and thought was made before a commitment was made. Additional costs after moving away from home were pondered, such as food, laundry and entertainment.

Senior Jackie Lawver said, "My senior year is the best, and I'm having a great time, but I'm really looking forward to graduation and getting out on my own."

Getting measured for cap and gown is senior Darla Knuth.

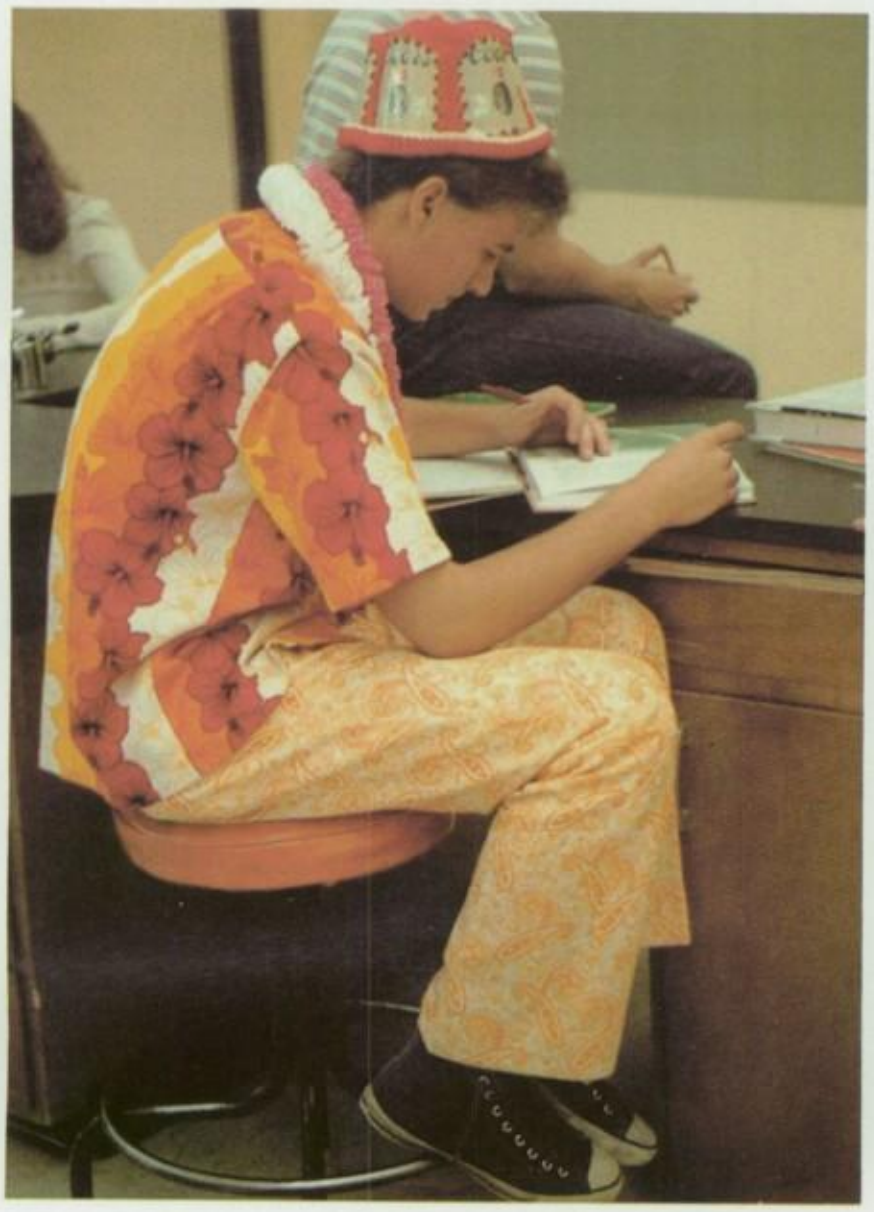
Christi Krzemien
Mark Krzemien

Nickolas Kuhn
Robert Lange

Michael Lankton
Christopher Larsen

Jaclyn Lawver
Deborah Lockmon

Sherry Lopeman
Leonard Lorence

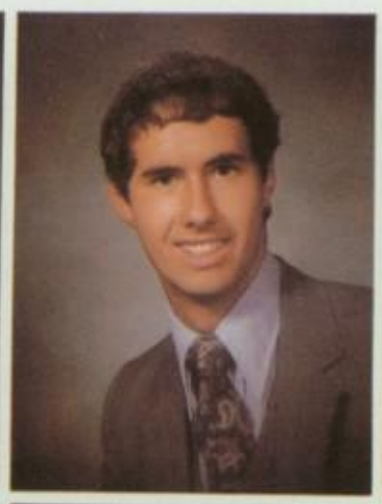


New senior garb, dressed for Homecoming week is senior Tim Reischl.

Ready for commencement exercises is senior Melissa Casey.

Casey Lowary
Jennifer Manders

Shannon Manning
Ernest Marek



Joseph Marino
Bernie Matuska

Shawn McGuire
David McIntyre

Cynthia McLaughlin
Michelle Michaelsen

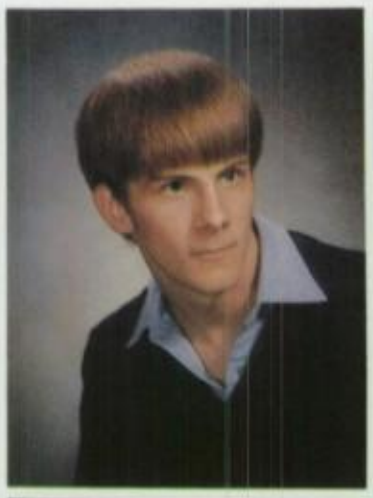
Carl Miller
David Miller

Linda Miller
Christine Mona

Robin Moninger
Terese Moody

Theresa Moore
Tracy Morey

Linda Moschel
Therese Nanson



senior ...

You know you're a

You know you're a senior when . . . you don't have to worry about all your books falling out of your locker when you open it, because there are none to fall.

When all your friends are talking about college, and you're still wondering if you'll graduate.

When you start realizing you might be a freshman again (but this time in college).

You start getting better grades than you have in the past three years, but that's due to easier classes.

Instead of breezing through the last quarter, you're breezing through the whole year.

You start remembering the 'Olden Days'.

When you get to school late, you know that you'll have a great parking spot, in the loading zone.

You know you're a Graduate when . . . a couple of years go by and you're wishing that you were still in high school.

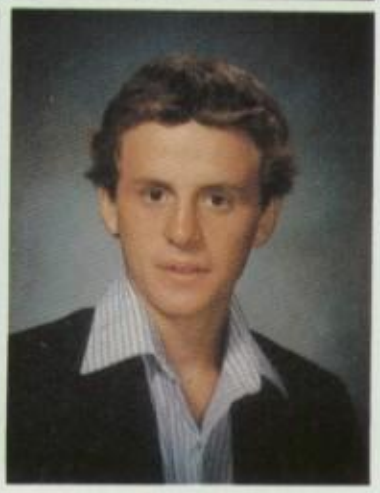
Laurie Neely
Merit Newman

Loren Owens
Carolyn Palmeiro

Carol Panique
Sabrina Parker

Cheryl Parson
Tim Peitzmeier

David Peterson
Scott Peterson



The contagious senioritis strikes again as the 'SENIORS' let it be known of their existence.

Senior spirit shows as the mystic '84 exhibits its pride.

84

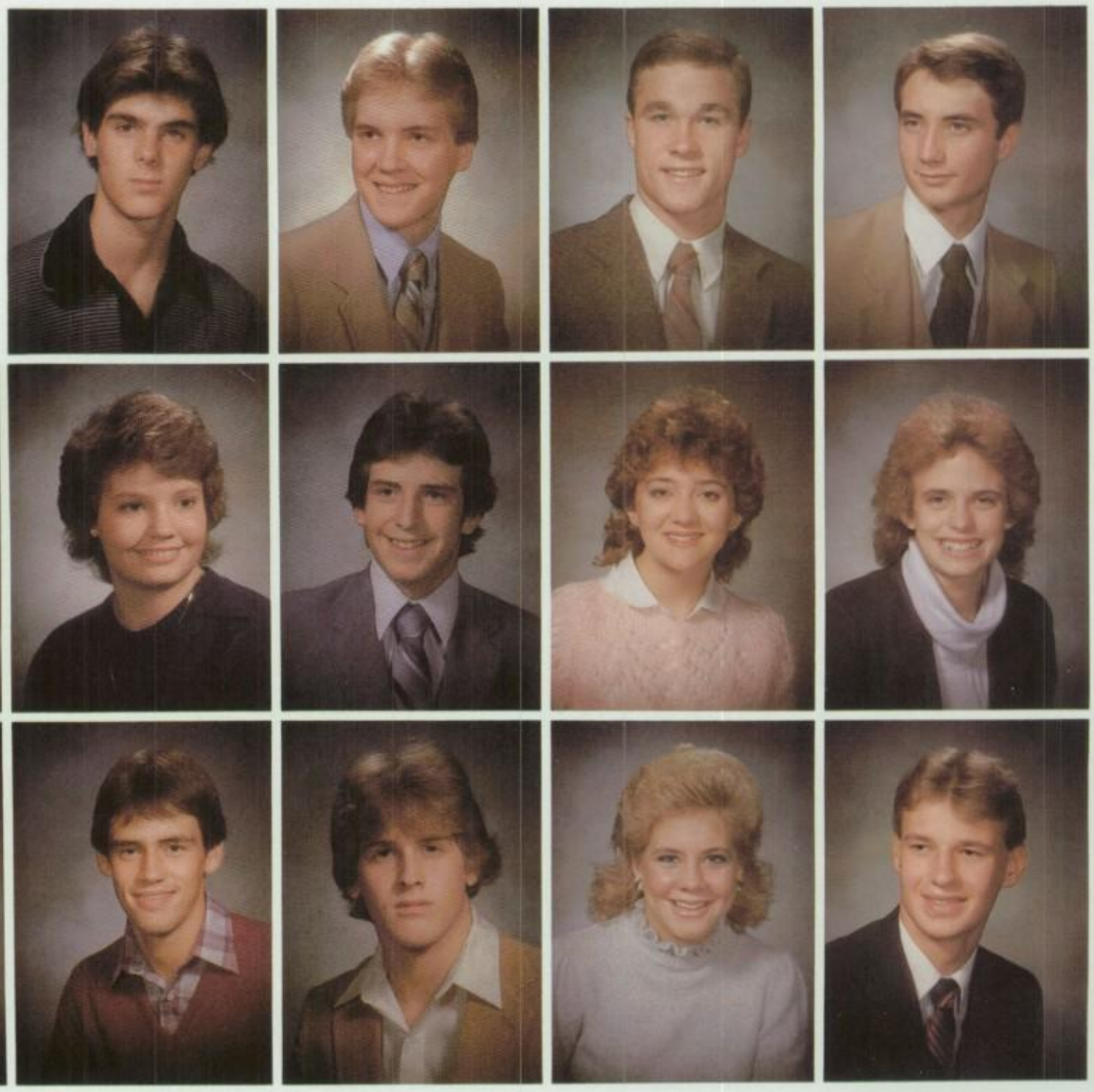
Midterm Madness

You feel helpless, confused, yet anxious. You're in the midst of graduating midterm and you are feeling a bit more responsible. None of these responses are unusual; it's the feeling of most midterm graduates.

The idea of going to school, getting a job (or working full time) hits with a sudden impact upon most graduates.

"I just wanted to get away for awhile, visit some old friends and celebrate," said senior Michelle Michaelsen, a midterm graduate.

Taking time out to show his school spirit, senior Eric Cross helps spray paint the poster made by the senior class.



Christine Petriw
Denise Polsley

Edward Pope
Traci Post
Brian Powers

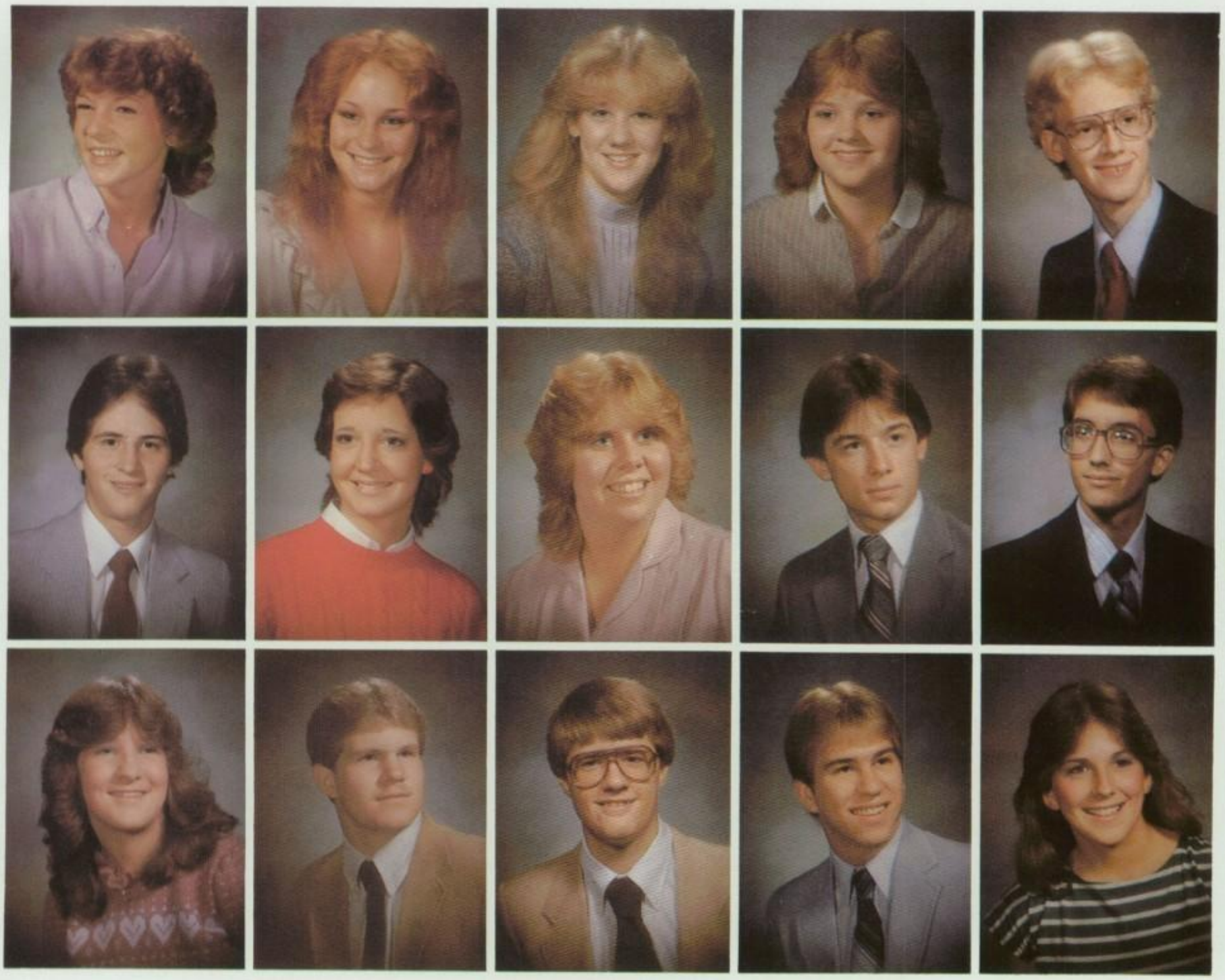
Donald Powers
Gary Price
Joseph Prochaska

John Quandahl
Michelle Quiter
Jennifer Redick

John Rehmeier
Jayme Reiff
Timothy Reischl

SENIORS NOT PICTURED

Jennifer Alexander
Renae Cain
Jami Caputo
Kevin Chader
Frank Damewood
Paula Domet
Christine Dudas
Craig Dunn
Sheila Gardner
Deon Goggins
Gerald Gorsch
Julie Handrick
Mark Handrick
Michelle Harper
Janice Henk
Lisa Hiemeier
Wendy Holmes
Steven Hurd
Kendra Kubat
Melissa Medley
Rhonda Minardi
James Moreland
Thomas Peistrup
Annalee Peters
Hope Peterson
Michelle Peterson
Daniel Phinney
Ann Pickering
Tom Pavondra
Denine Rawlings
Jeff Rogers
Susan Rowe
Jeniffer Sadler
Brenda Skomedal
Lisa Stewart
Rhonda Such
John Tessin
Janine Tortorelli
Kimberly Wellendorf
Vicki West
Jeffery Wheeler
Tammie Wheeler
Melissa Whited
Allan Wilkening
Mary Workman



Lynne Retzlaff
William Rieder
Renee Roberts

Kelly Robinson
Sheila Rodgers
Wade Rodrick

Ann Ronnfeldt
Christine Ryan
Allen Schipper

Karen Schnepel
Donald Schuette
Chad Schuttler

Patrick Shanahan
Richard Sheldon
Tracy Shuman

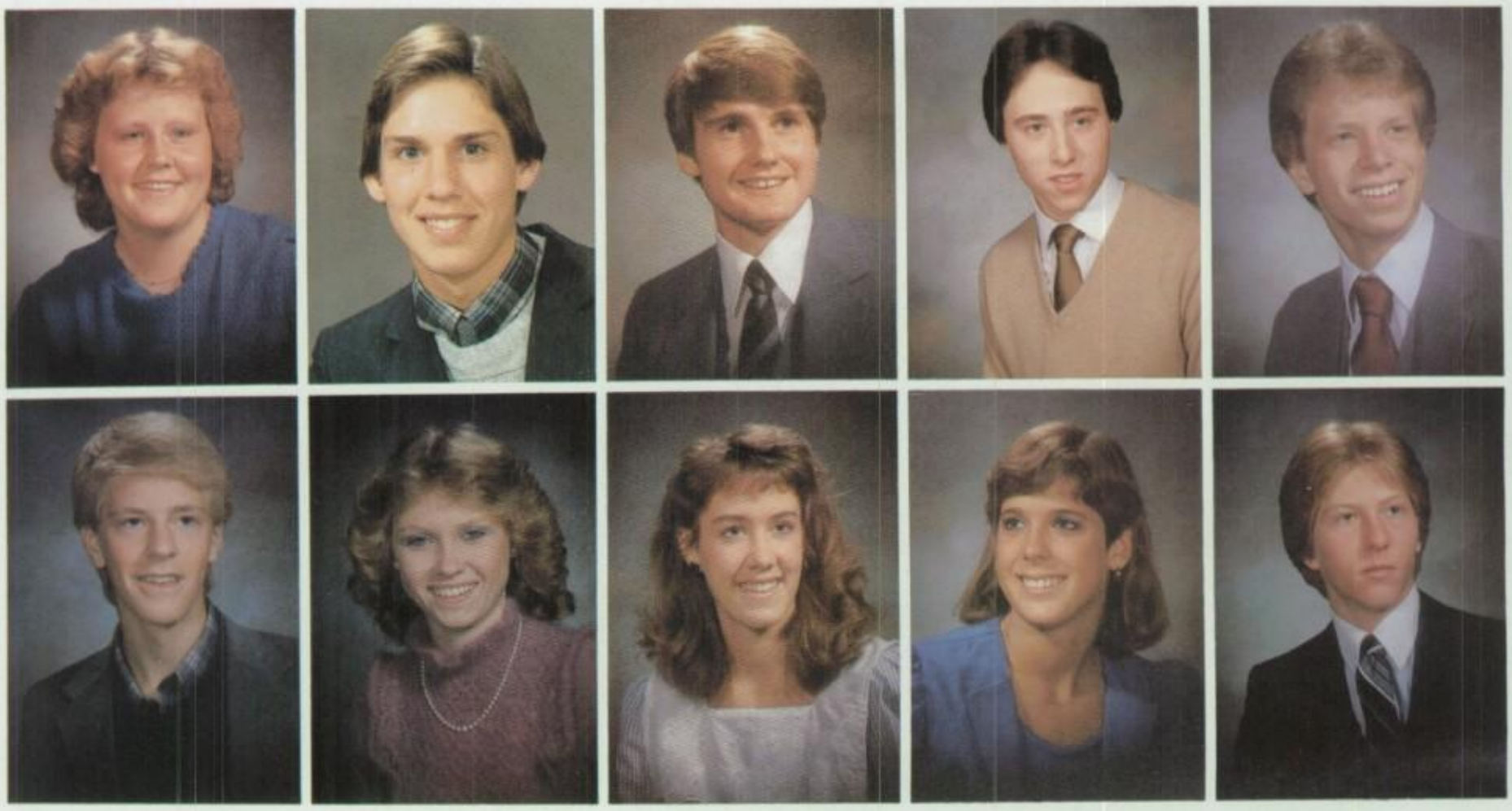
Tracy Sigmund
Todd Simchuk

Andrew Smith
Kelly Smith

Ron Smith
Theresa Sorenson

Christopher Spence
Julie Stanek

Troy Staroscik
Scott Steimle



Laurie Stevens
Kenneth Stopak

Linda Sullivan
Steven Swoboda

Matthew Thacker
Christine Tourek

Patrick Trede
Matt Van Auken

Matt Van Driest
Wendy Van Fosson

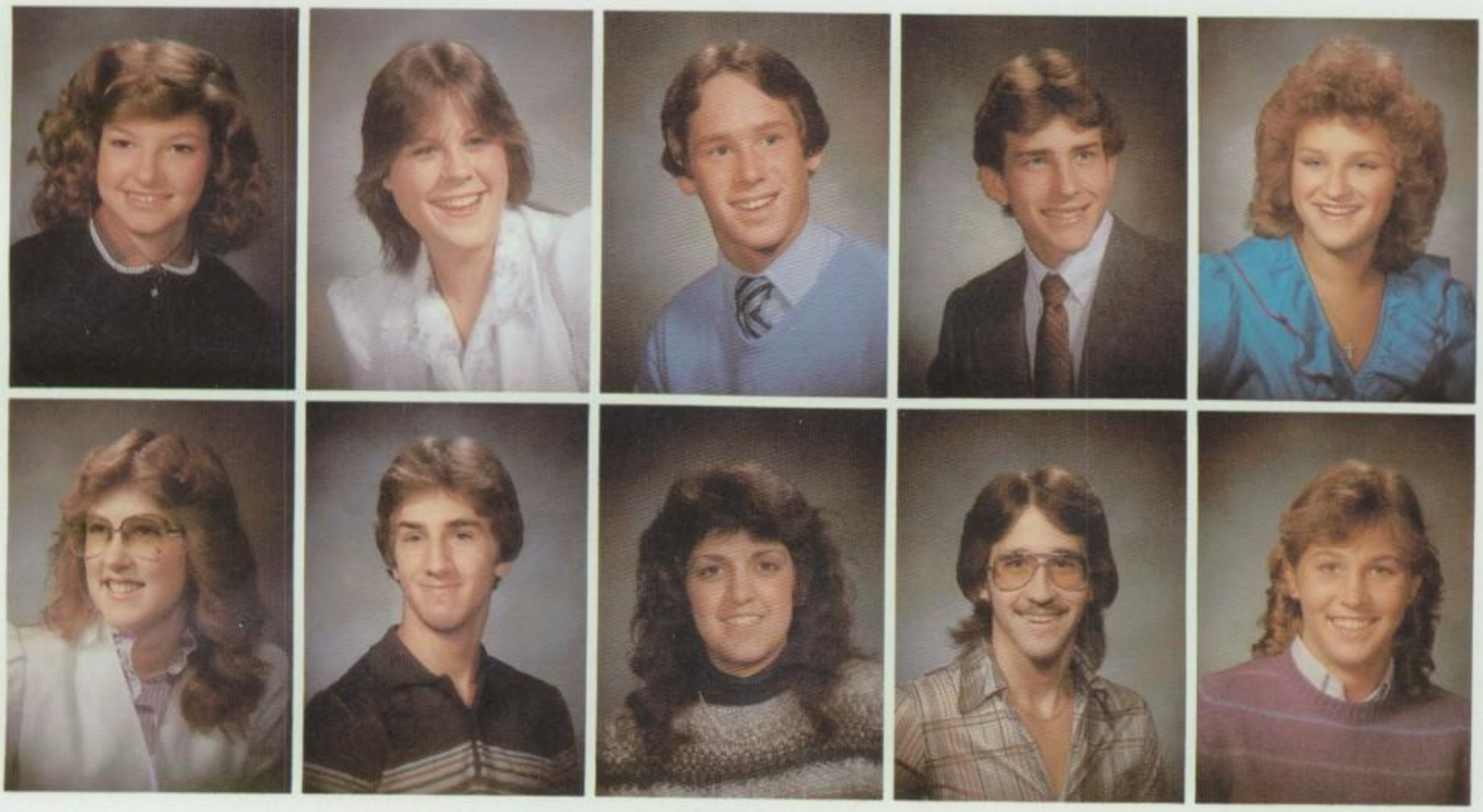
Barbara Vana
Teri Varley

Jackie Vashon
Tom Vaughan

Charles Verbrugge
Jill Vinjamuri

Brian Wahl
Timothy Walpus

Jill Warner
Lynda Weichel



Pamela Wellendorf
Donald White

Jay Wiechmann
Raymond Wieneke

Daryle Wilken
Ellen Williams

Kristine Winters
Patricia Wiseman

Judith Wolf
Christine Yates

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Byrne, Steven

Key Club
Front Row: Cindy Frady, ?, Chad Schuttler, sponsor Jan Rowley, Jodi O'Connell, Vicki Bettger, Linda LaRosa, Lauri Twiford **2nd Row:** Kelly Baughman, ?, Stephanie Blecher, Jo Moschel, Tammy Barrett, Robin Moninger, Debbie Lockmon, ?, Vicky Allmon **Back Row:** Sarah Chapton, ?, Mary Keearns, Sandy Cramer, ?, ?, ?, Kristy Witt, Chris Mulligan

Math Club
Front Row: Dan Jaeger, Pat Shanahan, Pam Dingman, Chris Mulligan, Denise Grammer, _____, Vicki Bettger, Jenny Wozny, _____, Cindy Doerr **2nd Row:** sponsor Garry Jurgens, Bob Bally, Bob Hyde, Shelli Morgenson, Becky Murphy, Kerri Lamb, Brenda Sloan, Carol McNamara, _____, Mike Jaeger, Steve Vahl **3rd Row:** Loren Owens, Cindy Frady, Bill Callen _____, Kris Hatfield _____, Paul Gibbins, Wendy Johnson, Jerry Winemiller, Chuck Rogers **4th Row:** Rich Onken, Mark Poling, Mark Hagedorn, Don Schuette, Steve Johnson, Jason Jenson, Mike Barnes, Mark Houlton, _____, Rich Sheldon, _____, **5th Row:** Larry Hagedorn, Matt Thacker, Bryan Steuben, Jason Reiff, Dan Peterson, Darren Swett, Dave Miller, Nate Woodhams **Back Row:** _____, Chris Ahl, Jerry Peterson, _____, Doug Gibbins, _____, Troy VanCaster, Tom Searson, Terry Clements, Scott Havelone

Ski Club #1
Front Row: John Quandahl, Daryle Wilken, Mark Houlton, Lisa Distefano, Michele Bruening, Tricia Wiseman, Barb Vala, Michelle Peterson, Stephanie Blecher **2nd Row:** sponsor Kerry Baldwin, Kim Foreman, Lisa Harper, Lynne Retzlaff, Betsy Houlton, Judy Wolf, Jill Warner, Sherry Lopeman, Linda Miller, Sue Friese **3rd Row:** Angie Anderson, Laurie Hruska, Cindy Krambeck, Stacy Collins, Monica Gillen, Jayme Reiff, Traci Post **Back Row:** Brenda Callihan, Kelly Smith, Julie Stanek, Jackie Cardenas, Laurie Neely, Jill Vinjamuri, Bob Lange, Matt Van Driest

Ski Club #2
Front Row: Debi Steeno, Dawn Crinklaw, Sharon Krebs, Linda Burkhalter, Lisa Jones, Jerilyn Hynes, Julie Wellendorf, Gina O'Brien, Linda LaRosa, Vicki Bettger, Angie Amenta **2nd Row:** Pam Swesey, Michelle Miller, Jenny Burry, Beth Skoumal, Lisa Jensen, Kim Paskach, Therese Fitzpatrick, Tom Sestak, Craig Zeller, Mike Strehle **3rd Row:** sponsor Jim McGrath, Peggy Demont, Kim Carpenter, Yvonne Young, Laura Sunde, Tanya Johnson, Dan Fucinaro, Jerry Peterson, Rich Onken, Mark Poling **Back Row:** Donna Johnston, Kathy Vetter, Brad Peterson, Claudine Carbullido, Daryle Wilken, Mark Houlton, Lisa Distefano, John Quandahl, Yurij Szelewycz

Ski Club #3
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Junior Varsity Cheerleaders
Front Row: Mindi Sila, Cathy Kleueter, Michelle Radicia, Jody Bosen, Kris Lauritsen, Laura Freeberg **Back Row:** Stephanie Chamberlain, Cyndy Murphy, Meg Fowler, Sarah Lynn, Darci Ohnstad

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Christine Curtis, Jill Berry, Kristy Witt

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Student Council

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Junior Varsity Volleyball
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Varsity Football
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Dan Jensen - *Baseball photos (102-103), woodworking story and photos (pgs. 158-159)*
Jim Nichols -*Baseball photos (102-103)*
Chris Lewis - *Soccer photos (pgs. 104-105)*
Greg Moe - *Computer story and photos (pgs. 144-145)*
Leslie Waffle - *Orchestra photos (pgs. 156-157)*
Susan Lee - *Technology story (pgs. 10-11)*

Professional Photographers
Wandel and Arnold Clark Studios - *Criss Cross dance photos (pgs. 24-25)*
Jack Martin - *Underclassmen mug shots (pgs. 162-179), Prom photos (pgs. 30-31)*
Bruce Falk of Soucie Studio - *Senior portraits (182-201), team and group photos*

Artists
Eric Crosss - *Design for cover, lettering for title pg., theme pg. and division pgs.*
Ken Guthrie - *Cartoons for mini mag*

Walsworth Representatives
Mike Diffenderfer and Greg Adams

Colophon
Avant Garde type - *10 pt. for body copy*
8 pt. for cutlines
18-36 pt. for headlines
Avant Garde Bold - *18-36 pt.*
Avant Garde Bold Italic -*8 pt. for folios*
Orbit Italic - *30 pt. for student life section headlines (10-11) academic section headlines*
Broadway - *30 pt. for clubs and organizations section headlines*
Coronet - *24 pt. for academic section headlines*
Lydian - *10 pt. body copy, 8 pt. cutlines, 36 pt. headlines in mini mag*
Pioneer Italic - *30 pt. clubs and organizations section headlines (pgs. 124-125)*
Zip-A-Tone, Designers Fonts - *48 pt. gadget lined, senior and sports section headlines*
Swiss Graphics - *Endsheets and fine arts section*
Mini Mag Impact Stamp - *courtesy of Earl Jump*
Yearbook Camp at UNL - *Most of staff participated and developed theme and layout design including swiss graphics*

Special thanks to Maria Delgado for the use of her radio. The staff couldn't have gotten through the year without it.

The yearbook staff would like to thank Margaret Siewerdsen for her help throughout the year in identifying students. Margaret has been a secretary at RHS for 14½ years. We would like to say that Ralston will greatly miss her in the future, but that we all wish her the very best in her retirement.

Yearbook staff pictured are Bobbi Farrell, Mary Anne Fuchs, Donna Johnston, Jeannie Jump, Melissa Quiter, and Nancy Rice. Not pictured are Jenny Burry, Kim Pape, Ann Ronnfeldt and Brenda Skomedal.

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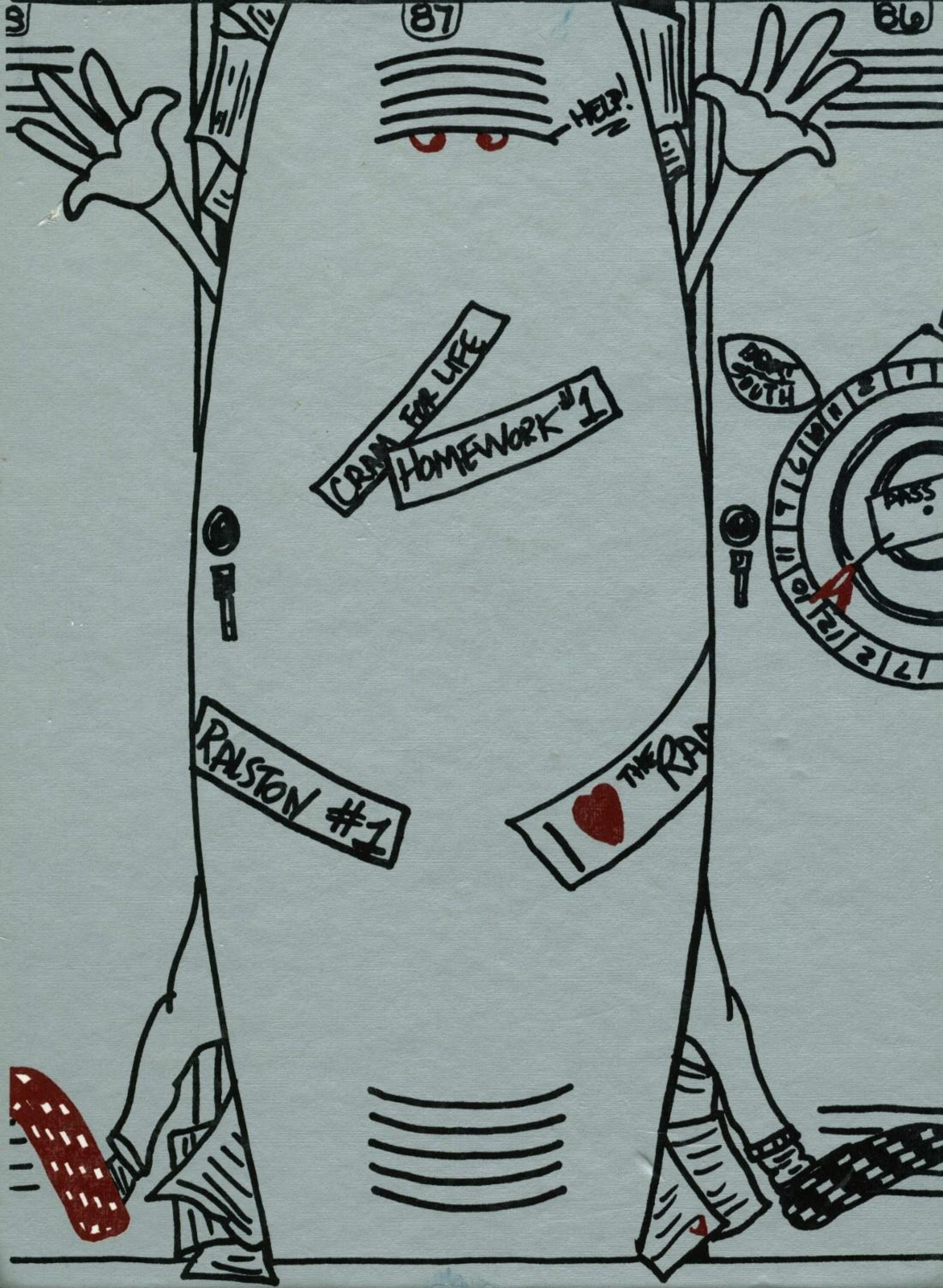
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